



Welcome to the 09th NHS Virtual
Wards Summit: Embracing
Hospitals at Home!



06th November 2025
The Studio, 03rd Floor, 7 Cannon St,
Birmingham, B2 5EP



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Join the Healthcare Engagement Society (HES)

- **What it is** – A secure, year-round platform bringing NHS professionals together across six specialist communities.
- **Why it matters** – Stay connected beyond today's event, share challenges, and learn from peers facing the same priorities.
- **Your benefits** – Exclusive access to interviews, insights, best practice, and real-time discussion threads with colleagues nationwide.
- **How to join** – Simply scan the QR code, choose your community, and start connecting today.



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Today's Sponsors & Partners





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Chair Opening Address



Dr Gurnak Singh Dosanjh

GP

LLR ICB



Keynote Presentation



Natasha Dalton
Consultant Practitioner
East Lancashire Hospitals
NHS Trust



Amy Ross
Advanced Clinical Practitioner
East Lancashire Hospitals NHS
Trust

Hospital at Home

Natasha Dalton – Consultant Practitioner

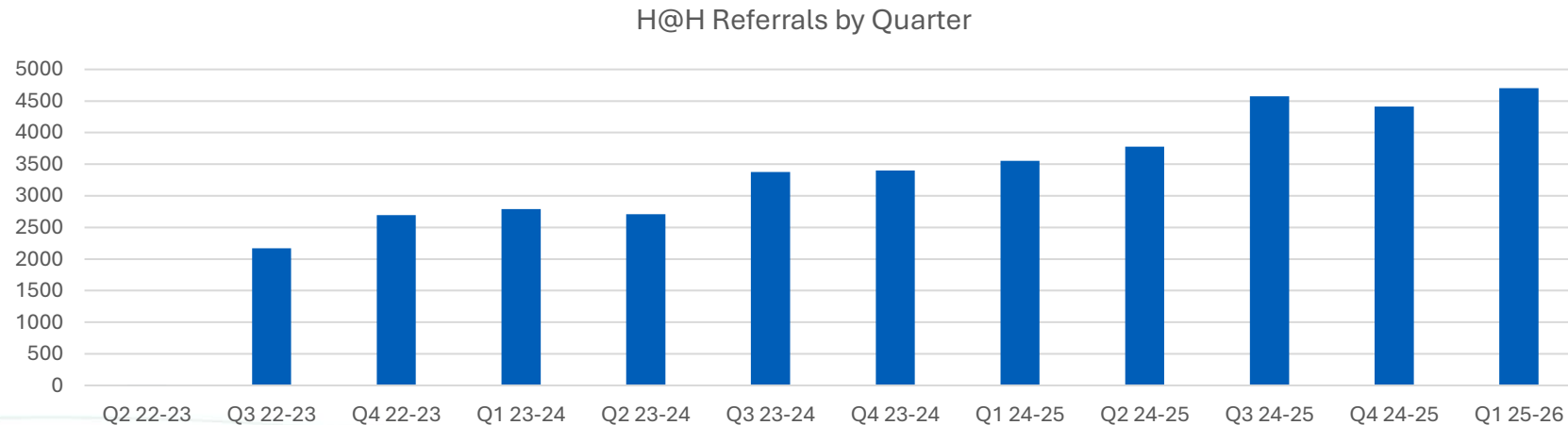
Amy Ross – Advanced Clinical Practitioner

Hospital at Home



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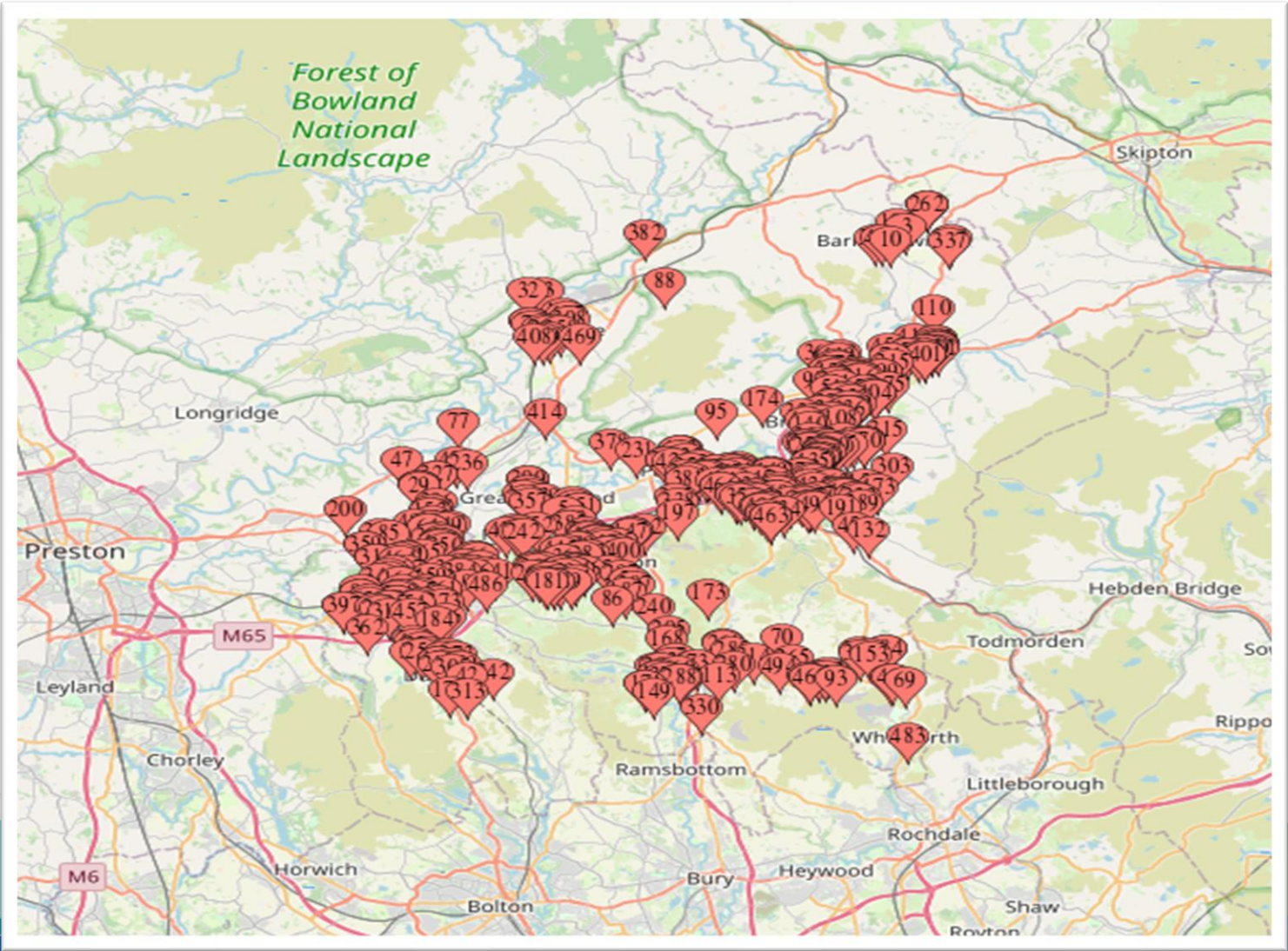
- Launched in October 2022 with 60 beds
- Since seen over 43,500 patients and now operating with 160 beds at 80% occupancy
- Serving a population of 532,500 across a significant geographical footprint
- Average LOS = 2.8 days
- Average patient age = 78
- Respiratory patients make up 52% of referrals, followed by Frailty patients (25%)
- 90.4% patients remain in their usual residence



Pennine Lancashire Footprint



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NHS Trust
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The beginning...



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NHS Trust
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- National Directive to start aligning staff ready
 - Work with ICB to look at budget and number of beds required – weighted on population size.
 - Further discussions (internal and external) regarding staff requirements, what bands, how many, medics or not etc.
 - Modelled bed and staff numbers, decision made to utilise IHSS as the provider for HaH to provide more resilience and continuity.
 - Expanded IHSS to ensure HaH patients were cared for 24/7 rather than hand back to on-call medics (no access to the same systems).
 - Job descriptions pulled together for future workforce and sent to job matching for assurance and quality check of bandings.
 - Recruitment event held at the local football ground 8am-8pm with support from trust wide staff.
- Lisa.kay@elht.nhs.uk – Clinical. Natalie.wood@elht.nhs.uk – Operations. Cheryl.forrest@elht.nhs.uk

Service offer:



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- Generalist Acute team with specialist input.
- Furosemide
- IV Fluids
- Radiology requesting
- Bloods – urgent (back within 2 hours, routine back within 24 hours)
- POC bloods.
- POCUS – utilised by Acute Medic.
- Rapid equipment provision to support function and independence and facilitate early discharge from hospital ED and AMU wards.
- Social provision of crisis care to support patients to remain in their own homes
- Access to Age UK, Steady On! and Care Home Nurses
- Wearable tech – talking point x 2 attempts failed



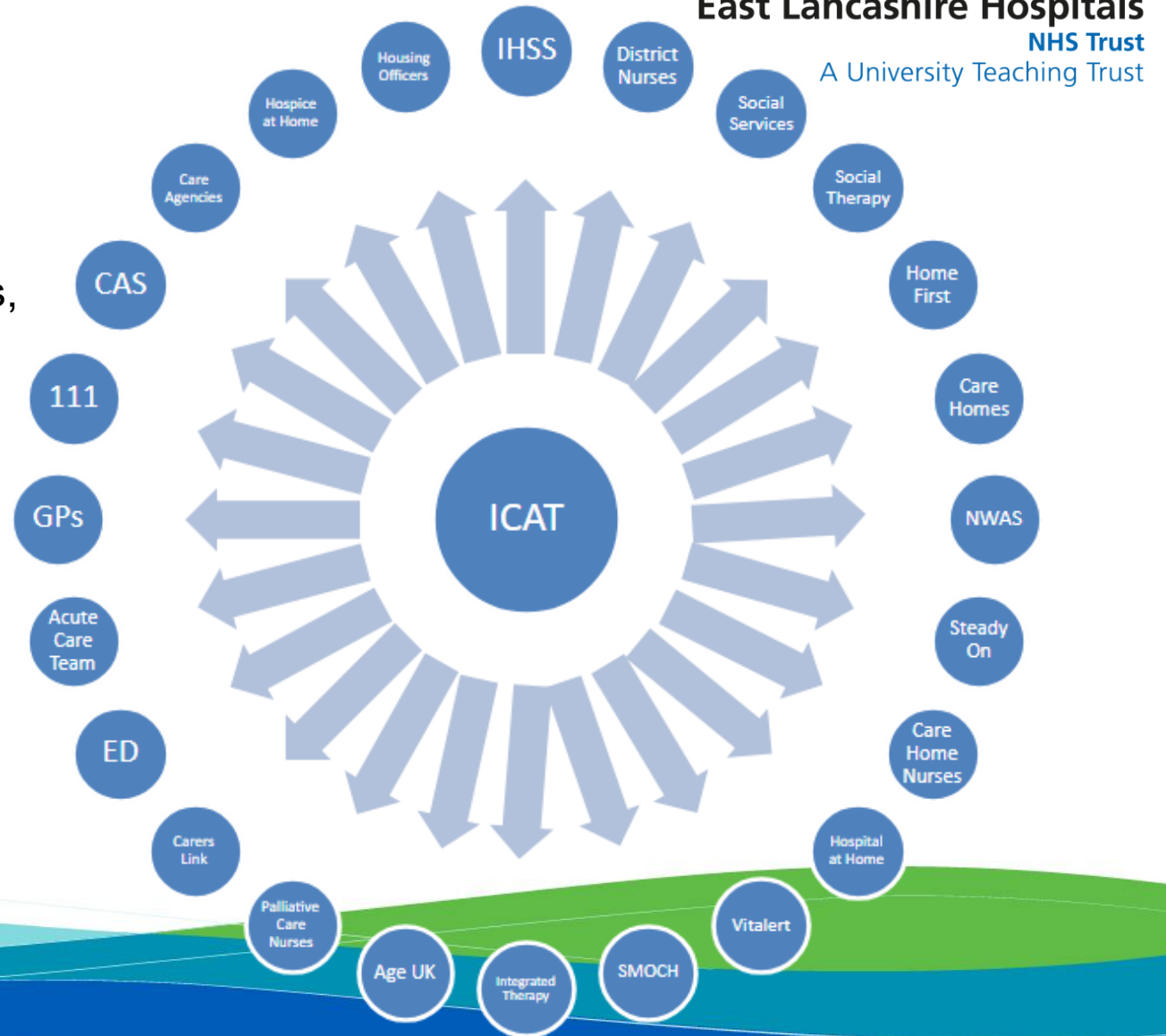
Referral in (ICAT):

- Intermediate Care Allocation Team (ICAT) take NWS ref which are reviewed and stepped up to HAH Cheryl.whittaker@elht.nhs.uk
- Direct contact number for HAH – hospital colleagues e.g. Acute medics and ED step downs, GP and other community services step up.
- Step up from the team
- DN team EOL support/ senior decision making

EXCLUSION criteria:

- Asthma
- Acute abdomen
- Mental Health crisis
- Alcohol XS
- Under the age of 18 years

INCLUSION criteria



Clinical team structure:



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4 Consultant Practitioners
1 Respiratory Consultant
1 Acute Medical Consultant
1 General Practitioner
7 Advanced Clinical Practitioners

Nursing –

- 17 B7 Senior Community Practitioners
- 27 B6 Community Practitioners
- 5 B4 Nursing Associates
- 9 B4 Assistant Practitioners

Therapy –

- 6 Physiotherapists
- 4 Occupational Therapists
- 1 Mental Health Practitioner

Acuity allocation:

Case example

- 59-year-old female
- NWS referral – SpO2 69% on room air
- PMH COPD and drug use – no o2 or nebuliser at home
- Refusing hospital admission (has capacity)
- CFS 7
- Has carers BD at morning and night – considering crisis block
- Consultant Practitioner asked to review following clinical discussion via H@H phone

Acuity score: 4

Clinical Complexity	Clinical Acuity	Social Complexity	Interventional Intensity	Workforce Requirement	Acuity Score
One area for clinical focus (e.g. UTI, improving exacerbation, resolving delirium)	Stable/improving trajectory and/or News 0-1	CFS ≤6 and/or current CFS is unchanged from that 2 weeks prior to acute illness. Home environment and social needs met and not impacting on clinical delivery	Telephone, video or face to face visit as needed not necessarily daily, including diagnostics (e.g. bloods, ECG, clinical observations) or a virtual review	Suitable for remote monitoring, Band 4 face to face visits Routine therapy assessment	ACUITY 1
Two areas for clinical focus (e.g. Unmanaged HF & COPD) or one area of clinical focus with a high-risk comorbidity (e.g. LRTI and Immunocompromise) or acute deterioration with established cause and treatment commenced	Unstable, at risk of deterioration and/or NEWS2 is 2	CFS ≤6 and current CFS level would reflect a 1 level increase from that 2 weeks prior to acute illness or Unmet needs in home environment or social support that requires enhanced clinical care to address (e.g. extended visits, multi-agency liaison)	Once a day visit for routine monitoring/support or > 1 hour of care planning in the same day	In person reviews, complexity identified requiring discussion with clinical co-ordinator and adding to the daily safety huddle sheet or requiring escalation/discussion with consultant of the day. (discussion to establish if step up to Acuity 3 required) or Urgent Therapy assessments	ACUITY 2
Acute deterioration or failure to respond to initial treatment or unanticipated End of life care without Advanced Care Plan (ACP)	Unstable, deteriorating trajectory and/or NEWS2 is 3-5 or 3 in single parameter	CFS ≤7 and current CFS level would reflect a 2-level increase from that 2 weeks prior to acute illness or Requires crisis care package for pop in visits or social support that requires additional clinical care (e.g. visiting in pairs)	Time intensive visits or MDT joint visit or one visit and > 1.5 hours of care planning in same day or input for high-intensity interventions (e.g. IV fluids or medication, urgent end of life care planning)	In person Advanced Practitioner review and/or Reviews daily at Hospital at Home MDT meeting and/or Complex/Specialist Therapy input	ACUITY 3
Acutely unwell, rapidly deteriorating (e.g. refusing admission or risk of sepsis)	Unstable, rapidly deteriorating trajectory and/or NEWS2 is 6 or above	CFS 8 or 9, or CFS ≤7 and current CFS level would reflect a 3-level increase from that 2 weeks prior to acute illness or Safeguarding concerns that mean patient not safe in current place of residence or Block crisis care required to keep patient at home	Urgent same day senior review or ≥2 in person visits to monitor suitability to remain at home or one visit and complex or multiple interventions or Joint Nursing & Senior Therapy visit	Consultant Practitioner/Medic in person reviews and/or Hospital at Home MDT discussion with external specialist input to agree management plans	ACUITY 4

Respiratory:



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- Respiratory is our most referred condition
- Respiratory Consultant supporting the team since November 2023
- Specialist advice via e-mail throughout the week
- Attends Hospital @ Home MDT four times a week
- Physically on patch one day a week and visits patients with specific respiratory conditions, mainly unclear diagnoses or concerns E.G. COPD exacerbation or disease progression and approaching EOL

FUTURE VISION - Setting up an MDT with local GP services to discuss complex respiratory patients who are often frequent attenders – an adjunct to referral for advice and guidance referrals

Peppa.denny@elht.nhs.uk

Frailty:

- Links with secondary care – step down pathway, structure change therefore lost step-up pathway.
- Medicine For Older People/ Pharmacy and Therapy all sit on MDT to support.
- All Hospital @ Home patients have a medications review by a Consultant Practitioner and Lead Pharmacist with the aim to reduce the anti-colnergic burden scores where possible.
- FUTURE VISION – Developing a combined falls and frailty assessment (part 1 and part 2) which combines to a complete CGA – this will formalise the frailty and falls plan between primary and secondary care (including DN's Podiatry, Community rehab, Treatment rooms etc) AND create action plans.
- ACP/ ACMP collaborative work between primary and secondary care underway to standardise the documentation and promote the proactive conversations to support patient needs and preferences. This also sits within part 2 of the CGA workstream.

Stacey.brailsford@elht.nhs.uk

PRO
RE **A C T I V E**

- Daily Lead Pharmacist input.
- Medicines support team available daily with dedicated two days a week to visit the patients, they also support with wider community services supporting compliance/ counselling/ waste/ over ordering.
- Daily MDT input to support care planning.
- Involved in pathway developments to support the team – PGD's, IV Furosemide, IV fluids.
- Developing non medical workforce and review and analysing the patient data.
- Creating links for future collaborations including:
 - Microbiology consultant and antimicrobial stewardship for future IV antibiotic pathway.
 - IT issues - overcoming barriers between secondary systems and primary care systems to support safe and consistent prescribing practices.

John.Vaughan@elht.nhs.uk

Case studies:



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Improvement Test of Change – IHSS

Intravenous fluids in Hospital at Home patients
4th March – 26th April 2024 (Mon-Fri 8am-5pm)

Aim:
To develop an intravenous fluid bolus pathway for Hospital at Home patients.

In scope clinical presentation:
Patients who require supplemental intravenous fluids due to reduced fluid intake/diuresis.

Identification:
Patients will be identified via 2-hour Urgent Community Response initial review and escalated to the Hospital at Home coordinator for face-to-face assessment.

Intervention:
A Plasma-Lyte 148 fluid bolus can be administered to a patient to treat an acute illness until they achieve recovery or intravenous fluid treatment is no longer appropriate or necessary. Bolus volume will be between 250 – 1000mL.

Method:
Individual case review will be undertaken by clinical project lead and then ongoing PDCA cycles to refine the process.

Inclusion/Exclusion criteria:

Inclusion:

- Under care of Hospital at Home and has had face to face assessment by Consultant or Advanced Practitioner
- Mean clinical concern as being at risk of deterioration or acute kidney injury
- Care in community deemed appropriate and safe – considering patient medical history, clinical presentation, and physical examination
- Mild electrolyte disturbance
- Can tolerate cannulation and short-term IV therapy

Exclusion:

- Patients with heart failure who are susceptible to fluid overload
- Palliative patients in whom intravenous therapy would cause discomfort/distress
- Patients with an acute condition
- Relative aggressive fluid resuscitation
- Signs of severe traumatic haemorrhage or sepsis or ongoing fluid loss
- Proved acute kidney injury grade 2 or above
- Significant electrolyte disturbance on pre-treatment POCT results e.g. severe hyponatraemia
- Pregnancy
- Patients < 16 years old

Monitoring and Evaluation

The included patients will be compiled electronically to record:

- Demographic information
- Patient residential status – care facility/own residence
- Total fluid administered
- Patient disposal at end of care episode e.g. discharge/transfer to hospital/death
- Total number of patients treated/managed

Patients will be clinically reviewed at the daily Hospital at Home MDT meeting.

Staff Groups

Primarily managed by Consultant & Advanced Practitioners during TOC – registered staff can be involved in administration of fluids.

Ongoing developments

- Shift to “maintenance” fluid administration rather than bolus only

Improvement Test of Change – IHSS Hospital at Home

Acute Decompensated Heart Failure using Intravenous Diuretics

Aim:
To develop an intravenous Diuretic (IV) therapy pathway for Hospital at Home patients.

In scope clinical presentation:
Patients who require supplemental diuretic therapy, following optimisation of oral treatment, where it is deemed to be in the patient's best interest to receive treatment within their usual place of residence. These groups of patients are likely to have had previous episodes of decompensating Heart Failure and be known to the Heart Failure team.

Identification:
Patients will be identified via 2-hour Urgent Community Response initial review and escalated to the Hospital at Home coordinator for face-to-face assessment by Hospital at Home Consultant Practitioner and discussion in the Hospital at Home MDT.

Intervention:
Intravenous furosemide will be administered to treat an acute decompensation of Heart Failure until the patient achieves recovery, or IV treatment is deemed no longer appropriate or necessary. Treatment will be commenced at the equivalent dose or increase by one dose increment if clinically appropriate.

Method:
All cases will be discussed via the Hospital at Home MDT daily. Individual case reviews will be undertaken by the clinical project lead and then ongoing PDCA cycles to refine the process.

Inclusion/Exclusion Criteria:

Inclusion:

- Established, fully investigated heart failure including echocardiography showing moderate to severe left ventricular systolic dysfunction (LVSD)
- Heart failure confirmed as cause of symptoms (no reversible causes identified)
- Failure to relieve fluid overload by optimising oral diuretic therapy including switch of furosemide to bumetanide
- Fluid retention as evidenced by peripheral oedema extending above the knee and/or weight gain of > 3kg above dry weight
- To avoid an admission, patients would be expected to have had at least one previous hospital admission with previous tolerated IV furosemide

Exclusion:

- Difficult IV access
- Symptomatic hypotension (consider re-withdrawal of antihypertensive medication excluding)
- Insufficient carer support
- Pulmonary oedema with signs of respiratory distress and still for active management (if this is an expected management then symptomatic palliation considered)

Monitoring & Evaluation

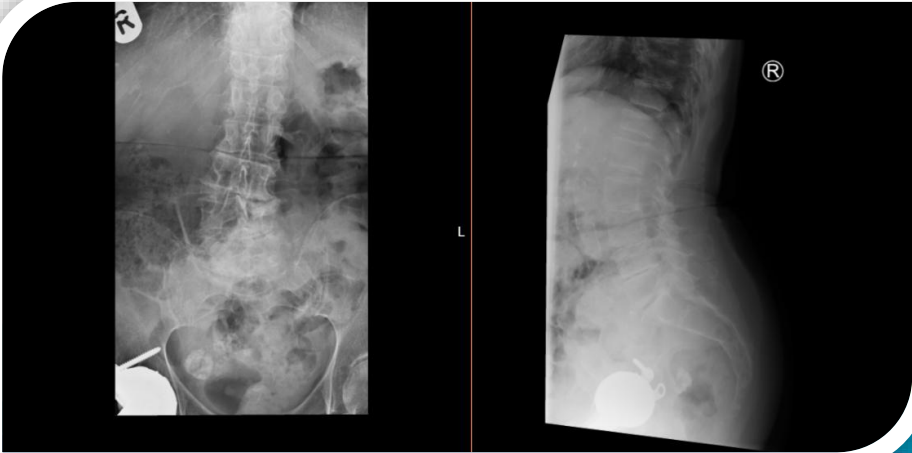
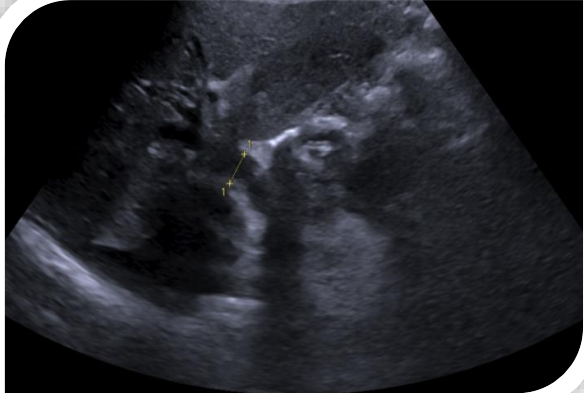
The included patients will be compiled electronically to record:

Demographic information:

- Patient residential status – care facility/own residence
- Length of stay on Hospital at Home case load
- Patient outcome at end of care episode e.g. discharge/transfer to hospital/death
- Total number of patients treated/managed

Patients will be clinically reviewed at the daily Hospital at Home MDT meeting.

