

WELCOME TO

The NHS Patient Safety Conference 2022: Breaking a culture of defensiveness





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The NHS Patient Safety Conference 2022: Breaking a culture of defensiveness



Event Chair – Opening Address



Jane Walsh

Senior Improvement Advisor Advancing Quality Alliance (Aqua)



The NHS Patient Safety Conference 2022: Breaking a culture of defensiveness



SPEAKING NOW



Helen Hughes
CEO
Patient Safety Learning

<u>l will be</u> <u>discussing...</u>

"Mind the Implementation Gap: The Persistence of avoidable harm in the NHS"

The NHS Patient Safety Conference: Breaking a culture of defensiveness

Mind the implementation gap: The persistence of avoidable harm in the NHS

Helen Hughes Chief Executive, Patient Safety Learning



An independent charity for patient safety

Patient Safety Learning is a charity and independent voice for transformational change in how health and social care organisations think and act in regard to

patient safety.



Scale of avoidable harm in healthcare

Patients want safe and effective care and assume that patient safety is a priority. Yet despite the efforts and good work of many people to address patient safety issues, unsafe care continues to persist.

11,000	avoidable deaths annually due to safety concerns (UK)
3 million	deaths each year worldwide as a result of unsafe care.
15%	of healthcare costs attributable to unsafe care

Have we normalised an unsafe system?

Breaking a culture of defensiveness

"To err is human, to cover up is unforgiveable and to fail to learn is inexcusable" - Sir Liam Donaldson

"The single greatest impediment to error prevention in the medical industry is...that we punish people for making mistakes" - Professor Lucian Leape

Despite a range of international and national initiatives aimed at reducing avoidable harm, patient safety remains a persistent, wide-scale problem.

Why does avoidable harm persist?

We do not operate as an effective safety management system with patient safety at its core purpose

- Safety is one priority of many
- Few safety standards
- Not designing safe systems
- Blame culture and fear
- Patients not engaged
- Lack of leadership
- Failure to learn and act



We need to design for safety, not just address harm

- Safety is a core purpose
- Leadership commitment to safety
- Safety standards
- Design safe systems
- Safety comparison data to drive out variation
- Competency framework for all staff
- Patient safety and human factors expertise
- Engage patients
- Learn from errors and act
- A Just Culture; psychologically safe

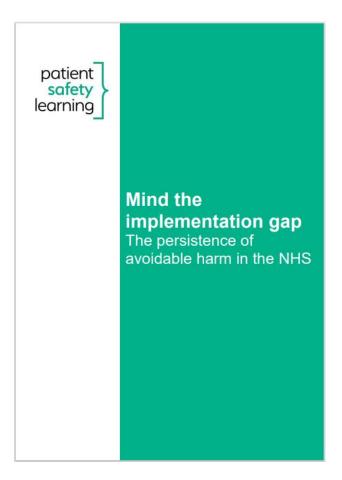




What is the implementation gap?

The difference between what we know improves patient safety and what is done in practice. The report highlights this in relation to six specific policy areas:

- Public inquiries and reviews
- Healthcare Safety Investigation Branch reports
- 3. Prevention of Future Deaths reports
- 4. When patients and families take legal action
- 5. Patient complaints
- 6. Incident reports



Common underlying themes

Absence of a systemic and joined-up approach

Inquiries/reviews which raise similar issues dealt with in isolation.

Poor systems for shared learning and acting on that learning

Lack of effective means by which to share insights and recommendations.

Lack of system oversight, monitoring, and evaluation

Lack follow-up/assessment of effectiveness. e.g. HSIB and PFD recommendations

Unclear patient safety leadership

Fragmented national environment, lack of a central point of coordination.

Bridging the implementation gap

Patient safety needs to be core to the purpose of healthcare.

- Should apply to all parts of the system, including newly statutory Integrated Care Systems.
- Needs to be a system-wide debate on how we can reshape our approach to learning and safety improvement.
- The report also sets out six specific recommendations in regards to each of the areas if the implementation gap outlined in this report.

patient safety learning

13

Recommendations for action

- System-wide commitment and resources, with effective and transparent performance monitoring to ensure that Inquiry and Litigation recommendations translate into action and improvement:
 - Inquiries, HSIB investigations, NHSE/I and NHS Resolution litigation, MRHA Yellow Card
 - Coroner's PFD system with reports to be easily accessed
 - Improved process for identifying the causal factors of unsafe care
 - NHS Complaints Standards, public transparent reporting on the rollout, allowing for consistent monitoring and comparison
 - New PSIRF and changes to the Yellow Card scheme have a core focus on learning for action and improvement

Foundations for patient safety

Patient safety is core to the purpose of healthcare

Rather than one priority competing against other priorities

We need to design for safety

- Standards for safe care
- Healthcare to become a compassionate high reliability system

Self assessment and accreditation



The value of organisational patient safety standards



Assess their strengths and weaknesses against organisational standards for safety



Create a vision and set of goals for safety development



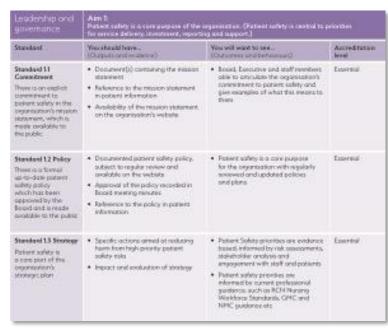
Evaluate their performance and impact



Develop and deliver safety improvement and implementation plans

...and tools: Standards to help deliver evidence-based outputs, outcomes & behaviours

Online self-assessment toolkit



'What good looks like' practical guidance workbook



Blueprint for Action: Foundations and Aims



Leadership and governance

- **1.** Patient safety is a core purpose
- 2. Patient safety is embedded in governance
- 3. Organisation has a patient safety plan
- 4. New services are designed for safety
- 5. System leadership
- 6. Organisational leadership for patient safety

Culture

- 7. Patient safety culture tackles blame and fear
- **8.** Promotes patient safety improvement
- 9. Role of HR

Shared learning

- **10.** Learning goals for improving patient safety
- 11. Learning from near misses
- **12.** Learning from investigations
- **13.** Learning from feedback and complaints
- **14.** Learning from others
- **15.** Shares learning with others

Professionalisation of patient safety

- 16. All staff are suitably qualified and experienced
- Specialist skills in patient safety and human factors

Patient engagement

- **18.** Commitment to patient engagement
- Organisational systems for engaging with patients
- 20. Patient engagement in their own care
- 21. Patient engagement if things go wrong
- **22.** Patient engagement for safer care

Data and insight

23. Metrics and data to measure and manage patient safety

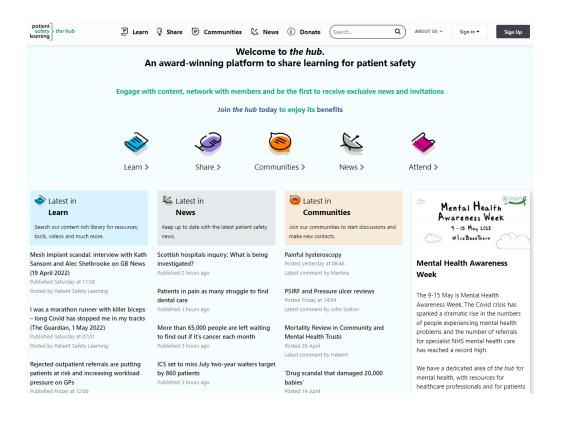
Delivery of patient safety services

- 24. Services are delivered safely
- 25. Workforce planning
- **26.** Workforce deployment

Leadership and governance	Aim 1: Patient safety is a core purpose of the organisation. (Patient safety is central to priorities for service delivery, investment, reporting and support.)						
Standard	You should have (Outputs and evidence)	You will want to see (Outcomes and behaviours)	Accreditation level				
Standard 1.1 Commitment There is an explicit commitment to patient safety in the organisation's mission statement, which is made available to the public	 Document(s) containing the mission statement Reference to the mission statement in patient information Availability of the mission statement on the organisation's website 	 Board, Executive and staff members able to articulate the organisation's commitment to patient safety and give examples of what this means to them 	Essential				
Standard 1.2 Policy There is a formal up-to- date patient safety policy which has been approved by the Board and is made available to the public	 Documented patient safety policy, subject to regular review and available on the website Approval of the policy recorded in Board meeting minutes Reference to the policy in patient information 	 Patient safety is a core purpose for the organisation with regularly reviewed and updated policies and plans 	Essential				

the hub www.pslhub.org

- Sharing knowledge for learning and action through our free patient safety platform
- Publishing and promoting high quality content that can be shared to improve patient safety
- Promoting patient safety good practice and policy



patient safety the hub learning

Two years old – making an even greater impact

What is the hub?

Launched in 2019, it's our award winning resource platform that consists of:

LEARN: a knowledge library

COMMUNITY: message boards

NEWS: latest patient safety stories

ATTEND: patient safety events

Membership is free – register at: www.pslhub.org





countries





organisations







800

Community page visits per week



3,300

Learn page visits per week

Staff from

of NHS Trusts in England are members

Number of countries our visitors are from:





people visited the website over 100 times



knowledge resources on the hub

3.2 million

The number of times a hub landing page appeared in a Google search.

Top social # referrers

49,000 Twitter

15,000 Facebook

7,000 Linkedin

2,000 Weebly

Members include:

- > Patient safety & quality improvement experts
- > Health & care organisational directors
- > Clinicians & business managers
- > Frontline health & care workers
- > Patients & service users
- > Campaigners
- > Health & care regulators
- > Health & care suppliers
- > Media & event organisers
- > Members of device & medicine safety networks
- Commissioners

Work with us to create a patient-safe future

- Learn and share
- Join a community
- Become a topic expert
- Share your experiences
- Patient Safety: a social movement

Email: helen@patientsafetylearning.org

Website: www.patientsafetylearning.org

Twitter: optsafetylearn

LinkedIn: Patient Safety Learning





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SPEAKING NOW



Dr Sarah Kay

Joint Clinical Governance Medical Lead Covid Clinical Assessment Service, part of the Covid-19 Response Service hosted by South Central Ambulance Service

<u>l will be</u> discussing...

"The metrics that matter:
Judging the quality &
safety of remote
consultations"



The metrics that matter Judging quality and safety of remote consultations

The NHS Patient Safety Conference: Breaking a culture of defensiveness

8th June 2022

Dr Sarah Kay – Joint Clinical Governance Medical Lead, Covid-19 Clinical Assessment Service (CCAS-01)

Dr Kathy Smith – GP and Auditor (CCAS-01)

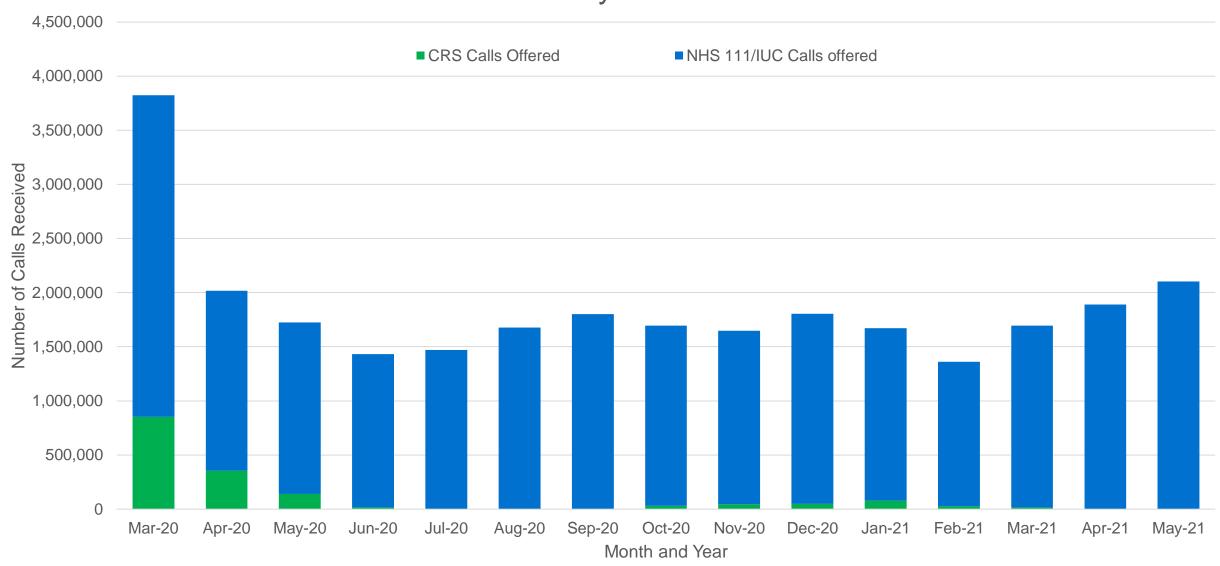




Aims:

- Understand: What was the CCAS?
- Awareness of the unique challenges faced operational and clinical
- Audit and Feedback Programme
- Recommendations

Call demand on NHS 111/IUC with additional CRS data, March 2020 – May 2021

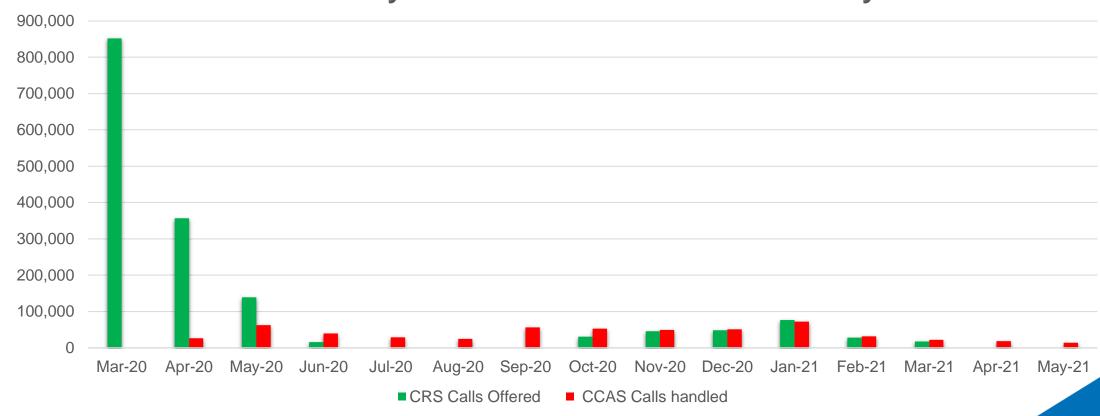


Source: NHS 111 MDS Time Series to March 2021, IUCADC including NHS 111 to March 2022 and IUC CRS data from Feb 2020 to Mar 2022



A closer look at the numbers...

Calls received by CRS and CCAS March 2020 to May 2021



Source: <u>IUC CRS data from Feb 2020 to Mar 2022</u>



Evolution of the Covid-19 Clinical Assessment Service (CCAS)



19th March 2020

Retired GPs allowed to reregister Coronavirus Act

13th March 2020

WHO Level 4

Pandemic announced



23rd March 2020

First Lockdown announced



26th March 2020

First GP application received





South Central Ambulance Service NHS Foundation Trust

March 2020

- First GPs onboarded to CCAS
- •Laptops sent out to GPs

May 2020

- •24 hr service launched
- Coronavirus (COVID-19)
 Breathlessness Triage
 Support Tool guidance
 published (NHS Digital)

April 2020

- •First peak in COVID-19 cases
- First Nightingale Hospital launched in London
- •NICE Guideline [NG165] COVID-19 rapid guideline published

June 2020

•RECAP and Principle trial patient recruitment via CCAS

July - Aug 2020

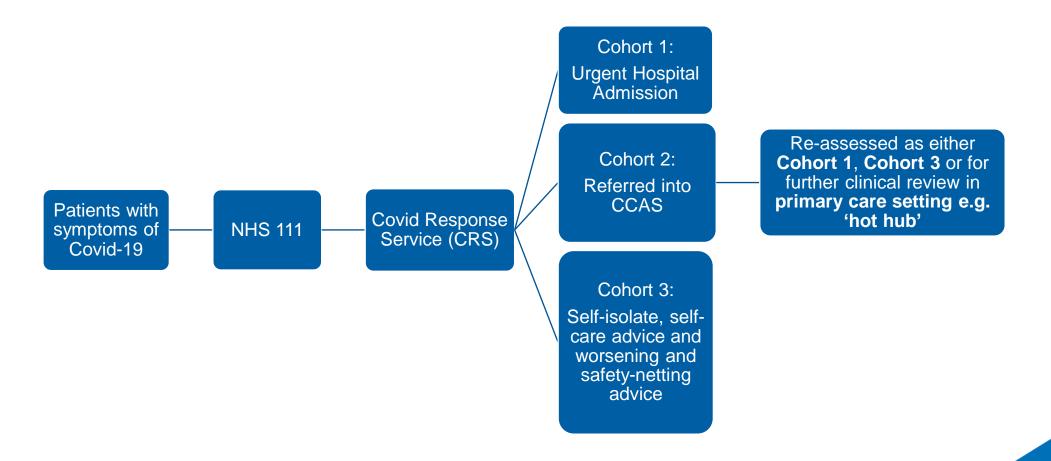
- •Video consultation tool launched
- Electronic Prescribing facility

Sep - Nov 2020

- Second peak in COVID cases
- Second National Lockdown
- •SMS messaging launched

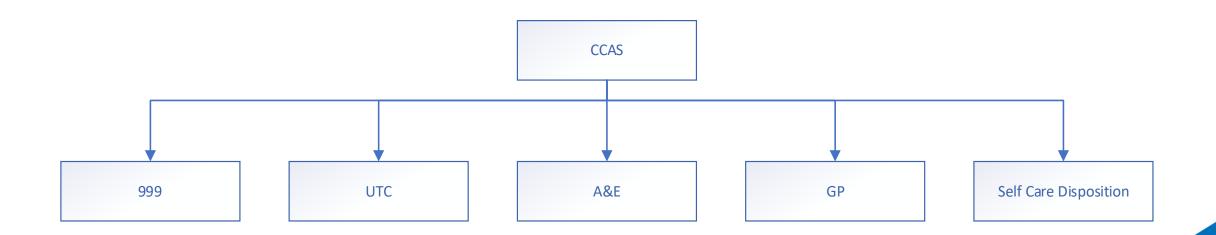


The Patient Journey





Patient Journey – Route out





Clinical Governance

- 30 GP auditors, supported by a wider Clinical Governance Team wrapping around the whole process which provided consistency and support
- 2 Joint Clinical Governance Medical Leads, under the guidance of a Clinical Assurance Director
- 1.6 million calls offered by the Covid Response Services
- 547 064 calls were handled by CCAS-1 and 5738 of these consultations were audited
- 1% of CCAS GP consultations sampled for clinical assurance













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Audited call number (1, 2 3)	Audited call				



Audit

Prospective audit

Random or Focused

Reactive audit

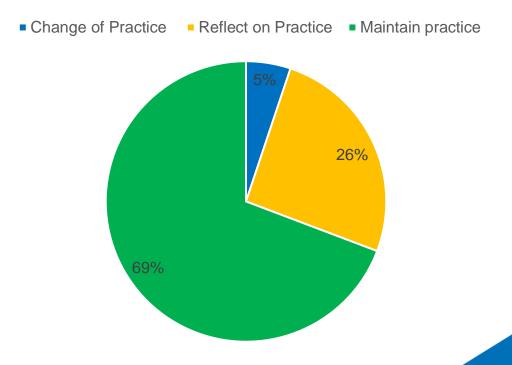
- Complaints
- Incidents from Internal & External sources
- Health Care Professional feedback (HCP)
- Safeguarding concerns



