

Grant Nominee

The Human Journey – Short Bowel Syndrome: A Cross-Border Collaboration for Better Patient Outcomes

The Human Journey Project aimed to optimize health ecosystems for Short Bowel Syndrome (SBS) patients at St Mark's Hospital (UK) and Beaujon Hospital (France). The project focused on improving clinical outcomes, patient experience, and operational efficiency through pathway redesign and multidisciplinary collaboration. It progressed in three phases: listening to patients, redesigning the pathway, and innovating solutions.

Key project elements included bilateral collaboration between two leading centers, which fostered cross-country learning and personalized patient pathways. This approach enhanced treatment precision and reduced costs. Beaujon Hospital also introduced a digital training platform, Xpertmods, to teach SBS management and improve clinical outcomes and quality of life. Local care was strengthened by training providers to reduce complications and re-hospitalizations, while continuous feedback loops ensured sustainable operational improvements.

SBS is a condition where large portions of the small intestine are missing or removed, impairing nutrient absorption. Treatment often involves Parenteral Nutrition (PN). The project included a diverse patient sample, with anthropological interviews conducted to explore care experiences and unmet needs. This mixed-method research informed a patient-centered pathway.

The project achieved improvements in three key areas:

1. Psychological Support: Beaujon introduced mental health consultations, and St Mark's created an anxiety and depression screening tool.
2. Digital PN Training: Beaujon's platform empowered patients, while St Mark's adopted it and developed a patient-focused website.
3. Local Medical Network: Beaujon expanded local care networks, and St Mark's improved home care services based on patient feedback.