Staff Groups:



Safe | Personal | Effective

<#>

ELHT. Because that's who we are



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Panel Discussion



Alison Johnson
UK Health Lead
ORCHA



Miss Katie Andrew
Care Community Coach for
Macclesfield Neighbourhood
Team, District Nursing Out of
Hours and Hospital at Home
(UCR and VW)
East Cheshire NHS Trust



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Case Study





Case Study



Laura Thompson
Director of Marketing
Access Group

Virtual Wards: Solving Real Challenges with Integrated Technology

Laura Thompson, Director of Marketing, Access HSC

Virtual Wards are Now Core NHS Infrastructure



- Backed by the 10-year plan



- Designed to reduce hospital admissions and improve outcomes



- Critical for managing demand from ageing populations



- Must be scalable (work across your whole system), interoperable (connect to existing technology), and inclusive (serve all patients regardless of language or digital skills)

Operational Challenges Faced by Virtual Wards Teams

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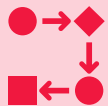
Manual processes
causing delays



Fragmented data flows
and poor system
integration



No centralised bed
management



Complex discharge
processes



Lack of real-time
clinical alerts



Limited inclusivity for
patients with low literacy
or non-English speakers

Workforce and System Challenges Faced by Virtual Wards Teams

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Disconnected systems
creating data silos



Poor digital infrastructure
and limited training



Workforce shortages and
unclear staffing models



MDT coordination
challenges

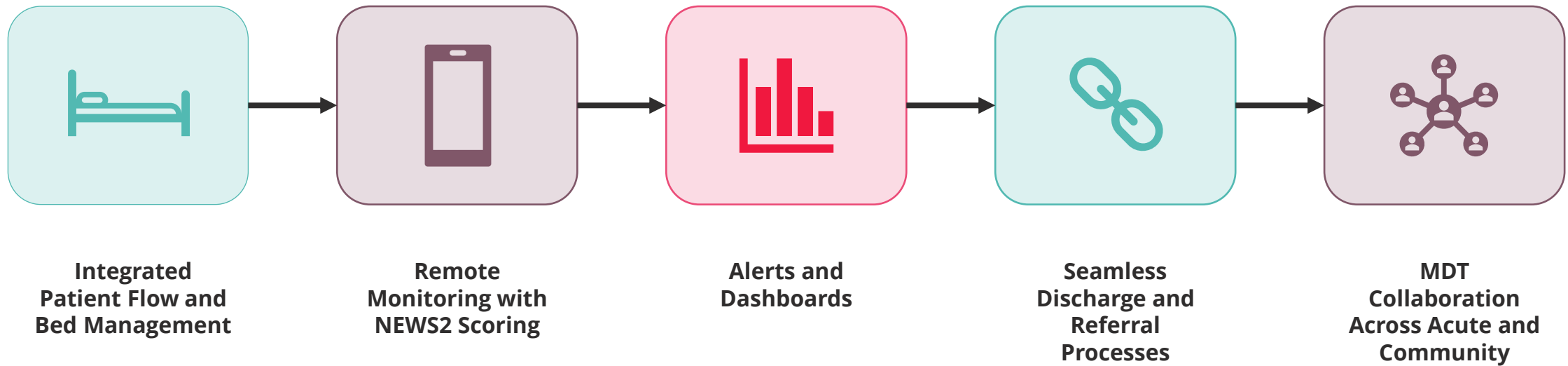


Lack of clinical buy-in and
inconsistent engagement



Difficulty proving impact
to commissioners

NELFT Case Study – A Model for Success



Key Elements of Success

People

- Comprehensive training
- Specialised consultants

Process

- Patient-centred design empowered patients to avoid unnecessary hospital visits

Technology

- User-friendly devices
- Integrated data into the EPR to provide a complete picture of each patient



Reduction in admissions



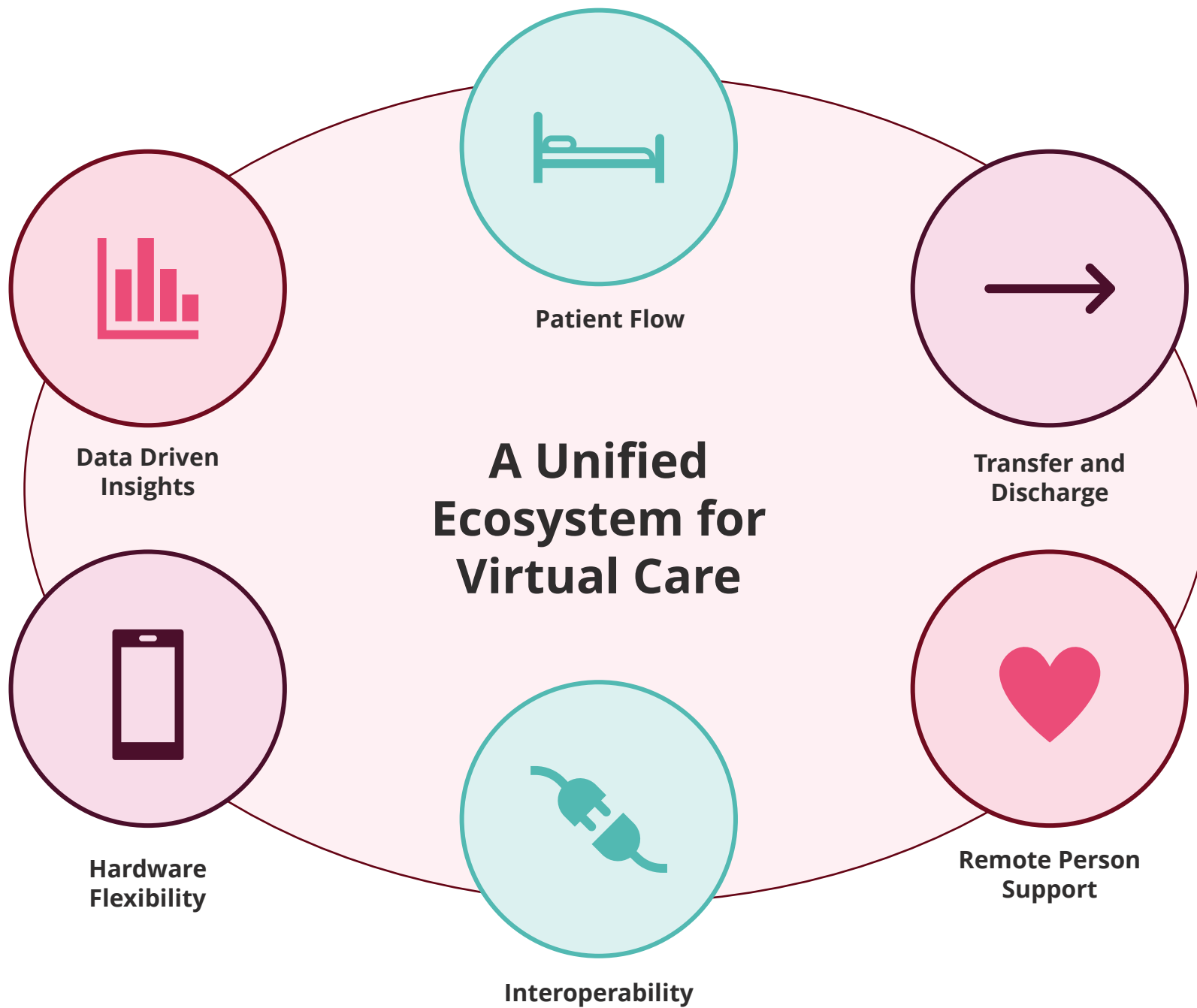
Patients surveyed would recommend virtual wards



1,250 bed days saved

"I'm happy and more relaxed than I have been in a long time" – Staff Feedback

"Instant feedback from my monitor gives me confidence" – Patient Feedback



Supporting the bringing together of virtual care from across the system

We are unique in delivering digital transformation solutions right across the Health, Support and Care landscape, with over 850 specialists supporting local government, the NHS, private providers and the third sector

Providers

200+

Local Authorities
using Access social care, education
and youth services solutions

150,000+

Clinicians use
Access Rio EPR

10,000+

CQC registered locations using
Access HSC solutions providing
domiciliary and residential care

Preventative Care

60,000+

Individuals accessing Technology
Enabled Care

30,000+

Wearable devices

687,000+

Visits carried out
using our Social Prescribing solution
by more than 4,000 link workers

Longitudinal Data

25m+

Unique patients within our market
leading EPR

4.1bn+

Patient records, growing by 350m
annually

25+ years

Of continuous operation in the
mental healthcare market



What next?

A horizontal bar with three segments: red, dark purple, and teal.

- 1. Understand your gaps.** Review your current processes and produce a gap analysis. How can this work within your existing systems. How do you map the gaps and see what you need. Codesign the solution, building on what you already have.
- 2. Share what works.** Meet teams already running virtual wards. Ask them direct questions. Learn from their mistakes.
- 3. Empower teams.** Virtual wards work. The evidence proves it. NELFT reduced admissions by 75%. They saved 1,250 bed days. Their patients are happy. Their staff are less stressed.

**See us at the stand to chat further about how
we can help you with these next steps.**

Thank you



Laura Thompson | laura.thompson@theaccessgroup.com



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Refreshments & Networking



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- **Your benefits** – Exclusive access to interviews, insights, best practice, and real-time discussion threads with colleagues nationwide.
- **How to join** – Simply scan the QR code, choose your community, and start connecting today.



SCAN ME



Chair Morning Reflection



Dr Gurnak Singh Dosanjh

GP

LLR ICB



Case Study

docclaⁱ





Case Study



Rishan Rahman
Strategic Partnerships Manager
Doccla



James Wolfenden
Senior Partnerships Manager
Doccla

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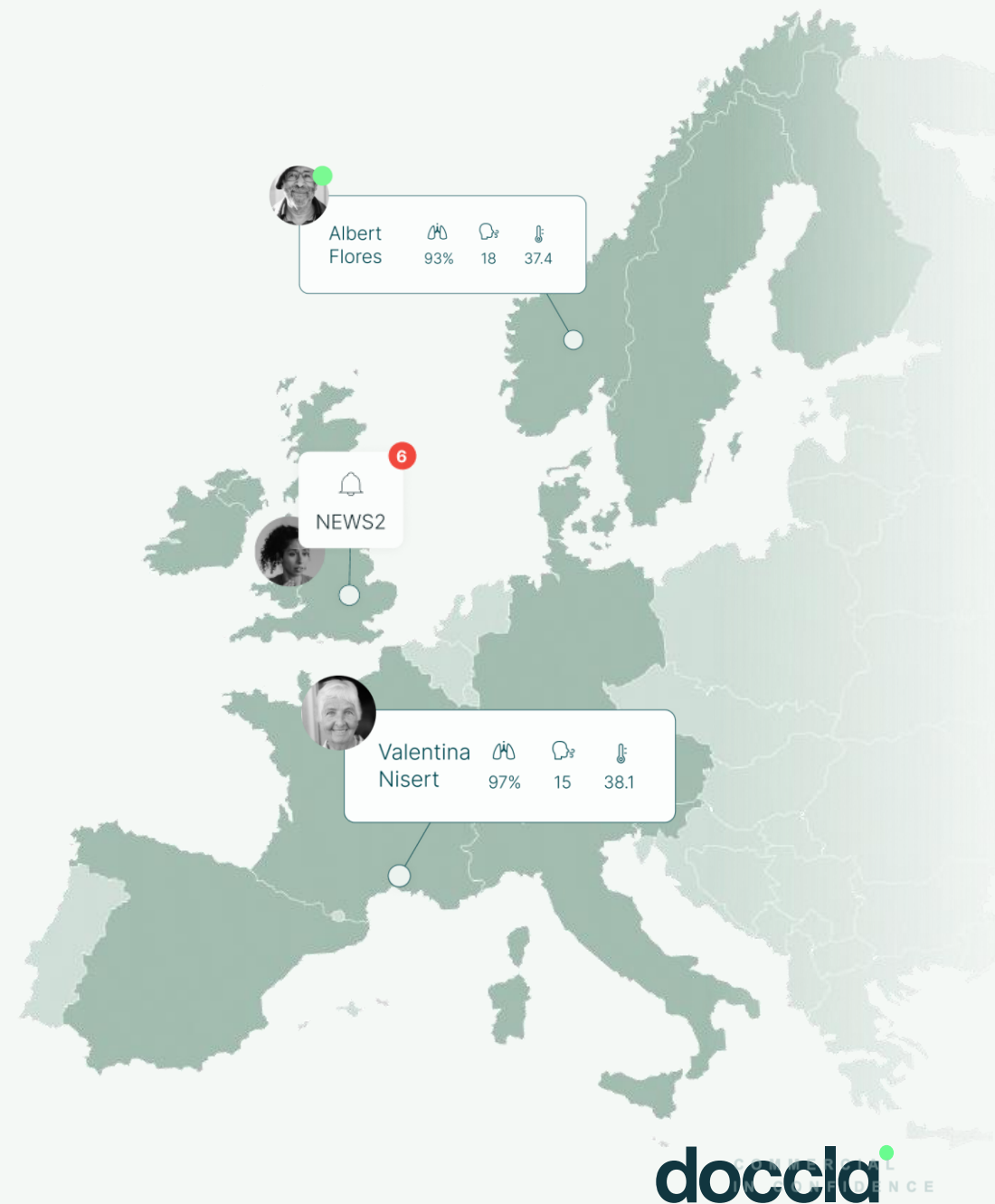
doccla

Virtual Care. Redefined.

Virtual Wards | Proactive Care | Remote Monitoring

Presented by

Rishan Rahman & James Wolfenden



doccla

So we can help more people like Brian.

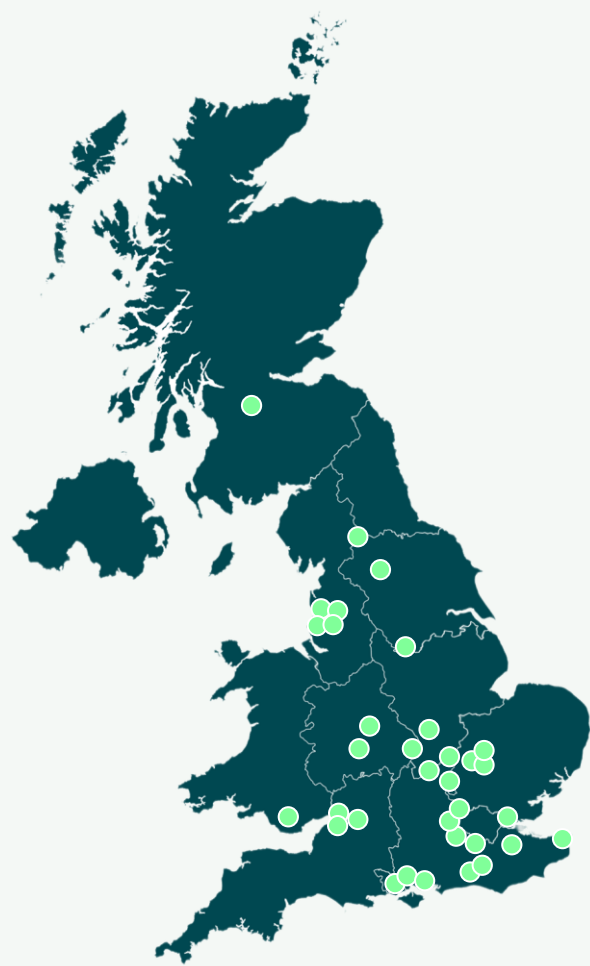


“

I've got my own bed and I've got my own dog...

It just makes sense.

We are the UK standard, partnering with over 60% of NHS ICS's



NHS
Cambridgeshire
Community Services
NHS Trust

NHS
Somerset
NHS Foundation Trust

NHS
Essex Partnership
University
NHS Foundation Trust

NHS
East Kent Hospitals
University
NHS Foundation Trust

NHS
East London
NHS Foundation Trust

NHS
University Hospitals of
Leicester
NHS Trust

NHS
Derby and Derbyshire
Integrated Care Board

NHS
Barts Health
NHS Trust

NHS
Solent
NHS Trust

NHS
Kettering General Hospital
NHS Foundation Trust

NHS
Northern Care Alliance
NHS Foundation Trust

NHS
Central and North West
London
NHS Foundation Trust

NHS
Bath and North East
Somerset, Swindon and
Wiltshire
Integrated Care Board

NHS
Gloucestershire
Integrated Care Board

NHS
Royal Free London
NHS Foundation Trust

NHS
Guy's and St Thomas'
NHS Foundation Trust

NHS
Hertfordshire Community
NHS Trust

NHS
South Yorkshire
Integrated Care Board

NHS
Oxleas
NHS Foundation Trust

**Bromley
Healthcare**
better together

NHS
University Hospitals
Coventry & Warwickshire
NHS Foundation Trust

NHS
Surrey Heartlands
Integrated Care Board

NHS
North West London
Integrated Care Board

NHS
Northampton General
Hospital
NHS Trust



**SIEMENS
Healthineers**

NELFT **NHS**
NHS Foundation Trust

GIG
CYMRU
NHS
WALES

**ONE
HEALTH
LEWISHAM**
The Integrated Community Provider

NHS
Manchester University
NHS Foundation Trust

tec
CYMRU

NHS
Lanarkshire

NHS
Greater Glasgow
and Clyde

NHS
Wrightington, Wigan and
Leigh Teaching Hospitals
NHS Foundation Trust

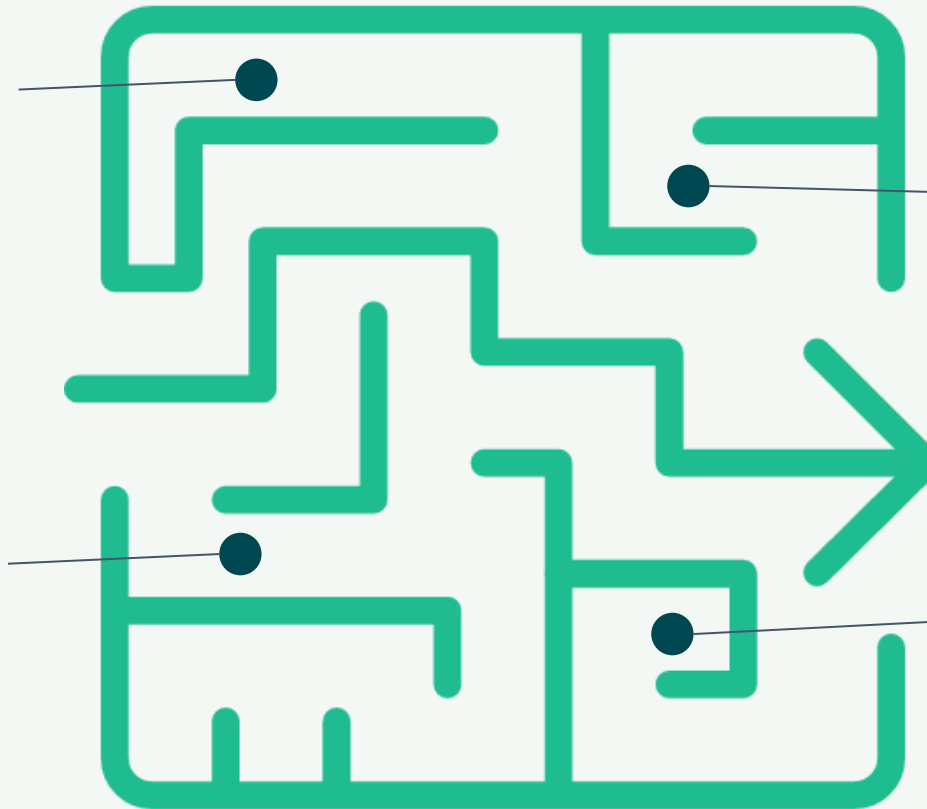
But Virtual Wards are complex to implement, with “tech-only” failing to live up to the hype

Poor patient compliance

>15% of Patients fail to use equipment correctly or forget to send observations because they receive inadequate support

Low patient referrals

~50% of VW beds are empty. Clinicians won't refer patients if they don't understand or trust the system, or it's too hard to use.



Logistical distractions

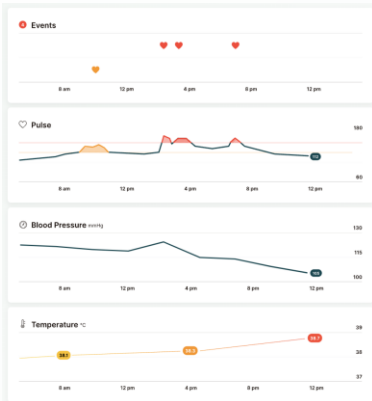
Change management and device logistics steal mindshare

Waste precious clinical time

Under-utilised Virtual Ward clinicians make the staffing crisis worse, not better.

More than software. 'End to end' Virtual Care.

Software



Mobile app & Clinician Dashboard

- ✓ Sends patients vital signs & symptoms
- ✓ Smart alerts / NEWS2
- ✓ Video / Messaging
- ✓ Full EHR/SPINE Integration
- ✓ SSO NHSMail

Devices & Logistics



Device Agnostic

- ✓ Bluetooth enabled medical devices
- ✓ Intermittent & Passive Devices
- ✓ SIM-enabled Mobile & Tablets
- ✓ **Delivery, Collection, Cleaning.**
- ✓ **MDM** - all handled

Patient Support



365 days a year

- ✓ **Patient onboarding**
- ✓ Compliance monitoring
 - ✓ Training
 - ✓ Tech Support
 - ✓ Implementation
- ✓ Dedicated Project Manager

Clinical Capacity



CQC Registered Clinical monitoring

- ✓ Relieve healthcare staffing shortages
- ✓ Specially trained in RPM
- ✓ **HCA, Nurses, GPs, Consultants**
- ✓ Support pathway design
- ✓ **Prescribing**

Doccla: Europe's leader in Virtual Care, a trusted partner to the NHS

4,000,000

Patient days monitored

400k

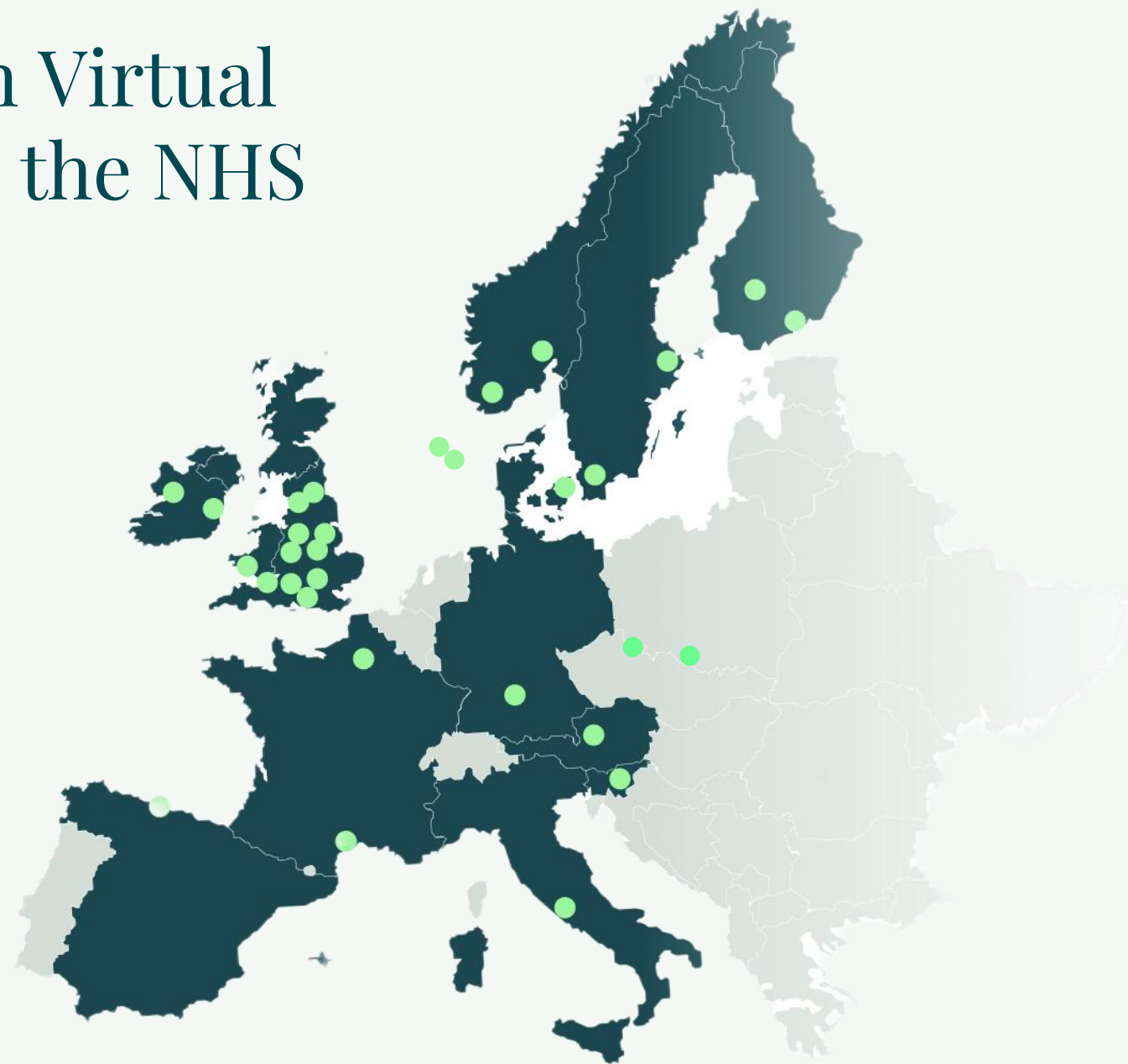
Vital signs monitored per week

>60%

Coverage in NHS England,
HSE, Scotland and Wales

10+

Countries



NHS

HSE



SVS

 Tays

 Wiener
Gesundheitsverbund

 Für die
Stadt Wien

One partner across the spectrum of acuity

The only way to meet future demand is shifting left into proactive care.



Distinguishing between VWs and Proactive Care Jon, 75, Heart Failure



Virtual Wards

10's or 100's of patients



Jon is a diagnosed HF patient



His situation sadly worsens, and is admitted into hospital



Jon is able to be discharged early, allowing him to recover from home

~ £1,000

Cost released from bed days saved per patient



Proactive Care

1000's of patients



Jon is a diagnosed HF patient and is high risk



He is identified as high risk and proactively treated using remote monitoring technology, health coaching and more



This intervention reduces the likelihood of an admission and Jon is able to avoid a visit to the hospital

~ £3,400-£7,000

Savings from admissions avoided per patient

Existing deployments evidence 20-40% total health cost avoidance

BNSSG ICB

34%

Reduction in NEL admissions

18%

Reduction in A&E attendance

77%

Reported program helped manage overall health better

LLR ICB

55%

Reduction in NEL admissions

79%

Reduction in A&E attendance

Barts

57%

Reduction in NEL admissions

50%

Lower 90-day mortality for target disease group

29%

Fewer decompensated patients at 30 days

The Doccla team have worked with us every step of the way offering support, solutions, expertise, and professionalism. initial findings demonstrate benefits to both primary and secondary care, but most of all benefits to our patients who feel safe

Senior Transformation Manager

Regulated by



docclaⁱ

X

**Leicester, Leicestershire
and Rutland**
Integrated Care Board



Albert
Flores

93%	18	37.4



NEWS2

6



Valentina
Nisert

97%	15	38.1

COMMERCIAL
IN CONFIDENCE

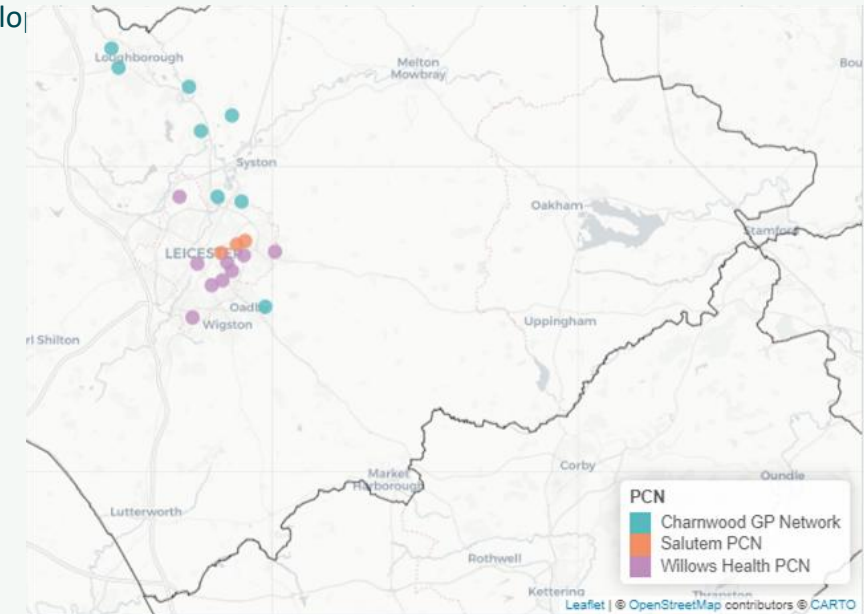
The Challenge – Long term condition management

National Context: Long-Term Conditions in the UK

- Demand for chronic disease management is increasing, particularly among older populations and deprived communities (NICE, 2016).
- By 2040, 9.3 million people in England will be living with a major illness, an increase of nearly 2.5 million in 20 years (Raymond et al., 2024).
- Age is a major risk factor for chronic diseases like dementia, heart disease, diabetes, arthritis, and cancer.
- The ageing population is leading to a rise in multimorbidities, placing significant pressure on the NHS.
- Deprivation accelerates the onset of chronic illnesses, people in the most deprived 10% of areas develop chronic conditions 10% (Raymond et al., 2024).

Challenges in Leicester, Leicestershire, and Rutland (LLR) ICB

- **Ageing Population:**
 - LLR has a higher proportion of older adults than the national average.
 - Leicestershire: 20.6% of the population is over 65.
 - Rutland: 24% of the population is over 65.
 - National average: 18.5% (LSR, 2021; LLRHWP, 2025).
- **Deprivation & Health Inequalities:**
 - LLR ICB serves a diverse population of 1.1 million.
 - 35% of Leicester residents live in the most deprived 20% of areas nationally.
 - Pockets of significant deprivation exist in Leicestershire and Rutland.
 - Higher deprivation levels drive increased demand for chronic disease management.



The LLR approach: Cross-ICB collaboration

Primary Care Organisations



ICB



Health Tech Organisations



Independent Evaluation Partner



Programme Structure: patient journey



Risk stratification

Identifying patients at highest risk that could benefit from proactive intervention using John Hopkins ACG Risk Strat Tool



Outreach & enrolment

Multimodal outreach to engage. Patients are then delivered kit directly and enrolled by Doccla



Multidisciplinary support

MDTs bring GPs, specialists, CNS and health coaches to address patients' holistic needs



Population segmentation

Patients are grouped by risk profile to enable targeted care delivery.



Patients Submission

Submit daily readings for review from Doccla clinical team



Clinically 'Optimised'

Patients receive clinical interventions, on top of the self-management tools, tailored to their risk profile.