- From 5738 calls audited, 3% were graded as a change of practice outcome
- There were often multiple issues within a call that would lead the auditor to have a higher index of concern
- 41 out of 46 indicators on the audit tool contributed at least once to the formulation of a Change Practice outcome; this lends support to the use of a detailed audit tool

Learning from Audit

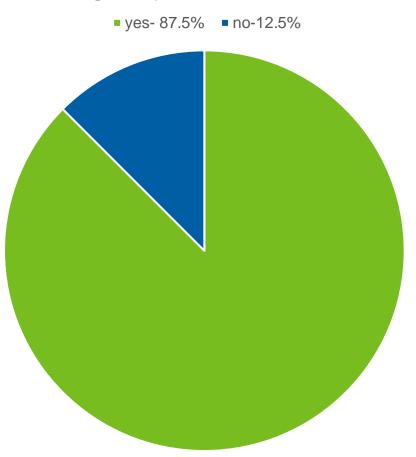
Call audit outcomes from a sample of 3287 calls audited





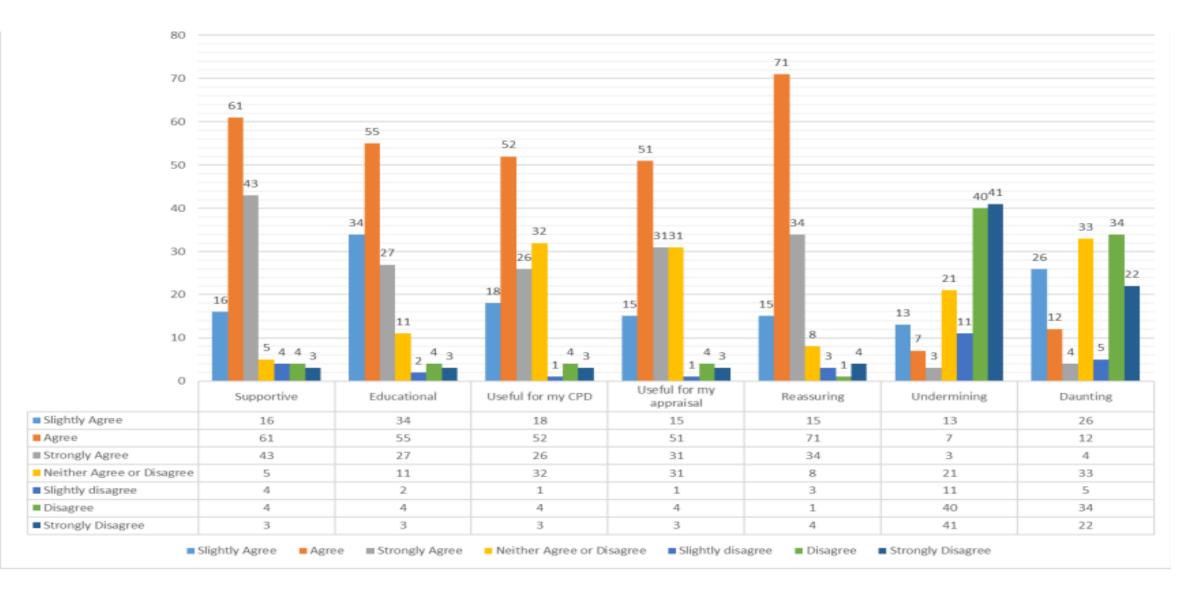
Impact- Changed practice

Change of practice due to audit



87.5% of GPs reported changing their practice in response to their audit feedback

The audit process felt...





The metrics that do matter

Clinician

Focused and holistic feedback on a specific patient encounter using a coaching approach

Patient

Homogenization of clinical practice and assuring best evidence base

Organisation

- Sharing best practice
- Clinical assurance for commissioners
- Promoting patient safety
- Supporting a digital transformation agenda with patient safety at the core
- Identifying challenges or areas of risk early



Feedback loops

Quality Assurance Patient Safety

Senior support

Safeguarding



....audited by the clinicians (GPs) who were taking the calls themselves so understood the pressures and guided us to improve the patient safety / care and our own clinical practice

In a work environment where without audit no-one might ever listen to your calls or check your records I found it useful to have this **oversight** to ensure that CCAS was happy with my work. all assessors were **generally supportive**. without audit it would have felt not safe/disjointed and very independent/lonely in my opinion

As Covid-19 was an entirely new disease, with evolving knowledge and changes to clinical management, the audit process **reassured me that I remained clinically safe** in the remote assessment of patients who were at times very ill



I loved the detail. **The best feed back I have ever had**....overall a very positive experience

Confirmation that my **management is safe** and I should continue working in the same way, appreciation and endorsement

Extremely pleasant, thorough; pedantic at times, but sometimes with good reason

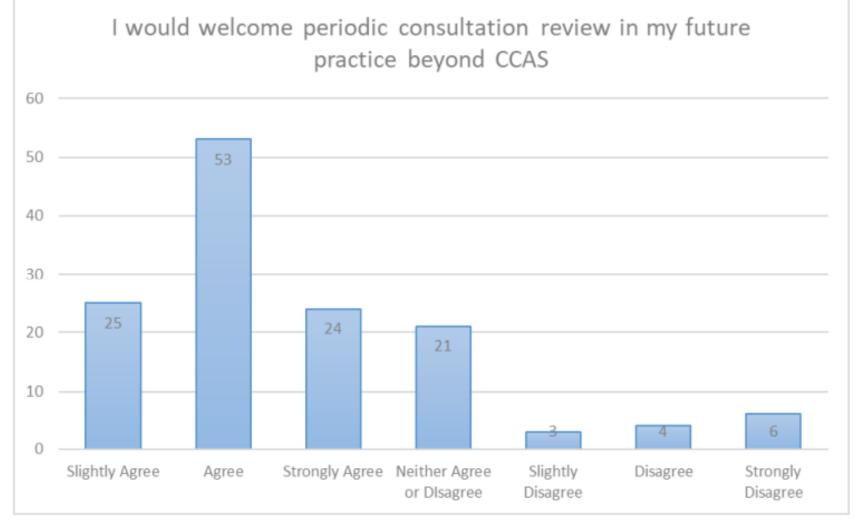
Being able to be helped to do things better in a formative and supportive way. Auditors sharing good practice

I had <u>never had</u> my consultations peer reviewed in over 20 years of GP - very useful feedback mostly...



What's next?

Responses	
Slightly Agree	25
Agree	53
Strongly Agree	24
Neither Agree or Disagree	21
Slightly Disagree	3
Disagree	4
Strongly Disagree	6
Grand Total	136





Conclusion

Valuable to SCAS and our patients especially in the context of the pandemic response

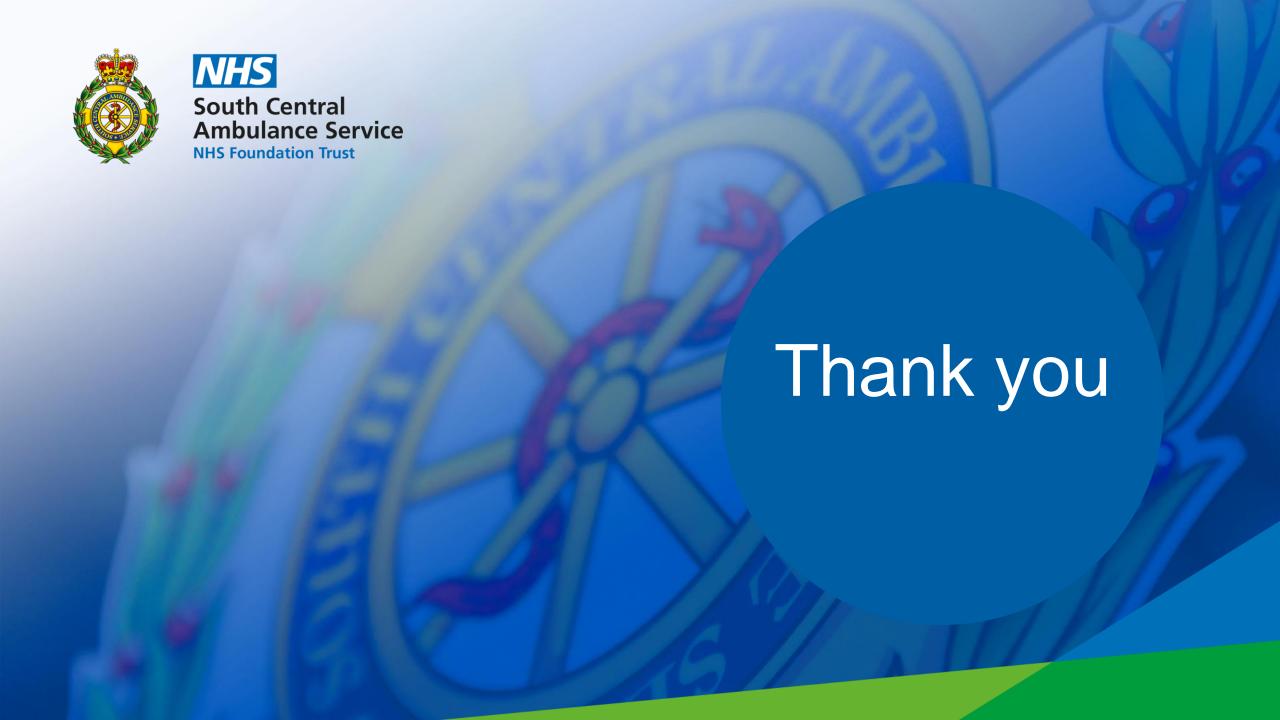
Good for Continuous Professional Learning

Promotes an open, honest and transparent approach to performance and quality review

Wider conversation with other providers - sharing consensus on best practice

Disseminating our learning

- Quality assurance of remote clinical assessments in the NHS The Lancet
- Safety netting in the COVID-19 Clinical Assessment Service | British Journal of General Practice (bjgp.org)





Acknowledgements

The COVID-19 Clinical Assessment Service (CCAS) was commissioned by NHS E/I and created by the NHS South, Central and West Commissioning Support Unit as part of the National Pandemic Flu Service and was hosted and managed by the South Central Ambulance Service NHS Foundation Trust (SCAS).

The CCAS would not have been possible without the outstanding leadership, innovation, unrelenting dedication and collaboration across stakeholders and their Operations, Human resources and Clinical teams.

We would like to specifically thank our colleagues for their assistance and support with this presentation:

Enid Povey, Carol Rogers, Ruth Allanson, Prof Helen Young, Laura Calow, Caron Brittan, Victoria Dooley and Dr Will Brooks.

With additional thanks to;

Lynne Heald, Kathy Agrebi, Sue Tucker, Janet Crowe and the many others in the Delivery teams

Dr Jean Challiner, Dr Caroline Warren, Lesley Selfe, 30 GP Auditors and our Clinical Governance team

Liam Williams and the NHS SCW CSU team



The NHS Patient Safety Conference 2022: Breaking a culture of defensiveness



SPEAKING NOW



Dr Jorge Zimbron

Consultant Psychiatrist at Springbank Ward, Cambridge and Peterborough NHS Foundation Trust

<u>l will be</u> discussing...

"Patient Safety Best Practice Session: The Springbank Ward"





Managing extreme risk at Springbank Ward, Specialist Personality Disorder Unit.

Dr Jorge ZimbronConsultant in General Adult Psychiatry
Jorge.Zimbron@cpft.nhs.uk

8th June, 2022







Pride in our adults and specialist mental health services

SPRINGBANK WARD

Opened May 2011

Specialist Personality Disorder unit

Unique in the NHS

- Private
- Forensic



Inclusion

- Women, trans, and non-binary
- Severe Borderline Personality Disorder
- Co-morbidity is the norm
- Failure to manage in the community / acute wards

Treatment

- 12 beds
- 1 year programme
- DBT, pharmacotherapy, occupational therapy, music therapy, physiotherapy, and others

OUTLINE

Personality Disorder

The Springbank Experience

Risk Management

Parallels



DIAGNOSIS

PD is about behaviour.

3 Ps:

- Problematic
- Pervasive
- Persistent

Biopsychosocial causes

Multiple patterns

- Chronically suicidal
 - Multiple suicide attempts
 - Self-harm

ICD - 10	DSM IV & V	DSM V Hybrid model
Paranoid	Paranoid	
Schizoid	Schizoid	
(schizotypal under F20-29)	Schizotypal	Schizotypal
Dissocial	Antisocial	Antisocial
Emotionally Unstable (Impulsive and borderline types)	Borderline	Borderline
Histrionic	Histrionic	
Anankastic	Obsessive-compulsive	Obsessive-compulsive
Anxious (avoidant)	Avoidant	Avoidant
Dependent	Dependent	
Other (eccentric, immature, narcissistic, passive aggressive, "haltlose", psychoneurotic)	Narcissistic	Narcissistic
Unspecified		
Mixed		
Enduring personality change (catastrophe or psychiatric illness)		

LIFE EXPECTANCY

> J Psychosom Res. 2012 Aug;73(2):104-7. doi: 10.1016/j.jpsychores.2012.05.001. Epub 2012 May 26.

Life expectancy at birth and all-cause mortality among people with personality disorder

Marcella Lei-Yee Fok ¹, Richard D Hayes, Chin-Kuo Chang, Robert Stewart, Felicity J Callard, Paul Moran

Affiliations + expand

PMID: 22789412 DOI: 10.1016/j.jpsychores.2012.05.001

Abstract

Objective: It is well established that serious mental illness is associated with raised mortality, yet few studies have looked at the life expectancy of people with personality disorder (PD). This study aims to examine the life expectancy and relative mortality in people with PD within secondary mental health care.

Methods: We set out to examine this using a large psychiatric case register in southeast London, UK. Mortality was obtained through national mortality tracing procedures. In a cohort of patients with a primary diagnosis of PD (n=1836), standardised mortality ratios (SMRs) and life expectancies at birth were calculated, using general population mortality statistics as the comparator.

Results: Life expectancy at birth was 63.3 years for women and 59.1 years for men with PD-18.7 years and 17.7 years shorter than females and males respectively in the general population in England and Wales. The SMR was 4.2 (95% CI: 3.03-5.64) overall; 5.0 (95% CI: 3.15-7.45) for females and 3.5 (95% CI: 2.17-5.47) for males. The highest SMRs were found in the younger age groups for both genders.

Conclusion: People with PD using mental health services have a substantially reduced life expectancy, highlighting the significant public health burden of the disorder.

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177	<u>Angola</u>	62.22	65.12	59.46
178	Zimbabwe	62.16	63.66	60.39
179	<u>Togo</u>	62.13	63.08	61.16
179	Mozambique	62.13	64.95	59.05
180	DR Congo	61.60	63.21	60.01
181	<u>Eswatini</u>	61.05	65.67	56.98
182	<u>Mali</u>	60.54	61.39	59.69
183	Cameroon	60.32	61.66	58.99
184	Equatorial Guinea	59.82	61.08	58.76
185	Guinea-Bissau	59.38	61.33	57.31
186	Côte d'Ivoire	58.75	60.13	57.50
187	South Sudan	58.74	60.31	57.21
188	Somalia	58.34	60.11	56.62
189	Sierra Leone	55.92	56.78	55.01
190	<u>Nigeria</u>	55.75	56.75	54.80
191	Lesotho	55.65	58.90	52.52
192	Chad	55.17	56.65	53.73
193	Central African	54.36	56.58	52.16

MORTALITY IN WOMEN

		Standardised mortality ratios (95% CI)			
Cause of death	All	Cluster A	Cluster B	Cluster C	Other
Total	6.1 (5.8-6.4)	4.3 (3.5-5.3)	6.4 (5.9–7.0)	5.0 (4.0-6.4)	6.3 (5.9-6.8)
Natural	3.6 (3.4-3.9)	3.4 (2.7-4.4)	3.4 (3.0-3.8)	3.7 (2.7-5.0)	3.8 (3.5-4.2)
Infections	8.6 (5.6-13.2)	5.3 (0.8-37.8)	2.2 (0.5-8.7)	8.2 (1.2-58.3)	14.1 (8.7-22.6)
Cancer	1.6 (1.4–1.9)	2.4 (1.6-3.5)	1.9 (1.5-2.3)	1.4 (0.7-2.6)	1.3 (1.1-1.7)
Endocrine	6.8 (4.8-9.6)	2.6 (0.4-18.1)	3.9 (1.8-8.1)	12.0 (3.9-37.1)	9.1 (6.0-13.9)
Mental					
Substance misuse	11.4 (7.2-18.2)	_	15.1 (7.8-28.9)	13.3 (1.9-94.7)	10.2 (5.1-20.4)
Other	13.3 (9.2-19.3)	14.1 (3.5-56.3)	9.7 (4.9-19.4)	32.3 (10.4-100)	14.4 (8.7-23.9)
Nervous system	4.9 (3.5-6.7)	1.7 (0.2-12.1)	4.2 (2.4-7.3)	2.6 (0.4-18.7)	6.1 (4.1-9.2)
Cardiovascular	5.9 (5.2-6.6)	5.0 (3.2-7.8)	5.0 (3.9-6.2)	7.5 (4.8-11.7)	6.5 (5.5-7.7)
Respiratory	7.9 (6.3–9.9)	9.3 (4.7-18.7)	8.6 (5.9-12.4)	5.5 (1.8-17.1)	7.4 (5.3-10.4)
Gastrointestinal	4.9 (3.6-6.6)	3.9 (1.3-12.2)	3.1 (1.7-5.8)	4.2 (1.0-16.6)	6.4 (4.4-9.3)
Other	6.1 (4.8–7.7)	2.5 (0.6-10.1)	6.3 (4.3-9.2)	1.9 (0.3–13.8)	6.8 (4.9-9.4)
Unnatural	22.0 (20.4-23.6)	12.8 (8.5-19.3)	23.2 (20.8-25.9)	18.0 (11.8-27.3)	22.2 (20.1-24.7)
Suicide	32.8 (30.0-35.8)	21.5 (13.4-34.7)	34.5 (30.2-39.3)	25.8 (15.3-43.5)	33.0 (29.1-37.3)
Undetermined intent	22.3 (18.5-26.9)	7.2 (1.8-28.7)	26.4 (20.2-34.6)	16.0 (5.2-49.7)	21.2 (16.1-27.8)
Homicide	5.6 (2.8-11.3)	_	3.2 (0.8-12.8)		8.7 (3.9-19.4)
Traffic accidents	2.8 (1.7-4.6)	_	3.0 (1.4-6.3)	5.5 (0.8-38.8)	2.7 (1.3-5.6)
Other	15.2 (12.4–18.6)	9.9 (3.7-26.3)	15.1 (10.9-20.8)	15.0 (5.6-39.9)	16.1 (12.2-21.3)

ISSUE: FEAR

Staff

- Complexity
 - Ignorance
- Death
 - Legal system
 - Media
- Security
 - Career
 - Reputation
- Burn-out

Patient

- Death
- Disability
- Life-sentence
- Loss of support



HOW DO PEOPLE WITH A PERSONALITY DISORDER MAKE YOU FEEL?

61 pharmacists.

18 psychiatrists (consultants and trainees) November 2020

10th Annual International Psychiatric Pharmacy Conference.

29 GPs and staff in primary care 15.03.2021

Challenged
Frustrated

interested

Frustrated

frustated

Helpless Drained

sad. uncomfortable worrying

Not comfortable

unpredictable inadequate on edge awkward perplexed nervous cautious exhausted Warvfeel containment perspective powerless sympathetic helpless treatment hard work frustration uncertain uncertain how to approach concerned how to treat

More sensitive towards them, but also anxious at times

Maybe a little anxious? Powerless

Hesitant anxious
no feeling in particular Scared

out of my depth Uneasy Out of depth
Uncertain

Stressed Helples

Complicated

Challenges
Challenged
Challenged
Challenged
Annoyed

Careful

incerned for them, and their access to services



THE SPRINGBANK EXPERIENCE

RISK MANAGEMENT

2 treatment models:

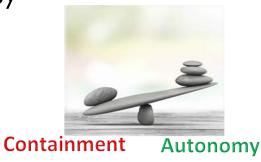
- •Old (May 2011 April 2015)
 - Risk Containment
- New (May 2015 Present)
 - Autonomy



RISK CONTAINMENT MODEL (2011 -2015)

Therapies

- Medication
- Dialectical Behaviour Therapy
- Occupational Therapy
- Seclusion
- Exercise
- Physiotherapy



Delivery

- Excellent NHS staff
- MHA
- Locked ward
- Restricted items
- Personal searches
- Restricted leave
- Punishment / Reward approach
- Observation levels
- Physical restraint & rapid tranquilisation
 - 'Adverse adulthood experiences!'

Standard approach

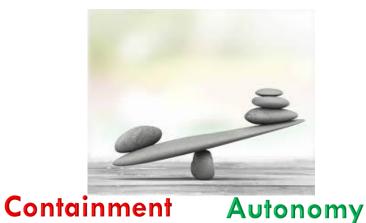
RISK CONTAINMENT

Goal: keep person alive

For acute modifiable risks

In-patient treatment

MHA



Assumptions

- Hospitals are safer
- Patients/SUs lack capacity

Pros:

- "Feels safe"
- Short-term benefit

Cons:

- "Feels wrong"
- Promotes dependence

LAINGBUISSON REPORT

13.5% of the NHS MH budget goes to the independent sector.

10,123 private beds

• NHS 17,610

15-20% profit margins

Lack of competition

- 4 providers get 2/3 of the money
- 71 facilities inadequate



NHS

NHS paying £2bn a year to private hospitals for mental health patients

Exclusive: Fears grow that bed shortages have left NHS increasingly reliant on independent sector $\,$

• I thought she'd be safe': a life lost to suicide in a place meant for recovery

Denis Campbell and Anna Bawden

Sun 24 Apr 2022 15.00 BST

OUT OF AREA ADMISSIONS

2022

22 - 46% PD (~70% MHA)



FINDINGS FROM A FREEDOM OF INFORMATION REQUEST AND REVIEW OF PUBLICLY AVAILABLE DATA

AUTHORS JORGE ZIMBRON, VANESSA JONES, KEIR HARDING, EMMA JONES, OLIVER DALE CONTRIBUTORS KARINA. JOSIE LINHART. SARAH. NATASHA. KIRSTEN BARNICOT



Mental Health Act Statistics, Annual Figures - 2020-21

Official statistics, National statistics

Publication Date: 26 Oct 2021 Geographic Coverage: England

Geographical Mental Health Trusts, NHS Trusts, Independent Sector Health Care

Granularity: Transformation Partnerships

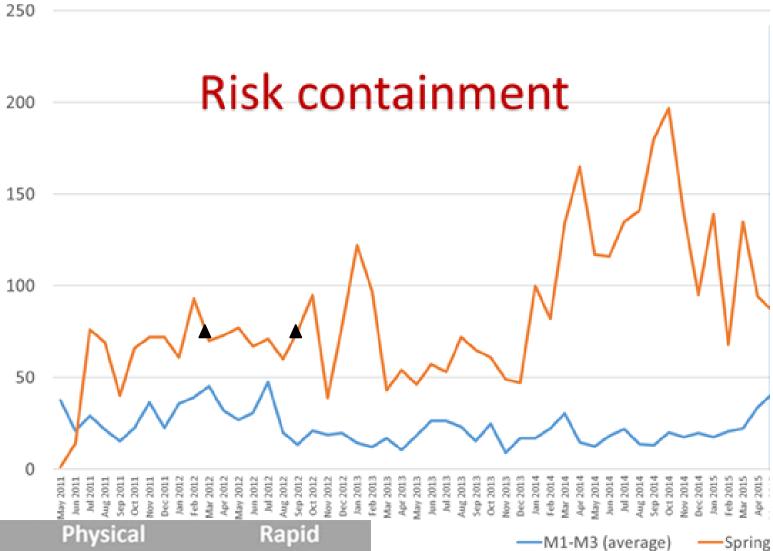
Date Range: 01 Apr 2014 to 31 Mar 2021

The number of people reported in the MHSDS as subject to the Act at each month-end⁸ has increased from 13,628 on 31st January 2016 to 20,494 on 31st March 2021. This compares to 25,577 people recorded in the last annual publication sourced from the KP90 (on 31st March 2016).





OUTCOMES



Year	Physical	Rapid	
	intervention	tranquilisation	
2012	52	36	
2013	57	45	
2014	59	44	
2015	64	18	

EXPERIENCE

Incidents

- Daily alarms
- Regular physical interventions
- Frequent injuries

Staff vacancies

- High turn-around
- 7 consultants in 4 years

Ward Reputation

- Difficult place to work
- Difficult group of patients
- Students not allowed

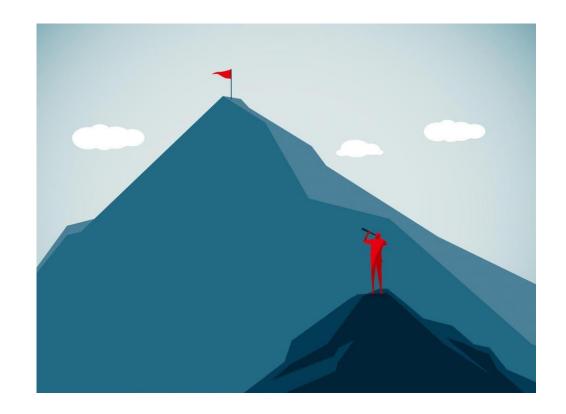
Challenged
Frustrated impotent
angry frustated
curious anxious confused
incompetent tense
hate psychiatry
Exhausted sad. uncomfortable worrying
Not comfortable

AMBITION

Reduce incidents

Improve safety

Improve patient and staff experience



PREVALENCE

Prevalence of personality disorders in the general adult population in Western countries: systematic review and meta-analysis

Jana Volkert (b) (a1), Thorsten-Christian Gablonski (a2) and Sven Rabung (a3) 🕀

DOI: https://doi.org/10.1192/bjp.2018.202 Published online by Cambridge University Press: 28 September 2018

Abstract

Background

Personality disorder is a severe health issue. However, the epidemiology of personality disorders is insufficiently described and surveys report very heterogeneous rates.

Aims

We aimed to conduct a meta-analysis on the prevalence of personality disorders in adult populations and examine potential moderators that affect heterogeneity.

Method

We searched PsycINFO, PSYNDEX and Medline for studies that used standardised diagnostics (DSM-IV/-5, ICD-10) to report prevalence rates of personality disorders in community populations in Western countries. Prevalence rates were extracted and aggregated by random-effects models. Meta-regression and sensitivity analyses were performed and publication bias was assessed.

Results

The final sample comprised ten studies, with a total of 113 998 individuals. Prevalence rates were fairly high for any personality disorder (12.16%; 95% CI, 8.01–17.02%) and similarly high for DSM Clusters A, B and C, between 5.53 (95% CI, 3.20–8.43%) and 7.23% (95% CI, 2.37–14.42%). Prevalence was highest for obsessive-compulsive personality disorder (4.32%; 95% CI, 2.16–7.16%) and lowest for dependent personality disorder (0.78%; 95% CI, 0.37–1.32%). A low prevalence was significantly associated with expert-rated assessment (versus self-rated) and reporting of descriptive statistics for antisocial personality disorder.

Conclusions

Epidemiological studies on personality disorders in community samples are rare, whereas prevalence rates are fairly high and vary substantially depending on samples and methods. Future studies investigating the epidemiology of personality disorders based on the DSM-5 and ICD-11 and models of personality functioning and traits are needed, and efficient treatment should be a priority for healthcare systems to reduce disease burden.

Declaration of interest

None.

MYTH: RISK PREDICTION

We cannot predict risk at an individual level

For every completed suicide there are 200 attempts.

March 13, 2019

Prediction Models for Suicide Attempts and DeathsA Systematic Review and Simulation

Bradley E. Belsher, PhD^{1,2}; Derek J. Smolenski, PhD, MPH¹; Larry D. Pruitt, PhD¹; et al

» Author Affiliations

JAMA Psychiatry. 2019;76(6):642-651. doi:10.1001/jamapsychiatry.2019.0174

Key Points

Question Have advances in statistical modeling improved the predictive validity of suicide prediction algorithms sufficiently to render their predictions actionable?

Findings In this systematic review of 17 studies including 64 unique suicide prediction models, the models had good overall classification and low positive predictive values. Use of these models would result in high false-positive rates and considerable false-negative rates if implemented in isolation.

Meaning At present, the performance of suicide prediction models suggests that they offer limited practical utility in predicting suicide mortality.



NEW SPRINGBANK MODEL (2015 — 2021)

Therapies

- Medication
- Dialectical Behaviour Therapy
- Occupational Therapy
- Sensory integration
- Exercise
- Physiotherapy

Delivery

- Excellent NHS Staff
- Least-restrictive approach
 - MHA avoided
- Capacity is assumed
 - Even in crises
- Recovery focus
- Patient centred care
- Positive-risk-taking
- Shared-decision making
- Shared values
- Co-production
- Distributed leadership
- Therapeutic community







POSITIVE RISK TAKING

Goal: Enable people to manage and enjoy life

Looks at long-term risks and opportunities

Requirements:

- Clear formulation
- Detailed history
- Good relationships
- Communication with relatives
- Organisational support



POSITIVE RISK TAKING

Assumes no risk-free option

Assumes capacity

Assumes chronic risk

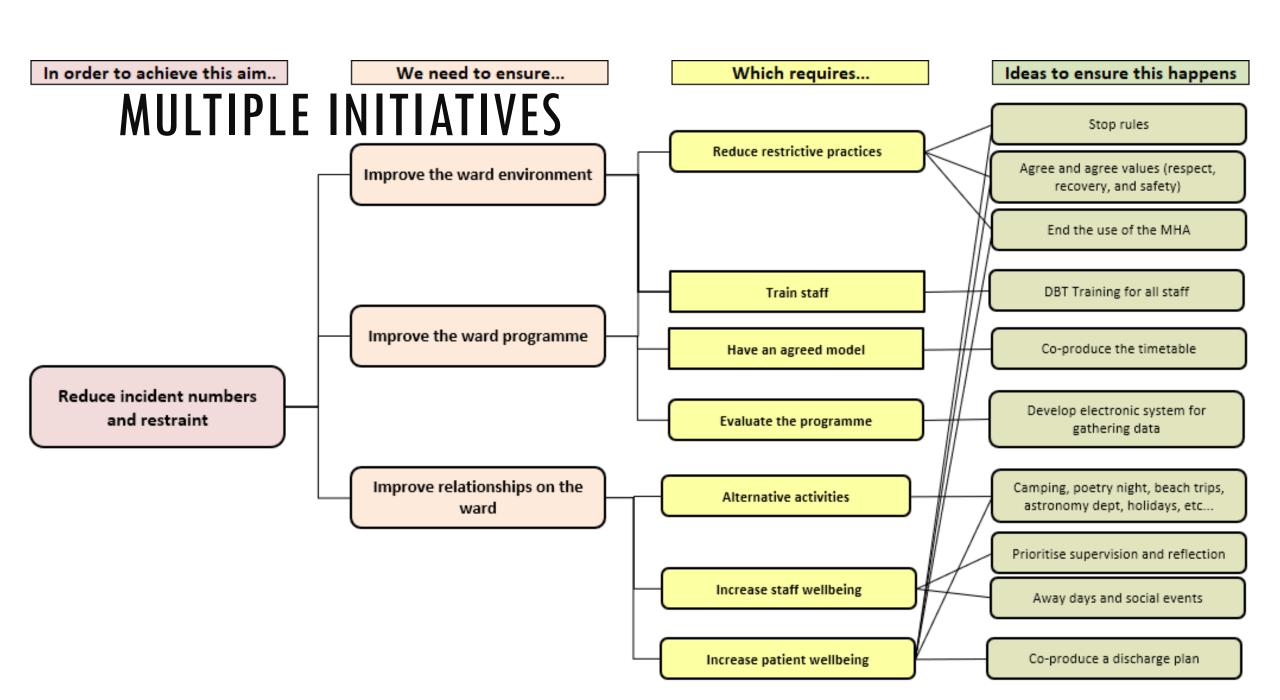
Pros:

- Promotes autonomy
- Long-term benefits
- "Feels right"

Cons:

- Short-term risks
- Perceived as neglect
- Anxiety-provoking

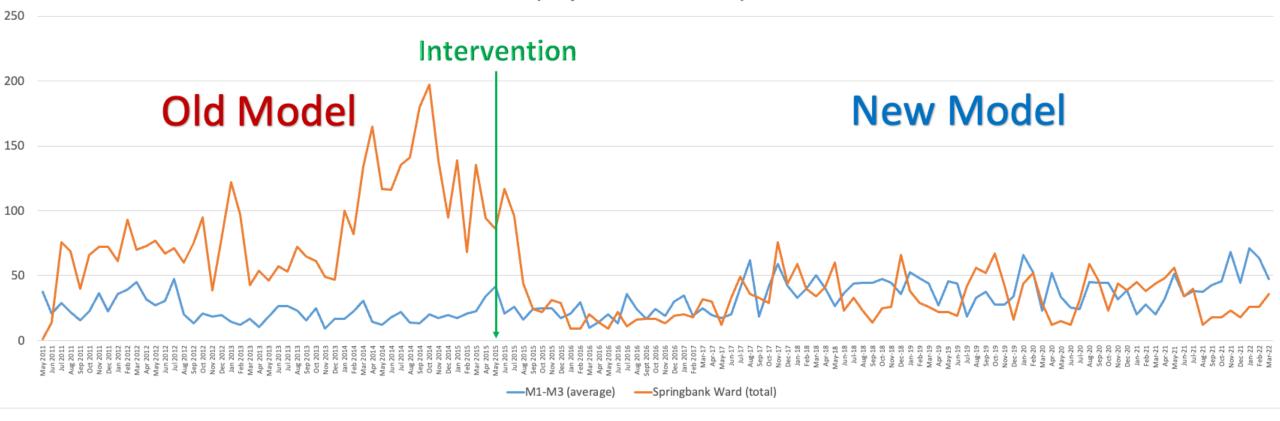






OUTCOMES

Springbank Ward incidents compared to local wards (May 2011 - March 2022)

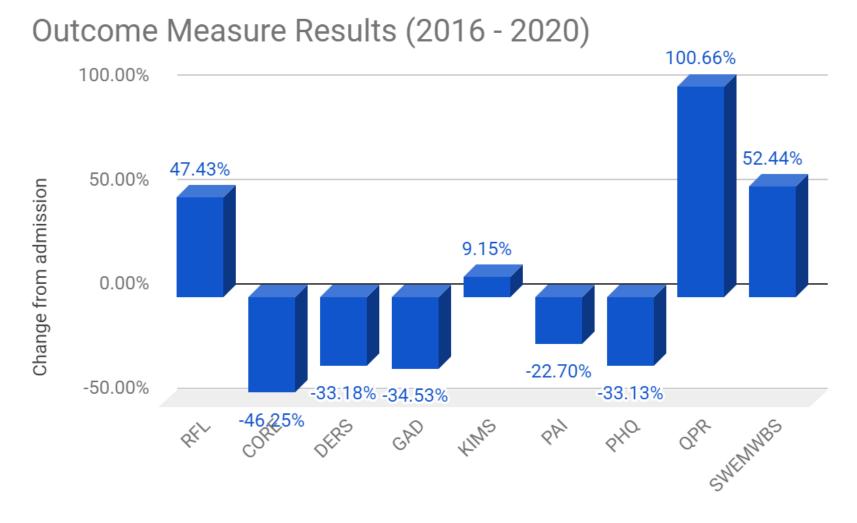


Average incidents per	Old model (2011 – 2015)	New Model (2015 – 2022)	Change
month			
M1 - M3	23.0	34.9	52%
Springbank	84.9	33.3	1 -61%

PHYSICAL INTERVENTIONS

Year	Number of incidents requiring physical intervention	Number of incidents requiring rapid tranquilisation
2012	52	36
2013	57	45
2014	59	44
2015	64	18
2016	3	0
2017	4	0
2018	5	1
2019	1	1
2020	0	0
2021	0	0
2022	0	0

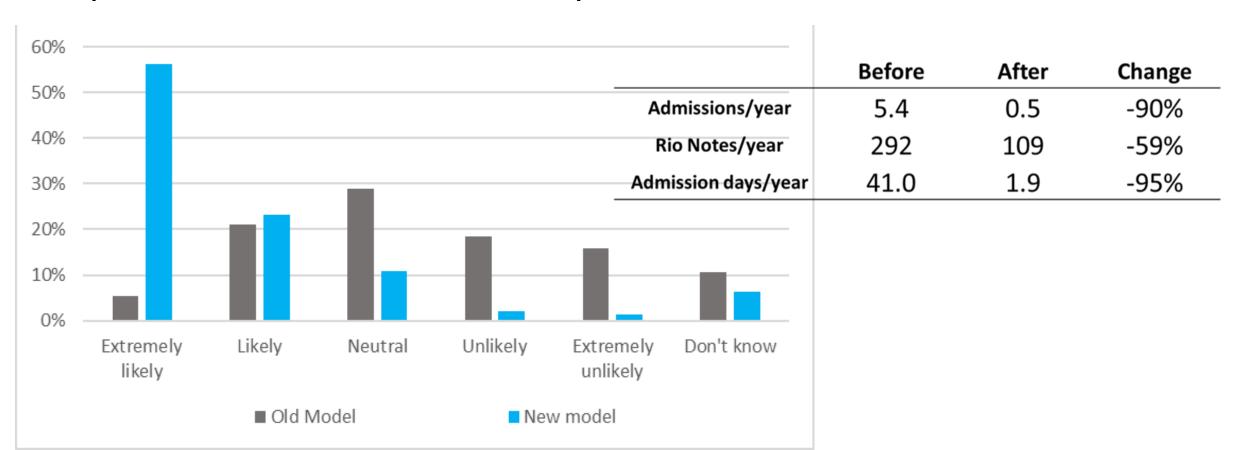
DIFFERENCE BETWEEN ADMISSION AND DISCHARGE



VALUE

Increased patient satisfaction and service use reduction

"Would you recommend this service to friends and family?"



STAFF'S EXPERIENCE

Increased job satisfaction

Richer therapeutic relationships

Better reputation

- Less vacancies
- Stable team
- Students!



WARD REPUTATION



RCPsych Awards 2019

Nominated for 'Team of the year'



https://www.bbc.co.uk/news/health-47393050





WINNERS 2020 PROJECT SHOWCASE 2020 JUDGING ▼ PARTNERSHIP ▼ ALUMNI ▼ CONTACT US ▼ KEEP ME UPDATED

Patient Safety Award



Winner: Cambridgeshire and Peterborough FT - Abolishing restrictive interventions at Springbank Ward, specialist personality disorder unit https://awards.hsj.co.uk/winners-2020



WE ARE PROUD WINNERS

Patient Safety Award





PUBLICATIONS

> Psychiatr Danub. 2019 Sep;31(Suppl 3):626-631.