Patient selection

Inclusion Criteria:

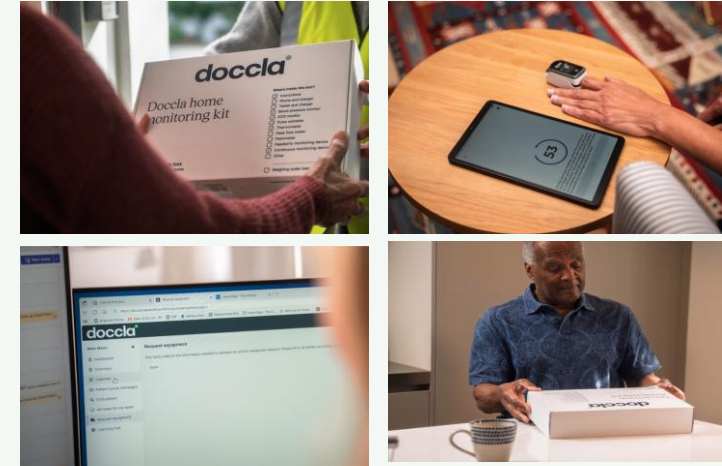
- ✓ Aged 18+
- ✓ Gives consent for remote monitoring
- ✓ Capacity to consent, or a “best interests” decision made
- ✓ Dexterity to use devices or a carer/NOK to assist

Identified from risk criteria:

- Patient Needs Group (PNG) 9, 10, 11 (Johns Hopkins)
- AND risk of admission >33%
- AND has one of the following long term conditions:
 - Asthma, COPD, Heart Failure or Diabetes

Exclusions Criteria

- Does not give consent to go onto Remote Monitoring
- Does not have capacity to give consent and it is not assessed as being in the person’s best interests.
- Severe/acute mental health issues or substance abuse issues that are significant enough to greatly impact ability to maintain compliance, contact with clinicians, and safety with remote monitoring.
- Any other significant social/physical/mental health issue that will have a significant impact on maintaining compliance and communication with clinicians
- Diagnosed with a cognitive impairment that would impair ability to maintain compliance with no additional support.
- Patient is acutely unwell - at the point of onboarding the patient’s observations are outside of an acceptable range for the individual.
- Receiving active treatment for malignancy
- Patients who are immunosuppressed due to active malignancy, severe renal impairment requiring dialysis or organ transplants
- Patients on end-of-life management



Example patient story



Background

- 'David' is 91 years old
- He has multiple chronic conditions;
 - History of type 2 diabetes
 - Parkinsonism
 - Hypertension
 - CKD Stage 3



Referral

- He was referred to the LLR virtual ward pilot.
- He was given a box including:
 - Devices to check pulse, temperature, oxygen saturations and blood pressure
- A mobile phone to submit results and communicate with his clinical team.
- An information leaflet explaining how to use the service



Monitoring

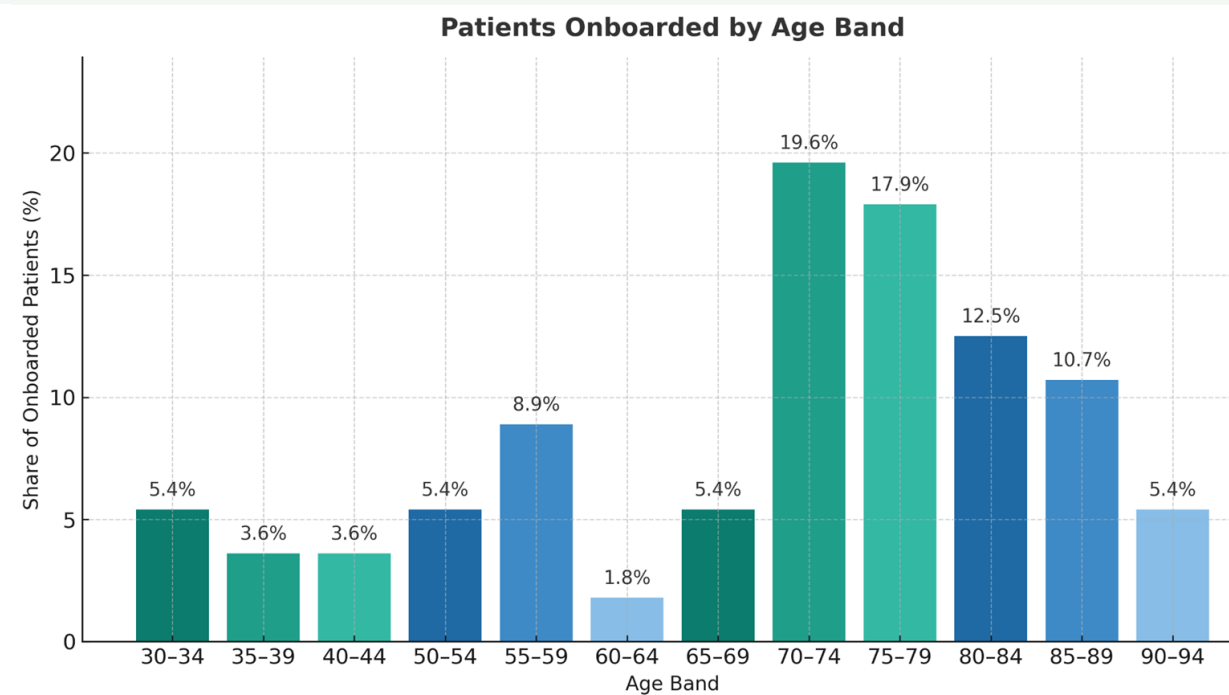
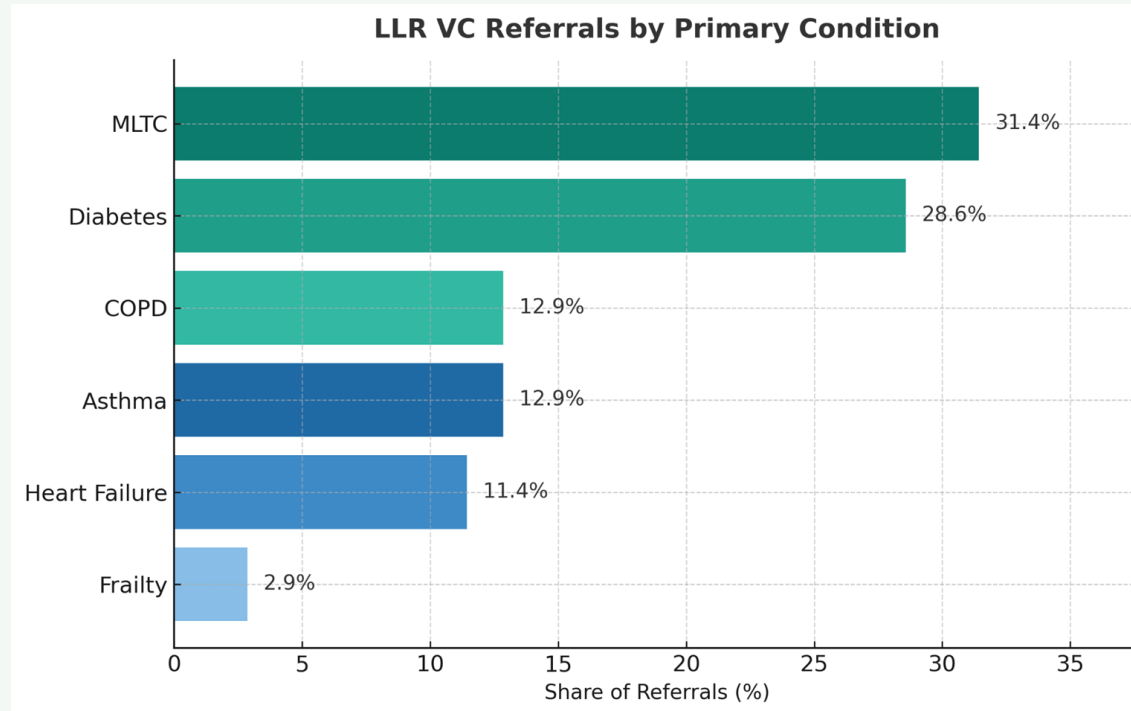
- Via the patient app, he submitted daily readings (mon-fri)
- Each day he was offered the opportunity to speak to a clinician (via telephone, video or SMS) if he had any questions or concerns.
- He had access to educational materials on managing her symptoms at home
- He was given clear safety netting instructions



Outcome

- Remote patient monitoring, allowed for early detection of general physical decline, stool samples and urinalysis were arranged alongside face to face clinical visits.
- RESPECT form was reviewed and agreed that the patient would not be for resuscitation and to avoid hospital admissions.
- Clear plan agreed and ceiling of care.
- Parkinson's medicines reviewed by patients own general practitioner as a result of remote monitoring.

Patient Demographics



- **Condition mix: MLTC 31.4%, Diabetes 28.6%; respiratory COPD 12.9% / Asthma 12.9%; HF 11.4%; Frailty 2.9%.**

- **Higher onboarding rates among older age groups**
- **Average mean age of 67 years old**

Project Independent Evaluation report

“In nine months, the LLR–Doccla pilot showed that proactive virtual care can catch deterioration earlier and ease pressure on GP, ED, ambulance and hospital services, unlocking capacity and patient confidence, provided future phases hit recruitment targets and secure robust bed-day control data.”



LLR–Doccla

Virtual Care Pilot Evaluation



Project Evaluation Outcomes

System Impact

89% ↓

GP Appointments avoided

39% ↓

Hospital admissions

79% ↓

ED attendances

61% ↓

Inpatient hospital days

=

Net capacity-releasing savings of £262,967
with a cost-benefit ratio of 1.96 i.e., every £1
invested returns £1.96 to the NHS.

71% ↓

Ambulance callouts

45% ↓

Readmissions within 30
days

LLR Patient Feedback

95% of patients rated the service **Good/Very Good**.

What patients valued

- Felt informed at first contact; clear guidance from Customer Support on the app and devices.
- Positive experience using the equipment and completing in-app surveys.
- **>80%** reported positive experiences speaking with a Doccla clinician.
Reported feeling **safer, more informed, more in control**, and an **improved quality of life**.

Voice of patient:

"Felt like I have been listened to and been given good advice."

"The service is very responsive and reacts quickly if there are any issues."

"Always good advice and good suggestions."





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Case Study



livework



Case Study

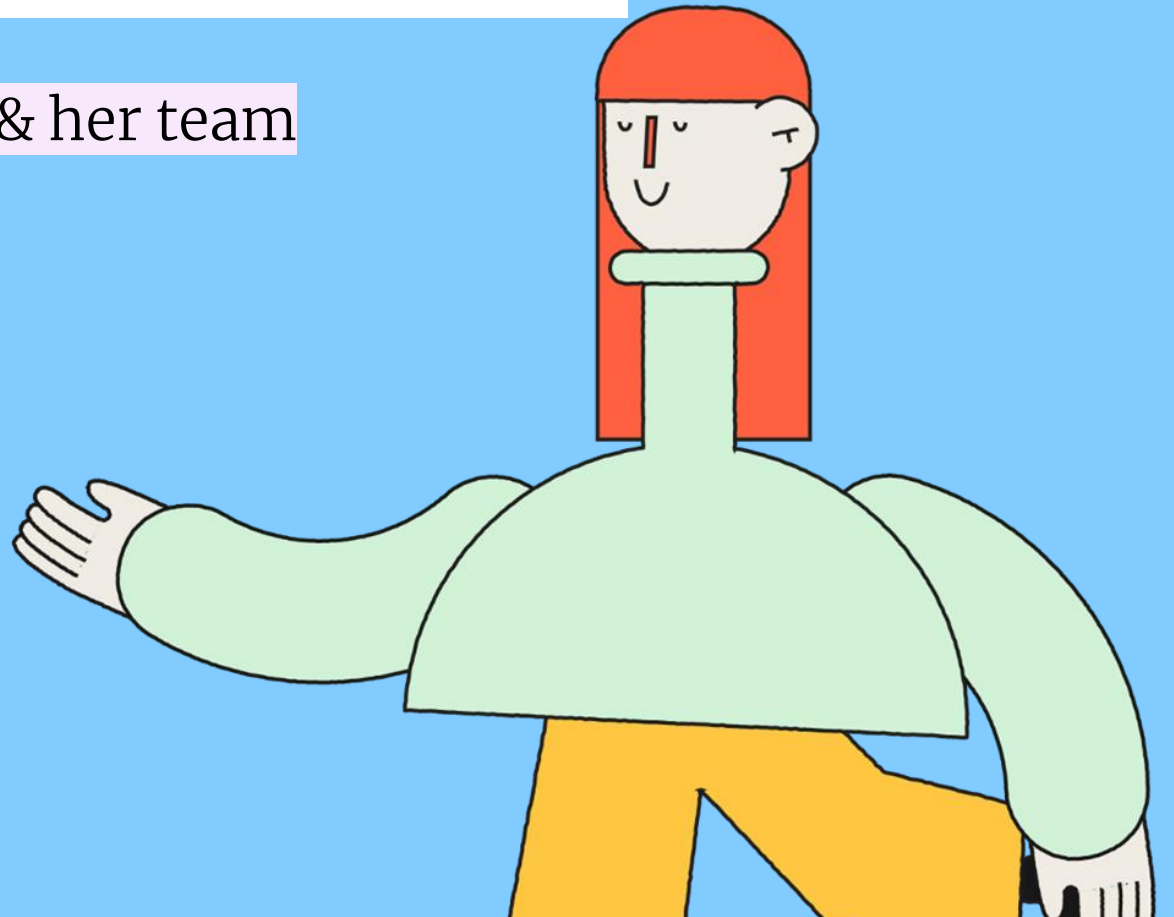


Tracy Stocker

Director of Operations for Flow and Integration
Medway NHS Foundation Trust

Virtual Hospitals – The journey we've been on

Catching up on 2 years of working Tracy & her team

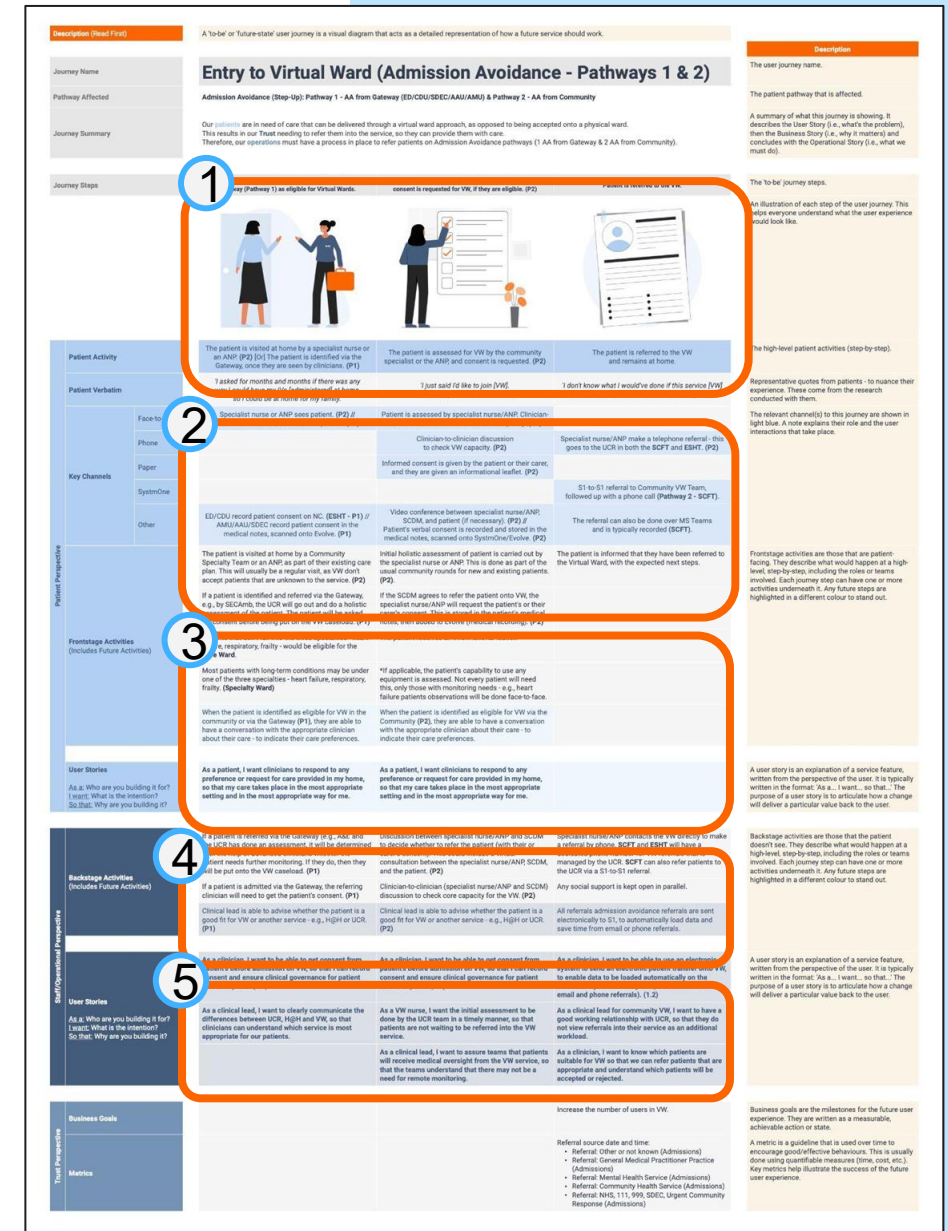


How did it all start?

From intent to implementation....

How to design the ideal Virtual Ward

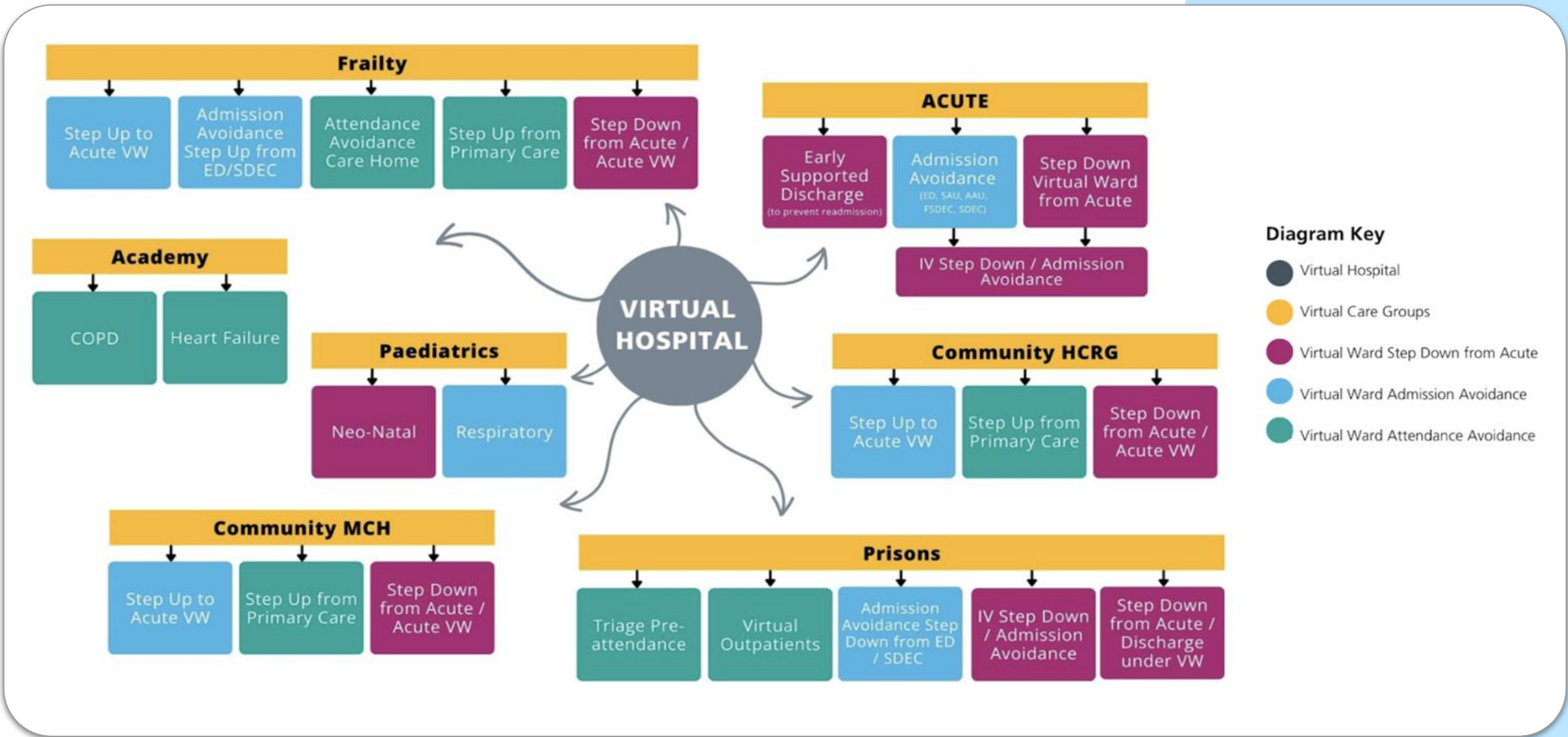
1. Start with patient experience
2. Align the team(s)
3. Support clinical governance
4. Connect to systems & financials
5. Lead IT



How did you design a safe, joined up process with the justice system?

Designing complex services....

Vision of Virtual Hospital



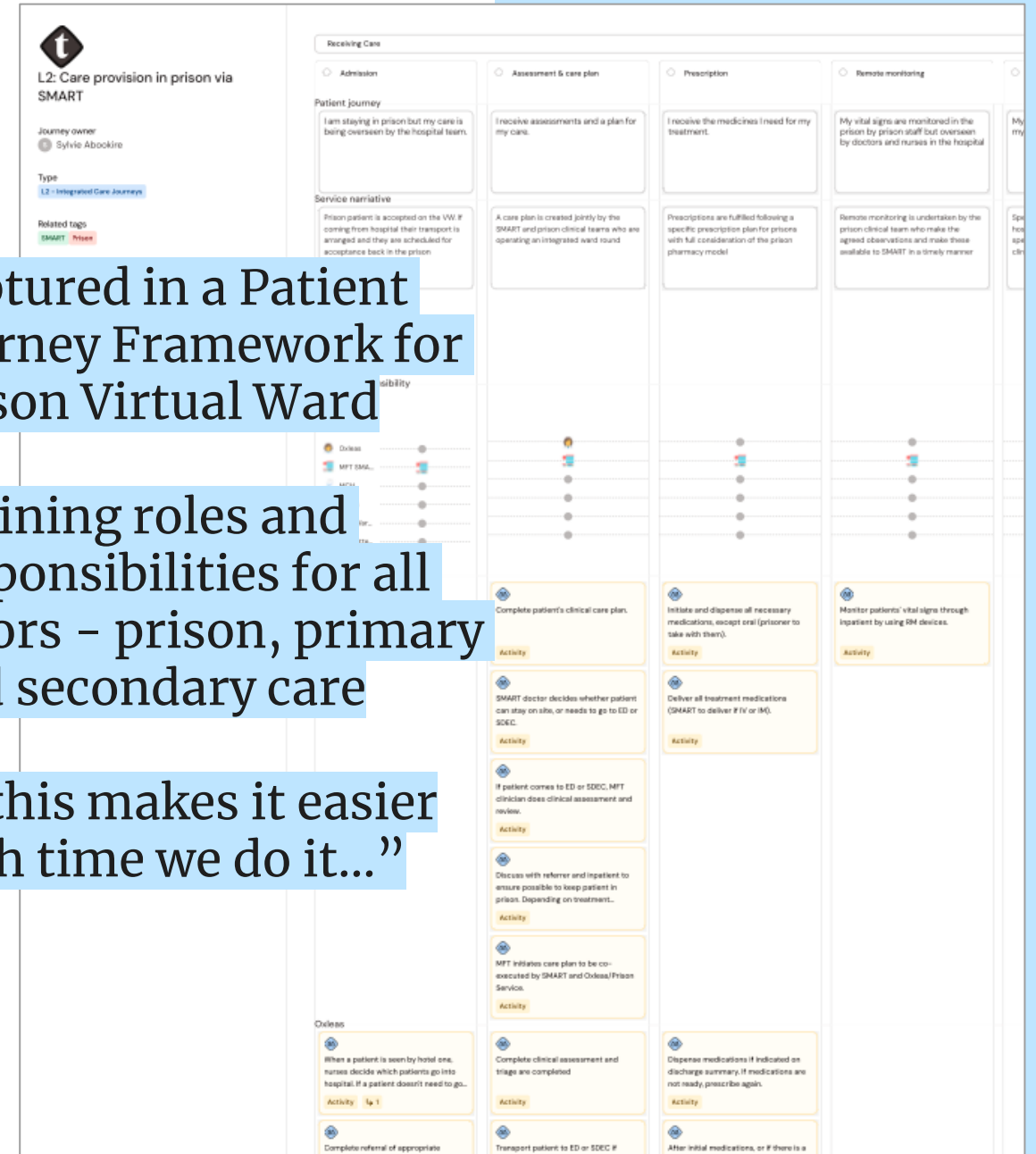
Four hour workshop on site at the prison with all stakeholders to design it!



Captured in a Patient Journey Framework for Prison Virtual Ward

Defining roles and responsibilities for all actors – prison, primary and secondary care

”...this makes it easier each time we do it...”



What did you put in place to create the shift from Virtual Ward to Hospital?

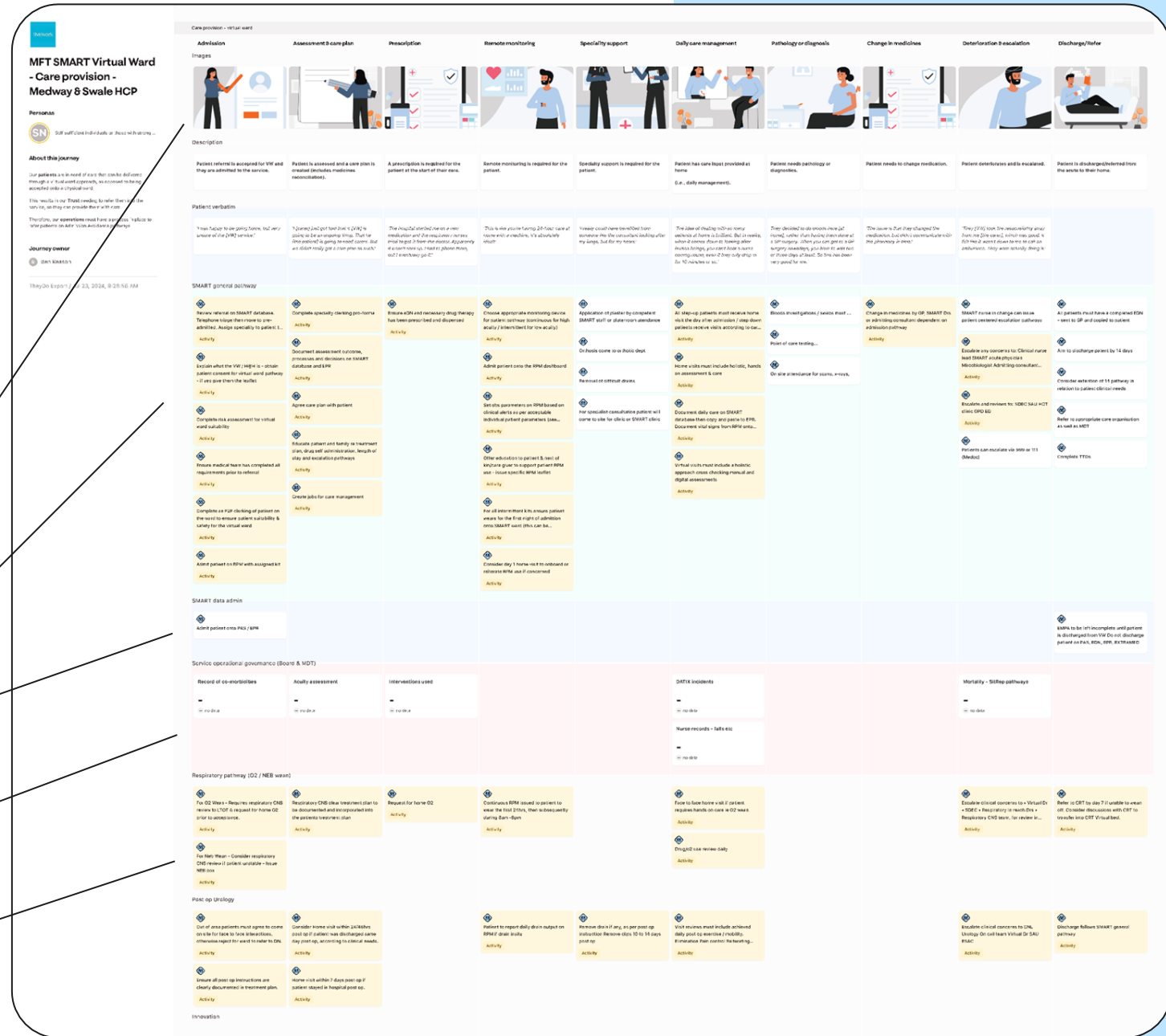
Governance and oversight in an evolving service

Virtual Hospital

*Patient experience structures around
comprehensive view of activities from
admission to escalation*

Administrative actions – EPR

Pathway specific process and activities
e.g. Respiratory o2 Wean



What advice would you give to
someone starting out on the journey
to Virtual Hospital?

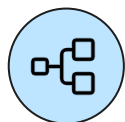
Anticipating how to get there...

NHS Virtual Hospital Playbook

A design-led approach to scaling
Virtual Care across systems

livework

*Designing better
services for better care*



Patient Flow & Data Integration

System-wide data models
connecting acute and community



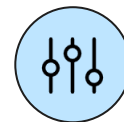
Standard Operating Procedures

Best-practice clinical and
operational pathways



Innovation Evaluation

Frameworks to assess safety, value
and impact of new technology



EPR Optimisation

Making existing systems work
harder through design thinking



Procurement Specification

Ready-to-use framework for
scalable, interoperable solutions



Template Business Case

Evidence-led investment model
for system-wide Virtual Care

livework

Open to questions!

livework

Thank you



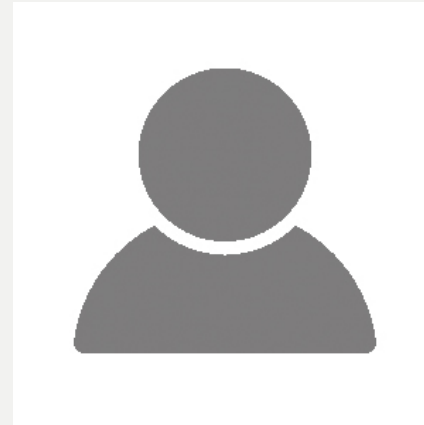
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Keynote Presentation



Alison Davis

Clinical Quality Improvement
Lead/Virtual ward Lead
University hospitals of Leicester NHS
Trust



Esther Birrell

Lead nurse Paediatric
virtual ward
UHL University Hospitals
Of Leicester NHS Trust

UHL Adult Virtual and PVW (Paediatric Virtual Ward) Programme



Alison Davis

Quality improvement lead/Virtual ward Lead

Esther Birrell

Lead Nurse PVW



UHL to date



UHL launched its first virtual wards on the back of the covid pandemic.