Attitudes towards a borderline personality disorder unit - a small-scale qualitative survey

Jakub Nagrodzki ¹, Jorge Zimbron

Affiliations + expand

PMID: 31488804

Rethinking Risk Assessments in a Borderline Personality Disorder Unit: Patient and Staff Perspectives

Owen A. Crawford ^{1, 2}, Tahir S. Khan ^{1, 2}, Jorge Zimbron ¹

1. Springbank Ward, Fulbourn Hospital, Cambridgeshire and Peterborough NHS Foundation Trust, Cambridge, GBR 2. School of Clinical Medicine, University of Cambridge, Cambridge, GBR

Corresponding author: Owen A. Crawford, owen.crawford@outlook.com

Case Report

Treatment of Severe Emotionally Unstable Personality Disorder with Comorbid Ehlers-Danlos Syndrome and Functional Neurological Disorder in an Inpatient Setting: A Case for Specialist Units without Restrictive Interventions

Jessica Henry , ¹ Eddie Collins, ² Amanda Griffin, ³ and Jorge Zimbron ³

¹University of Cambridge School of Clinical Medicine, Addenbrooke's Hospital, Hills Rd, Cambridge CB2 0SP, UK

²Somerset Partnership NHS Foundation Trust, Bridgwater TA6 4RN, UK

³Springbank Ward, Cambridgeshire and Peterborough Mental Health Partnership NHS Trust, Fulbourn, Cambridge CB21 5EF, UK

Correspondence should be addressed to Jessica Henry

Received 8 December 2020; Revised 16 February 2021; Accepted 18 February 2021

Academic Editor: Lut Tamam



SPRINGBANK PARALLELS

RCT 1999

- Partial hospitalization vs TAU
- N=38

18m programme

Improvements in symptoms, self-harm, suicide attempts, inpatient days, functic in inpatient group.

Ongoing improvement after 18m



Effectiveness of Partial Hospitalization in the Treatment of Borderline Personality Disorder: A Randomized Controlled Trial

Anthony Bateman, M.A., F.R.C.Psych. and Peter Fonagy, Ph.D., F.B.A.

OBJECTIVE: This study compared the effective with standard psychiatric care for patients wi measures of depression, anxiety, general sympt Data analysis used repeated measures analysis 18 months. conclusions: Psyc Month Follow-Up standard psychiatric care for patients with borde groups, but these results suggest that partial hos

https://doi.org/10.1176/ajp.156.10.1563

Psychiatry

ARTICLE

the control group, which showed in Treatment of Borderline Personality Disorder With depressive symptoms, a decre Psychoanalytically Oriented Partial Hospitalization: An 18-

Anthony Bateman, M.A., F.R.C.Psych. and Peter Fonagy, Ph.D., F.B.A.

OBJECTIVE: The aim of this study was to determine whether the substantial gains made by patients with borderline personality disorder following completion of a psychoanalytically oriented partial hospitalization program, in comparison to patients treated with standard psychiatric care, were maintained over an 18month follow-up period. METHOD: Forty-four patients who participated in the original study were assessed every 3 months after completion of the treatment phase. Outcome measures included frequency of suicide attempts and acts of self-harm, number and duration of inpatient admissions, service utilization, and self reported measures of depression, anxiety, general symptom distress, interpersonal functioning, and social adjustment. RESULTS: Patients who completed the partial hospitalization program not only maintained their substantial gains but also showed a statistically significant continued improvement on most measures in contrast to the patients treated with standard psychiatric care, who showed only limited change during the same period. CONCLUSIONS: The superiority of psychoanalytically oriented partial hospitalization over standard psychiatric treatment found in a previous randomized, controlled trial was maintained over an 18 month follow-up period. Continued improvement in social and interpersonal functioning suggests that longer-term changes were stimulated.

2001: 158:36-42 https://doi.org/10.1176/appi.ajp.158.1.36

Controlled trial 2004

Inpatient DBT for 3 months vs waiting list

N=50 women

Significant improvements in symptoms, self-harm, and functioning in the inpatient group.



BEHAVIOUR RESEARCH AND THERAPY

Behaviour Research and Therapy 42 (2004) 487-499

www.elsevier.com/locate/brat

Effectiveness of inpatient dialectical behavioral therapy for borderline personality disorder: a controlled trial

Martin Bohus ^{a,*}, Brigitte Haaf ^a, Timothy Simms ^a, Matthias F. Limberger ^a, Christian Schmahl ^a, Christine Unckel ^a, Klaus Lieb ^a, Marsha M. Linehan ^b

Department of Psychiatry and Psychotherapy with Polyclinic, Albert-Ludwig-University of Freiburg,
 Medical School, Hauptstrasse 5, D-79104 Freiburg, Germany
 Department of Psychology, University of Washington, Seattle, WA, USA
 Received 15 November 2002; received in revised form 5 June 2003; accepted 11 June 2003

Case series

N = 50

Inpatient DBT for 3 months

15m f/u

Improvements in psychopathology

Shorter communication

Effectiveness of dialectical behaviour therapy for borderline personality disorder in an inpatient setting

Christoph Kröger ^a № 3 M. Ulrich Schweiger ^b, Valerija Sipos ^b, Ruediger Arnold ^b, Kai G. Kahl ^b, Tanja Schunert ^b, Sebastian Rudolf ^b, Hans Reinecker ^c

Show more V

+ Add to Mendeley « Share 55 Cite

https://doi.org/10.1016/j.brat.2005.08.012

Get rights and content

Abstract

This study evaluates the effectiveness of dialectical behaviour therapy (DBT) for borderline personality disorder (BPD) in an unselected, comorbid population seeking 3-month inpatient treatment. We studied 50 consecutively admitted individuals (44 women, six men) with BPD as defined by DSM-IV at three time points (at admission, at discharge, and at the 15-month follow-up). For the clinical diagnoses, we used the Structured Clinical Interview for DSM-IV (SCID) and compared the frequencies of comorbid axis I and axis II disorders at admission and at the 15-month follow-up. Overall, participants showed a high degree of comorbidity. Psychopathology was significantly reduced at post-treatment and at follow-up. Effect sizes for outcome measures were within the range of those of previous studies. Our findings support the notion that the results of the DBT efficacy research can be generalized to an inpatient setting and to patients with BPD disorder with high comorbidity.

Case series

N = 45

Day patient MBT for 18m

Improvements in psychopathology, functioning, service use, suicide attempts and self-harm.

Treatment Outcome of 18-Month, Day Hospital Mentalization-Based Treatment (MBT) in Patients with Severe Borderline Personality Disorder in the Netherlands

Dawn Bales, Nicole van Beek, Maaike Smits, Sten Willemsen, Jan J. V. Busschbach, Roel Verheul and Helene Andrea

Published Online: August 2012 • https://doi.org/10.1521/pedi.2012.26.4.568









Abstract

Psychoanalytically oriented day hospital therapy, later manualized and named mentalization-based treatment (MBT), has proven to be a (cost-) effective treatment for patients with severe borderline personality disorder and a high degree of psychiatric comorbidity (BPD) in the United Kingdom (UK). As to yet it has not been shown whether manualized day hospital MBT would yield similar results when conducted by an independent institute outside the UK. We investigated the applicability and treatment outcome of 18-month, manualized day hospital MBT in the Netherlands by means of a prospective cohort study with 45 Dutch patients with severe BPD and a high degree of comorbid Axis I and Axis II disorders. Outcomes were assessed each six months. Symptom distress, social and interpersonal functioning, and personality pathology and functioning all improved significantly, with effect sizes between 0.7 and 1.7. Suicide attempts, acts of self-harm, and care consumption were also significantly reduced. The results indicate that MBT can effectively be implemented in an independent treatment institute outside the UK. This study also supports the clinical effectiveness of manualized day hospital MBT in patients with severe BPD and a high degree of psychiatric comorbidity.

Case series

N=245 vs 220 (reference group)

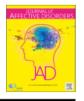
40 days admission (average)

BPD improved at a similar rate than reference group

Contents lists available at ScienceDirect



Journal of Affective Disorders



journal homepage: www.elsevier.com/locate/jad

Research paper

A naturalistic longitudinal study of extended inpatient treatment for adults with borderline personality disorder: An examination of treatment response, remission and deterioration*



- J. Christopher Fowler^{a,b,c,*}, Joshua D. Clapp^d, Alok Madan^{a,b,c}, Jon G. Allen^b,
- B. Christopher Frueh^e, Peter Fonagy^{b,f}, John M. Oldham^b

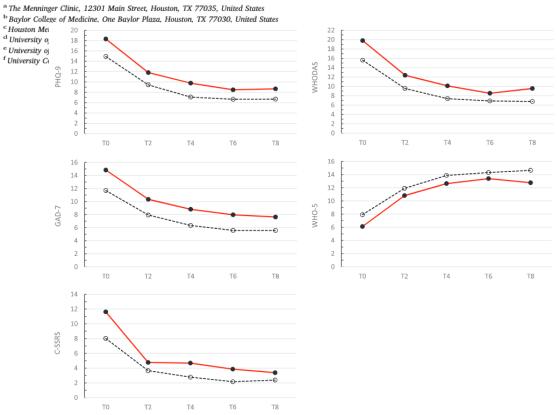


Fig. 1. Observed scores for reference and borderline personality disorder patients. () Borderline (\(\cdots ----- \cdots \)) Reference Note: PHQ-9 = Patient Health Questionnaire; GAD-7 = Generalized Anxiety Disorder 7-Item Scale; WHODAS = WHO Disability Assessment Schedule 2.0; WHO-5 = WHO Well-Being Index; C-SSRS = Columbia Suicide Severity Rating Scale – Ideation severity over the previous month.

SIMILARITIES

High degree of co-morbidity

Use of medication

Non-restrictive environment

No evidence of the use of coercive treatment being helpful.



CONCLUSIONS

INSIGHTS

Values and clear boundaries

Not rules

Courage, empathy, and compassion

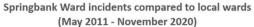
Safer than risk containment

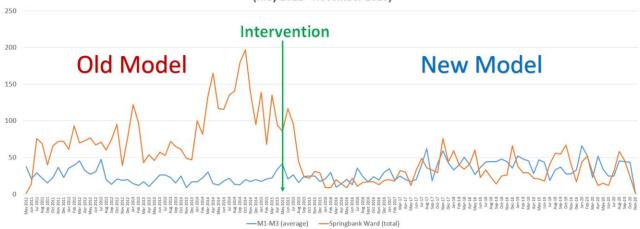
Multi-disciplinary approach as a community

Co-production an constant change

Constant reflection about own behaviour







Restrictive admissions can be pointless and cause iatrogenic harm

There is no evidence supporting involuntary admissions for personality disorder

Admissions to the right environment can be helpful

Volume 2021 | Article ID 6615723 | https://doi.org/10.1155/2021/6615723

Show citation

Iatrogenic Complications of Compulsory Treatment in a Patient Presenting with an **Emotionally Unstable Personality Disorder and** Self-Harm

Charlotte Burrin (1), 1,2 Natasha Faye Daniels (1), 1,3 Rudolf N. Cardinal (1), 4,5 Catherine Hayhurst, 6 David Christmas 6,4 and Jorge Zimbron 64 Show more

Academic Editor: Toshiya Inada

Received	Revised	Accepted	Published
23 Oct 2020	26 Apr 2021	03 May 2021	27 May 2021

Abstract

Attempted suicide and deliberate self-harm are common and challenging presentations in the emergency department. A proportion of these patients refuse interventions and this presents the clinical, legal, and ethical dilemma as to whether treatment should be provided against their will. Multiple factors influence this decision. It is difficult to foresee the multitude and magnitude of complications that can arise once it has been decided to treat individuals who do not consent. This case illustrates a particularly

QUESTIONS?





The NHS Patient Safety Conference 2022: Breaking a culture of defensiveness



UP NEXT...



Trusted Digital Consent



The NHS Patient Safety Conference 2022: Breaking a culture of defensiveness



SPEAKING NOW



Joe Ali
National Account Manager
EIDO Healthcare

<u>l will be</u> discussing...

"Informed consent in the post Montgomery era"

Informed consent in the post Montgomery era

Montgomery case (2015)

GMC guidance on decision making and consent (2020)

Impact of COVID-19 on patient information and patient decisions

How digital technology can assist patients and clinicians

Mr Simon Parsons





Montgomery 2015

Nadine Montgomery wins £5m from NHS Lanarkshire over brain damage to son

11 March 2015 Glasgow & West Scotland



A Lanarkshire woman whose baby suffered brain damage during birth has won a 16-year fight for £5.25m compensation.

Nadine Montgomery, 40, claimed medics neglected to give her proper advice which may have led to her son Sam having a safer caesarean birth in 1999.

Reasonable patient

"Fundamental to the doctor and patient relationship is the requirement that a patient with capacity to decide should be informed about the treatment options open to him or her; the risks and benefits of each option; and be supported to make their choice about which treatment best meets their needs."

Montgomery Ruling, 2015

EIDO Consent Review

Summary of Montgomery case and more recent legal cases



▶ Contents

Foreword: Julie Smith
Guest editorial by Neil Welch
The EIDO 10-step document production process
Glossary
Introduction
An outline of the Montgomery case and points to note
The Cumberlege Review Report: First Do No Harm and its significance for the law on consent
Consent when patients lack capacity
Obstetric cases: fluctuating capacity of a mother in labour
Children: competence and consent
Adults lacking capacity at the end of life
Covid-19 related issues concerning consent
What the future might hold for law and clinical practice on consent
Conclusion
Useful websites

https://www.eidohealthcare.com/whitepapers/consent-review/



Guidance on professional standards and ethics for doctors

Decision making and consent

General Medical Council Updated 2020 - 7 key principles

Principle one	All patients have the right to be involved in decisions about their treatment and care and be supported to make informed decisions if they are able.
Principle two	Decision making is an ongoing process focused on meaningful dialogue: the exchange of relevant information specific to the individual patient.
Principle three	All patients have the right to be listened to, and to be given the information they need to make a decision and the time and support they need to understand it.
Principle four	Doctors must try to find out what matters to patients so they can share relevant information about the benefits and harms of proposed options and reasonable alternatives, including the option to take no action.

Principles 5-7 relate to "capacity"

Information you give patients (GMC guidance paragraph 10)

General Medical Council

"You must" is an overriding duty or principle

You **must** give patients the information they want or need to make a decision. This will usually include:

- a diagnosis and prognosis
- **b** uncertainties about the diagnosis or prognosis, including options for further investigation
- c options for treating or managing the condition, including the option to take no action
- d the nature of each option, what would be involved, and the desired outcome
- e the potential benefits, risks of harm, uncertainties about and likelihood of success for each option, including the option to

take no action.



GMC Guidance states: You must give patients clear, accurate and up to date information based on the best available evidence.



Inform content

Explanation of the problem

Treatment options (alternatives)

What the surgery involves

Risks and complications

Benefits & post op expectations

Lifestyle changes



Supporting patients' decision making (GMC guidance paragraph 27-30)

General Medical Council Patients need relevant information (see paragraph 10) to be shared in a way they can understand and retain, so they can use it to make a decision. Including - share it in a format they prefer written, audio, translated, pictures or other media or methods

para 30
You must check
whether patients have
understood the
information they have
been given, and if they
would like more
information before
making a decision.





Other formats

Foreign language versions

Accessible versions:
easy-read
large & giant print
screen reader
animations
videos



TEAM

consistent information across your team



Delegated consent (GMC guidance paragraph 43-44)

General Medical Council

Support from other members of the healthcare team

- You must make sure the person you delegate to:
- is suitably trained and competent

(formal informed consent training package)

 has sufficient knowledge of the intervention and its associated benefits and harms, as well as alternative options for treatment and care

(written information documents)

- has the skills to have a dialogue with the patient that's in line with this guidance
- feels competent to carry out the delegated task and understands and agrees that they will refer to you (or another appropriate colleague) for further information, advice or support if necessary.

Medical records (GMC guidance Para 50-51)

General Medical Council

Patients' medical records

- 50 Keeping patients' medical records up to date with key information is important for continuity of care. **Keeping an accurate record of the exchange of information** leading to a decision in a patient's record will inform their future care and help you to explain and justify your decisions and actions.
- 51 You should take a proportionate approach to the level of detail you record. Good medical practice states that you must include the decisions made and actions agreed and who is making the decisions and agreeing the actions in the patient's clinical records. This includes decisions to take no action.

Reviewing decisions (GMC Guidance paragraph 56-58)

General Medical Council

Covid -19 changes risk balance Long waiters may have consented before Covid-19

58 Reviewing a decision is particularly important:

if you haven't personally had a discussion with the patient because they were initially seen by a colleague

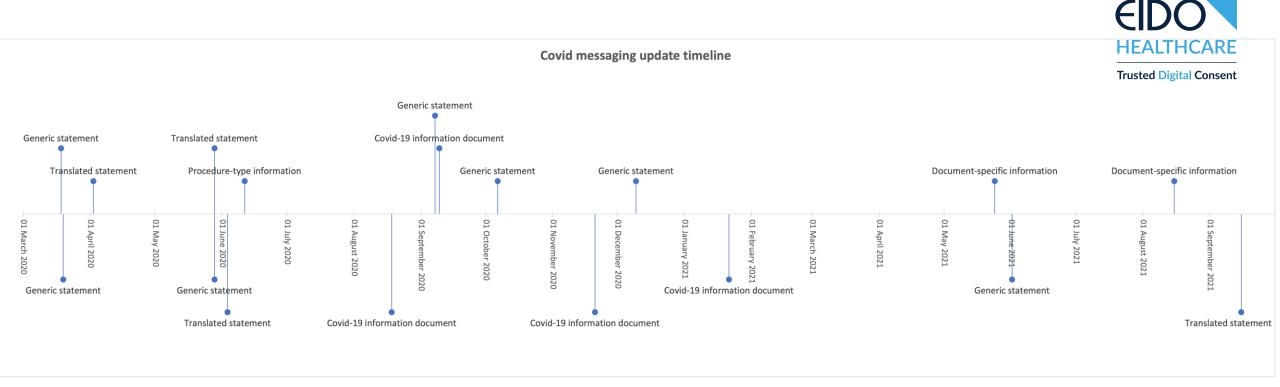
if significant time has passed since the decision was made

if the patient's condition has changed

if you have reason to believe the patient might have changed their mind

if any aspect of the chosen treatment or care has changed

if new information has become available about the potential benefits or risks of harm of any of the options that might make the patient choose differently.



March 2020 Sept 2021

EIDO Covid changes timeline







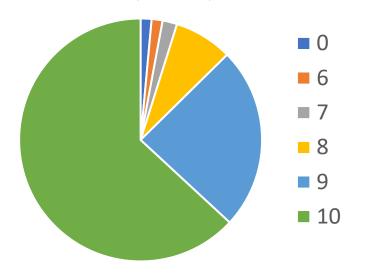
eidohealthcare.com

"aboutmyop" Pilot data Laparoscopic cholecystectomy

	n = (%)
Invited	898
Registered	349 (38.8)
All modules completed & report generated	203 (58.2)

		n = (%)
Gender F : M (%)		81.3 : 18.7
Age (years)	mean	46.7
	range	18-83

Number of consent questions answered correctly (out of 10)



Time spent on consent e-learning:

Number of pts. 203

Mean 18.4 minutes

Median 17 minutes

Range 3 to 88 minutes

Digital consent process



Stage 1 - Learn at home



Stage 2 – Meaningful dialogue with clinician

Behind the scenes

Full Traceability

Full Documentation

Plain English

Chosen format

"What matters to this patient"

Medicolegal proof of informed consent



New developments

Operation and Patient specific risks with C2-AI

Avatars



Conclusions

Informed consent is a process which, if performed properly, promotes shared decision making.

The Law and the GMC Guidance make it quite clear what is expected of clinicians

Resources are available to help but they can't replace "meaningful dialogue"

Pt feedback from EIDO's digital pilot "The process makes me feel responsible

for making a good decision about my own healthcare"



Please scan the QR Code on the screen. This will take you through to Slido, where you can interact with us.









Q&A PANEL

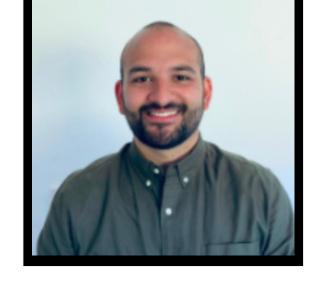


Helen Hughes
CEO
Patient Safety Learning



Dr Jorge Zimbron
Consultant

Psychiatrist



Joe Ali

National Account Manager

EIDO Healthcare



Dr Sarah Kay

Joint Clinical Governance

Medical Lead





MORNING BREAK, NETWORKING & REFRESHMENTS





Chair Morning Reflection



Jane Walsh

Senior Improvement Advisor Advancing Quality Alliance (Aqua)





UP NEXT...







SPEAKING NOW



Chris Elkin
Head of Healthcare
Piota Healthcare Apps

<u>l will be</u> discussing...

"How the Piota app platform is being used to improve Patient Experience"



Healthcare Apps Inclusion through innovation

Chris Elkin Head of Healthcare

chris.elkin@piota.co.uk | @chriselkin | 0770 1093733



Hello my name is Chris 20+ years within the digital media industry

- 10 years NHS experience
 - Producing online mandatory learning content/ systems
 - Learning passport and nurse re-validation apps
 - Trust website & intranet management
 - Digital communications and engagement
- Particular interest in the User Experience (UX)
 - · "Making it easy..."
 - "Don't make me think"





A selection of our NHS cl























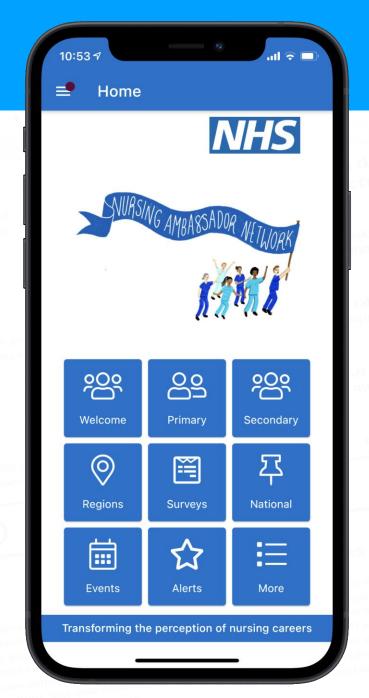














Making our working life's easier...

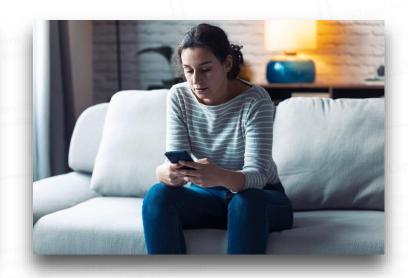


Look Familiar?

Providing information in a quick, easy, timely and targeted fashion





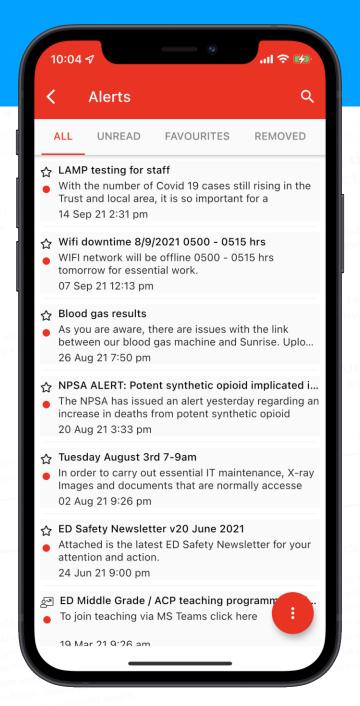




Dudley Group NHS Foundation Trust

ED Team App



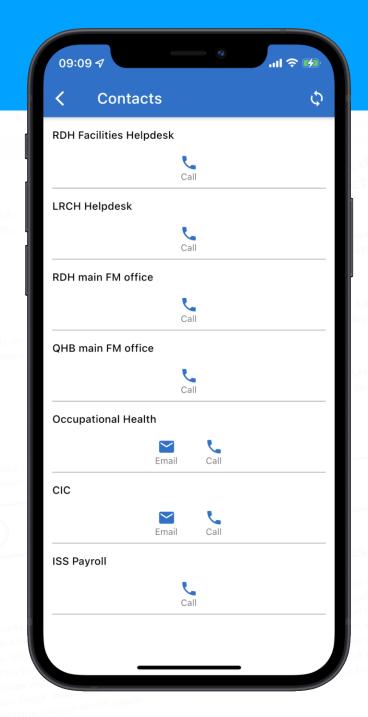




University Hospitals of Derby & Burton NHS Foundation Trust

FM & Estates App



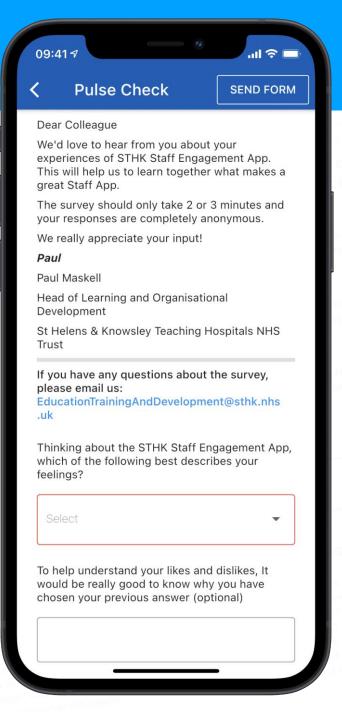




St. Helens & Knowsley Teaching Hospitals NHS Trust

Staff Communication & Wellbeing App







"Improving the Patient Experience"



Providing key; relevant & local information in a quick, easy, timely and targeted fashion





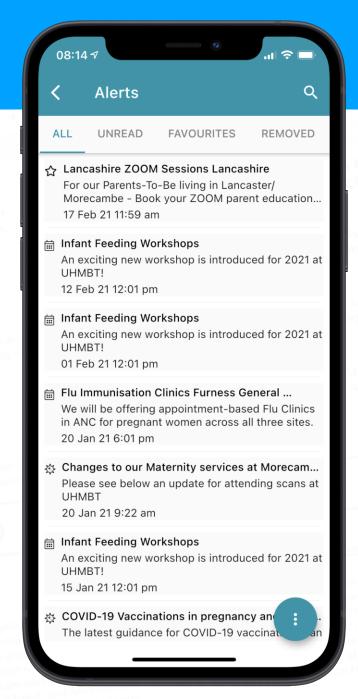




Morecambe Bay Hospital NHS Foundation Trust

Maternity Matters App







The Piota App Solution

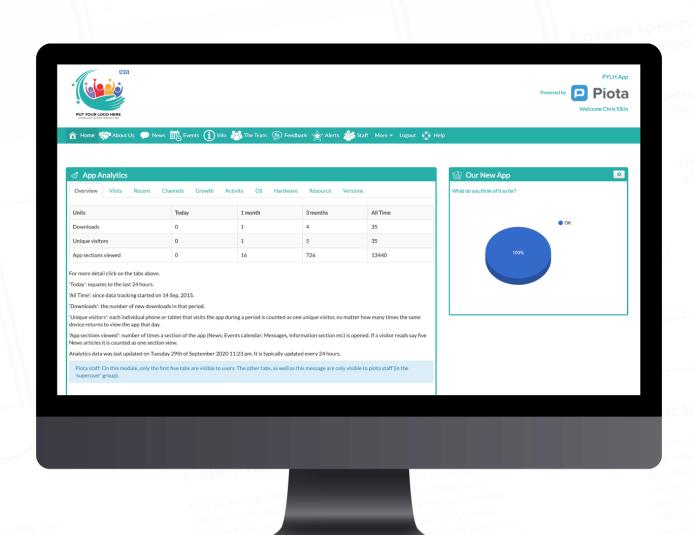


Piota = 'Put it on the

- Audience specific content (Open, restricted, groups, individual)
- Information / Resources
- YouTube / Vimeo Video
- Links to Web Pages, Portals, Apps
- Events Calendar
- Contacts
- Push Notifications / Alerts
- Forms / Surveys
- · Licensed on an annual basis
 - •£1,000 initial setup fee
 - •£2,000 £6,000 per annum











Typical App Process

Initial Enquiry Teams / Google Hangouts

1hr

Produce Free Trial, Deliver Initial Training Submit Proposal

1hr

Demonstrate Trial App Staff, Colleagues, Patients etc.

4hrs

Get Agreement from organisation Raise a PO

1hr

The team at Piota were able to produce our COVID19 Communication App within hours of our initial request. The app has provided us with a quick and easy platform ensuring our Care Home managers and staff are kept up-to date with current local policy and procedural updates, an absolute must in this fast moving, transient world we now find ourselves in. Thanks again Piota for your ongoing support - it has been absolutely fantastic, the responsiveness has been second to none.

Project Kick off

1hr

Yvonne Higgins Deputy Chief Nurse, Wolverhampton CCG



Questions

Lorem losum dolor sit ante-

-alandar

sed ut perspiciatis unde omus les goudantiums youptatem accusantium doloremque laudantium youptatem accusantium doloremque laudantium totam rem aperiam, eaque ipsa quae ab illo inventore totam rem aperiam, eaque ipsa quae ab illo inventore totam rem aperiam, eaque ipsa quae vitae dicta sunt veritatis et quasi architecto beatae vitae dicta sunt veritatis et quasi architecto beatae vitae dicta sunt explicabo. Nemo enim ipsam voluptatem quia consequentum explicabo. Nemo enim ipsam voluptatem quia consequentum explicabo. Nemo enim ipsam voluptatem quia consequentum explicabo.

rticles

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Thank you

Chris ELKIN Head of Healthcare

chris.elkin@piota.co.uk | @chriselkin | 0770 1093733



Please scan the QR Code on the screen. This will take you through to Slido, where you can interact with us.









UP NEXT...







SPEAKING NOW



Darren Sloof
Head of Research and Innovations
Air Purity Ltd

<u>l will be</u> discussing...

"AAirDS (Addenbrookes Air Disinfection Study)"





Addenbrookes Air Disinfection Study

How will this effect Patient & Staff Safety?



Disclosure



- Air Purity is an independent R&D and Innovations company founded to facilitate the Addenbrookes Air Disinfection Study (AAirDS)
- Darren Sloof is the founder, director and shareholder of Air Purity Ltd.
- Air Purity designed and supplied the air filtration units and air sensors used in this study. Air Purity
 Ltd had no role in the study design or analysis of the data. Darren Sloof does however collect the
 data and liaise with other authors over its interpretation.
- Study has both internal and external ethics approvals (South West Central Bristol Research Ethics Committee)
- Air Purity has no influence on the study and its results, only to facilitate the study. While independent Air Purity acts with
- Study is UKHSA approved and funded



Primary Goals AAirDS



To unequivocally prove if health care acquired infections occur via Aerosol dissemination

Develop monitoring, risk proxies and commissioning standards for interventions



AAirDS

Addenbrooke's Air Disinfection Study

1.Clinical Outcomes AAirDS-C (clinical)

a) Primary

- i) Incidence of SARS-COV2, adenovirus, HMPNV, Flu A|B, parainfluenza, RSV, picornavirus, norovirus, s.aureus, c.diff, and any Abx Rx c CAP or HAP as indication.
- ii) Incidence of SARS-COV2 alone

b) Secondary

- i) Respiratory viruses excluding SAR-COV2
- ii) C.diff
- · iii) S.aureus
- · iv) norovirus
- v) HAP by Abx indication
- · vi) All other HAIs
- vii) Severity of C.diff, SARS-COV2 and S.aureus
- viii) Length of stay
- ix) Bed days lost
- x) Abx usage
- xi) Abx cost
- xii) 30 day mortality

2. Feasibility AAirDS-E (environment)

a) Air sampling weekly

i) Fluidigm 90+ targets

b) Air sensors

- i) PM counts
 - 1
 - 2.5
 - 4
 - 10
- ii) CO2 levels
- iii) RH
- iv) Temperature

c) Cleaning

- i) Soap usage
- ii) PPE usage
- iii) Alcohol hand sanitisers usage

d) Validation

i) Standard AGAR/MALDI

3. Acceptability AAirDS-Q (quantative)

- a) Patients survey
- b) Staff
 - i) Survey
 - ii) Flu/Covid vaccine rates
 - iii) Sickness

A pragmatic controlled before-and-after study.



Implimentation of air disinfection to prevent hospital-acquired infections in medicine for older people wards.









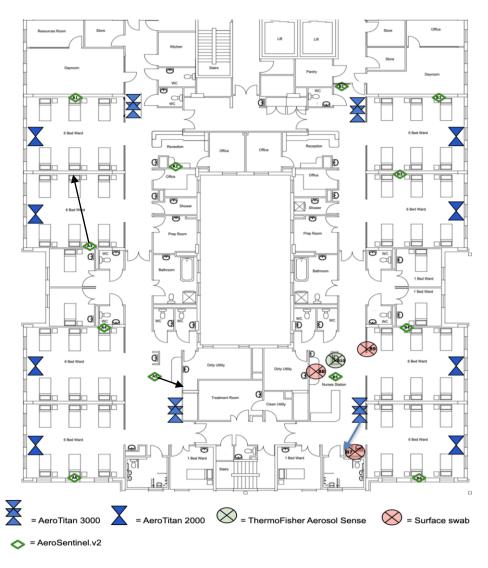


Unique Features of the Study

- Technology
 - Environmental Sensors to measure and track how Aerosols move (sub 1 micron) and communicate to Air Disinfection Units (worlds first)
 - Air Sampling more than 90 targets from bacteria, pathogens to fungi (worlds first)
 - Air Disinfection units, developed within hospital environments using a new configuration to effect and clean large areas
- Historical records of HCAI's previous 5 years EPIC system
 - Pre-existing conditions
 - Medication
 - HCAI acquired or externally
- Genome Mapping
 - Patient to Patient
 - Health Care Worker to Patient
- Real world data, no CFD modelling (Computational Fluid Dynamics)



Study Layout



- Study conducted on elderly care wards with poor ventilation for 1 year 3 months (Sept 2021-Feb2023)
- Worst performing wards selected regarding HCAI's
- Mirrored wards, same patient groups and layout
- Control wards with monitoring no interventions

Visual Aids of Technology



Corridors and larger spaces (AeroTitan 3000)

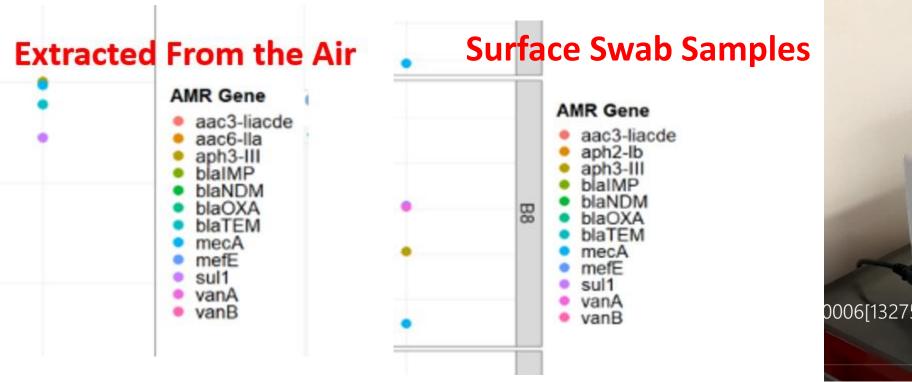


Patient Bays (AeroTitan 2000)



Environmental sensors (AeroSentinels)

Clean Surfaces – Prevention should start from the air



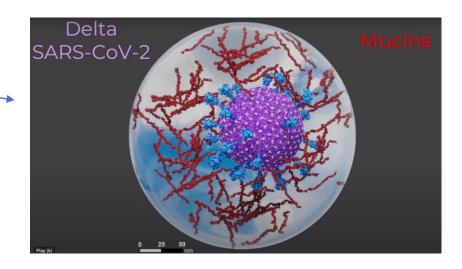


We extract almost the same organisms in the air as on surfaces throughout the ward



Aerosol Movement Video – Patient Fall

- AeroSentinel environmental sensors recorded and tracked how an event occurred and its impact to other patients
- Sub micron aerosol particles recorded illustrated
- Patient falls 3.31am
- Staff arrive immediately after
- Aerosols shown are 1 micron and how they spread through the ward
- Very good example at night as the environment is settled no movements with good ventilation



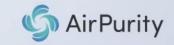


This study is funded by the UKHSA in partnership with Cambridge University Hospitals, University of Cambridge and AirPurity UK









Patient Safety Relevance?



- Environments patients occupy spaces that can be hazardous BUT can be just as hazardous to staff
- Poorly maintained environments create sickness this can cause under staffed environments due to health care workers being sick
- If staff sickness reduction is not also prioritised how can the best level of care be achieved with the current high vacancy rate?

Impact of supplementary air filtration on airborne particulate matter in a UK hospital ward

Sloof D1, Butler MB2, Peters C3, Conway Morris A4,5,6, Gouliouris T6, Thaxter R7, Keevil VL2,6, Beggs CB8*

Figures

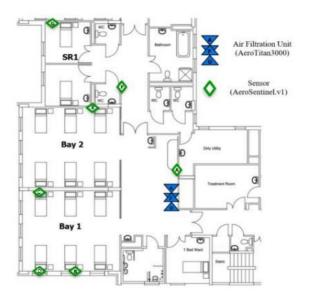


Figure 1. Layout of the medicine for older people ward showing the positions of the AFU and sensors.