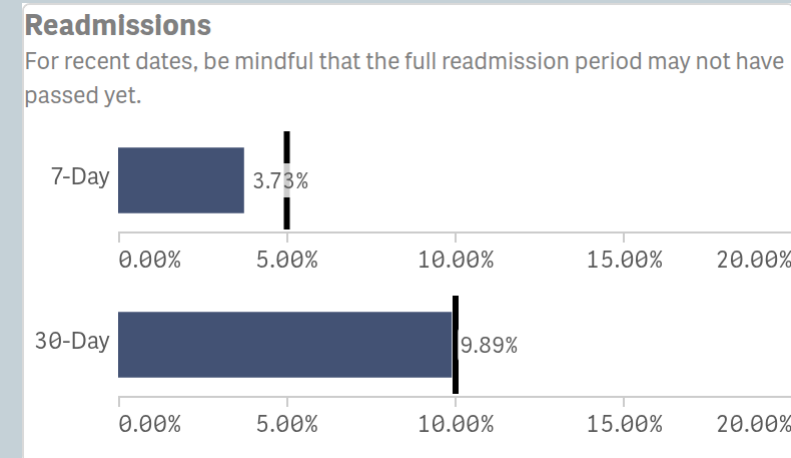
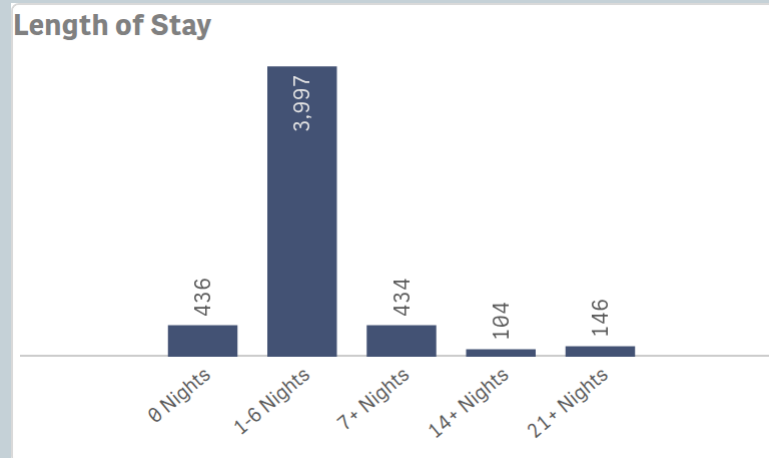
187 beds for UHL/LPT, 11 vw across 3 sites,

UHL VW 24/25 Outcomes.	Totals
Bed numbers	217
Patients admitted onto VWs	4,131
Bed Days Released to system	18,228
Additional Bed Capacity added to system	50
Percentage of patients avoiding admission	33%
Percentage of patients with a reduced LOS	67%

Paediatric Care in Hospital



- UHL has approximately 5,000 emergency paediatric admissions every year.
- UHL has over 200 Children & Young people attend ED everyday.
- UHL Children's Emergency-approximately 60,000 children each year.
- 0 – 17years of age within the children's hospital.
- Variety of medical and surgical problems
- Winter pressures from respiratory viruses is especially high increasing hospital admissions
- Average length of stay 1-6 nights for 3997 of those hospital admissions (2024)





Identifying Need for Improvement



- Paed's ED admission number reach on average 200-300 patients a day in winter
- In April 2022, NHS England launched its national virtual ward programme with the long- term aim of providing 40 to 50 virtual ward beds per 100,000 people in England.
- The NHS Long term Plan 2024/2025 the plan emphasizes utilizing technology and innovation to improve efficiency and patient experience.
- In line with the NHS National plan 2024/2025- *transform the NHS and create a health service fit for the future,*
**Priorities for 2025/2026- reduce the time people wait for elective care,
improve A&E waiting times**



Goals set



- **To reduce length of stay** - nursing children at home has huge benefits and they recover quicker.
- **Aid flow through the childrens hospital**- providing early discharge
- allows better flow from Paeds ed to the ward.
- **Improve patient experience**- one to one care, in their own home with experienced staff to support them, quick response to concerns and further monitoring for patient peace of mind, reducing reattendance to a&e.
- **Keep families together**- reduce child care costs (siblings) and patient distress and anxiety being separated from family.
- **Reduce financial cost Patient/ NHS**- Bed cost, travel expense for family, time from work, child care, costs parking.



Benefits of Virtual Wards



- **Preventing admissions and attendances**
- Virtual ward models reduce hospital admissions and readmissions with knock-on impacts for emergency department (ED) presentations through the provision of timely consultant-led* multidisciplinary care ([NHS England, 2024](#); [Wessex Academic Health Science Network, 2022](#)).
- **Reduced hospital length of stay**
- Step-down virtual ward models reduce length of stay for specific cohorts
- **Improved patient experience and choice**
- Feedback from patients is positive ([Nunan J, et al 2022](#); [Chen H, et al, 2024](#)) and suggests that virtual wards support increased patient choice and personalised care as well as providing opportunities for family members to visit and engage with patients ([Chua CMS, et al, 2022](#)).
- **Cost-effectiveness and productivity**
- The South East evaluation found that the annualised net benefit was £10.4 million for the 18 pathways analysed for non-elective admissions
- Research of benefits into virtual wards is predominately in Adult care as the move to Paediatric wards is new, we believe the benefit to the whole family is even more valuable



Adult Virtual Wards/ Paediatric Wards



- There is growing evidence that for adult patients H@H services are safe and well-accepted and may be cost effective.
- There is an increasing policy drive to implement H@H services to reduce hospital admissions and reduce length of stay.
- UHL already has 9 Adult Virtual Wards
- *Are virtual wards for children safe and effective? A 3- year retrospective service evaluation of an urban Hospital at Home service for children and young people*

(Cheung CR, Farnham L, Al-Mukhtar R, et al Arch Dis Child 2025; 110:369-376)

“suggests that it is feasible, safe and potentially cost –effective”

GIRTH and ICB

• Frame

Functions	Why?	Who?	Referral sources	Core components across both functions	Key outcomes
Step-up Alternative to attendance or admission	<ul style="list-style-type: none"> Alternative to hospital attendance/admission, enabling provision of care ideally without individuals having to leave home 	<ul style="list-style-type: none"> Acutely unwell patients deteriorating in the community – may be known to services and would otherwise be (re)admitted to hospital 	<ul style="list-style-type: none"> Care homes 999/111 SPoAs/ICC UCR Primary and community care ED/SDEC 	<ul style="list-style-type: none"> Effective governance and clinical leadership, with consultant physician/consultant practitioner/GP oversight Operating hours (8am-8pm, 7 days a week at a minimum) and out-of-hour provision Clear admission criteria and assessment processes Personalised care and support planning and shared decision-making Daily board rounds incl. a senior clinical decision-maker, medical input and the wider MDT Hospital-level diagnostics Hospital-level interventions and treatment Technology-enabled care, incl. remote monitoring Pharmacy, medicine reconciliation and optimisation Clear discharge processes, including monitoring of length of stay 	<ul style="list-style-type: none"> Hospital attendance and admission avoidance High-quality comprehensive assessment, and treatment Improved recovery following period of acute illness or injury Positive experience of care at home Patient safety and protection from avoidable harm
Step-down Earlier transfer from an inpatient ward	<ul style="list-style-type: none"> Enables early discharge from inpatient wards when not medically optimised to go home without medical support 	<ul style="list-style-type: none"> Patients in hospital who are not medically optimised for discharge but on recovery trajectory that can be managed via a virtual ward 	<ul style="list-style-type: none"> Hospital inpatient wards Transfer of care hubs 	Clinical pathways supported : <ul style="list-style-type: none"> Respiratory Cardiac Frailty Paediatrics General medicine 	<ul style="list-style-type: none"> Reduction in hospital length of stay High-quality comprehensive assessment, and treatment Improved recovery following period of acute illness or injury Positive experience of care at home Patient safety and protection from avoidable harm

ADULT & PAEDS SET UP -Overcoming challenges

Test Patient-

- Developed question sets to support various respiratory conditions- Broncs, Viral wheeze, Respiratory tract infections
- Developed Holistic Paediatric question sets for <1 and >1 years
- Holistic gastro >1 year
- Paediatric Feeding Questionnaire
- Consultant lead pathway
- Nephrotic Questionnaire + Blood pressure observations age related as required
- All with inbuilt safety questions to highlight areas of concern.



Biggest challenge

- Backing from consultants and specialist registrars =
 - ✦ Patient safety
 - ✦ Visualising the patients
 - ✦ Communication
 - ✦ Understanding
 - ✦ Readmission
 - ✦ Sudden deterioration



Overcoming-

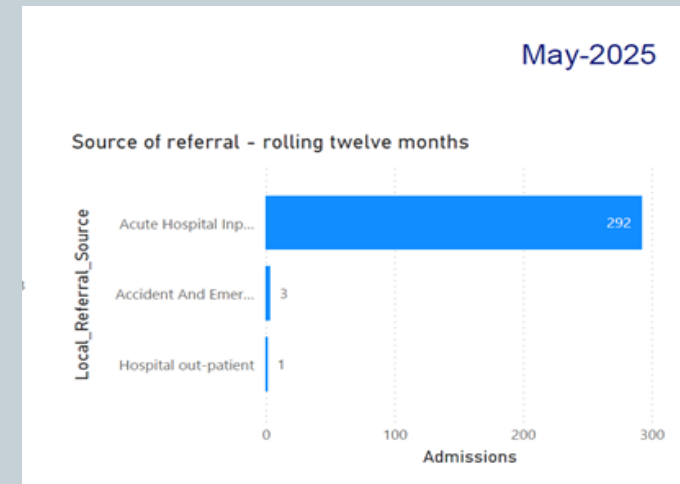
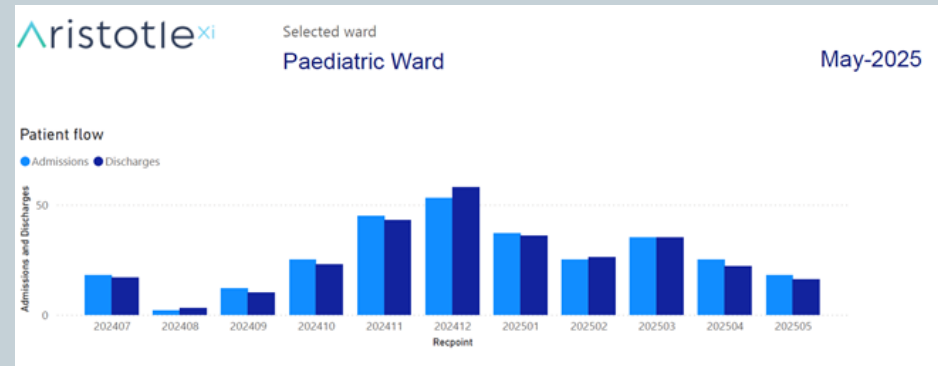


- ✦ Daily huddles 3 times a day,
 - ✦ Patient updates
 - ✦ Patient Reviews
 - ✦ Escalating concerns
 - ✦ Minimal readmissions-

Improvement

Progress to date from Launch July 2024:

- 746 bed days save
- 364 referrals
- 321 admitted
- 1 patient excluded – safeguarding
- 5 patients excluded – no transport
- 4 Gap in service (staffing)
- 9 refused service parent choice
- 13 Dr decision/ not met criteria/ deteriorated no longer safe for PVW
- 5 Language barrier
- 1 Out of area
- 3 Direct admissions from PED
- Readmissions- (since start of service) 19 patients



ICB Review



- Comprehensive review of the value of Virtual Wards, commissioned by the **Recovery and Sustainability Group**.
- Recommendations to be aligned with the **System Executive's difficult decisions work**, in light of:
- Programme not fully optimised (occupancy below ambition).
- Reduced impact on urgent and emergency care (UEC).

Review Focus

- Clinical effectiveness
- Quality
- Financial impact
- Appropriateness of use
- Overall benefit to patients and the system
- **This review has been undertaken to determine whether the VW programme is delivering sufficient clinical, financial, and system value to justify continued investment.**

Clinical Review



Purpose

- To test whether Virtual Wards were being used appropriately and delivering genuine clinical benefit.
- Provided an objective assessment of patient need, care quality, and impact on system flow.

Methodology

- Full-day, face-to-face reviews with senior UHL and ICB clinicians.
- Reviewed **multiple electronic records** (S1, NerveCentre, and others).
- Random sample of patients across three timeframes.

Core Questions Considered

- Did the patient have an *acute-level clinical need* at the time of VW admission?
- Did this acute-level need last for the duration of their VW stay?
- Did the VW facilitate an *earlier discharge* from a physical inpatient bed?
- Could the patient have been referred to the VW *earlier in their clinical journey*?

Findings- System Benefits



- **Intended Benefits of VWs**

- Cash-releasing savings.
- Additional bed capacity released to the system.
- Improved patient flow through earlier discharge and admission avoidance.
- Improved clinical outcomes (reduction in hospital acquired infections and deconditioning)

- **Reality to Date**

- These benefits have been difficult to fully evidence in practice.
- Bed capacity gains, patient flow improvements, and cash-releasing savings remain limited and problematic.
- Impact depends heavily on patients meeting the *criteria to reside*.

Clinical Review Insights



- Some pathways (HF, COPD, Asthma, CAP, Elective Colorectal, Ambulatory Jaundice) have included patients who did not meet 'criteria to reside', with reduced throughput and challenges in accepting step-up referrals further limiting demonstrable value for money.
- Many patients had no acute clinical need or were already medically/surgically optimised.
- Some VWs functioned more as remote monitoring / deterioration detection services rather than hospital-level care.
- Patients often remained for the full two-week duration without clear discharge review.
- Use of other system services (GP, OOH, ED) was common, highlighting pathway overlap and inefficiency.

Clinical Review Insights



- **Opportunities for Improvement**
- Focus resources on high-impact pathways (AF, diabetes, frailty, paediatrics) that show clear benefits.
- **Explore alternative pathways for lower-acuity patients:**
- PIFU, virtual review clinics, generic remote monitoring, rapid access to investigations.
- Optimise care for higher-acuity patients by providing at-home IV fluids, antibiotics, diuretics, enabling true hospital-level care at home.
- Strengthen discharge review processes to avoid unnecessary full-duration stays.

Procurement



- Procurement process started July 2024
- Supplier engagement Day 10th October 2024
- Tender scores completed 14th February 2025
- Tender moderation 24th February 2025
- Second presentation 30th May 2025
- Identified chosen supplier 26th June 2025
- Creating pathways October 2025
- Go live 3rd November 2025



Value- Patient Feedback



Amazing communication, quick responses, the care is outstanding via the app and FaceTime. Friendly nurses and in-depth understanding before going home.

Amazing results, great work on helping my baby get better

Very useful

Support at hand when needed

You're 100% there if we need you. Its daunting at first but soon enough we felt completely comfortable

It meant we could come home and be more comfortable while still getting the care we needed, which made all the difference.

The virtual ward enabled us to go home and monitor our son the comfort of his own bed

Very kind and helpful

"We/and our son wanted to come home. He wanted his own bed/toys and surroundings.

This allowed us to continue with the level of care he needed, and we felt fully supported every step of the way.

"It was much less disruptive for Rory (and the whole family) to be cared for/monitored at home. He could sleep in his own bed and eat his favourite food. Probably less stressful for me than being surrounded by other poorly children/babies.

"The monitoring kit was excellent quality and we felt extremely well supported by the PVW team at all times."



Consultant feedback



My opinion of the PVW implementation is that this has been very successful. Reducing pressure on inpatient beds has been invaluable.

The efforts of the team should be highlighted. The PVW team has worked very well to initiate the service and work with the hospital team to launch this successfully. Patients are on-boarded quickly and monitored safely in the community with regular updates to the duty consultant. The PVW team have been very proactive in seeking out suitable patients, always being visible and accessible in handovers and making the process smooth and effortless. One of the main reasons for the success we've seen in this service is having an adequately skilled and resourced team to make the pathway so smooth.

I would say there's scope to expand this service, and this is exactly the sort of innovative work we need for safe and efficient care.

Thanks

Kind regards

Razi Paracha Consultant Paediatrician



Spread, Intergration & Collaboration

UHL News > Pages > Digital, data and technology

English (main) ▾

“Doctor WhatsApp” helps Katy and her twins at home

Oliver Wright [Follow](#)
Published Jun 11, 2025 (Edited Jun 25, 2025)



A mother of baby twins has hailed our Paediatric Virtual Ward (PVW) team for providing ‘the personal touch’, while allowing her to care for her children at home.

Katy Keddie’s twins, Jessica and Jaxon, were born in November 2024, at 34 weeks. After a stay in our neonatal unit, and separate readmissions for both twins with different conditions, the family were offered the opportunity to be discharged under PVW supervision.

The PVW nursing team provides enhanced monitoring and assessment for paediatric patients who are deemed appropriate to use the service, and who meet a [defined criteria pathway](#). It provides video or telephone consultations, support and follow-up for patients who would otherwise be admitted into hospital for up to 14 days.



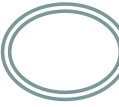
The service has been shortlisted for an HSJ Patient Safety Award 2025, in the category of Improving Care for Children and Young People Initiative of the Year.

“The biggest benefit is the personal touch the team provides”, says Katy. “They are specialist children’s nurses, and nothing is ever too much for them. They always call you back and have empathy and understanding. They clearly love what they do.”

The twins were discharged after Katy had been taught to use a kit including a thermometer, and a small monitor that reads oxygen saturation, heart and breathing rates.

“It’s simple and straightforward to use”, said Katy. “I checked the twins three times a day and logged the results to an app. They go straight to the team, who get in touch straight away if anything doesn’t look right.

“Being at home is so much better for us all, and the team are a brilliant reassurance. On a ward, you are one of a number of patients, but through the virtual ward, we can contact them via WhatsApp or telephone, and they always respond as soon as they can.”



Benefits for Patients/families

- Nursed at home with siblings and other parent supporting too in the night, when only 1 parent can stay in hospital.
- Financial saving- travelling and parking , work, child care.
- Time- Travelling to and from the hospital, time from work, time

With rest of the family/siblings.

- Parent and PVW staff decide when ready for discharge so they
Feel part of the decisions being made about their care.

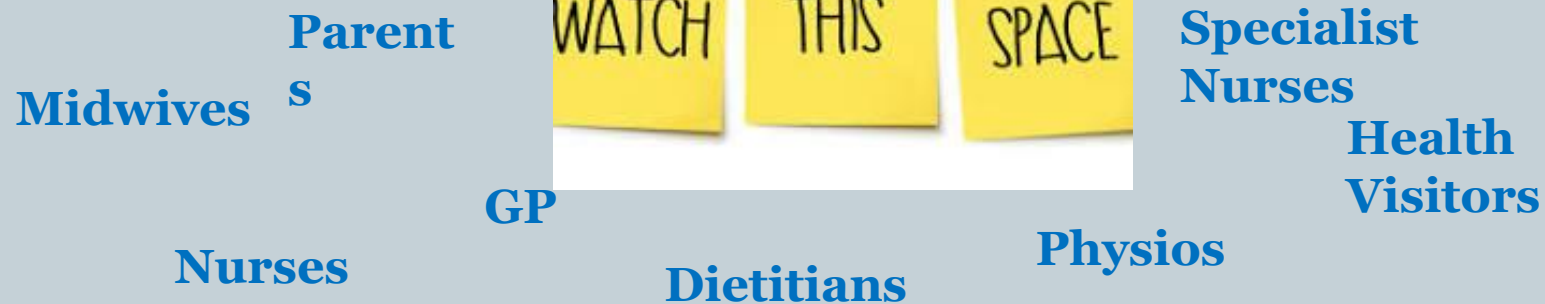


- *This pathway is considered to be a more cost-effective option when compared with continued inpatient care. Other benefits include 'parent and patient satisfaction, psychological well-being, return to school/employment, reductions in healthcare-associated infection and cost savings' (Patel et al., p361)*



Plans for the future-

- PVW success can be rolled out easily to other paediatric hospitals- with huge benefit to both patients and hospitals across the UK this step down model is easy to implement with pathway criteria for patients.
 - Development now for PVW is looking at cohorts of elective admissions - bronchiectasis patients admitted for 2 weeks at a time for IVAB and physio
 - Admission avoidance- Nephrotic, diabetic patients with poor compliance.
- Direct referrals from midwifery /health visitors and GP's for weight loss babies to remain managed in the community.
- Other pathways still to be developed- Cardiac monitoring and pre op patients.



PVW





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Case Study

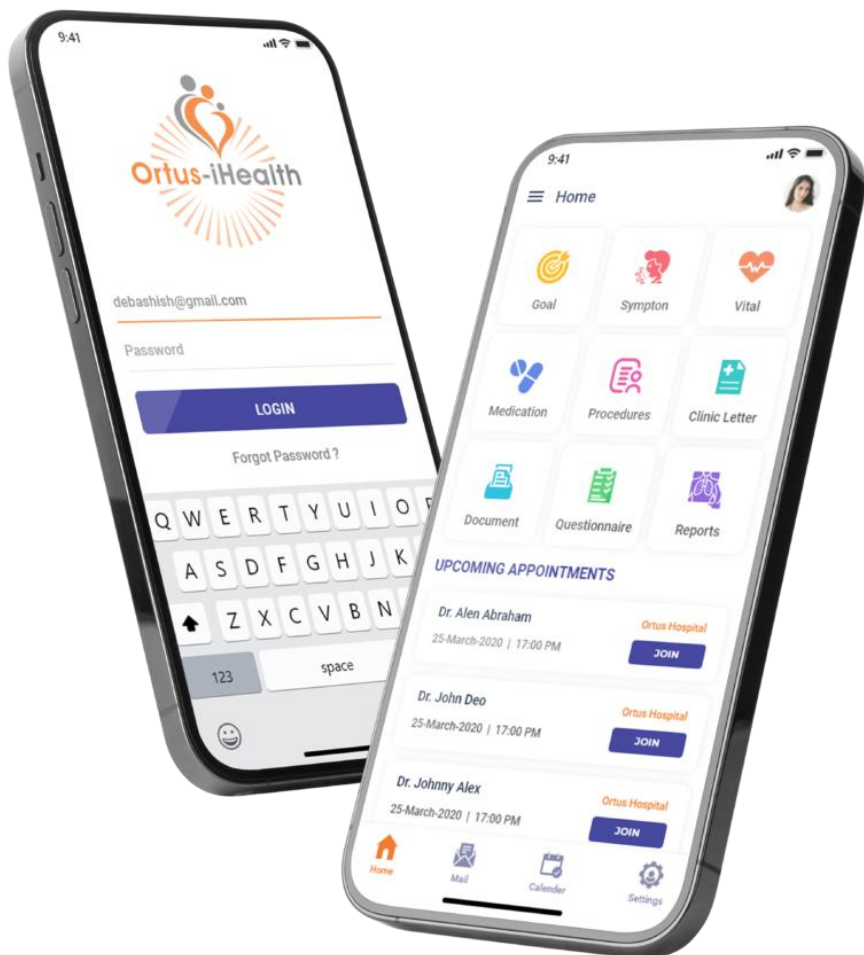




Case Study



Dr. Debashish Das
Consultant Cardiologist, Barts NHS Trust
CEO & Founder, Ortus-iHealth



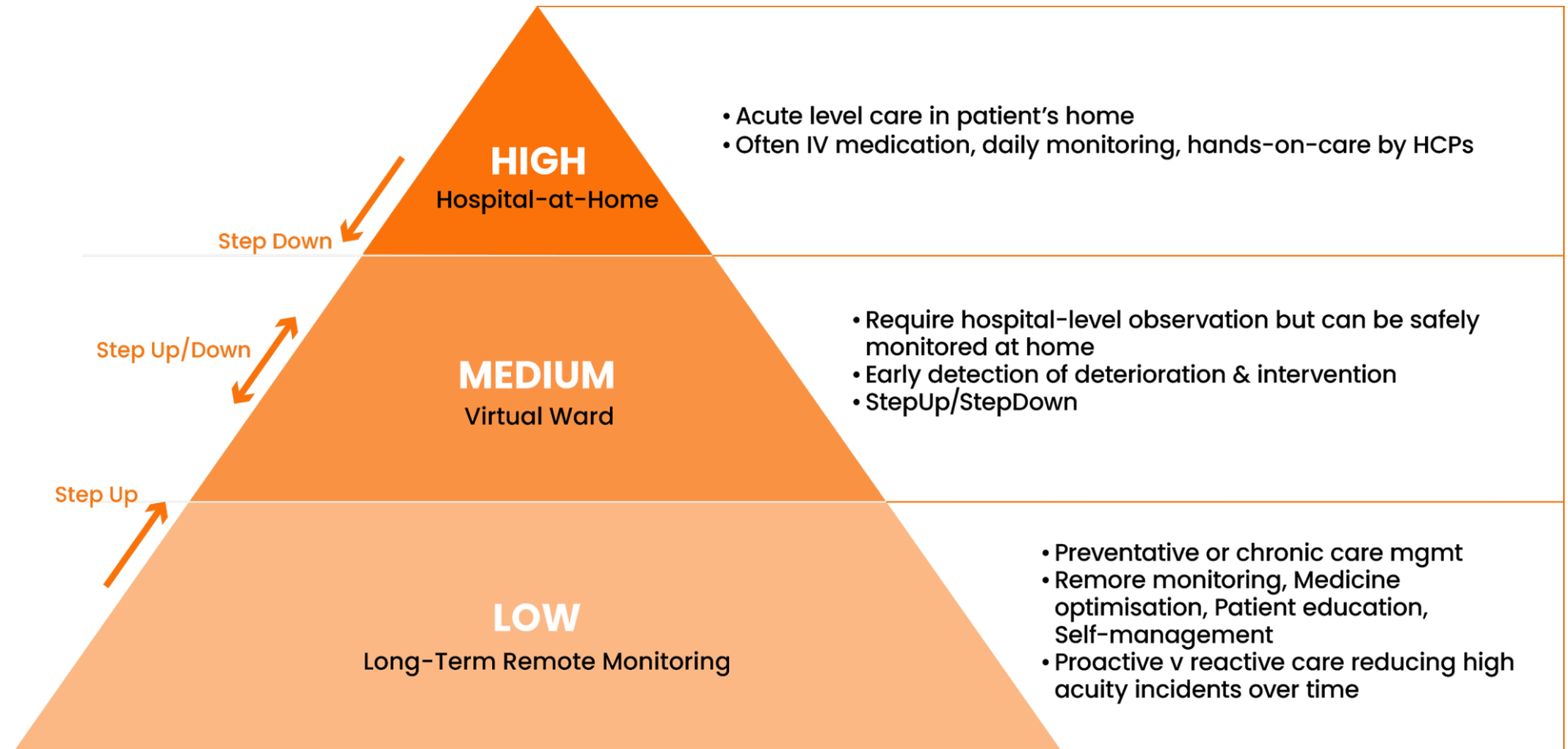
Comprehensive Remote Patient Care Addressing the Full Acuity Spectrum

Moving Beyond Hospital at Home with
Integrated Long-Term Remote Monitoring and
Early Intervention

Debashish Das

Consultant Cardiologist St Barts Hospital
Clinical Director Cardiology Whipps Cross Hospital
CEO Ortus-iHealth

The Acuity Pyramid in Remote Patient Care



Definitions



Hospital-at-Home – avoid hospitalisation

Provides acute-level care in a patient's home as an alternative to hospital admission.

Often includes IV medications, daily monitoring, and hands-on care by healthcare providers

Virtual Wards – reduce re-admission and prevent clinical decline

Monitor patients remotely after discharge for early detection of deterioration.

Manage patients who may still require hospital-level observation safely outside the hospital environment

Long-Term Remote Patient Monitoring – prevent disease progression, detect deterioration early

Ongoing, non-acute monitoring, typically patients with chronic conditions, or on an elective care pathway

Proactive rather than reactive care reducing high acuity incidents over time

Includes wearable devices, patient-reported outcomes (PROMs), digital rehabilitation, and education

Acuity Pyramid Features



Feature	Hospital-at-Home	Virtual Ward	Long Term Remote Monitoring
Target Population	Acute High Acuity	Post Acute Medium Acuity	Chronic Low to Medium Acuity
Objective	Substitute Hospitalisation	Prevent Readmissions	Prevent Disease Escalation
Duration	Short-Term episodic care	Transition Phase (1-3 weeks)	Continuous Long-Term
Care Modalities	IVs, Daily Visits, Urgent	Monitoring Episodic Visits	Digital Monitoring

Value of the Acuity Pyramid



Hospital-at-Home and Virtual Ward

Addressing only the top of the pyramid limits impact to short-term, high-acuity cases.

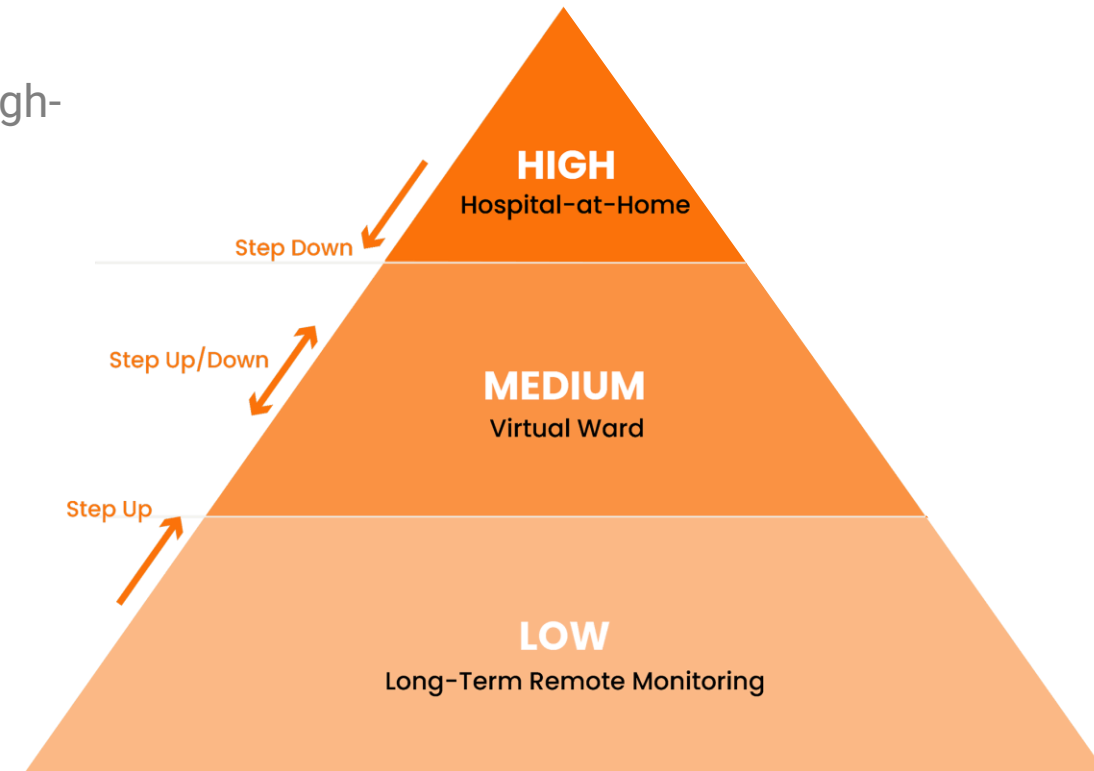
Long Term Monitoring

Adds value across all acuity levels, supporting long-term health outcomes and reducing demand on acute services.

Evidence

Studies show that preventive and early intervention (bottom and middle of the pyramid) lead to:

- A 20-30% reduction in hospitalizations in chronic disease patients.
- Improved quality of life, with reduced morbidity in long-term conditions like heart failure, diabetes, and COPD.



Benefit of the Acuity Pyramid



Improved Patient Outcomes

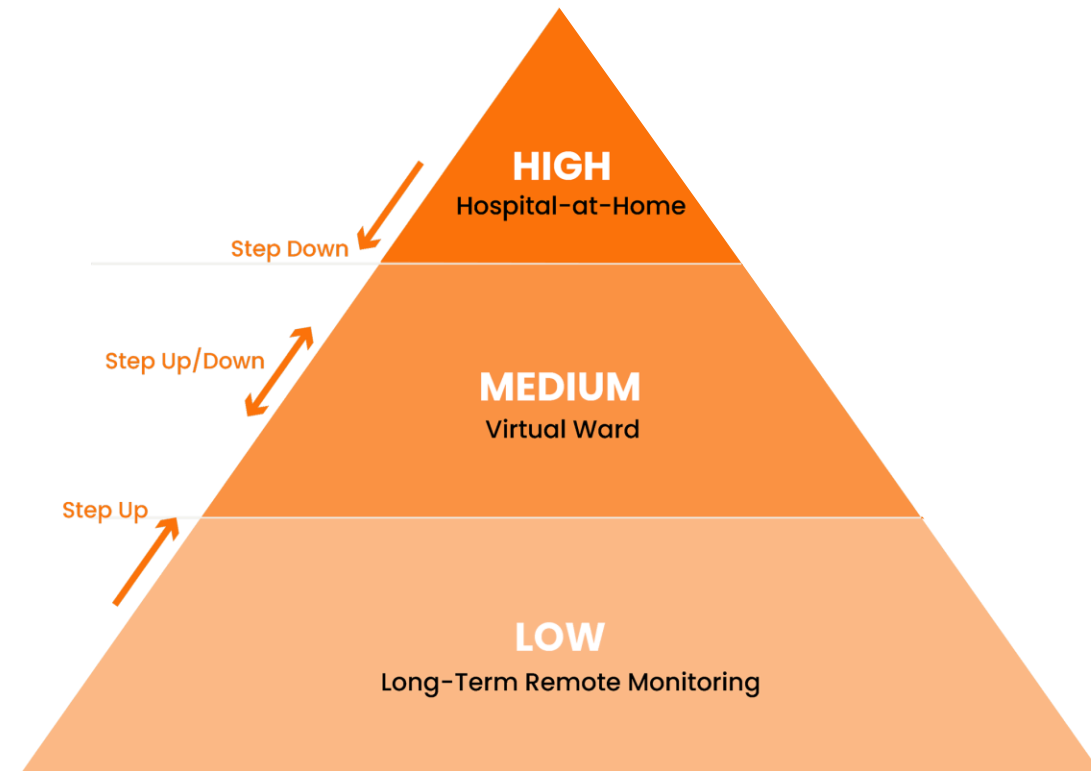
Proactive care reduces emergency admissions – example: Liverpool HF remote monitoring

Cost Savings

Long-term RPM has been shown to reduce total healthcare costs by 10-15% per patient by lowering the frequency and severity of high-acuity events (Reference: Digital Medicine Studies, 2020).

Patient Satisfaction

Patients experience continuity of care, feel empowered through digital tools, and report higher satisfaction scores.



Building your Digital Pathways



Build Your Service Pathways

- Is this H@H, VW or LTC –RPM?
- Cadence of intervention/review
- What Data do we want
 - What Observations? Vitals, Blood Pressure, Wounds?
 - Symptoms tracking - Questionnaires
- What are the signs of deterioration?
- Asynchronous messaging
- Health education & Rehab
- PROMS/PREMS
- Medication updates & advice



Patients in the Community



The Patient receives automated and timed contact:

1. Prompts and reminders for taking measures
2. Health education info
3. Review notifications
4. Medication updates



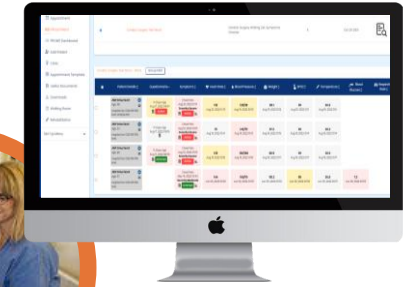
Patients can communicate back with care provider through asynchronous Messaging and using device



Medications & messages can be reviewed. Care adjusted and escalations managed

Connecting Systems and Platforms

Send to Cerner 



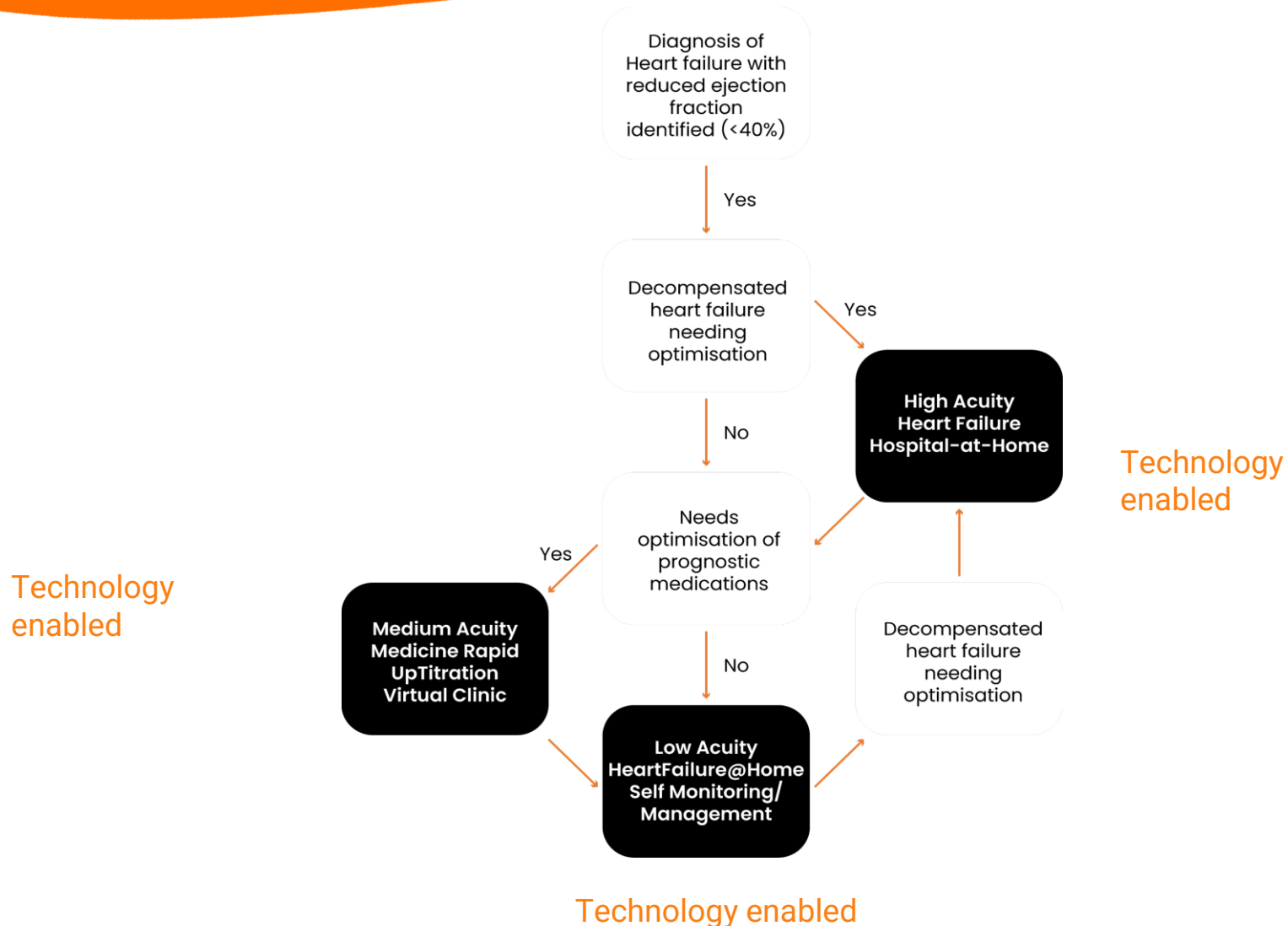
Ward round questionnaires
Symptoms & Vitals monitoring .
Ongoing review on the dashboard.
The option to provide feedback as appropriate



Private and Confidential

Barts End-to-End Heart Failure Pathway

Spanning Entire Acuity Pyramid



Heart Failure

Virtual Ward, Rapid Up-titration, Long-Term Monitoring



Acute Heart Failure admission



Patient is assessed and becomes in-patient



Managed at home with Oral diuretics/ IV Diuretics SDEC



- **Early discharge** Uptitration at home
- **Chronic disease/medication** management
- **Remote monitoring** Patient-input vitals, symptoms, observations
- **Reviews** according to NICE guidelines
- **Asynchronous messaging** /appointments

Patient discharged to Virtual Ward and sent home with BP Cuff and scales



2 Weeks



Virtual Ward Stay

1 Month



Rapid Up titration

4 Months

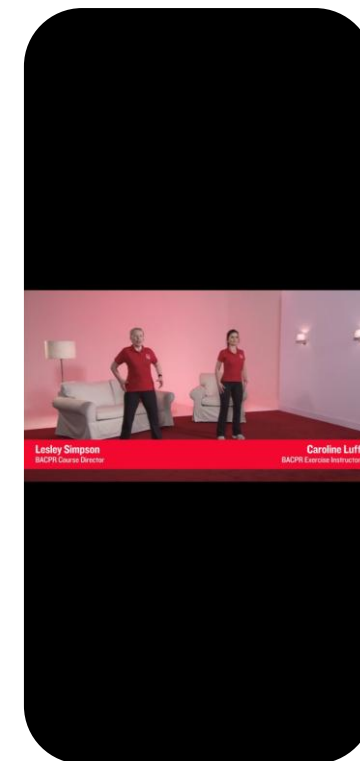
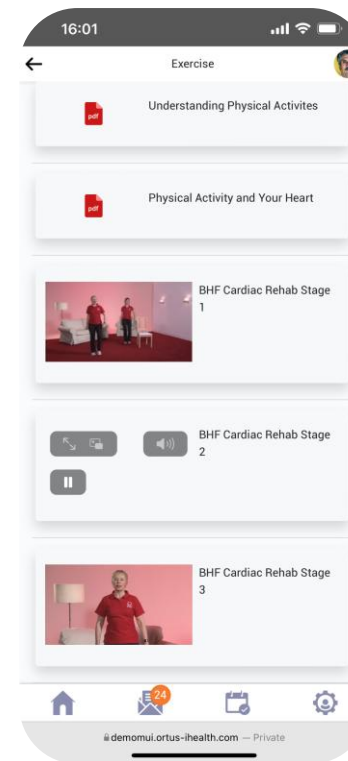
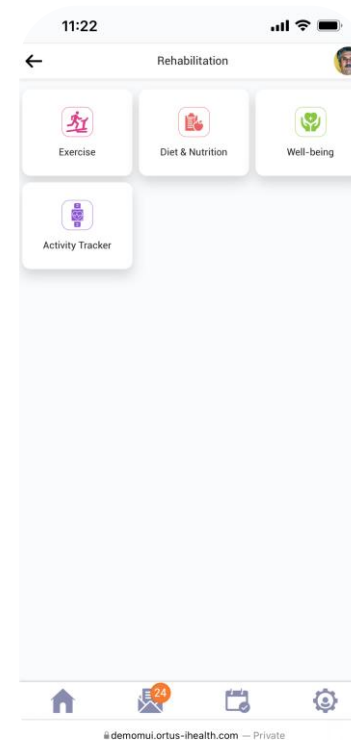
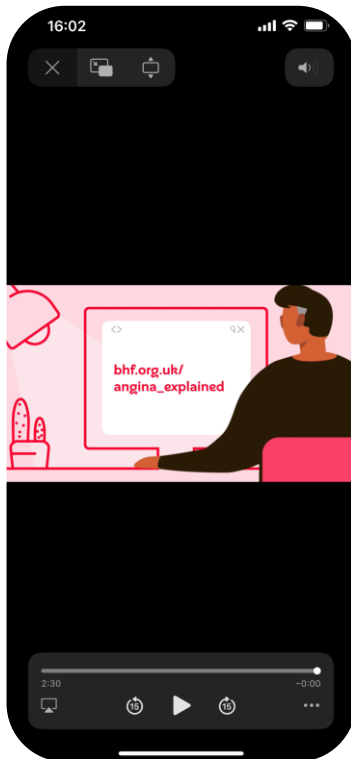
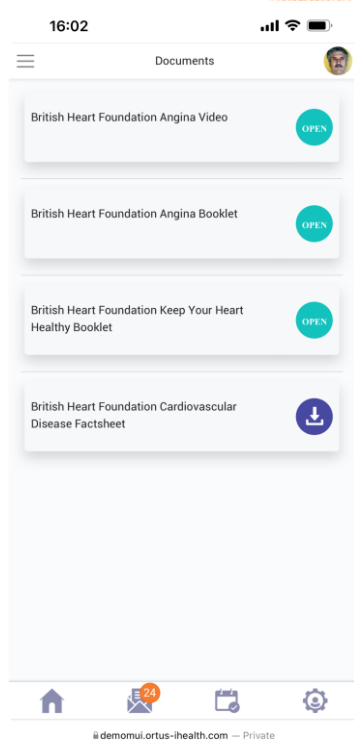


Long Term Remote Monitoring

12 Months



Patient Support and Self-Management



Supplement with Digital Education/Care Plans

Digital Rehabilitation Support

HSJ AWARDS
2025



DELIGHTED TO BE A FINALIST

Medicines, Pharmacy and Prescribing
Initiative of the Year

NHS

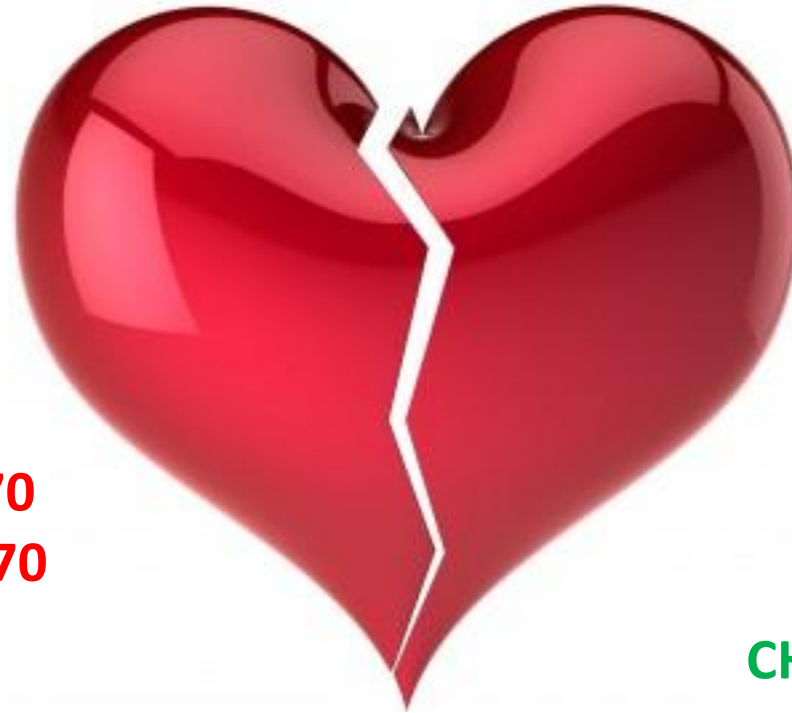
Barts Health
NHS Trust

STaRT-HF

Structured Titration and Rapid
Treatment for Heart Failure



Heart Failure



Silent epidemic:
>1M UK sufferers
690,000 on GP
Heart Failure register

1-2% of those *under 70*
10-20% of those *over 70*

£2bn annually

Delayed waiting times:
40-45 weeks for diagnosis

~80% diagnoses made in
hospital with 13-day
length of stay

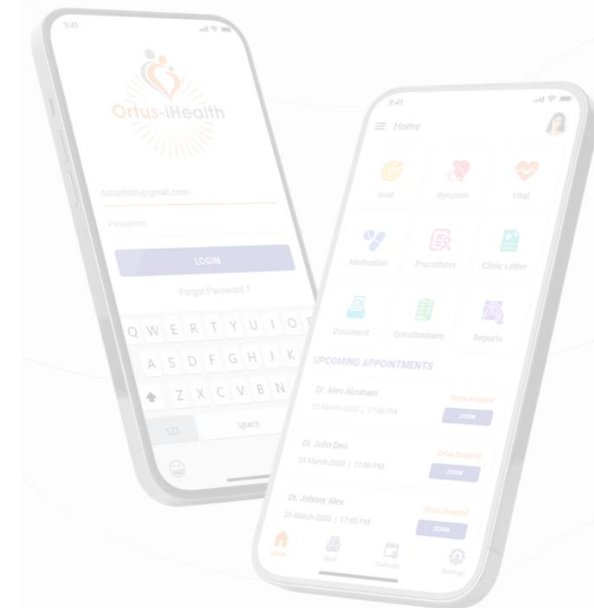
25% readmission rates

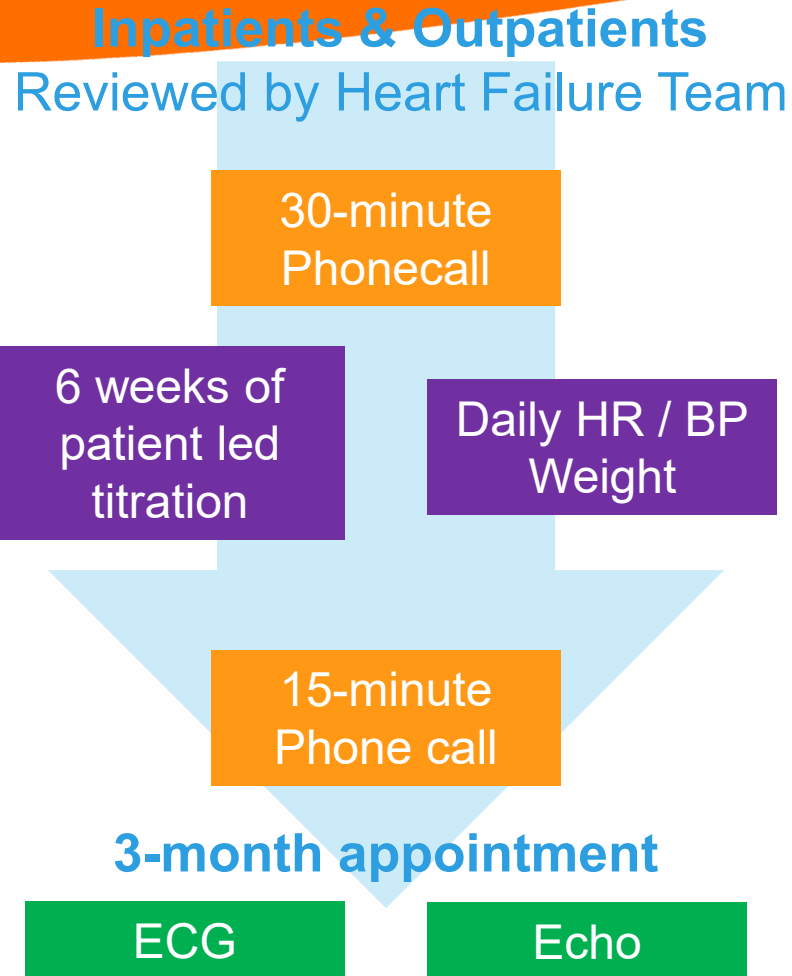
CHANGE: 4 new heart failure
drugs since 2015

STaRT-HF

STaRT-HF

	STANDARD CARE	STaRT-HF
Weeks to first review	2	2
Patients per week	10 – 12	60 – 80
Appointment duration (mins)	15 – 30	< 5
Titration	8 – 12 weeks	Twice weekly
Time to optimal therapy	15 – 20 months	6 – 10 weeks





Patients

↓ Mortality & Readmissions
↑ Quality of life
Rapid access to Devices

Trust

↑ OPD Slots
↓ Echocardiography
Finance

NHS

Hospital to Community
Analogue to Digital
Sickness to Prevention

STaRT-HF

Index of Multiple Deprivation



230 patients onboarded
191 discharged



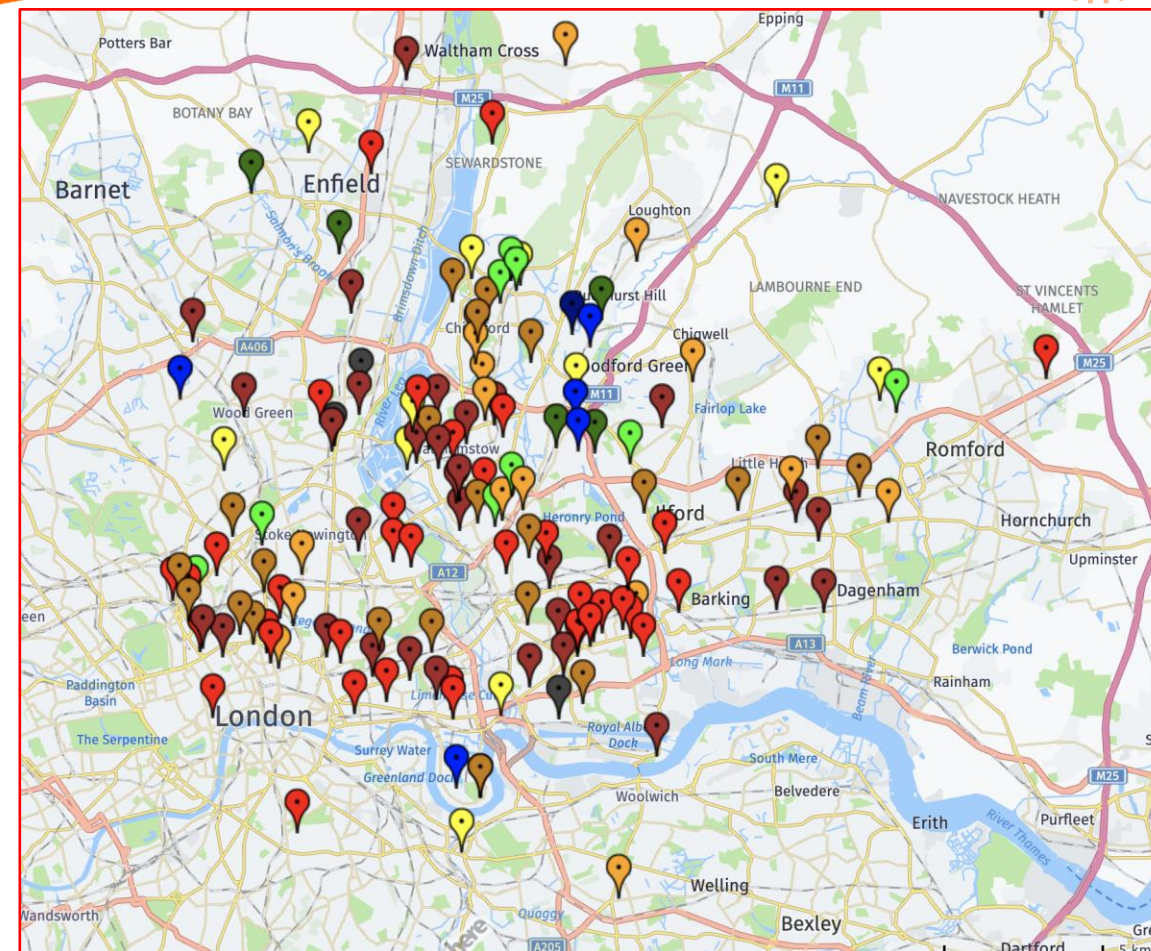
Patient profile

- 35% In + 65% Outpatient
- 73% male
- mean age 60y (range 24-88)
- 52% non-white



Clinical profile

- Mean Charlson index 3 (0-9)
- IMD in highest quintiles



High
Deprivation

Decile 1 2 3 4 5 6 7 8 9 10

Low
Deprivation



230 patients onboarded
191 discharged



Patient profile

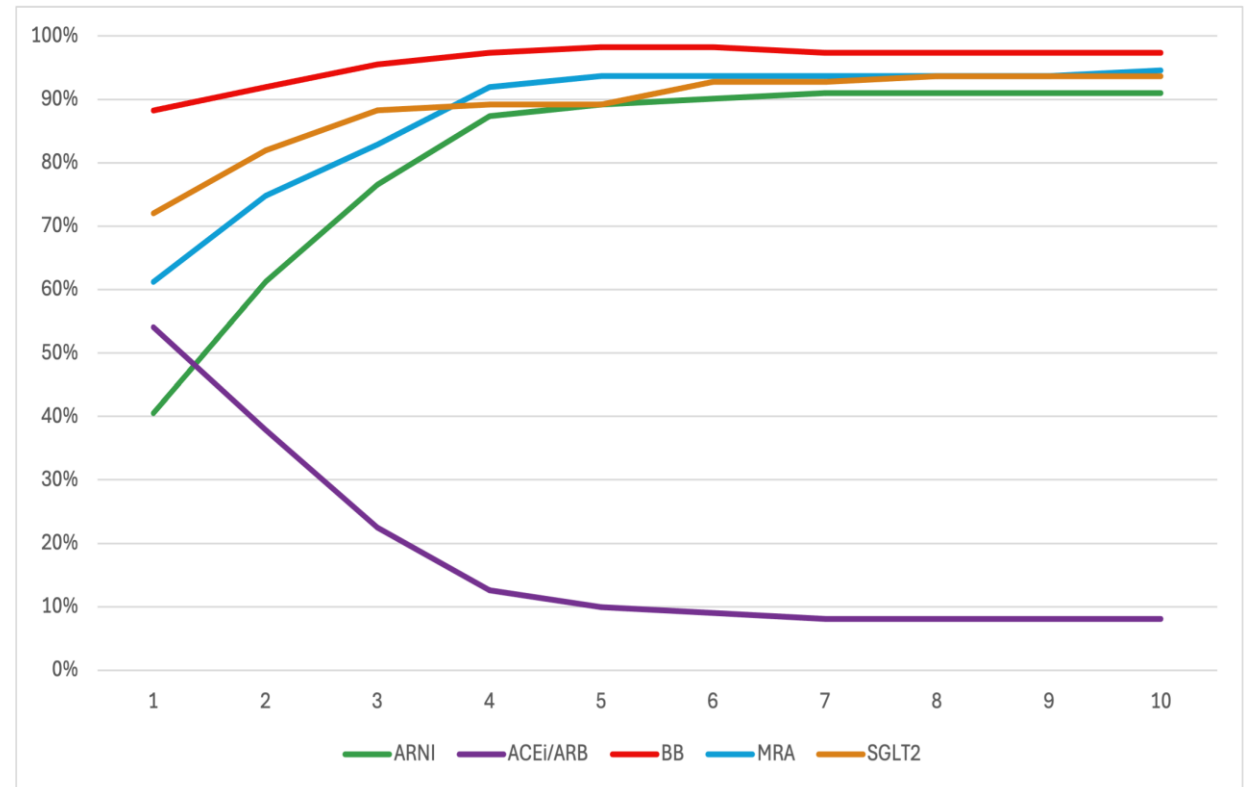
- 35% In + 65% Outpatient
- 73% male
- mean age 60y (range 24-88)
- 52% non-white