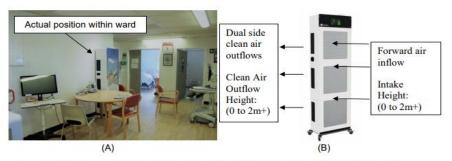
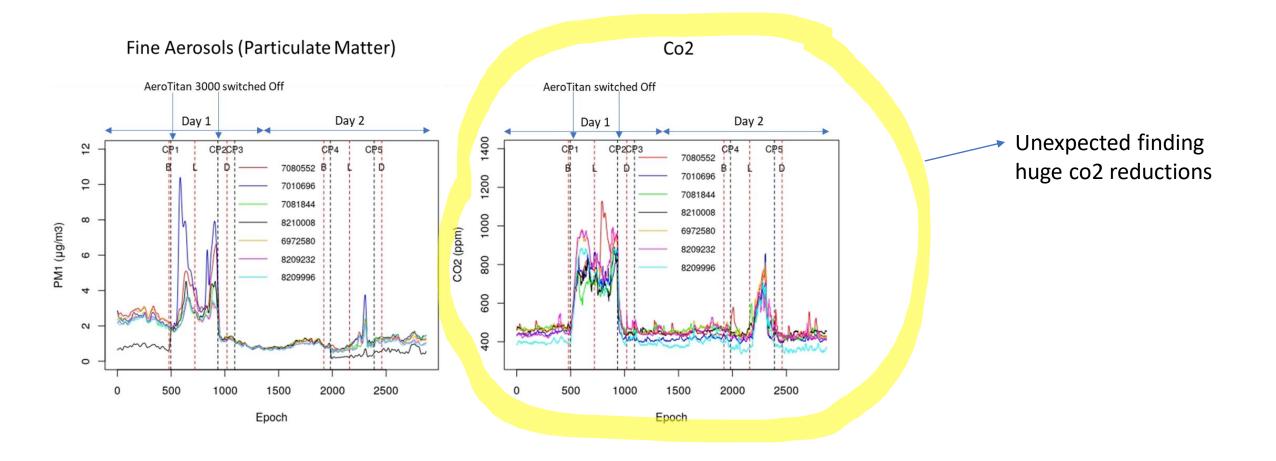


Figure 2. (A) Photograph showing the location of the AFU in the ward, and (B) detail showing the air intakes and outlets of the AFU.

 Natural Experiment when the ADU was switched off for a period of time understanding its effect to the environment

Practical implications

- Aerosols can freely migrate throughout whole wards, suggesting that social distancing measures alone are not enough to prevent SARS-CoV-2 transmission.
- Appropriately sized supplementary room air filtration, if utilised correctly, can greatly reduce aerosol levels throughout ward spaces.
- Air filtration devices are often placed in rooms without any consideration given to their performance. It is therefore important to commission air filtration devices using PM and CO2 sensors before they are utilised in order to demonstrate that they are effective throughout entire ward spaces.



 Can using the Air disinfection units supplement poorly ventilated spaces through strong clean and recirculation? – Answer Perhaps we need to fully understand the science first!

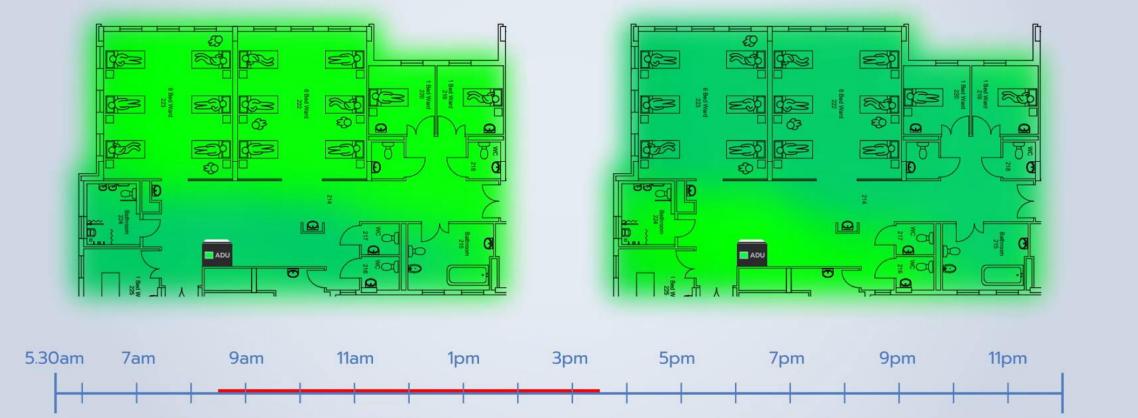




6am

8am





4pm

6pm

8pm

10pm

Midnight

2pm

Midday

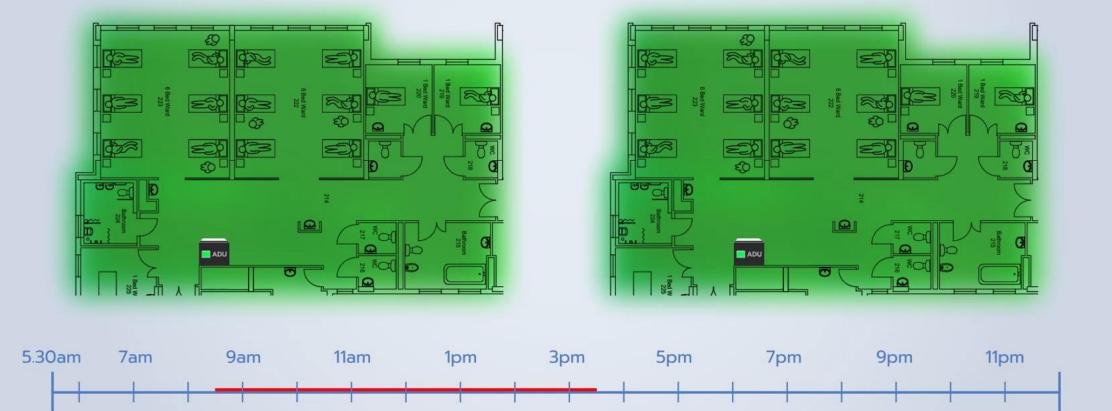
10am



6am

8am





2pm

4pm

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8pm

10pm

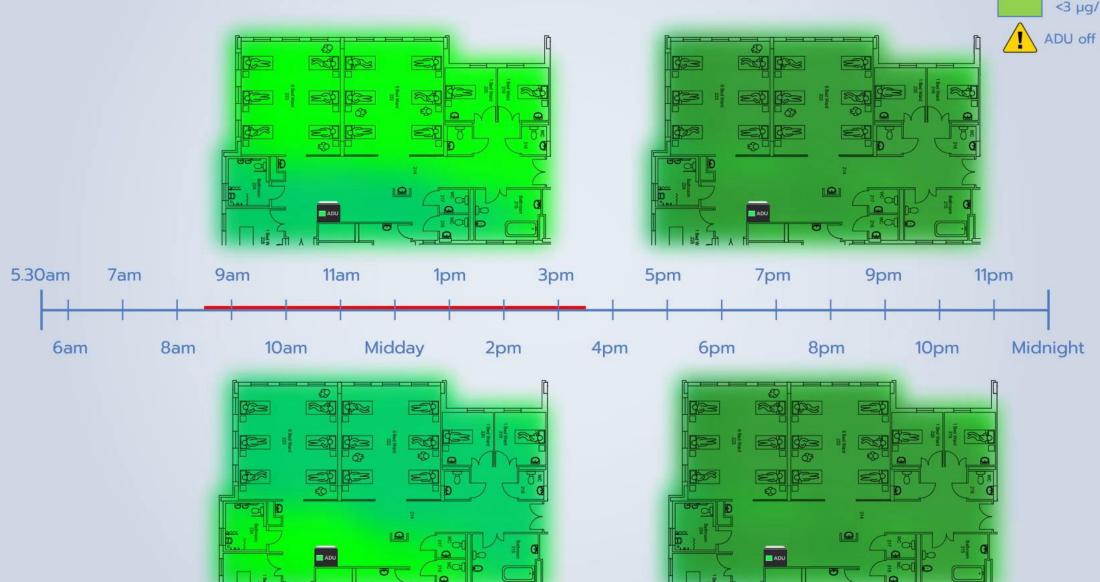
Midnight

Midday

10am

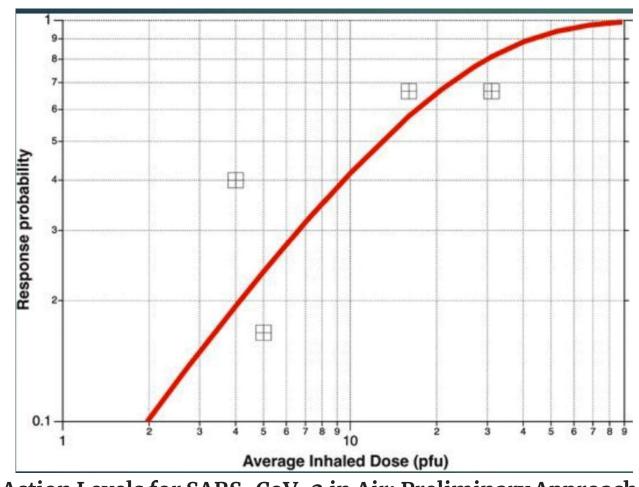






Aerosol proxy for HCAI risk?





High PM1 and below along with co2 (Dose)

(Poor environment volume of Aerosol occupying the space)

Duration of stay

Where you stay within a ward

General bad luck

Action Levels for SARS-CoV-2 in Air: Preliminary Approach https://pubmed.ncbi.nlm.nih.gov/33412806/
SARS-CoV-2: exposure to high external doses as determinants of higher viral loads and of increased risk for COVID-19. A systematic review of the literature



Some key deployment learning



- Off the shelf air disinfection units (Air Purifiers) do not necessarily control an environment and thus could have a very limiting effect possibly none to prevent infections
- Lab testing/certification of units does not necessarily mean applicability in the real world; controlled environment vs chaotic environment where the largest contributor to aerosol production/movement is staff and patients.
- Environmental assessment before and after commissioning is required to show effective implementation
- Plugs, space & noise! Ideal locations rarely exist units should be designed for purpose, noise should be below as an average 55db
- Intervention units should be viewed as semi-portable/permanent



Observations is the Intervention working?

While anecdotal until the study is complete there is noticeable change within the ward using Sars-Cov2 as a proxy

Jan 2021- Aug 2021

4 ward closures full outbreaks

WT, Alpha, Delta

Sep 2021- May 2022

0 ward closures 1 partial bay outbreak probable HCW to Pt

Omicron (more transmissible)

- Worst performing ward to possibly the best within the trust regarding Sars-Cov2 transmission
- Secondary Sars-Cov2 transmissions thus far appear lower*
- No more odours within the ward
- Staff feedback positive with noticeable changes to ward environment and moral
- HCW to HCW is the biggest challenge, staff rooms can create significant risk of transmission then via close transmission to PT

*final study report/publication due May 2023



Final thoughts

• IPC will remain a multifaceted approach –FFP3 or equivalent is still the safest tool for both Patient and Staff as filtration is less effective at short range airborne transmission i.e. <2m.

• No intervention can eliminate infection risk but there will be more measures in the future to aid this from AAirDS.



Please follow AAirDS Any Questions Please contact Darren Sloof directly on

M: 07712116467

E: darrensloof@airpurityuk.com











Please scan the QR Code on the screen. This will take you through to Slido, where you can interact with us.







The NHS Patient Safety Conference 2022: Breaking a culture of defensiveness



SPEAKING NOW



Daniel Hodgkiss

Patient Safety Assistant Programme Manager /
Managing Deterioration National Co-Lead at West
Midlands Academic Health Science Network

<u>l will be</u> discussing...

"Utilising a systems approach to deliver the Patient Safety Improvement Programmes"

Utilising a systems approach to deliver the National Patient Safety Programmes

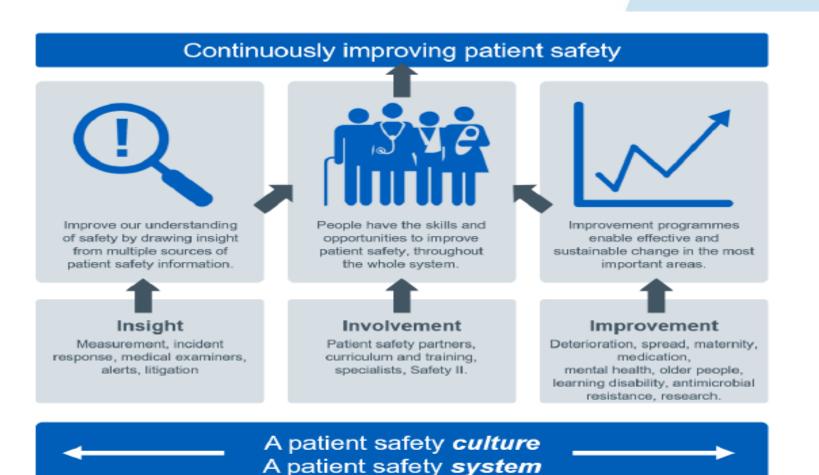
Daniel Hodgkiss
Assistant Programme Manager WMAHSN/
Managing Deterioration National Programme
Associate

@hodgkissmtlc @wmptsafety @wmahsn

"People need to know that the act of keeping patients safe is about having a constantly enquiring mind....

Patient Safety Strategy – NHS Improvement (2019)





The NHS Patient Safety Strategy

Safer culture, safer systems, safer patients

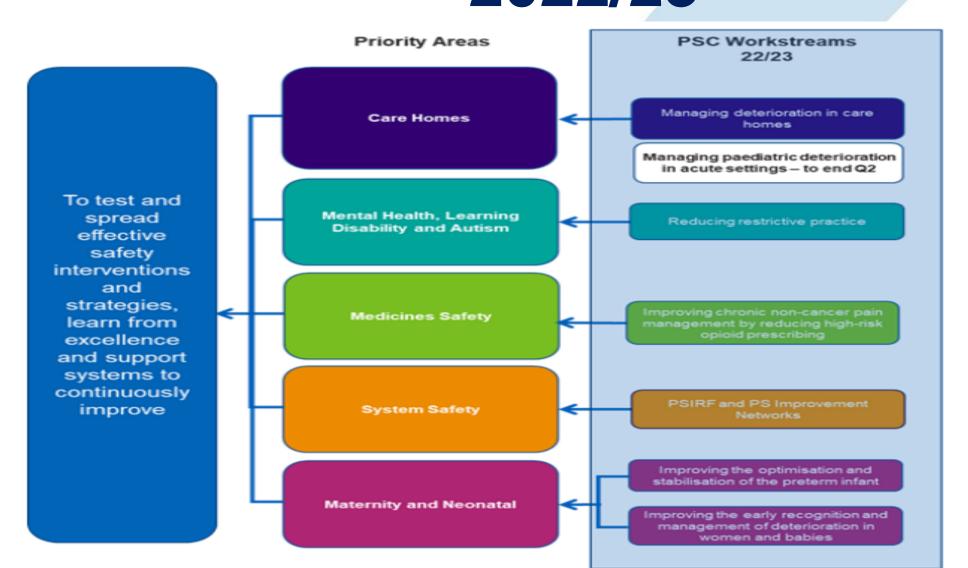
July 2019.

Notific England and Notific Improvement





National Patient Safety Programmes 2022/23

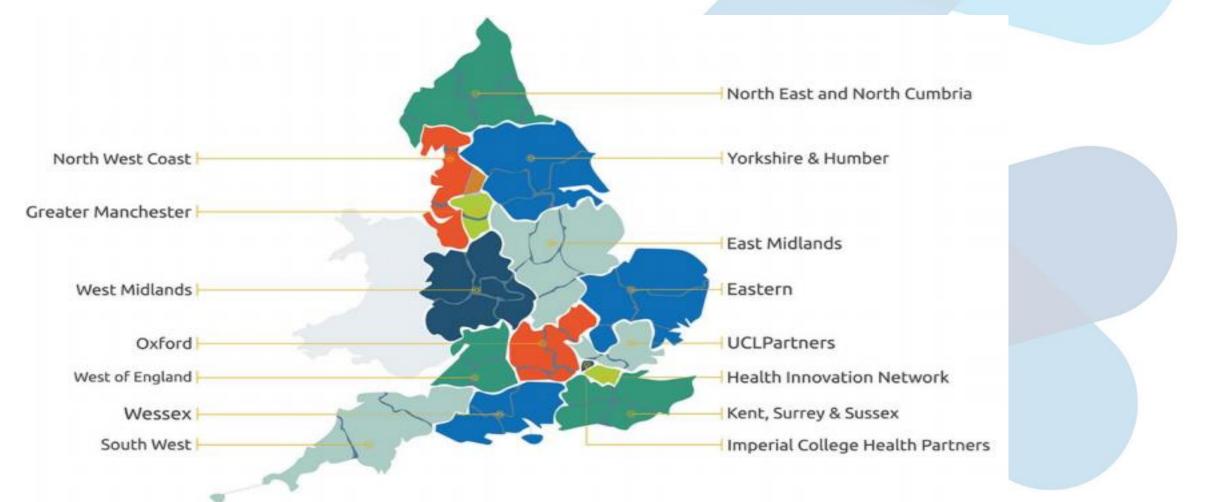


Additional Work during 22/23 (subject to funding)

Safety culture programme

Fetal monitoring

Patient Safety Collaboratives (PSCs)





Patient Safety Collaborative - a joint initiative

National funding and coordination by NHS Improvement

x15 regional PSCs delivered locally by x15 AHSNs Systematic approach to quality improvement

Primary focus on clinical safety, culture, leadership and measurement

Mechanism for spread and adoption of improvement and innovation

Local engagement across all care settings

Build local and regional quality improvement capability

Harness talents - staff, patients, academia and industry



Working in crowded complex space

WE ARE THE NHS: People Plan 2020/21 -



NHS

Classification: Official
Publications approval reference: 001559

Pulse oximetry to detect early deterioration of patients with COVID-19 in primary and

11 June 2020, Version 1

community care settings

Introduction

This document sets out principles to support the remote monitoring, using pulse oximetry, of patients with confirmed or possible COVID-19. It should be read alongside the <u>general</u> <u>practice</u> and <u>community health services</u> standard operating procedures. ¹

Patients most at risk of poor outcomes are best identified by oxygen levels. The use of oximetry to monitor and identify 'silent hypoxia' and rapid patient deterioration at home is recommended for this group.

Many practices and community teams already use on The principles set out here will inform this ongoing we expand coverage as needed to a wider cohort. They homes and to residents of care homes. They are des community health settings, and can also be used for the disease and sent home from A&E or discharged to

www.england.nhs.uk/coronavinus/publication/managing-corons www.england.nhs.uk/coronavinus/publication/novel-coronavinuscommunity-health-services/ https://jamanetwork.com/journals/jama/fullarticle/2785184 NHS

NHS

The NHS Patient Safety

Safer culture, safer systems, safer

Urgent community response

– two-hour and two-day
response standards

2020/21 Technical data guidance November 2020 The Framework for Enhanced Health in Care Homes

Version 2

NHS

NHS England and NHS Improvement

Strategy

patients

AUN 2019

The are always learning the are a team of the are a team of the are a team of the are are a team of the are

OUR NHS PEOPLE PROMISE

NHS

NHS

The NHS Long Term Plan

Will England and Will Improvement

Network Contract Directed Enhanced Service

Contract specification 2020/21 - PCN Requirements and Entitlements

17 September 2020

NHS England and NHS Improvement







Why do we make nuggets of green far too often?