Clinical profile

- Mean Charlson index 3 (0-9)
- IMD in highest quintiles

Optimisation of Therapy



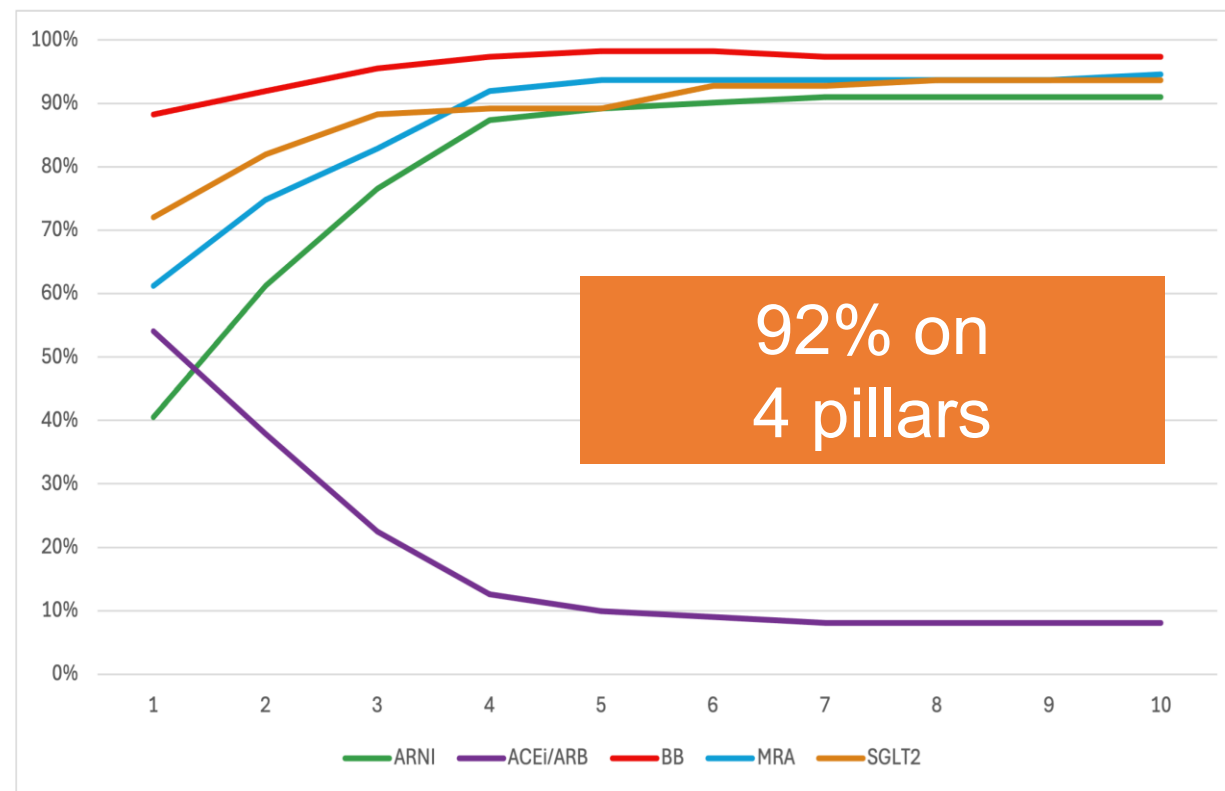
Primary Care: QOF HF with exclusions

ACEi / ARB 82%
ARNI Unknown
βB 82%

NICOR HF Audit HF with exclusions

ACEi / ARB / ARNI 82%
βB 89%
MRA 69%
SGLT2i 70%

Optimisation of Therapy



**NTproBNP**

- Presentation: 2027ng/L (SD 129)
- Discharge: 710ng/L (SD 959)
- **Mean change: -1315ng/L**

**Echo***

- Presentation: LVEF 30% (SD 7.5)
- 3-months: LVEF 44% (SD 10)
- **Mean change +14%**

**Device therapy (ICD)**

- Presentation: 59% met criteria
- Discharge: 16% met criteria
- **Mean reduction 43%**



- Median time on platform: 8.6 weeks (IQR 6.0 – 10.4)
- Median 6 appts (IQR 5 – 8)



- 100% “very satisfied”
- 86% found communication “very clear”
- 57% saved more than 2hrs travel



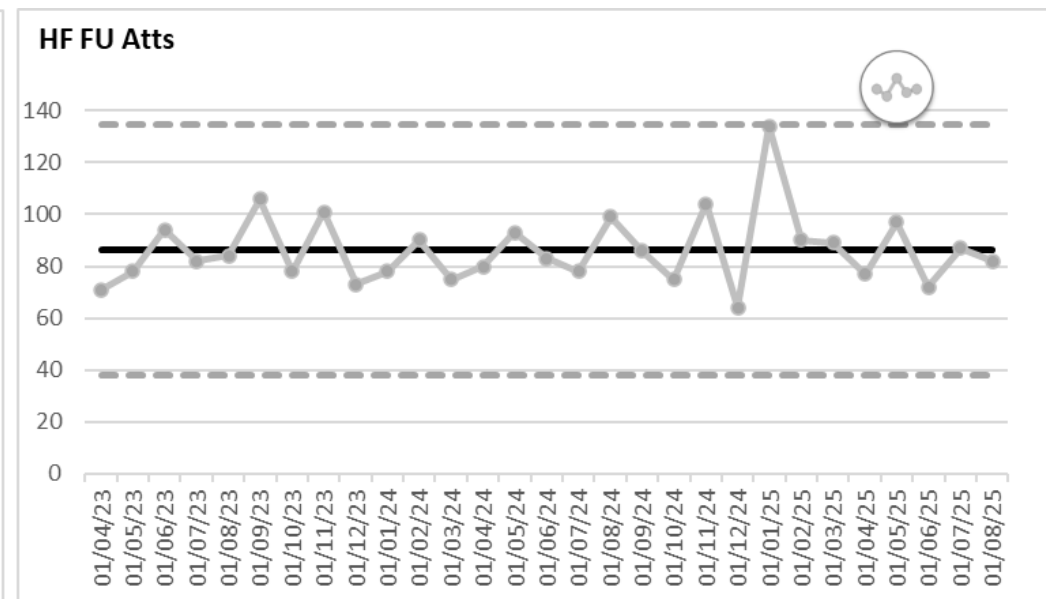
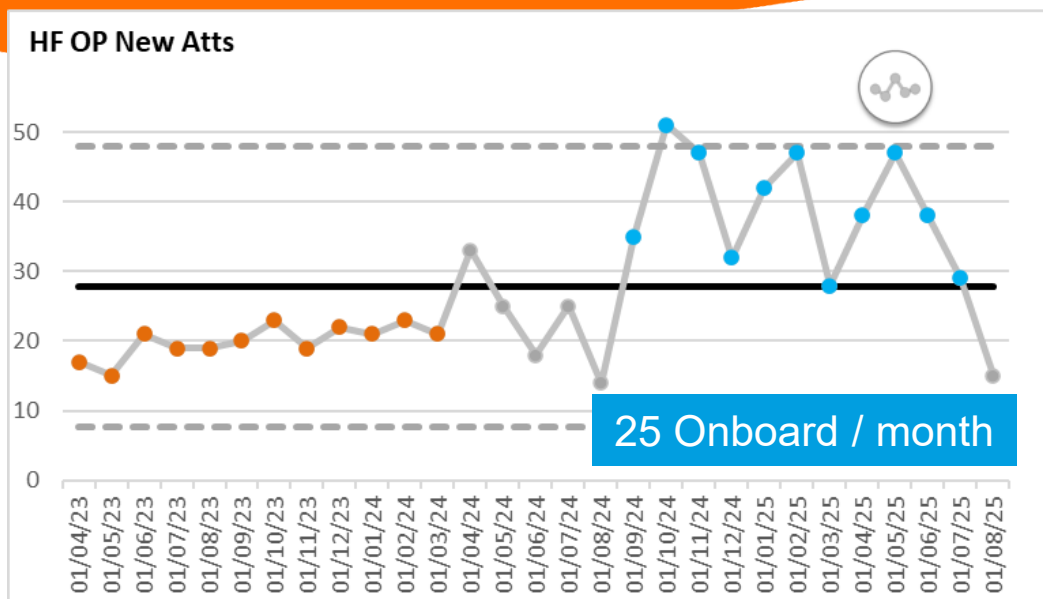
- **0% readmissions vs 25%**

*3 months after medication optimisation



Innovation & Transformation

191 Patients



1,133 Appointments



50% reduction in waiting times across Trusts



**22,850 miles &
~6.5 tonnes CO₂**

191 Patients

Appointments

Readmissions

Echo

ICD

STANDARD CARE

Band 7 AHP

- 5 patients per clinic, twice per week
- 15 – 30 mins appointment
- Single titration once every 8 – 12 weeks

£125 per consultation

STaRT-HF

Band 7 AHP

- 60 patients, twice per week
- Asynchronous appointments
- Titrations <5 mins
- Titrate at every appointment

£15 per consultation

Driving cost-effective
prescribing

Innovation & Transformation

191 Patients

Appointments

Readmissions

Echo

ICD

STANDARD CARE

NHS Futures

- 25% readmissions
- £3,000 per admission
- 13-day length of stay
- NEL (2024/25)
 - 315 admissions
 - 2,895 bed days
 - £1.9m

STaRT-HF

Over 13 months

- ZERO HF hospitalisations
- 8 all cause admissions:
 - Sepsis x5
 - AKI with bowel cancer
 - Pulmonary embolus
 - Atrial fibrillation

**Yr 1 Saving ~£285,000
& 435 bed days**

Data provided by Peter Grummit & Amy Bowkett, LTC Team, NEL ICB

Innovation & Transformation

93 Patients

Appointments

Readmissions

Echo

ICD

103 studies
(clinician request)

3-fold reduction in
use

NTproBNP

↑ resource utilisation

~£45,000 saved

50% fit for discharge

Innovation & Transformation

From 4/5 Sites

Appointments

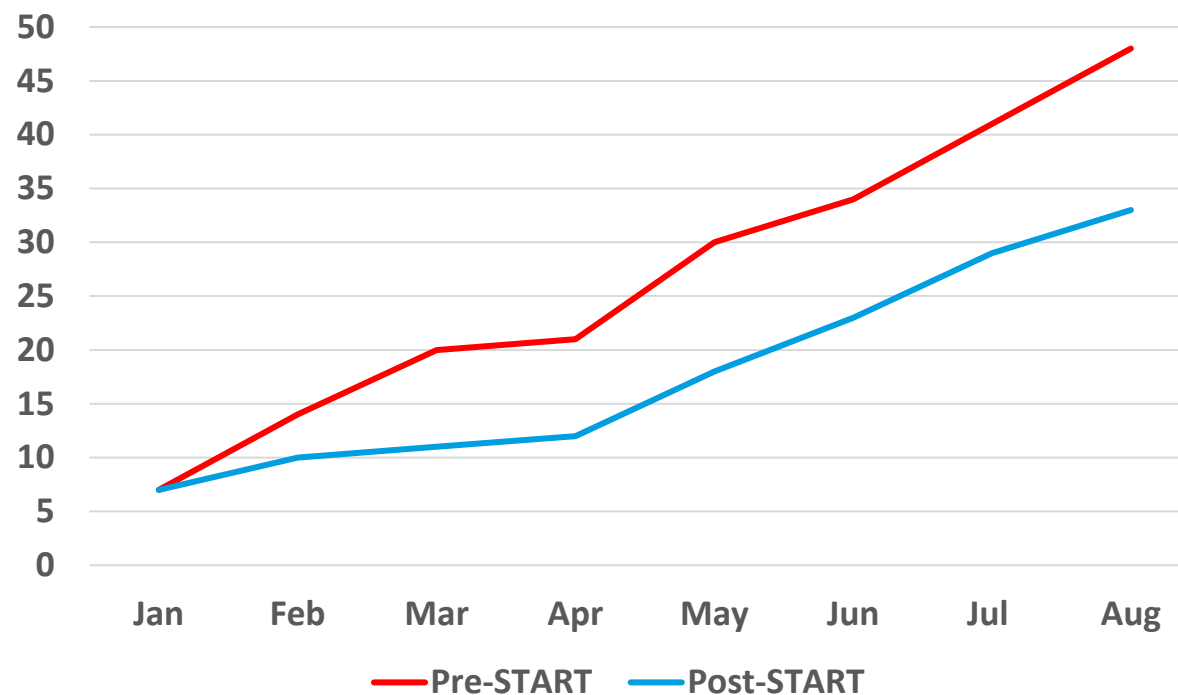
Readmissions

Echo

ICD

2024 vs 2025

1/3 reduction in
need

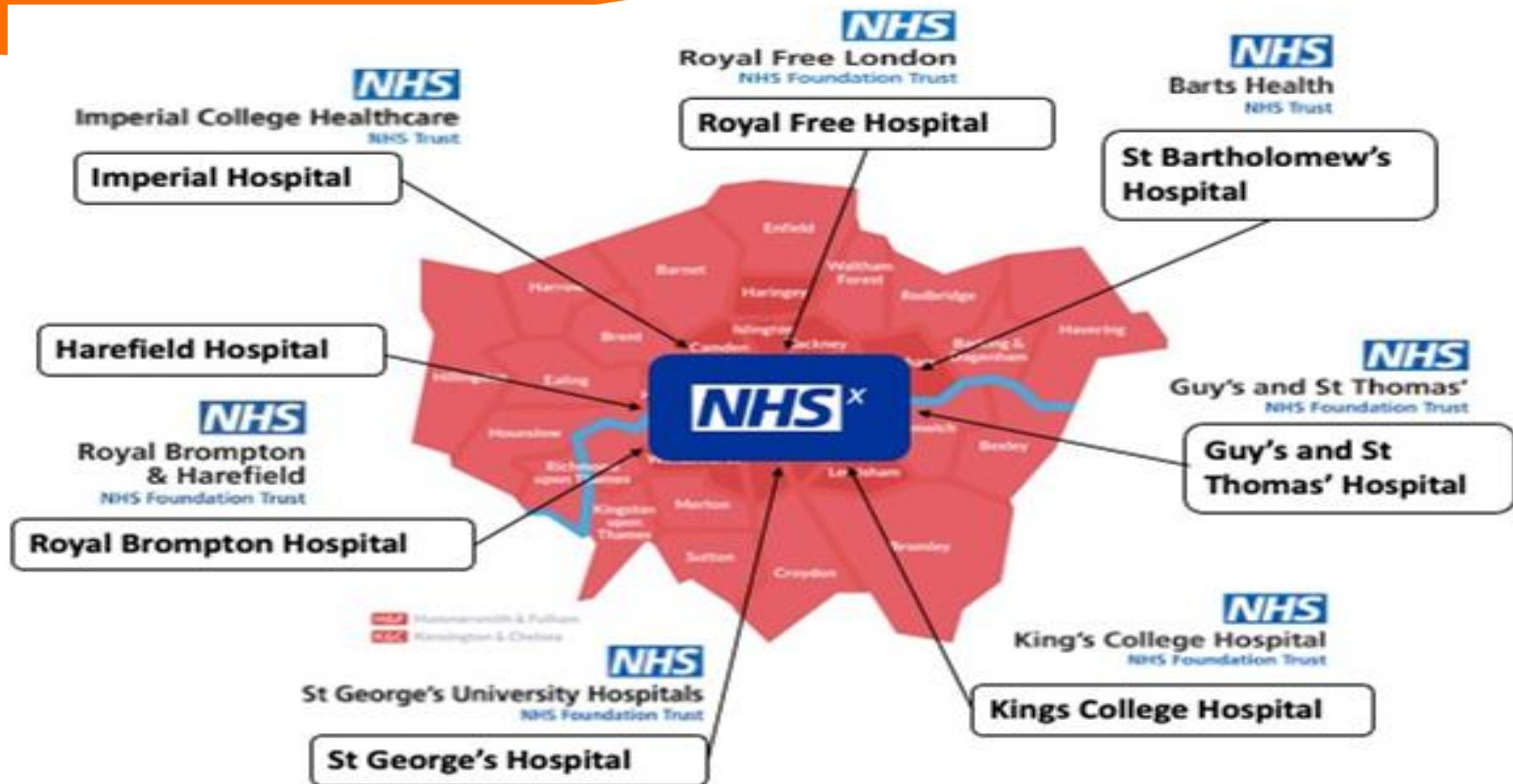


£150k saved

6-monthly follow-up
~£37,350 saved
over 5 years

1% annual infection
rate

London Cardiac Surgical Patients



Pan London Cardiac Elective Surgery Wait List



Currently 1,800 patients are on the Elective Cardiac Surgery waiting list, as part of a total of 7,000 patients who receive surgery annually

Waiting times are steadily increasing. Large majority of patients facing P2 clearance times in excess of 12 weeks

Substantial and increasing risks of morbidity and mortality whilst waiting for cardiac operations

An end-to-end Elective Cardiac Surgery pathway transformation was needed to enable operationally efficient and clinically safe, effective, high-quality care

Elective List Remote Care Pathway



Multiple Remote Monitoring Lists

Cardiac Surgery Test Ward - ward Group Mail

Patient Details	Questionnaire	Symptoms	Heart Rate	Blood Pressure	Weight	SPO2	Temperature	Blood Glucose
JWP OrtusTest4 Age: 37 Hospital No: 0123456789 NHS:		Chest Pain May 16, 2022 05:54 Severity: Moderate Actioned	144 Jun 06, 2022 06:56	150/111 Jun 06, 2022 06:55	101.2 Jun 06, 2022 06:55	98 Jun 06, 2022 06:56	36.8 Jun 06, 2022 06:57	7.3 Jun 06, 2022 06:56
JWP OrtusTest3 Age: 28 Hospital No: 0123456789 NHS:	22 Days Ago Aug 17, 2022 08:58 Actioned	Chest Pain Sep 05, 2022 09:47 Severity: Severe Action	122 Sep 05, 2022 10:48	133/112 Sep 05, 2022 10:48	88.5 Aug 18, 2022 10:17	99 Aug 18, 2022 10:17	36.9 Aug 18, 2022 10:17	
JWP OrtusTest2 Age: 58 Hospital No: 0123456789 NHS: 0011223456	22 Days Ago Aug 17, 2022 09:04 Action	Chest Pain Sep 06, 2022 15:07 Severity: Severe Action	120 Sep 06, 2022 10:00	117/104 Sep 05, 2022 10:40	88.4 Sep 05, 2022 10:42	98 Sep 05, 2022 10:41	36.5 Aug 18, 2022 10:11	
JWP OrtusTest1 Age: 33 Hospital No: 0123456789 NHS:	22 Days Ago Aug 17, 2022 09:05 Actioned	Chest Pain Sep 05, 2022 09:43 Severity: Severe Actioned	120 Sep 05, 2022 10:45	133/101 Sep 05, 2022 10:44	97.3 Aug 18, 2022 10:15	98 Sep 05, 2022 10:46	36.3 Aug 18, 2022 10:14	
Dummy TestPatient8 Age: 22 Hospital No: 008 NHS: 0000111129	2 Days Ago Sep 06, 2022 19:59 Action	Chest Pain Sep 06, 2022 19:04 Severity: Mild Action	101 Sep 06, 2022 20:03	110/78 Sep 06, 2022 20:03				
Dummy TestPatient7 Age: 22 Hospital No: 007 NHS: 0000111128	2 Days Ago Sep 06, 2022 19:57 Actioned		56 Sep 06, 2022 20:01	88/67 Sep 06, 2022 20:01				

1. Observations Tracking



2. Symptoms Monitoring



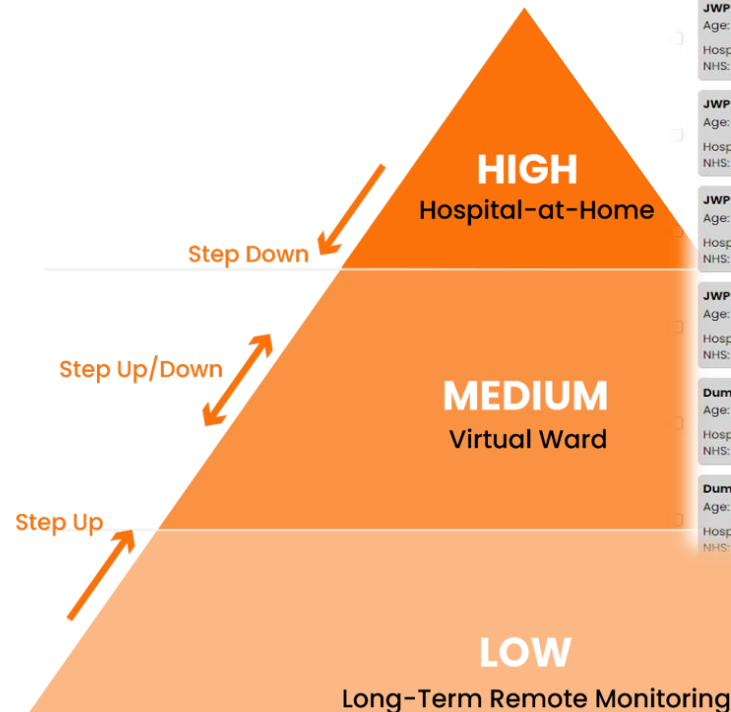
3. Deteriorating patient questionnaire



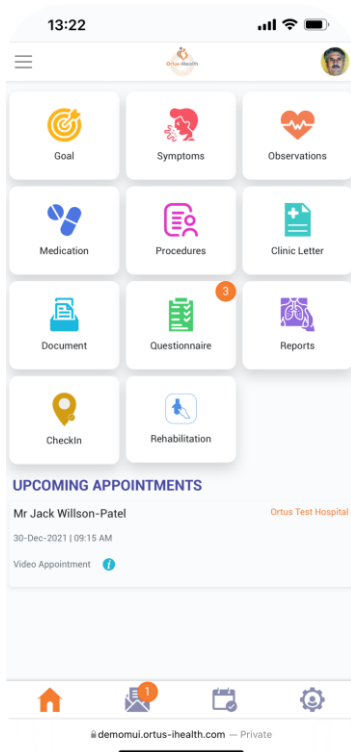
4. Templated Individual and Group Messaging



5. Prioritise Patients and Take Action



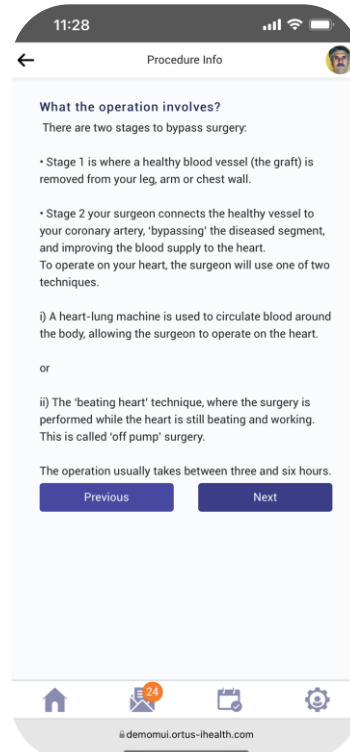
Digitally Enhanced Pathways



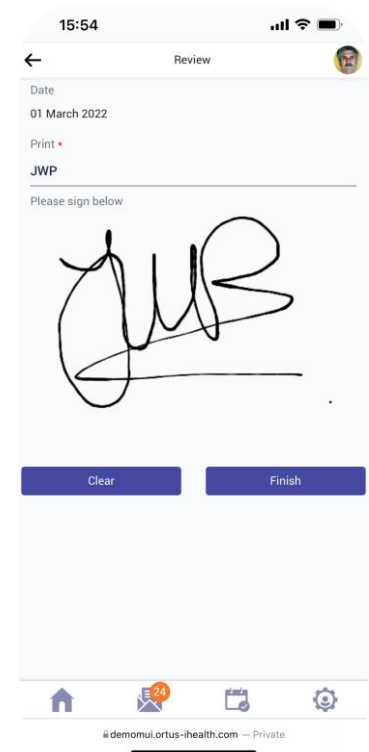
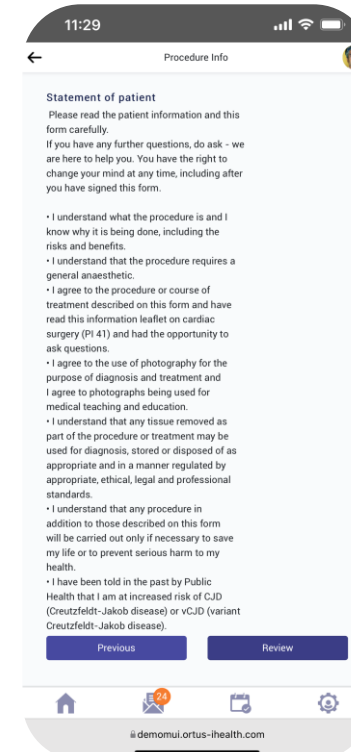
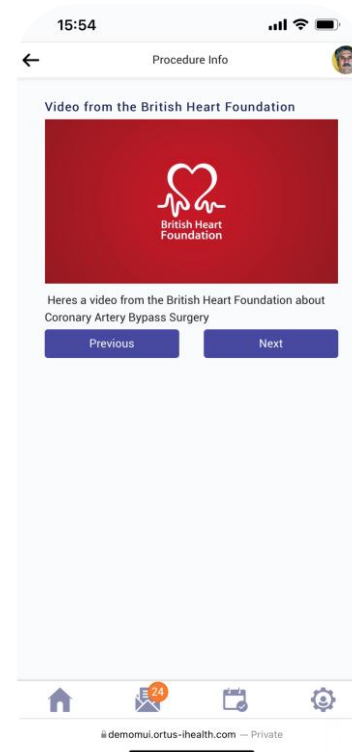
Questionnaires



Automated Care plans



Configurable and sharable E-Consent



Data from October 2023



Clinic Name	Go-Live Date	Total Patients Onboarded	Total Patients Activated	% Activation	Total Questionnaires	Red Flagging Questionnaires	Total Patients Escalated
Barts Health NHS Trust	16-Sep-22	1295	1125	87%	5726	700	183
Guys & St Thomas Trust - Brompton	22-Sep-22	719	623	87%	5980	403	146
Guys & St Thomas Trust - Harefield	07-Sep-22	1005	880	88%	6265	506	83
Guys & St Thomas Trust – St Thomas'	07-Oct-22	302	246	81%	1025	107	4
Imperial College NHS Trust	28-Dec-22	273	239	88%	1450	159	16
Kings College Hospital	23-Nov-22	320	267	83%	1141	136	1
St Georges University Hospitals	18-Apr-23	228	192	84%	499	84	1
Pan-London		4142	3572	85%	22086	2095	432

- 4 year of programme
- >10000 patients put through
- 2500 patient monitored at a time
- Harm reduction
- Unplanned admission avoidance



Cardiac Surgery Think Tank Recommendations

Cardiac Transformation Programme and Specialised Elective Recovery

Remote monitoring and managing harm - Adoption of remote monitoring for patients on cardiac surgery waiting lists and development of a tailored approach to ongoing monitoring and harm reviews.