Utilising a systems approach to safety improvement

"Systems thinking is a discipline for seeing wholes rather than parts, for seeing patterns of change rather than the static snapshots, and for understanding the subtle interconnectedness that gives living systems their unique character"

Peter Senge – The Fifth Discipline (1990)







Focus on what works



Generate conversation



-(*)- Learn and

Key enablers for system safety

Patient and families co-design

Addressing inequalities

Safety culture

Capability & capacity for improvement

Measurement for improvement

Patient Safety Networks

Clinical leadership



Patient Safety Networks

- Developing regional 'Patient Safety Networks' within each ICS feeding into NHS geographical area.
- Pathway wide approaches across the whole system – Multi stakeholder, multi setting



Economies of scale and efficiencies

Mechanism for developing partnerships across multiple organisations

Wider pool of learning for promotion of best practice

Opportunities to remove obstacles at system interfaces due to organisational barriers

Increased capacity to address common issues

System thinking and standard approaches

Local ownership

Shared sense of purpose and direction



Creating a culture for improvement

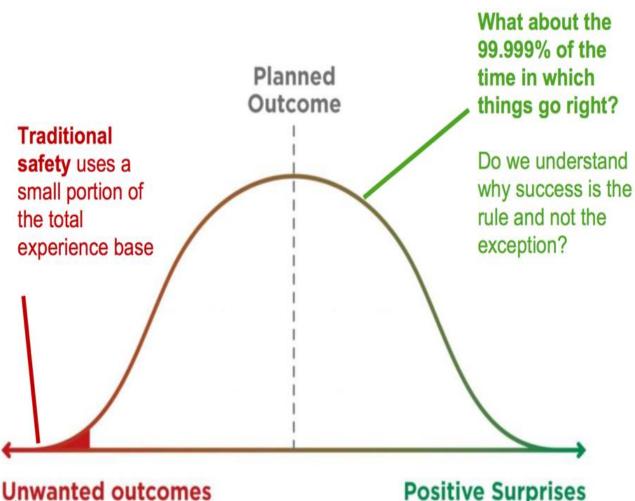
Safety I

Condition where the number of adverse outcomes is as low as possible



Safety II

Condition where as much as possible goes right



From Safety-I to Safety-II: A White Paper, Hollnagel et al, (2015)

How do we do this?

Understand the system to know what goes on 'inside it'

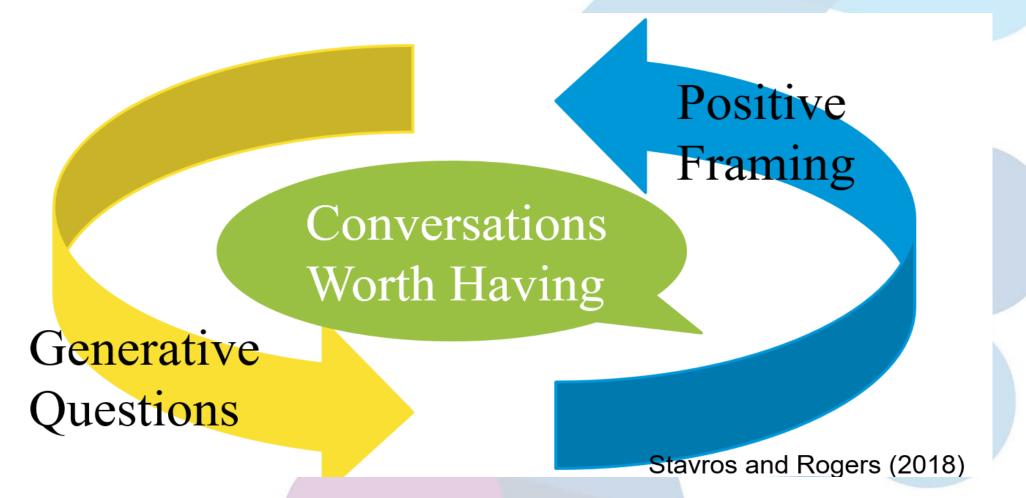
Consider the dynamic properties of healthcare and the way in which it is constantly changing and its unpredictability

Study how people are able to succeed within complex adaptive systems and constantly changing dynamics

Study the mundane, the ordinary and make visible the invisible — 'work as done' rather than 'work as imagined'



Conversations Worth Having





Use improvement approaches to create a common language

Safety I and Safety II

Human Factors

Psychological safety

Just culture

Appreciative Inquiry

Learning from Excellence

Compassionate leadership

Quality Improvement



Use improvement approaches to create a common language

Safety I and Safety II **Human Factors**

Psychological safety

Just culture

Appreciative Inquiry

Learning from Excellence

Compassionate leadership

Quality Improvement





"Safety Differently creates the increasingly elaborate and solid basis for empowering and enabling critical and innovative thinking from the bottom up...It asks how things should be done by the people who do them every day"



I am not a policy wonk - Dekker, (2018)





SPEAKING NOW



Sharon Rindsland

Manual Handling Senior Co-Ordinator at East Kent University Foundation NHS Trust

<u>l will be</u> discussing...

"Moving & Handling & Patient Safety Analysis – How to Eliminate blame & Ensure Compliance"



Manual Handling injuries who's to blame?

Sharon Rindsland
Senior Manual Handling Co-Ordinator
National Back Exchange Conference Director





HSE Role of the Manual Handler

- Recognising risks within manual handling
- Commitment to reduce that risk
- Providing equipment (ensuring its maintained)(LOLER)
- Monitoring compliance
- Commitment to supporting people who have been injured in connection with their work
- Appropriate training (Provide training about the risks from manual handling and how to avoid them) (HSE 2021)





There is more to the Manual Handler than just Training

Working with

- ► Incident panels
- ► Tissue viability teams
- ► Falls teams
- ► Infection control
- Procurement
- ► Electrical Medical Engineering (EME)







Case study

Patients are prone to developing pressure ulcers during their stay in hospital.

BUT WHY?

- ► The nurses move patients regularly
- ► They have completed their training so they know how to use the equipment?

What's going wrong?





East Kent Hospitals University WHS

NHS Foundation Trust

'Its only skin So why are we worried?





Looking at hospital acquired pressure ulcers

CAUSES OF PRESSURE ULCERS

Extrinsic

- Pressure
- Shear
- Friction

Intrinsic

- Health status
- Mobility
- Posture
- Sensory impairment
- Infection Nutrition
- Status body weight
- Previous pressure damage









PRESSURE ULCERATION FROM SHEARING

Shearing.

► This is where pushing or pulling the skin means more than one layer of skin slides against each other. This can cause damage to these layers or they may become detached from each other all together.







PRESSURE ULCERATION FRICTION

Friction.

► This is where two surfaces rub together, so this could be the skin and bed sheets, or a chair cushion, etc., or poorly fitting clothing or manual handling aids. Hot, moist skin is likely to experience even more damage from friction than more healthy skin.

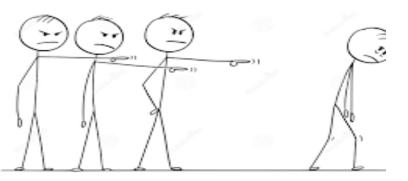
► POOR MANUAL HANDLING TECHNIQUES CAN RESULT IN PATIENTS EXPERIENCING ALL OF THESE FORMS OF PRESSURE AREA DAMAGE.



Who's to blame if we don't use the equipment provided?

- ▶ Is it the Nurse/Carer?
- ▶ Is it the Trust

nbe



Instead if blame, in our trust we looked at the human factors of why they were not using the equipment, in this case slide sheet.







East Kent Hospitals University NHS Foundation Trust

- Look at what happened
- ► What equipment was available
- How many staff
- Training
- ► Risk assessment
- Patient assessment

The incident panel take the incident down to the bare bone to understand how and why

Findings





Investigation Tool,



NHS Foundation Trust

INVESTIGATION TOOL

East Kent
Hospitals University
NHS Foundation Trust

Ward Manager/authorised staff member to complete for all Category 2, 3, 4, DTI and Unstageable Hospital acquired Pressure Ulcers. Consider Adult Safeguarding review for Category 3, 4, unstageable or multiple Category 2

Attach completed copy to the Datix Incident report and notify the Tissue Viability Team.

PATIENT NAME:		CATEGORY OF INCIDENT	
DATE OF BIRTH:	NHS NO:	BODY LOCATION: Buttock	
DATIX WEB: WEB214700		INVESTIGATOR:	

	ALL APPROPRIATE INTERVENTIONS IN PLACE	CLINICAL JUDGEMENT REQUIRED	FURTHER INVESTIGATION and ACTION REQUIRED	Comments: (use for any additional information/supporting evidence)
Datix Was a Datix completed when pressure damage first noted i.e. Category 1 or on deterioration?	Yes, <u>Datix</u> completed on detection of Category 1 AND on deterioration of existing damage? √	Datix only completed when pressure ulcer deteriorated	No <u>Qatix</u> completed at all □	Admitted on 3rd April. Highlighted to FK on 5.4.22 and Datix completed by ward also. Some evidence of purple discolouration at this point.
Risk Assessment Was patient risk assessed?	Within 6 hours of admission √ (patient in for less than 6 hours)	Within 24 hours of admission □	Over 24 hours/Not risk assessed	Risk assessed within 25 minutes. Admitted to the ward at 04.25 on 5/4/22 and RA completed at 04.50
Was patient's risk reassessed?	Daily/Weekly/on change of condition √	Infrequent □	Not reassessed □	Evidence of daily risk assessment. Sometimes classed as moderate risk but would have always been high





East Kent Hospitals University

NHS Foundation Trust

HUMAN FACTORS

OUT OF SITE OUT OF MIND

- If slide sheets are not by the patients bed, staff will not go and find them.
- ► Its quicker to pull on the bed sheet
- It takes time to remove PPE to go and get slide sheets
- ▶ We have been using bed sheets for years







nbe Working together regular Audits of Equipment and training

- Manual Handling put business case together to ensure slide sheets are behind each bed
- Manual Handling Audit slide sheet use on each ward monthly

January /February comparison	January	February	Slide Sheets in store room
K&C BRABOURNE WARD	100.0%	←100.0%	100.0%
K&C CLARKE WARD	83.3%	↓ 79.4%	100.0%
K&C HARBLEDOWN WARD	70.8%	个79.2%	100.0%
K&C INVICTA WARD	100.0%	←100.0%	100.0%
K&C ITU	100.0%	←100.0%	100.0%
K&C KENT WARD	83.9%	个93.3%	100.0%
K&C KINGSTON WARD	69.2%	个88.5%	100.0%
K&C MARLOWE WARD	76.8%	个85.7%	100.0%
K&C MOUNT MCMASTER	88.8%	↑90.0%	100.0%
K&C EAST KENT NEURO REHAB	78.9%	↑88.2%	47.1%
K&C ST LAWRENCE WARD	87.5%	←87.5%	100.0%
K&C MEDICAL DAY UNIT	100. 0%	←100.0%	100.0%





Tissue viability pressure ulcer dashboard, identifying gaps with equipment and training

nbe

Subcategory	October 2021	November 2021	December 2021	January 2022	February 2022	March 2022	Total
Hospital acquired cat 1 pressure ulcer	9	8	4	4	5	4	34
Hospital acquired cat 2 pressure ulcer	16	20	15	14	13	18	96
Hospital acquired cat 3 pressure ulcer	1			1	1		3
Hospital acquired deep tissue injury	4	5	3	3	5	5	25
Hospital acquired Moisture Associated Skin Damage	23	21	21	19	18	6	108
Hospital acquired unstageable pressure ulcer	2	4	8	6	4	4	28
Medical device related hospital acquired deep tissue injury		1	1	1	2	1	6
Medical device related hospital acquired pressure ulcer cat 1	4	1	3	1			9
Medical device related hospital acquired pressure ulcer cat 2	3	2	5	6	2		18
Medical device related hospital acquired pressure ulcer cat 3	1						1
Medical device related hospital acquired unstageable pressure ulcer	3		1			1	5
Total	66	62	61	55	50	39	333







Trust Challenges

- ► Covid-19
- Increased patient acuity and length of stay/aging population
- Decreased resource for community care
- Staffing issues
- Funding for equipment/lengthy processes
- Meeting targets





Expectations from Industry

Behaviours

nbe



I'm good or bad depending on the circumstances, the situation, and the people involved. "





Expectations from Industry with manual handling and tissue Viability combined

- Support with:
- ▶ Training and Education
- Piloting of equipment
- Resources i.e printed pathways
- Case studies and product evidence
- Ongoing support

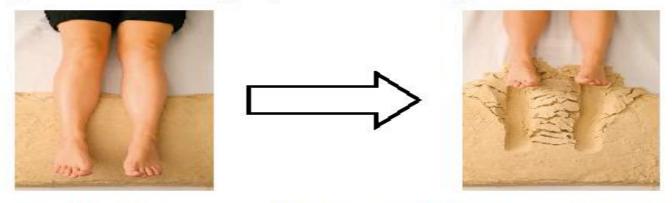






Slide Sheets Stop Shearing!

When a patient is repositioned in bed using a high friction material (i.e. Bed sheet), the risk of shearing to patients' skin is high!:



When a patient is repositioned in bed using 2 slide sheets, the risk of shearing to patients' skin is much lower!:



Always use 2 slide sheets if the patient is unable to reposition themselves independently.

For training on Slide Sheets, please contact your Department Manual Handling Link Assessor or the Manual Handling Team via email: ekh.tr.manualhandling@nhs.net







WORKING WITH OUR SPECIALIST TEAMS

We Reduced hospital acquired pressure ulcer

	2018		2019
sacrum/Buttock	86		53
Back	3		1
calf	1		2
ears	3		1
Elbows	3		5
foot	7		5
heel	27		11
hips	1		1
knees	2		0
shoulders	2		0
spine	1		0
thighs	6		0
toes	2		0









Keep Our patients moving by working together









East Kent Hospitals University WHS



NHS Foundation Trust

Any Questions









Q&A PANEL



Chris Elkin

Head of Healthcare Piota Healthcare Apps



Darren Sloof

Head of Research & Innovations – Air Purity Ltd



Daniel Hodgkiss

Patient Safety Assistant Programme Manager



Sharon Rindsland

Manual Handling Senior Co-Ordinator





Chair Afternoon Address



Jane Walsh

Senior Improvement Advisor Advancing Quality Alliance (Aqua)





SPEAKING NOW

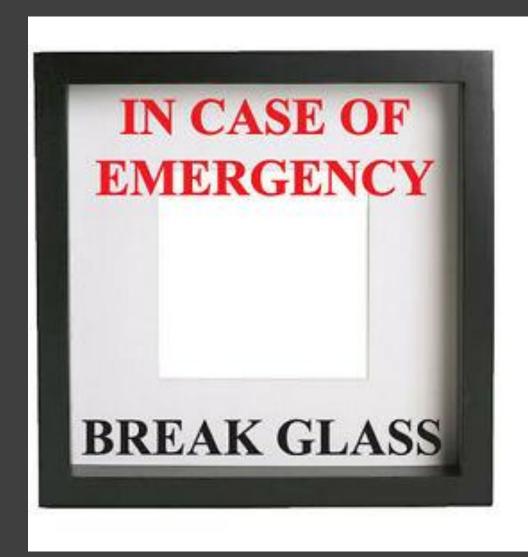


Angela Hayes

Clinical Nurse Specialist, Specialist Palliative & Supportive Care at The Christies NHS Foundation Trust

<u>l will be</u> discussing...

"Sustainability and Net Zero in the NHS"



Climate Change: A Health Emergency!

Angela Hayes
CNS Palliative/Supportive Care
(Clinical Lead Sustainability)
The Christie Foundation Trust

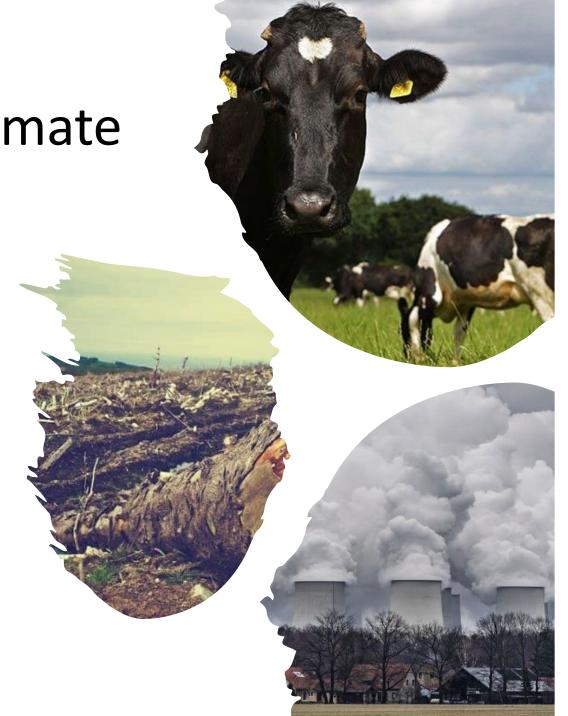


Causes of Climate Change

Human Activity!

- Burning fossil fuels
- Farming
- Deforestation = 36 football fields/min

Health Care plays a big part!



The Global Impact of HealthCare

NHS produces around 25 million tonnes of carbon/pa

Equivalent to all emissions of Sri Lanka!

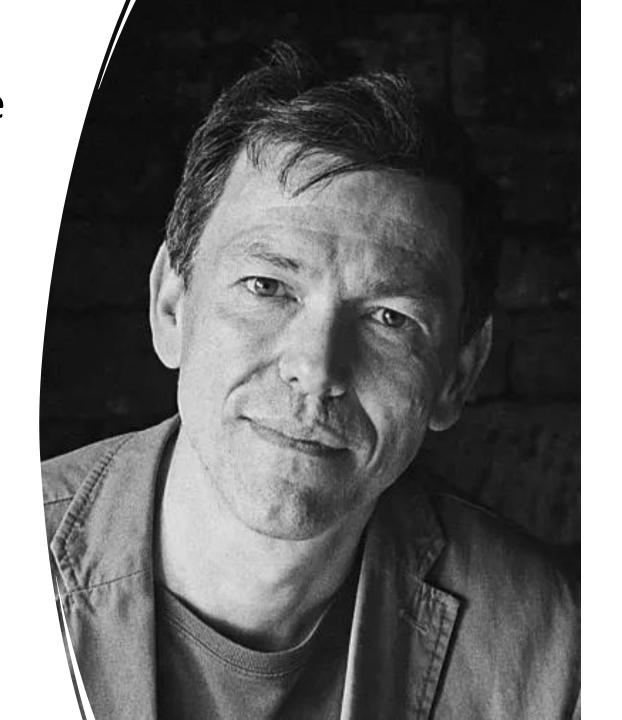
(kingsfund.org.uk)



"Climate Change is a Medical Emergency

... and demands an emergency response"

Hugh Montgomery,
Professor of Intensive Care Medicine,
Director, Centre for Human Health &
Performance,
University College, London























Climate Change and ill-health

- Strong links
- Threatens undermine public health gains of last 50yrs!

Climate Change

- Undermines foundations of good health
- Deepens Health Inequalities
- Nurses have duty to protect/improve public health
- Nurses should Demand 'Stronger Action!





BMJ Special Climate Change Edition, Editor's Choice, Oct 2021

"A world on the edge of climate disaster"

- Call for action from HCPs & Managers
- Hold to account, those in authority promote & protect health



Human Cost of Climate Change

Air pollution

Extreme weather & rising sea levels - Floods, Fires, Storms, Droughts

Scarcity of resources – safe water/cultivatable land

Conflict & wars

Displacement of people

Exploitation of vulnerable (shelter? Security? trafficking, slavery)

Health
Effects of
Climate
Change

Increased:

Risks of further pandemics

Disease (asthma, cancer)

Heat-related disorders

Vector/food/water bourne disease

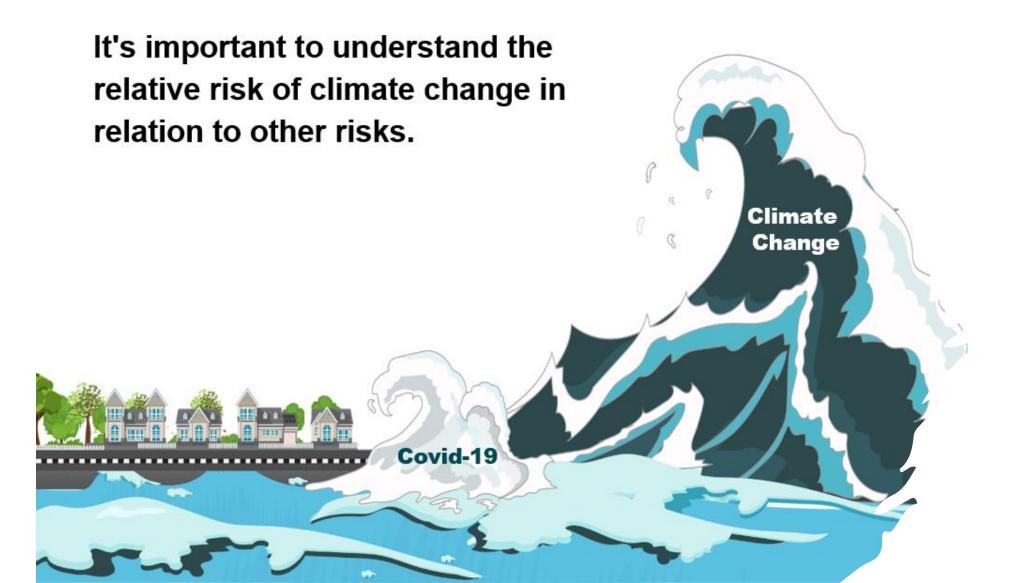
Respiratory/allergic disorders

Malnutrition

Social & Mental health issues



Climate Change and COVID-19





Ella Kissi-Debrah – Aged 9yrs



Ella – Inquest Findings 2014 'exacerbated by air pollution/ traffic emissions'

Ella's mother **not given information** "about health
risks of air pollution and
exacerbation of asthma".

Address pollution.org





Services at The Christie?
We can't put off action any longer!



We're all in the same boat?





Same storm! Some on yachts...

Climate Injustice: Vulnerable are the Most Vulnerable

- Children
- Elderly
- Poor
- Minority Groups
- Those with Chronic disease/disabilities
- Women
- Low income countries



Those from low income countries

usually have the **lowest** carbon footprint. Yet...

- MORE likely to be affected
- Far LESS resilient



The Facts!

- Over 90% of people breathe unhealthy levels of air pollution
- Environmental factors are responsible for around 13 million deaths a year
- Less than 2% of finance goes to fund health projects to tackle climate change

World Health Organisation



With a 2-3 Degree increase in Global temperatures...

- ¾ of Spain faces becoming desert-like
- 99% of land in Cyprus, could turn to dust
- Iberian Peninsula could experience drought for over 7 months/year

The European Court of Auditors, Dec 2018



With a 2-3 Degree increase in Global temperatures...

- ¾ of Spain faces becoming desert-like
- 99% of land in Cyprus could turn to dust
- Iberian Perinsala could experience drought for over 7 months/ ear

The European Court of Auditors, Dec 2018



Ask the Audience!

Raise your hand if, in your working life, you've ever discussed Climate Change?



The NHS declared...

Climate change is a **Health Emergency**'





How do we act in an Emergency?

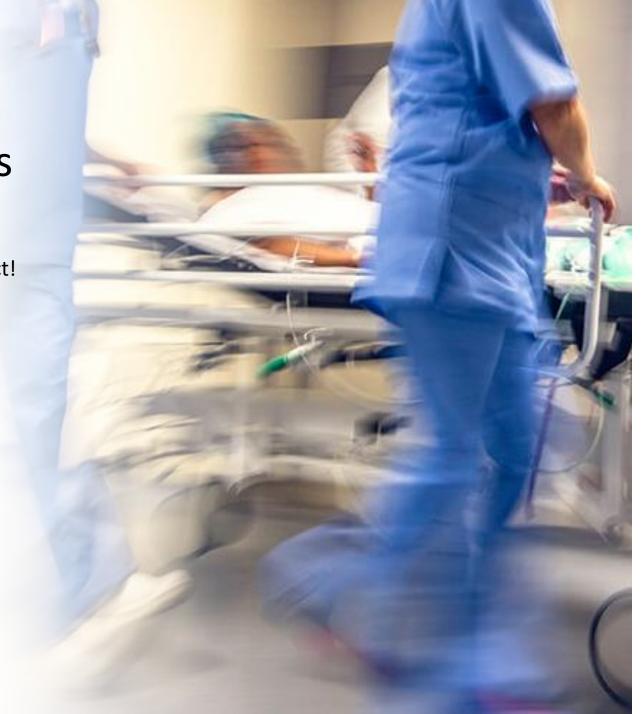




Health Care Professionals

- Have a moral duty to act!
- Protect Human Rights
- Promote Social Justice

To ACT in response to an **EMERGENCY!**



Sustainability on the Agenda!

- Literally!
- A Priority

Talk about Sustainability:

- Managers
- Colleagues
- Patients
- Family
- EVERYBODY!

Again & again & again...



Is there a difference between...

A Metered dose inhaler?

A Dry powder inhaler?





Green inhalers?



Equivalent tailpipe greenhouse gas emissions from a Ventolin Evohaler (containing 100 2-puff doses) and a Ventolin Accuhaler (60 1-puff doses). Assumes car achieves 100gCO2/km.

Cut down Meat & Dairy!

Effective way to reduce carbon footprint (up to 70%)

Health Benefits - reduces

cardiac disease

diabetes

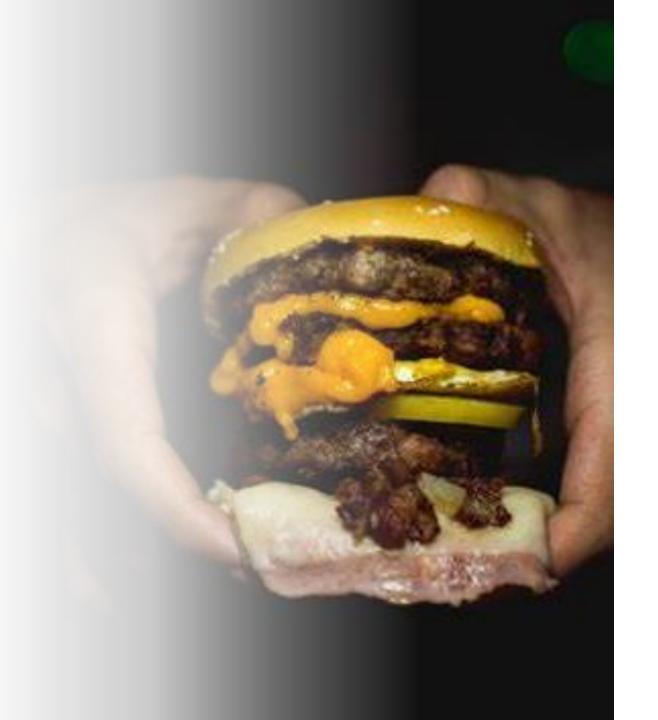
cancer

strokes

weight

Saves pounds (& pounds!)

Oxford University 2020



Less car, more exercise!

Less fossil fuels = reduces

- Air pollution
- Road traffic accidents
- Respiratory disease
- Cardiac disease
- Obesity
- Diabetes
- Strokes
- Cancer
- Increases health!!





My Green journey

















Climate breakdown. Act now!

If not you, who?

If not now, when?

"You'll be a long time gone & the choices you make, they linger on..."

The Hayes Sisters

A Note from Greta - starring the Christie's Nursery kids - YouTube







The Green Ward Competition

Green ideas in your area?

- 1. Carbon Savings?
- 2. Cost Savings?
- 3. Patient benefits?



The NHS is part of problem but, can be part of **The solution!**

What changes can **you** make?



Ripple effect – I'd urge you to ...

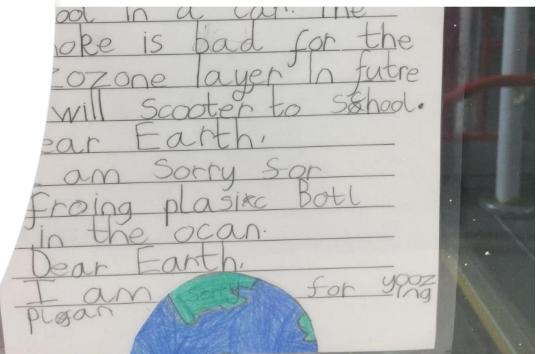
- DOT!
- Green ward ideas?
- Speak about Climate Change!



Their Future in Our Hands!

"The path that the world chooses today will irreversibly mark our children's futures."
Stella Hartinger, The Lancet, 2019





References

- Carbon literacy project, 2022
- https://www.greenmatters.com/p/how-do-carbon-emissions-affect-environment
- https://www.politico.eu/article/how-climate-change-will-widen-european-divide-road-tocop26/
- https://pubmed.ncbi.nlm.nih.gov/26615065/
- https://www.who.int/
- https://www.youtube.com/watch?v=2iJRtya1GHE&list=PLoHXnVng2SVD-tVRfz4g6qffHC807rDE
- https://www.kingsfund.org.uk/projects/time-think-differently/trends-sustainable-services
- Lancet 2019 REVIEW | VOLUME 394, ISSUE 10211, P1836-1878, NOVEMBER 16, 2019
- Oxford University 2020 Climate Change



The NHS Patient Safety Conference 2022: Breaking a culture of defensiveness



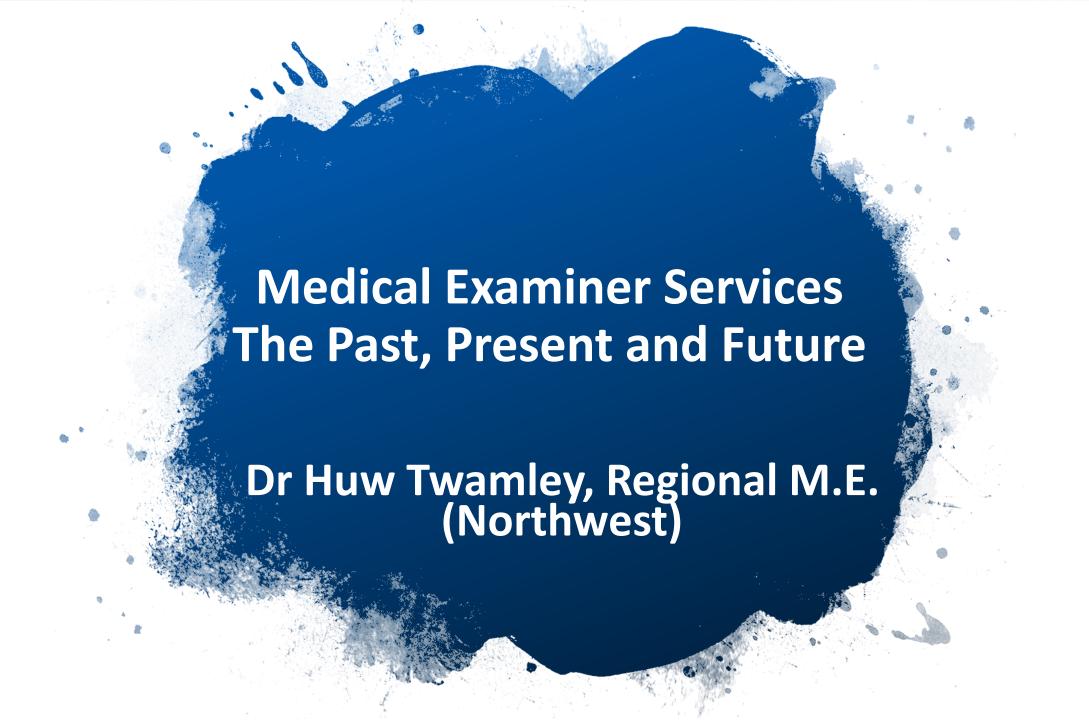
SPEAKING NOW



Dr Huw Twamley

Regional Medical Examiner Northwest Critical Care Consultant at NHS Improvement <u>l will be</u> discussing...

"The National Medical Examiner Programme: Driving Improvement"



The not-so-distant past

Independent review into issues that may have contributed to the preventable death of Connor Sparrowhawk

A report for:

NHS England, South Region

Oxfordshire Safeguarding Adults Board

The Report of the Morecambe Bay Investigation

Dr Bill Kirkup CBE

Gosport War Memorial Hospital

The Report of the Gosport Independent Panel

June 2018

INDEPENDENT
REVIEW OF THE
LIVERPOOL
CARE PATHWAY

MORE CARE, LESS PATHWAY

A REVIEW OF THE LIVERPOOL CARE PATHWAY

Chairman: Dame Janet Smith DBE

SHIPMAN INQUIRY

Third Report

Death Certification and the Investigation of Deaths by Coroners

Baby deaths at Shrewsbury and Telford hospitals - key questions answered

More than 1,800 cases are being investigated in what could be NHS's worst maternity scandal

The Royal Liverpool

Children's Inquiry

Report

THE MID STAFFORDSHIRE
NHS FOUNDATION TRUST
PUBLIC INOURY

Thaired by Pohert Francis OC

Report of the Mid Staffordshire NHS Foundation Trust Public Inquiry

Executive summary

HC 9/17

What has changed?

2015

The Report of the Morecambe Bay Investigation

Dr Bill Kirkup CBE

2020

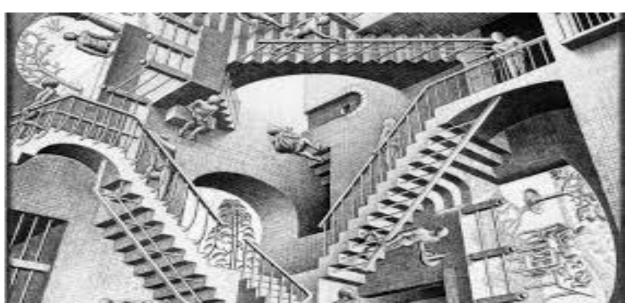
Maternity units 'too defensive' and failing to learn from mistakes

29 September 2020



Illusions

- Illusion of Superiority
- Illusion of Optimism
- Illusion of Control







Key Reflections:



- The ME Programme is an enhancement (not replacement) to existing national Learning From Deaths strategies, Coronial and Regulatory systems
- Key part in patient safety and improvement systems
- Huge opportunity to work across boundaries
- Provides a timely, independent challenge by highly trained, motivated ME teams



The Medical Examiner Office

- Predominantly acute trusts, the office may serve more than one trust
- Medical Examiners
 - Lead Medical Examiner
 - Part time, consultants or GPs
 - Specific on-line and face-to-face training
 - 1 WTE per 3000 annual deaths
- Medical Examiners Officers
 - Lead Medical Examiner Officer
 - Support Medical Examiners
 - 3 WTE per 3000 annual deaths



What do we do?

- Discussion with Attending Practitioner regarding MCCD
- Ensuring appropriate referrals to the Coroner
- Contact with Family to ask about concerns
- Scrutiny of notes to identify issues
- Assurance Independent from Trust



Contact with family

- Can lessen the impact of grief
- Reduces complaints
- Reduces litigation
- Added layer of assurance



Present Situation

- Over 190,000 deaths in Acute settings were scrutinised between 1st April 2021 and 31st March 2022
- Offices established in all Acute Trusts
- Over 1500 Medical Examiner trained.
- Pilot sites starting in Non Acute Settings
- Significant ME and MEO recruitment
- Some regions more advanced
- Around 8000 deaths in non acute settings scrutinised in same time period



Additional issues with Non Acute Roll out

- Notes access including paper records (Lloyd George notes)
- Routes for escalation more varied
- Significant multi-disciplinary care provision
- Shared care responsibility
- Variations between Coroner jursidictions



Impact

- Reduction in MCCD rejection
- Significant Complaint avoidance
- Cases referred to Coroner as a result of scrutiny
- Improved working with Coroner system
- Nearly 500 patient safety incidents identified as the result of scrutiny in Q4
- Themes identified Delayed diagnosis, delays in transfer, loss to Follow up and issues with coordination of care services.



Scrutiny of notes

- A 66 year old woman with a long history of COPD from a life time of cigarette smoking was admitted with severe shortness of breath. She also had CKD, IHD and Peripheral vascular disease.
- This is the third admission in the last six weeks for an acute exacerbation despite having a home nebuliser, antibiotics and regular visits from her GP. Her blood gas saturations were very poor but ITU declined to admit her for ventilation. She died 36 hours after admission and the husband was very angry and upset, claiming she hadn't received full treatment.



Points from scrutiny

- Did she get appropriate treatment?
- Consultant led review and management plan?
- Appropriate treatment limitation?
- Poor communication (isolated or theme)?
- Admission avoidance?
- Evidence of gold standard framework?
- EOL care good?
- Recognition of end of life?
- Unnecessary investigations?
- Any good aspects of care top feedback?
- Not part of delegated authority
- Review of complete notes not death summary



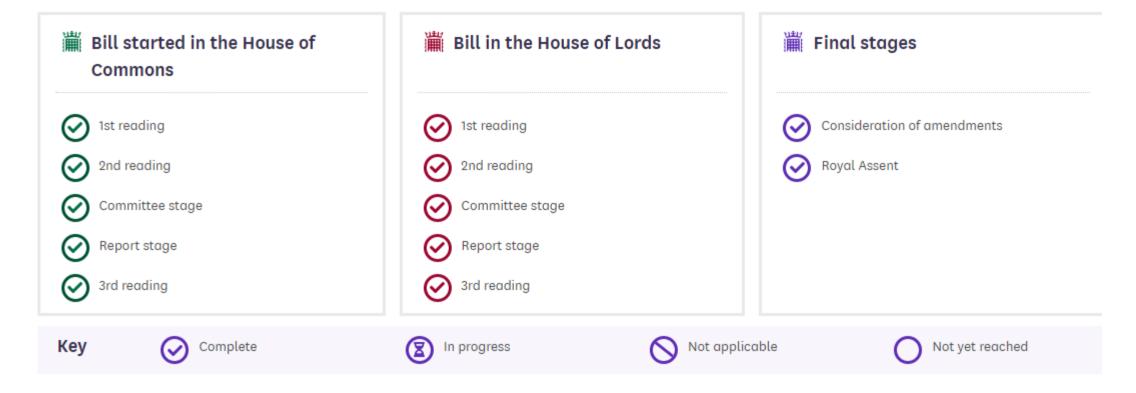
Options available after scrutiny

- No further action
- Difference of opinion over MCCD
- Structured judgement review (Learning)
- Raising of clinical governance (Harm)
- Safeguarding
- Responsible officer
- Coroner referral (Unnatural Element)
- Police referral (criminal act)



Health and Social Care Bill

Bill passage





Other Potential Reforms requiring Secondary Legislation

- Medical examiner scrutiny will be a compulsory legal process before a death can be registered
- ME scrutiny will replace Cremation forms
- Medical Crematorium referee system will cease after a transition period.
- Removal of the need for examination of the body for MCCD/Cremation
- Digital MCCD
- Online registration of death (or hybrid)

In Summary

Medical Examiners and their Officers are here and working in an acute Trust now

The ME Service is an enhancement to the existing system of governance and regulation

Aid quality improves across Integrated Care Systems

Driving quality improvements by linking active review of treatment and care especially prior to and at the end of life

Non Acute roll out will support further improvements (anticipated statutory basis 2022-23)



Please scan the QR Code on the screen. This will take you through to Slido, where you can interact with us.







THANKS FOR ATTENDING



The NHS Patient Safety Conference 2022: Breaking a culture of defensiveness



REGISTER FOR OUR UPCOMING EVENTS!