Barts Remote Monitoring Surgical Data

Scope

1164 patients enrolled (Sept 2022 – Sept 2023) remotely monitored up to Sept 2025

74% Males, 26% Female, 69% engaged with the Remote Monitoring programme

Results

120 patients escalated as deteriorating and surgery brought forward

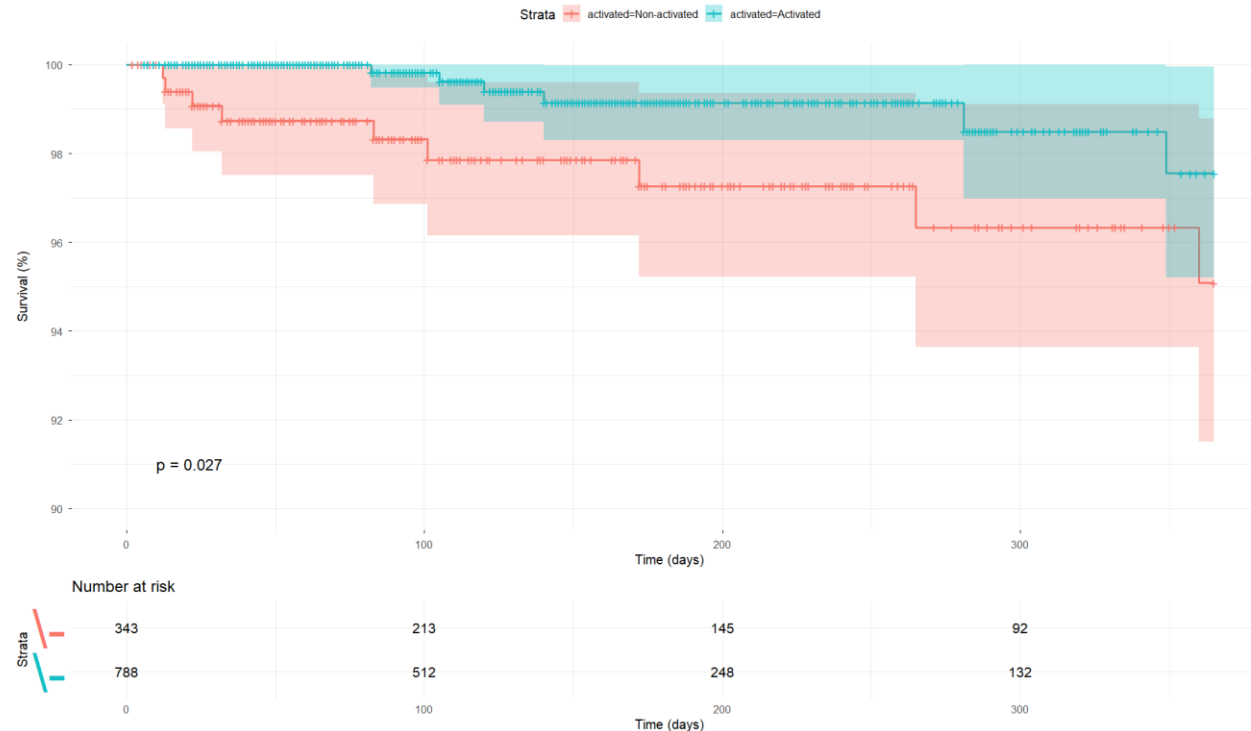
Unplanned admissions 2.1% RPM vs 4.3% not P<0.05

Mortality remotely monitored 0.59% RPM vs 2.2% P<0.05

Bed days saved 1200 days - Cost Saving £1M

Cost per live saved £15K

Cost per QUALY £1.5K - **highly cost-effective** (below £20,000–£30,000 per QUALY NICE Threshold)





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Lunch & Networking



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group

 **ORCHA**

 **CHECK POINT**
CARE

HICSS

 **feebris**

 **My medical record**

 **Luscii**
an OMRON Healthcare Service



Chair Afternoon Reflection



Dr Gurnak Singh Dosanjh

GP

LLR ICB



Keynote Presentation



Tracy Stocker

Director of Operations for Flow and Integration
Medway NHS Foundation Trust

Virtual Hospital at Medway Foundation Trust

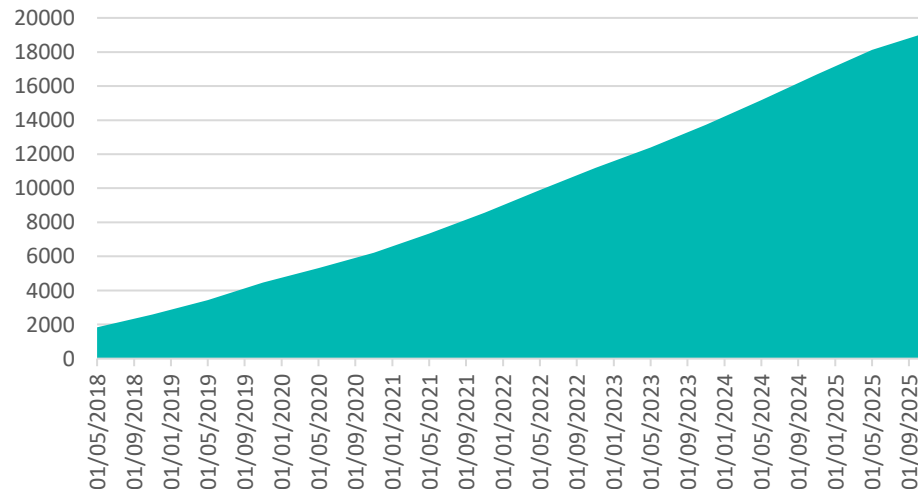
Building the hospital of the future together –
better for patients and staff.

Our Journey: from traditional hospital at home to a full virtual hospital

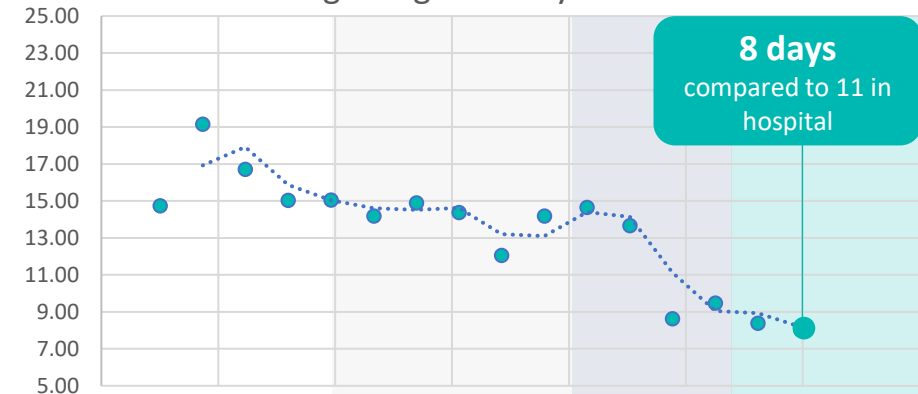
Over the last 8 years, the service has:

- Cared for >20,000 patients
- Evolved from hospital at home, through tech-enabled virtual ward for COVID, to a full virtual hospital
- The average length of stay has decreased
- Readmission into hospital

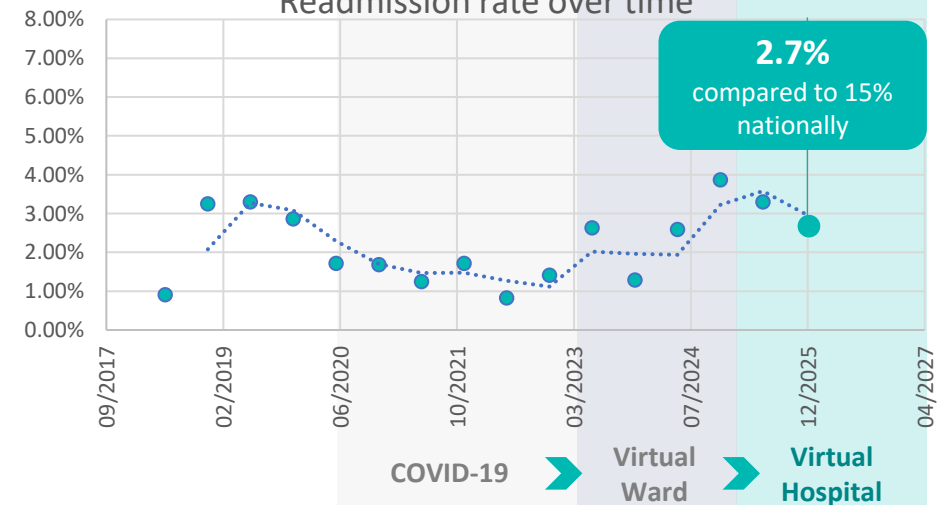
Total patient numbers over time



Average length of stay over time



Readmission rate over time



COVID-19 ➡ Virtual Ward ➡ Virtual Hospital

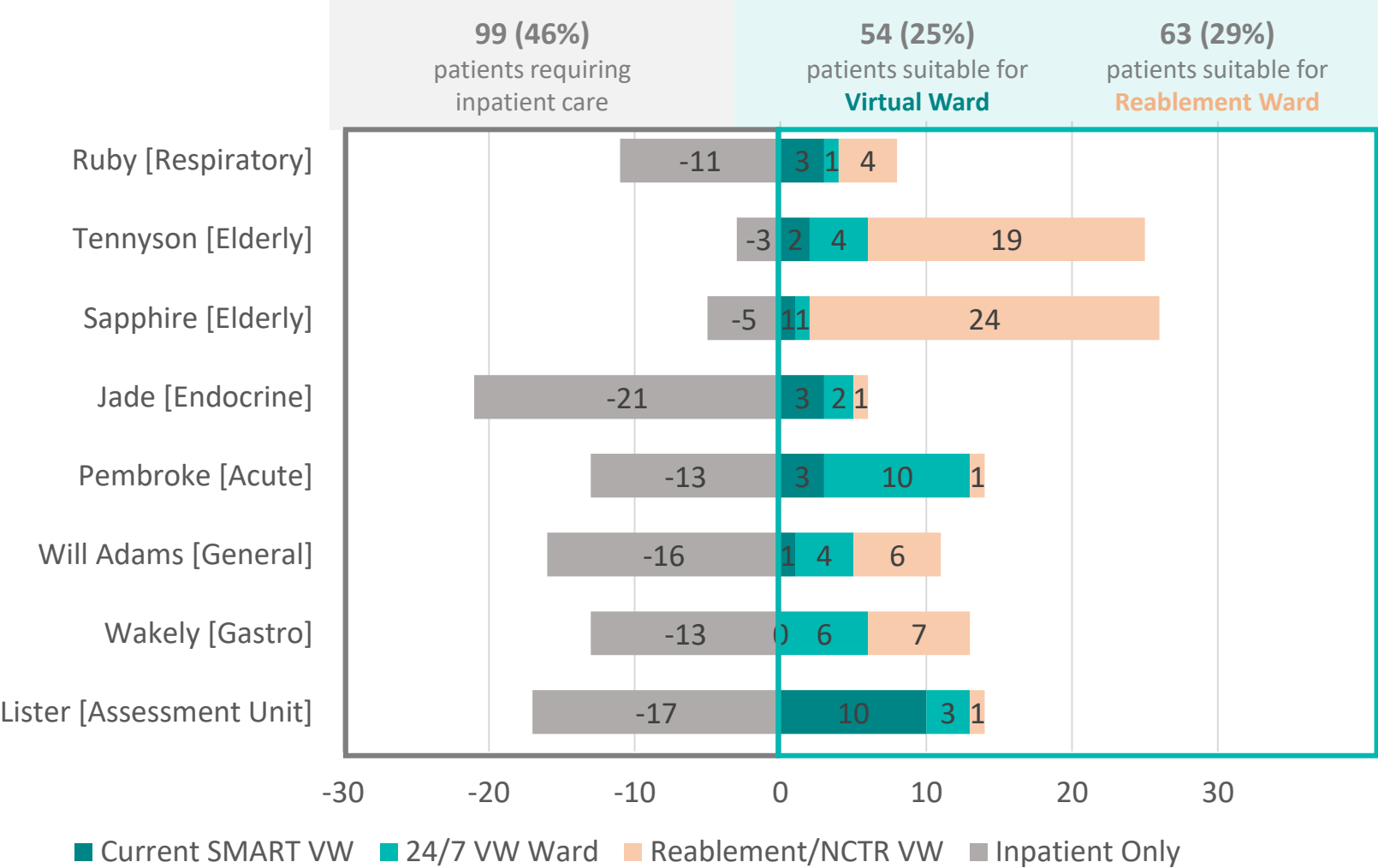
MFT Wards Audit

In August 2025, an audit was carried out by clinicians within the Trust, to assess the proportion of patients currently in the hospital, who could be managed by the virtual hospital.

Just within 8 wards (~30% of wards, 40% of bed capacity):

- 54% of patients were suitable for the virtual hospital if current service model increased;
- 54 patients (25%) were suitable for virtual hospital, if the 24/7 component is activated.
- 63 patients (29%) were suitable for the NCTR and potentials for the reablement ward;

Scaled across all wards, this suggest: >180 patients potentially suitable for reablement ward; >160 patients suitable for virtual ward (from inpatients alone).



Proposed Model: Virtual Hospital (24/7 | 200 Beds)

The **Virtual Hospital programme** offers a transformative solution to financial and capacity pressures. Building on the success of MFT's SMART virtual ward, the business case proposes a step-change: scaling to 200 virtual beds—including high-acuity care—while activating 24/7 coverage and integrated admission avoidance pathways. Importantly, this is a clinically robust, patient-centred, and scalable model of acute care delivered outside the hospital walls.

This model will enable the closure or repurposing of up to three inpatient wards, **freeing 91 hospital beds**, and delivering a strong return on investment within 9-12 months.

The figure on the next page illustrates:

- the current physical bed state for MFT
- the opportunities for change as outlined in the full business case
- the future state which shows the reduced physical estate and the new virtual estate

The proposal delivers:

1. **Operational benefits:** improved patient flow, and significant physical estate release (repurpose of 91 beds over 12m, equivalent to 3 wards).
2. **Clinical and workforce gains:** safer, more personalised care; flexible working models; and strengthened staff retention.
3. **Financial returns:** a minimum benefit-cost ratio of 3.6x, driven by reducing need for resourcing physical estate, additional capacity for revenue generating from electives or a regional virtual hub service. **Committing to implementing at speed from end of October** can deliver:

- Implementation of the model requires **£0.7M in investment** (£0.1M CAPEX and £0.6M OPEX);
- Net cash inflow of **£0.5M by Mar-26** (i.e. returned investment and generated positive inflow);
- Net cash inflow of **£5.2M in 2026/2027**.

What is the Medway Virtual Hospital?



200 BED VIRTUAL CAPACITY

Bringing clinically robust, patient-centred, and scalable acute care to patients' homes. Providing end-to-end service: monitoring, virtual consultations and visits.

Mid-acuity (8AM – 8PM | 7 Days)

Building upon current **SMART Virtual Ward** (80 beds) to support additional capacity and safe recovery at home for more patients

High-acuity (24h | 7 Days)

Launching a 24/7 service to support patients overnight with continuous monitoring ensuring highest levels of safety and quality

Opportunities for Change

The Hospital of the Future

Improve ED Flow

Admission avoidance

Alternatives to ED

Reduce costs | Free up ward

Improve Flow & Efficiency

Reduce LOS

Reduce deconditioning

Prevent readmission

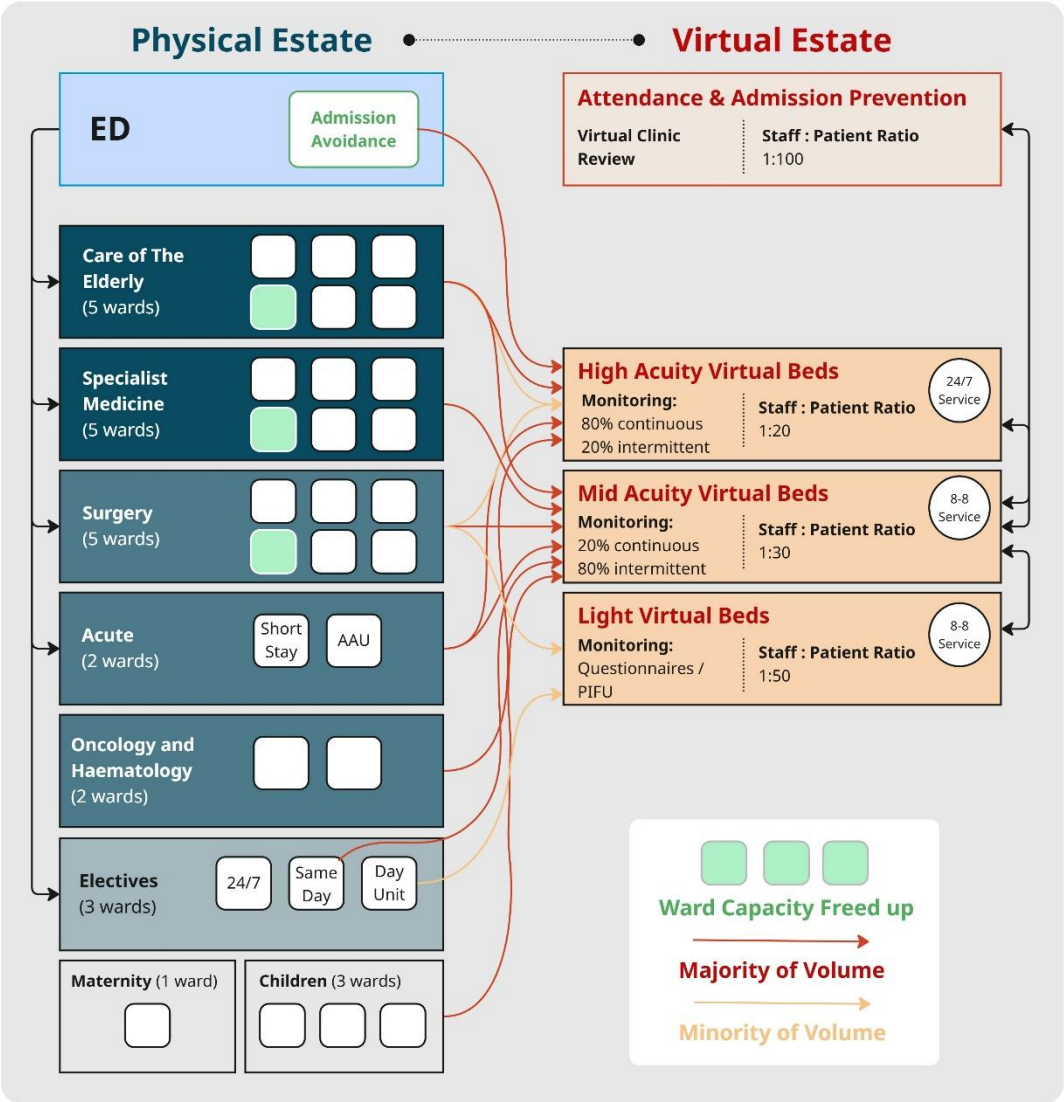
Increase bed turnaround

Reduce patients waiting in bed for diagnostics

More electives with less/same resource

Reduce LOS (pre- and post-op)

Increase bed turnaround (same-day cases)



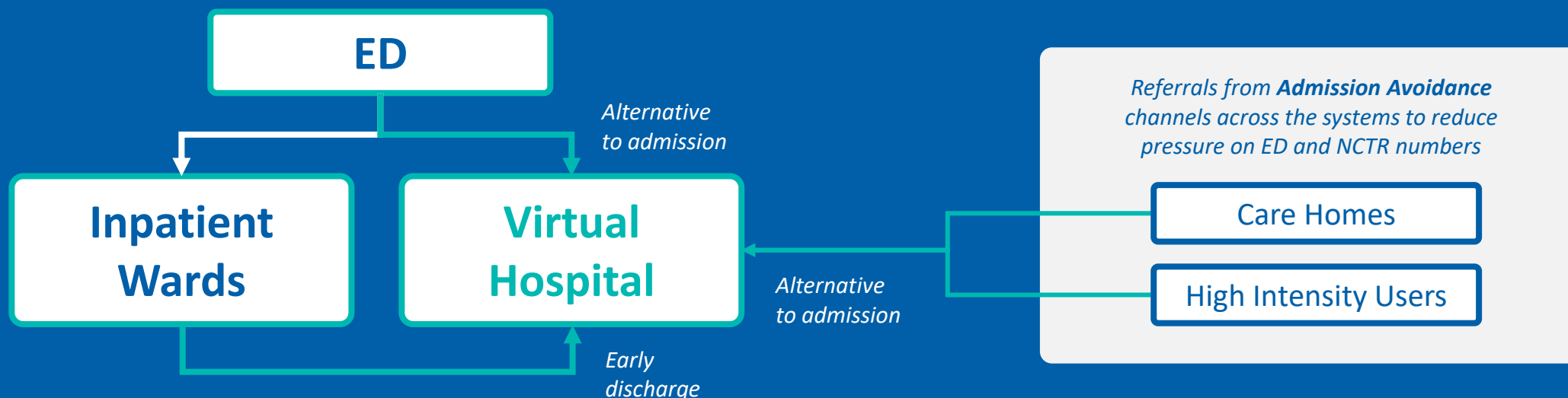
The programme is designed to free up 91 beds, enabling us to repurpose 3 wards.

This means we can see more patients, whilst reducing costs.

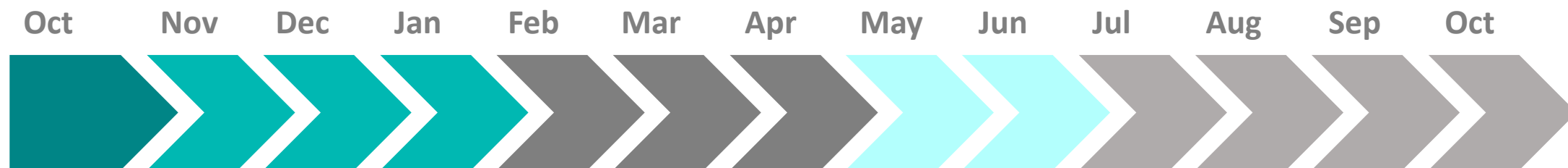
How does the virtual hospital impact patient flow?

MFT

Expand capacity and offer patients the choice to recover safely at home, where clinically appropriate. Reduce pressure on wards.



Programme Phasing Overview



Mobilisation

Set up governance structure, establish referral channels, pathways, SOPs. Launch 24/7 service.

Delivered in 6 weeks!

Now live with 120 beds.

Phase 1

Repurpose two wards (Clinical Groups 1-6).

Phase 2

Maximise efficiencies (LoS, integrations with wider services for admission avoidance). Add additional clinical groups (e.g. high service utilisers).

Phase 3

Free up third ward.

Stabilisation

Transition to BAU and ensure long-term sustainability of model, with a blueprint for scaling further.

Clinical Groups

Over the next 6 months, we will target the following 6 groups of patients to ensure we prioritise impact on patient safety experience and flow, and can free up capacity to support winter.

Group	Patient Profile	Volume	Comments
Group 1	Patients waiting for inpatient investigation	20-30 per day	<ul style="list-style-type: none"> Ensure patients do not experience further delays to investigation due to waiting at home. Secure buy-in from radiology department (develop workflows for referral, MDT) Patients on continuous 24/7 monitoring to evidence safety and effectiveness.
Group 2	Patients in ED corridors	10-20 per day	<ul style="list-style-type: none"> Likely to be frailer patients, avoid admission and deconditioning in hospital. Triage and refer to virtual ward directly from ED. Secure buy-in from ED team (develop workflows for referral, MDT)
Group 3	Patients with ARI (flu/COVID)	15-25 per day	<ul style="list-style-type: none"> Volume will increase from December There is already an established relationship between the SMART team and respiratory team
Group 4	Patients from care homes	5-10 per day	<ul style="list-style-type: none"> Onboard 2 care homes per month, prioritising high conveyance homes. Have a bespoke initial pathway that simplifies referrals to prove value, before scaling to more homes.
Group 5	Oncology patients	5-10 per day	<ul style="list-style-type: none"> Require daily bloods At risk of fast deterioration (neutropenic sepsis) Already have some on SMART VW so established relationship
Group 6	Hepatology Patients	<5 per day	<ul style="list-style-type: none"> Long LoS Wakeley ward currently but it's saturated so they spill into other wards

Structure and Staffing

Multi-Tier Service

- Catering to variable levels of risk
- Mixture of virtual and visiting service driving resourcing

We have many years of experience delivering an acute virtual model, driving evidence-based decisions about staffing and structure of pathways.

Virtual Hospital Breakdown	
	Patients
Red Ward	80
Amber Ward - Type A	50
Amber Ward - Type B	40
Green Ward	30
TOTAL	200

Red Ward	Visits Frequency			Monitoring		Staffing		
	% Patients	Weekly	Duration [h]	8AM-8PM	8PM-8AM	Grade	Day Ratio	Night Ratio
Virtual	70%	7	0.5	Active	Active	Band 6	20	40
Visiting	30%	7	1	NA	NA	Band 6	7	NA

Amber Ward - Type A	Visits Frequency			Monitoring		Staffing		
	% Patients	Weekly	Duration [h]	8AM-8PM	8PM-8AM	Grade	Day Ratio	Night Ratio
Virtual	100%	1	0.33	Active	Passive	Band 6	210	NA
Visiting	100%	2	0.75	NA	NA	Band 5	33	NA

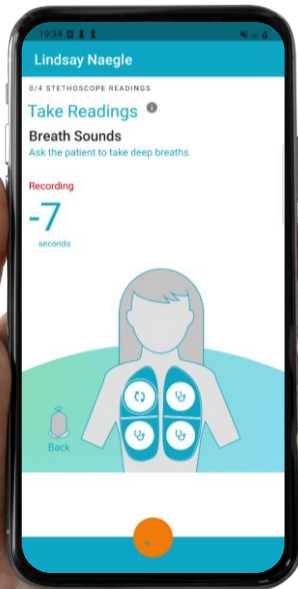
Amber Ward - Type B	Visits Frequency			Monitoring		Staffing		
	% Patients	Weekly	Duration [h]	8AM-8PM	8PM-8AM	Grade	Day Ratio	Night Ratio
Virtual	50%	4	0.33	Active	Active	Band 6	53	50
Visiting	50%	3	0.75	NA	NA	Band 5	22	NA

Green Ward	Visits Frequency			Monitoring		Staffing		
	% Patients	Weekly	Duration [h]	8AM-8PM	8PM-8AM	Grade	Day Ratio	Night Ratio
Virtual	100%	1	0.33	Passive	Passive	Band 5	210	NA
Visiting	100%	1	0.5	NA	NA	Band 4	98	NA

What technology are we using?

PATIENT APP

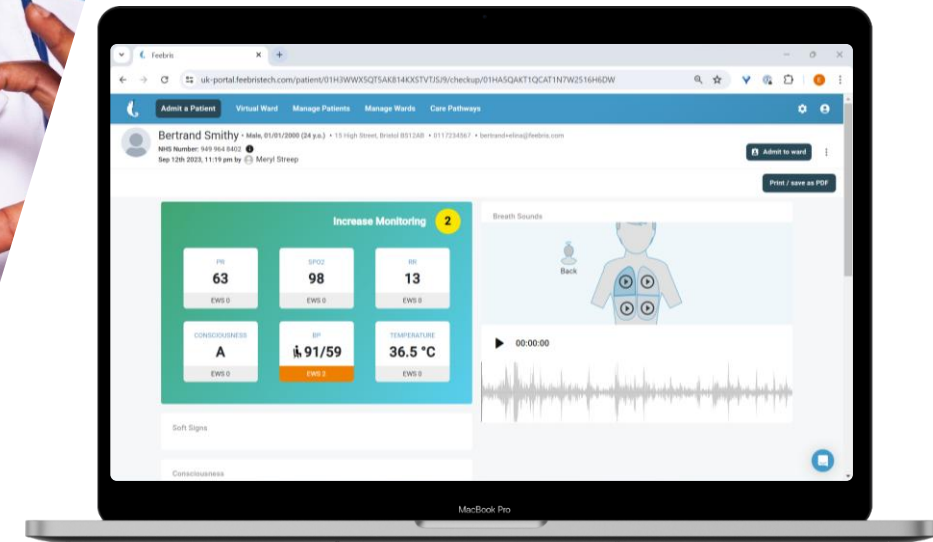
Enabling patients and their care givers to automatically capture clinically reliable information



feebris

CLINICAL DASHBOARD

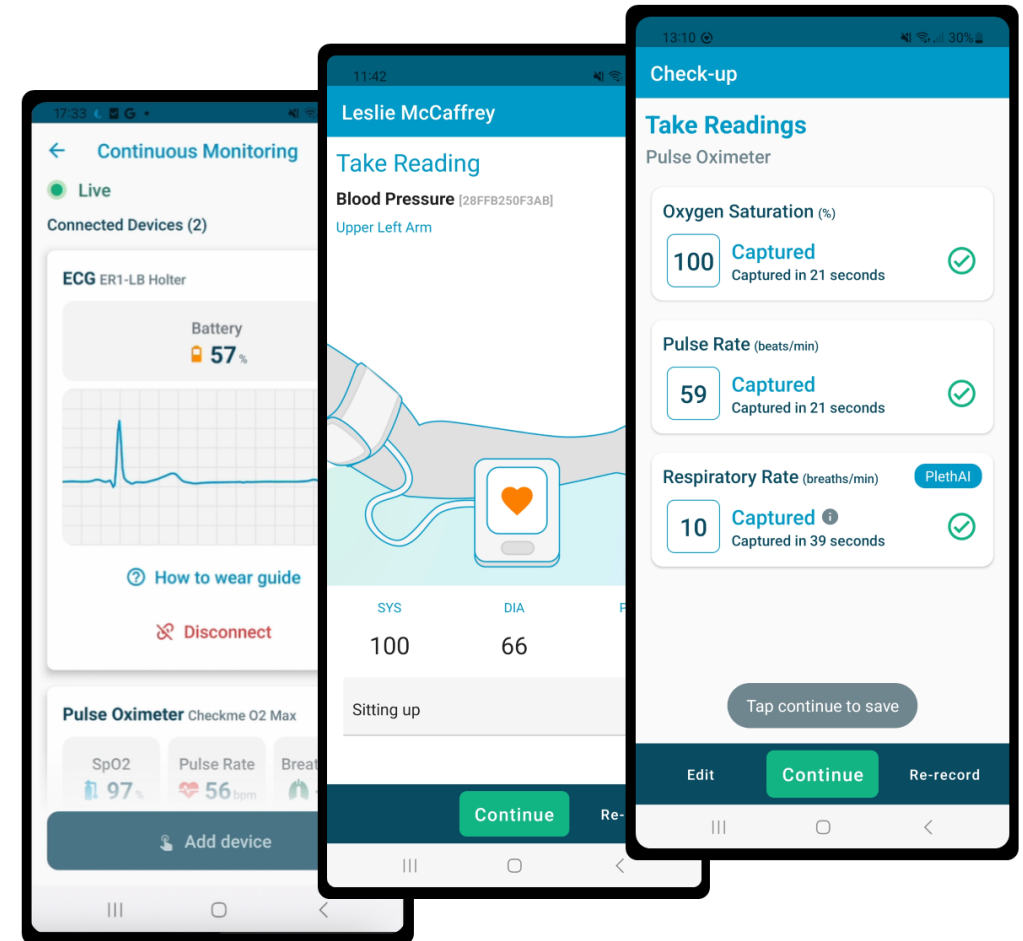
Enabling clinicians to monitor and manage patients virtually, with actionable insights at their fingertips



What technology are we using?

FEEBRIS PATIENT APP

- Clinical questionnaires
- Intermittent and continuous vital signs
- Hardware agnostic – a large portfolio of medical devices and ability to integrate new devices
- Intuitive interface for people with poor digital capabilities
- Messaging and video calls
- “I need help” button
- Quality assurance of data captured
- Offline functionality



What are the benefits of the virtual hospital?

GREAT PATIENT CARE

- **Reduced risk** of hospital-acquired infections and deconditioning
- **More effective recovery** – familiar environment, less stress



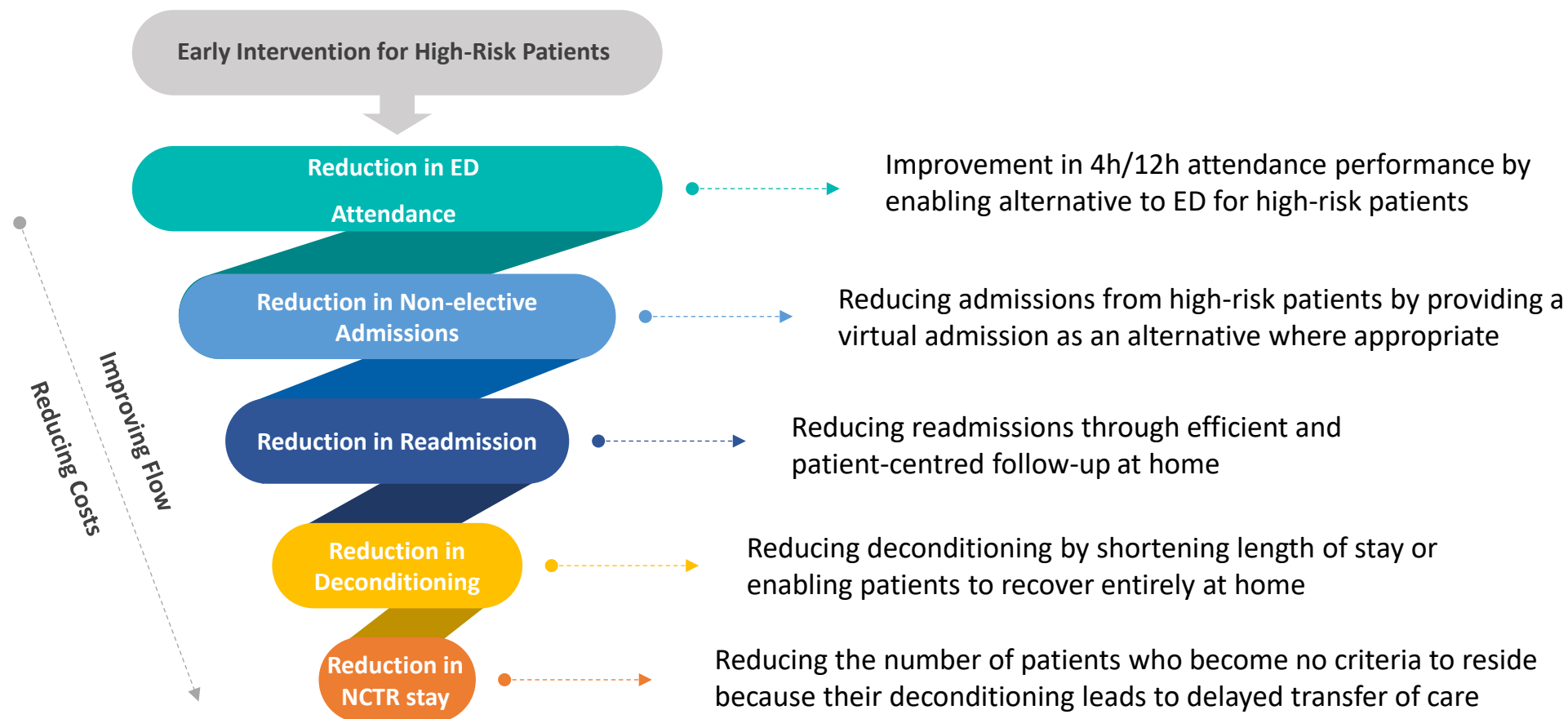
OPPORTUNITIES FOR STAFF

- **New growth opportunities** – flexible workflows
- **Efficiency support** - technology supporting information capture and freeing up time for care

OPERATIONAL CAPACITY

- **Improved patient flow** freeing up capacity and reducing bottlenecks in services
- **Greater resilience and scalability** in response to seasonal pressures

Unlocking downstream impact for patients and the hospital



Examples of Patient Journeys in the Virtual Hospital



Early Discharge

Alan, 58, is frequently admitted into hospital due to complications from chemotherapy. Each stay disrupts his recovery and leaves him anxious about returning home. When he becomes unwell again, the hospital team offers him a place on the virtual ward. He is provided with a remote monitoring kit, access to regular video check-in with the clinical team, and 24/7 escalation support. When his temperature rises, the team prescribes antibiotics within hours. Alan remains stable at home and avoids hospital admission.



Alternative to Admission

Dorothy, 87, lives in a care home and has mild dementia. After a minor fall, she is distressed. In the past, this would have triggered a call to 999 and a long wait in A&E - only to be discharged hours later. This time, the care home conducts a quick digital health assessment, automatically capturing all vital signs and answering a series of questions. A virtual ED team reviews the readings, including her ECG immediately, confirms all is normal and schedules a follow-up review next morning. Dorothy is put on continuous monitoring for overnight observation to be safe. She stays in her familiar surroundings, with no ambulance, no A&E corridor and no hospital-acquired complications.

Let's work together to build the future of acute care at Medway and the NHS.



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Case Study





Case Study



Jonathan Lewis
Managing Director, UK
Luscii



Chris Malone
Commercial Director
Luscii

LUSCINIA

A TRIBUTE TO THE LADY WITH THE LAMP

Create more
time to care



Two white cranes with black wings and red crowns are captured in mid-flight against a blurred background. The crane on the left is in the foreground, with its wings spread wide, showing the black feathers on the underside. The crane on the right is slightly behind and to the right, also with its wings spread. Both cranes have their long necks extended and their beaks open, as if they are calling or communicating. The background is a soft, out-of-focus mix of light and dark tones, suggesting a natural, outdoor setting.

Realising Dream 2030

“Respect for humanity
is the foundation of
all management.”

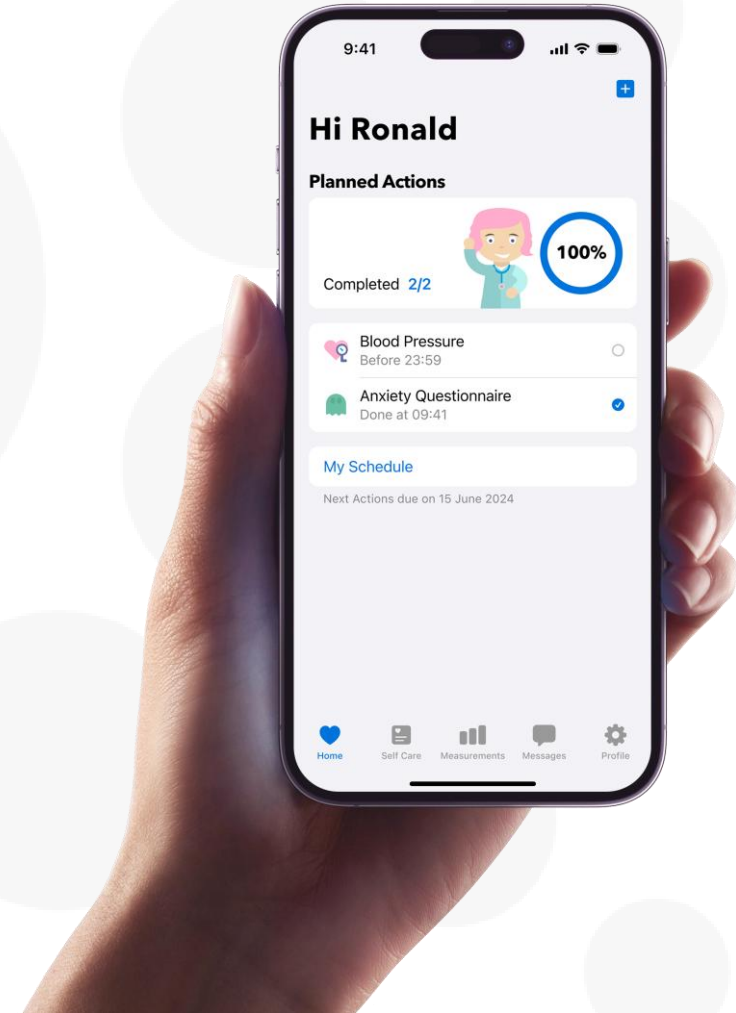
– Kazuma Tateishi, founder of OMRON

#1 in the NHS and Europe

- 350+ successful implementations in 11 countries
- 150+ programs supported by 35+ clinical studies
- 25 million patient registrations
- Over 150,000 active users

OMRON

All for Healthcare



THE CHALLENGE HAS CHANGED

Why is remote monitoring important?



Direct services it enables



1:1 / Many:1 | PHM / RPM = organising principle (PT need) | flips the system



Attention on patient need / live data = action, not reporting

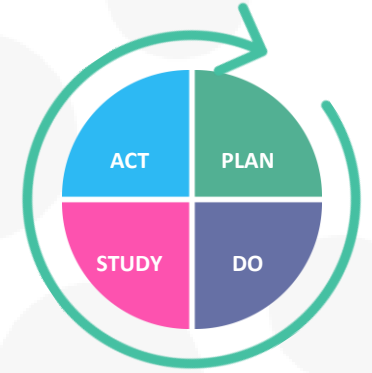


Web based / information sharing by default



AWARDS

Flour, yeast and water



PHM / RPM tech that SCALES

**Auto enrol at scale
(beyond persuasion)**

No scale / No impact

Tech that clinicians and
users like (avoid .ppt)



Change Agents

Multi Year Change
Programme

Safe Passage

Empower, protect and
champion the people who will
not accept the status quo



Define End State

Business model - why?

Common Vision

Sequencing and alignment



Quick Wins

Programmes you know
work

Sell Sell Sell

Proof

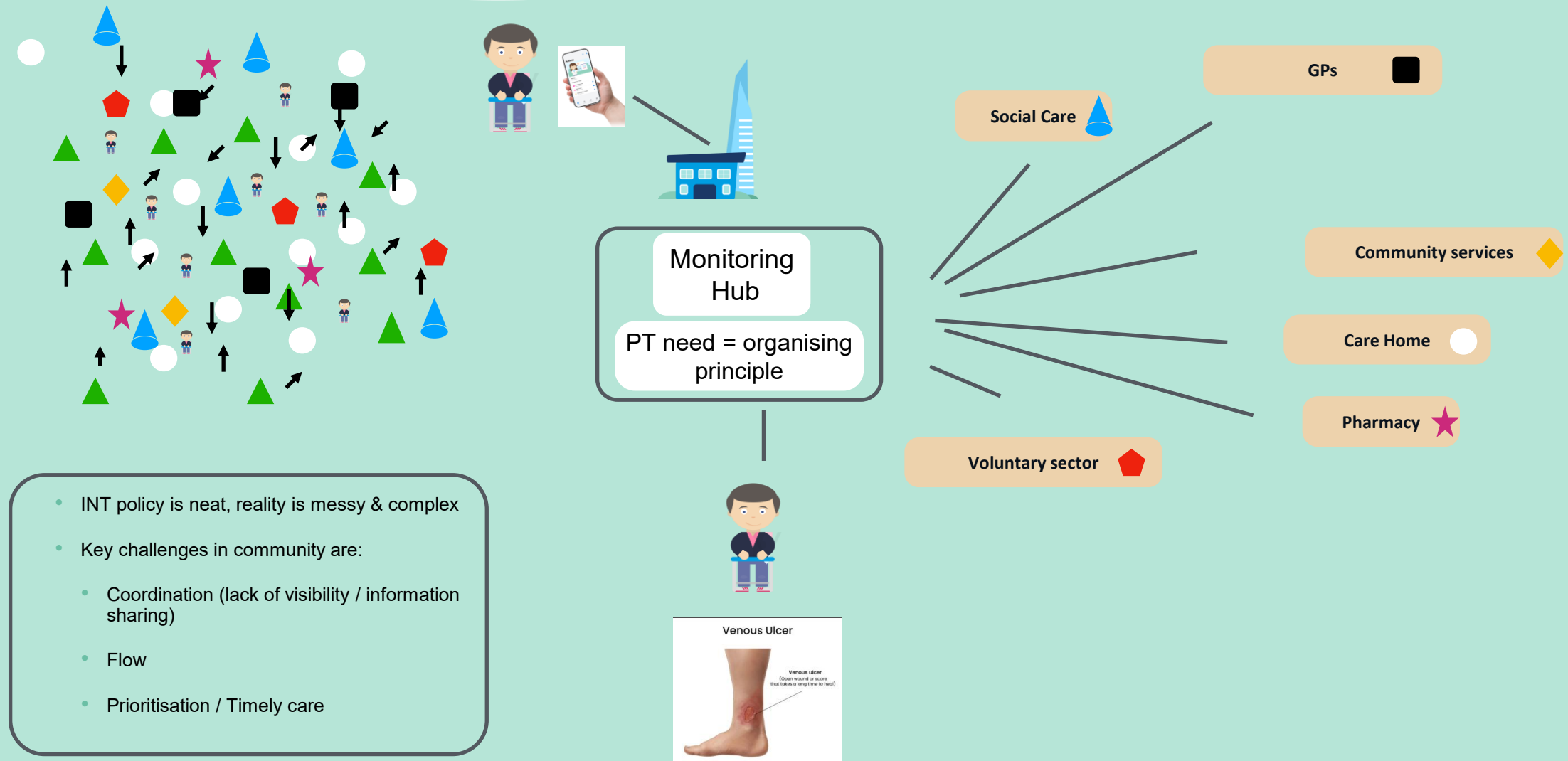


Coordination Hub

**Critical component of
scale**

Coordination / Flow

RPM / PHM enables Integrated Neighbourhood Teams



How to System Level RPM

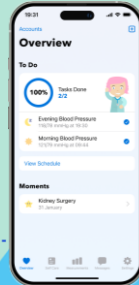
PHM AUTO ENROL / PHM CORE ENABLERS

OP
Waiting
Lists

Remote patient support protocol

Reduce in-person visits and ensure timely detection of deterioration

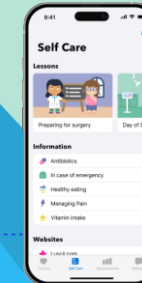
NHS
Airedale
NHS Foundation Trust



Hospital@Home protocol

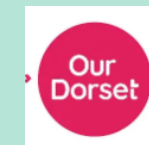
Reduce in-person visits and ensure timely detection of deterioration

NHS
Maidstone and
Tunbridge Wells
NHS Trust



Self Care Protocol

Supporting patients to cope with their disease and coach them in self management



MTWs Multispecialty VW - System Wide

Our Partnerships



Technology Partners

Electronic bed management
(TeleTracking)
Luscii



NHS Community

South East Coast Ambulance
Service (SECAMB)
Kent Community Health
West Kent Health and Care
Partnership



External Agencies

Kent County Council
Age UK

Built to Scale

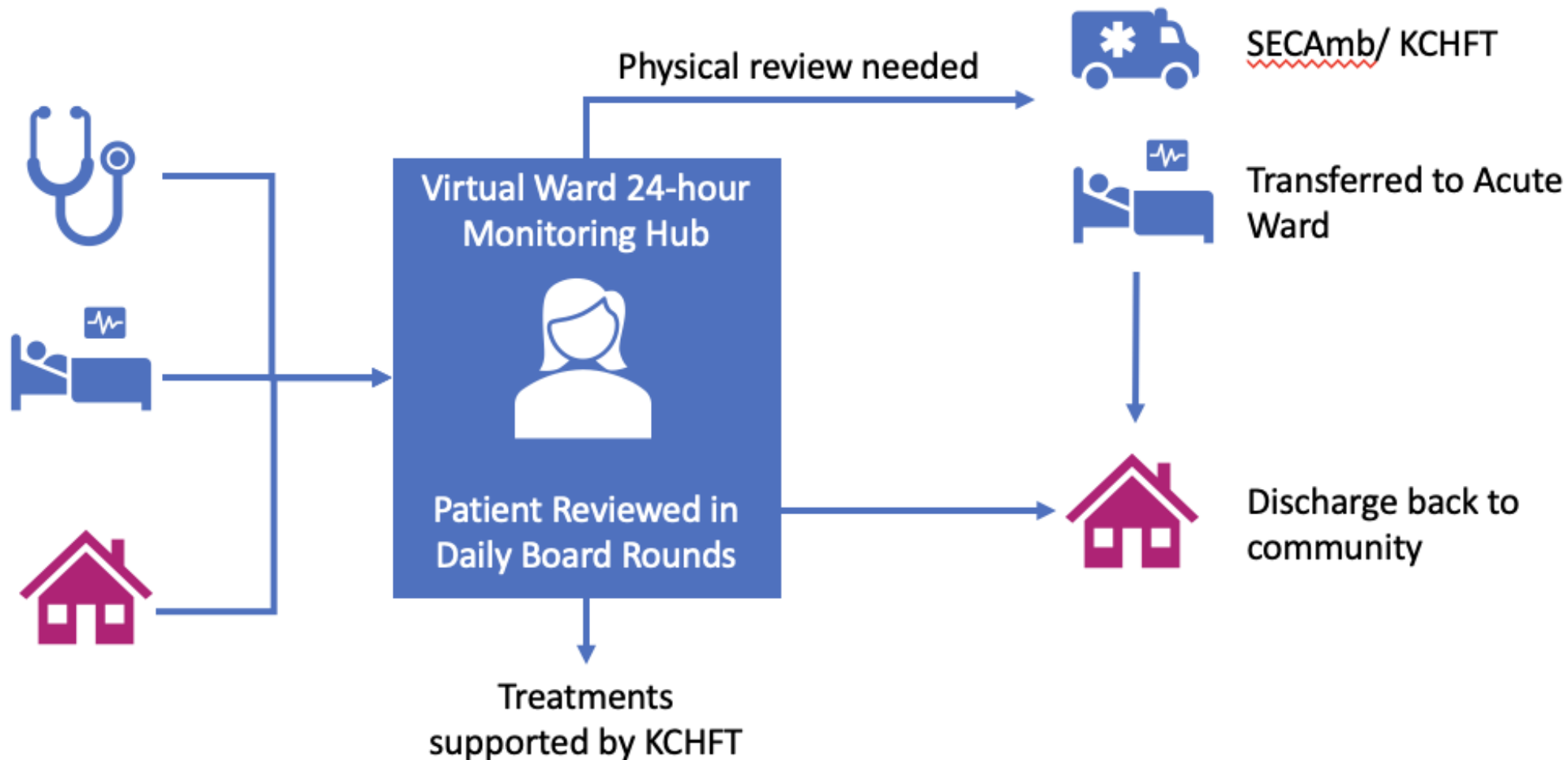
Our Patient Journey

Referrals in

42% from ED

53% from ward

5% from home



Outcomes That Matter

- **Scale:** 2000+ Patients
- **Capacity:** 7,200+ acute bed days saved
- **Safety:** <5% escalation; **0 never events**
- **Experience:** **94%** good/very good
- **Cost:** **£33 vs £350** per episode
- **Equity & reach:** supports complex / frail patients at home



Vital Signs, Virtually - Why did we need to innovate and change?



CURRENT STATE

Technology Enabled Care



FUTURE STATE



Telephone Advice/Triage Services

Triage focuses on telephone triage. Limited access to clinical diagnostic information.



Hospital Focused

A number of patients are conveyed to hospital due to lack of available community services.



Response Focus

A number of patients require a response. Timelines of response is significantly impacted by wider system pressures (i.e. handover delays).



System Harm

Patient harm occurs due to inability to provide timely response, handover delays, increased demand and missed opportunity to recognise deterioration



Remote Consultation, Wearable/Enabled Technology

Triage informed by wearable clinical diagnostics at the point of care for the patient.



Care Closer to Home

Patients will be supported to remain closer to home by gathering appropriate clinical information, supporting patients 'virtually' and developing resilience.



Community Focus

Volunteer networks, guided by clinicians will enable and support patient to remain closer to home and/or access secondary care.

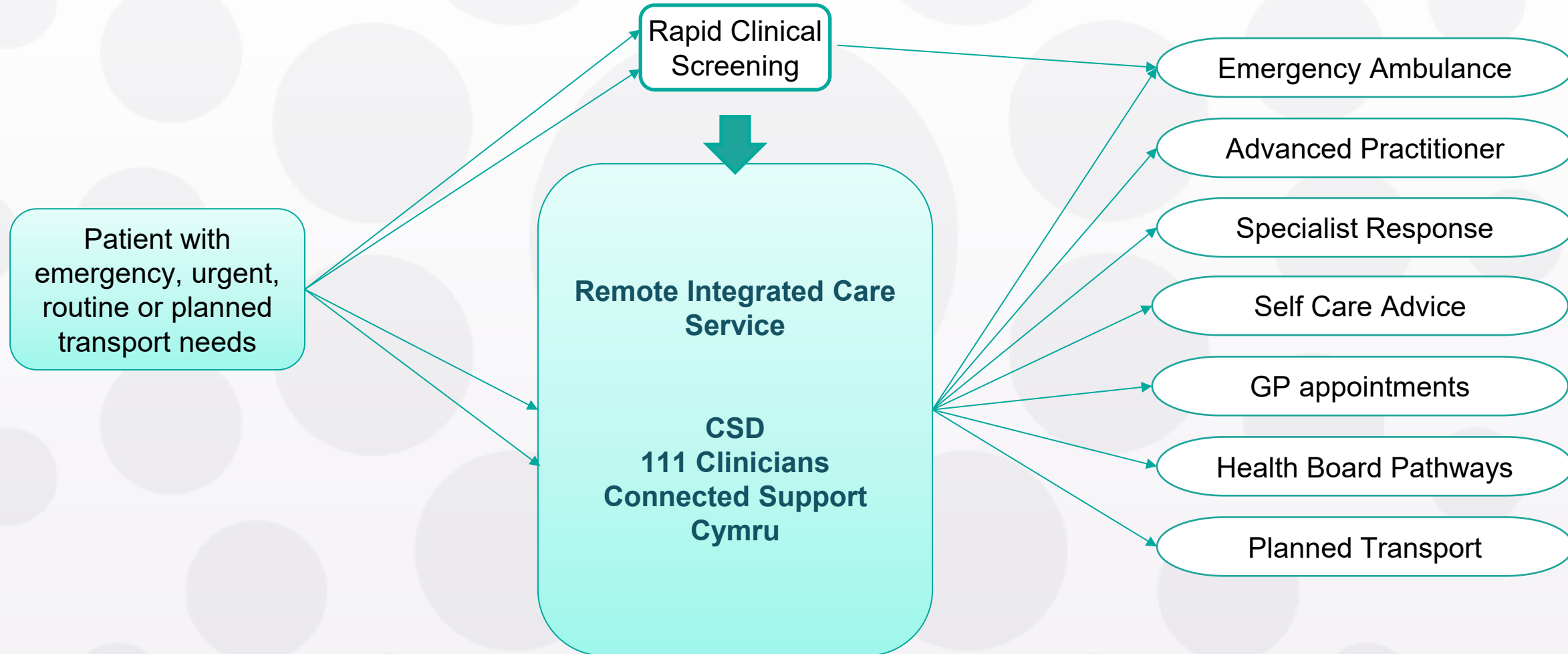


Reducing System Harm

Increased clinical intelligence and monitoring of individual clinical parameters will ensure deterioration can be identified and appropriate care provided.



Transformation of the Clinical Model – more than just ambulances

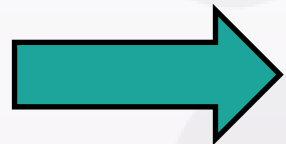


What Did We Do?



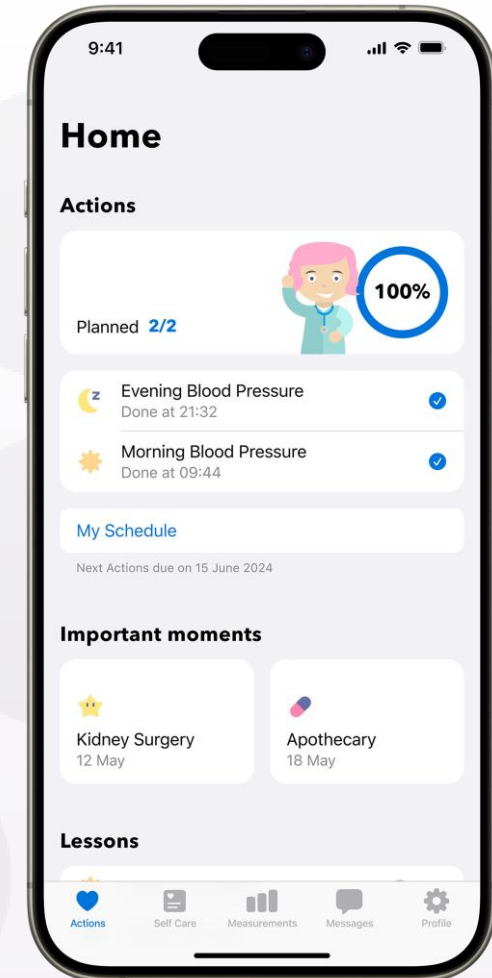
Care Home Support

Support for nurses and carers accessing the 999 system who care for residents with urgent or emergency care needs



Community Support

Support for people accessing the 999 system with urgent or emergency care needs



WHAT DID WE FIND?

(BETWEEN AUGUST 2024 AND JANUARY 2025)



36% of patients did not require attendance and were supported via remote clinicians, GPs (both in and out of hours) or referred to community-based teams following remote assessment and monitoring.



64% of patients required on scene assessment post remote assessment – with 63% requiring conveyance. 27% required ECG.

Clinicians were able to identify the most suitable resource to meet the care need of the patient.

WHAT DO PEOPLE THINK OF REMOTE MONITORING?



In **70%** of incidents, clinicians strongly agreed or agreed that remote monitoring **influenced their clinical decision-making**



"We can do our bit, the ambulance service can do their bit, and it means that we can get to a **better decision together**"

~ Care home manager



and especially in the first year after transplantation,



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Panel Discussion



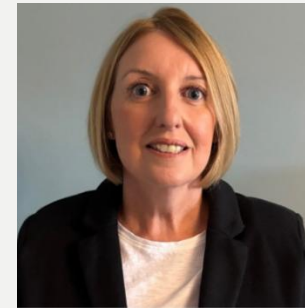
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Panel Discussion



Alison Johnson
UK Health Lead
ORCHA



Dr. Matea Deliu
Academic GP, Clinical Lead Digital
Delivery, Clinical Safety Officer
NHS South East London ICB



Sue Armstrong
Advanced Nurse Practitioner in
Arrhythmias
University Hospitals of Leicester



Tracy Stocker
Director of Operations for Flow and
Integration
Medway NHS Foundation Trust



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Chair Closing Remarks



Dr Gurnak Singh Dosanjh

GP

LLR ICB



Drinks & Nibbles