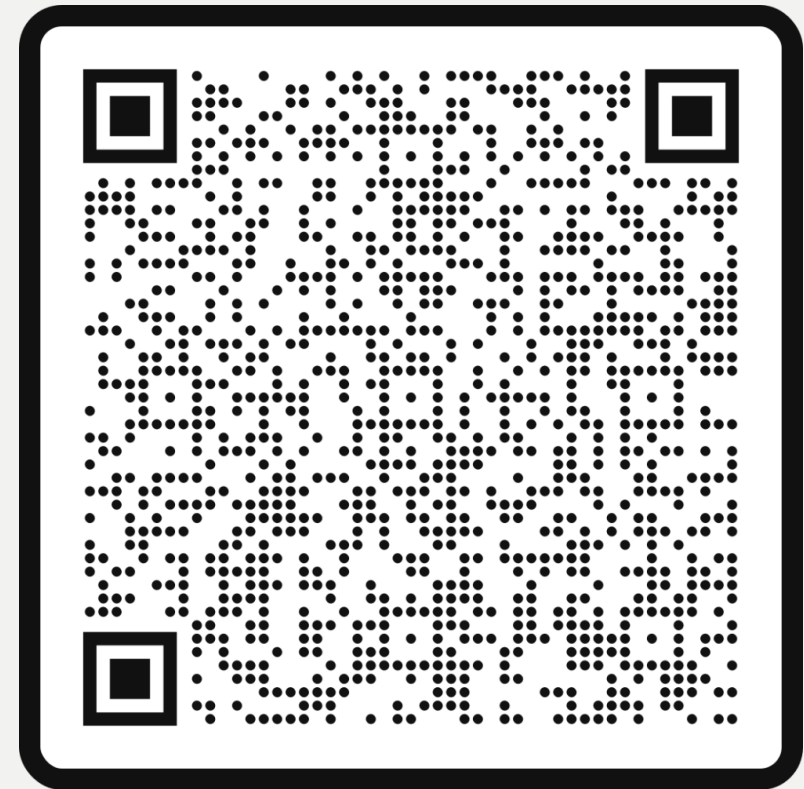




Welcome to the 6<sup>th</sup> NHS Urgent  
and Emergency Care Conference!



7th May 2025  
Etc venues Manchester, 8<sup>th</sup> Floor,  
11 Portland Street M1 3HU



## Chair Opening Address



**Chris Morrow-Frost**  
National Clinical Advisor to Secondary Care  
NHS England





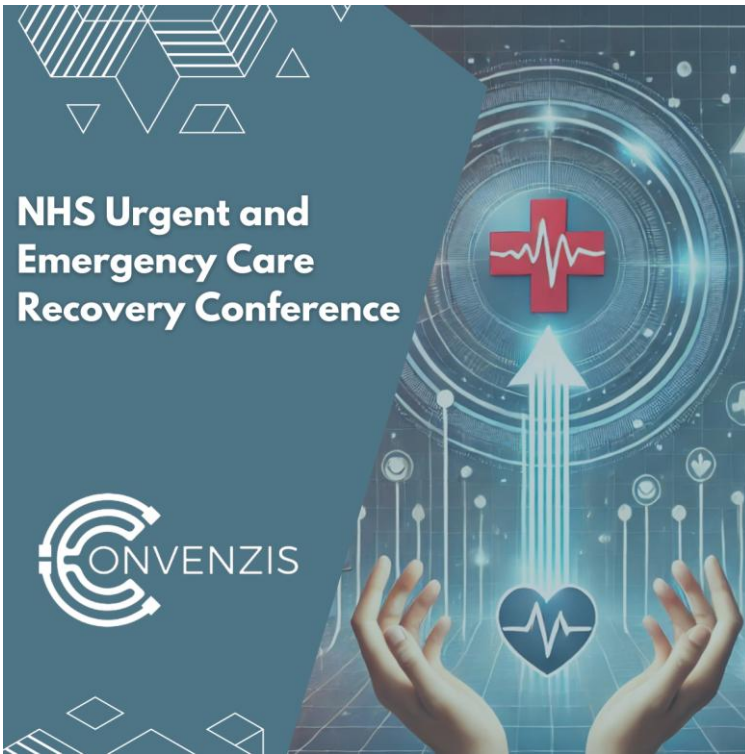
## Keynote Speaker



**Charlotte Aston**  
National Director -  
In hospital transformation - UEC



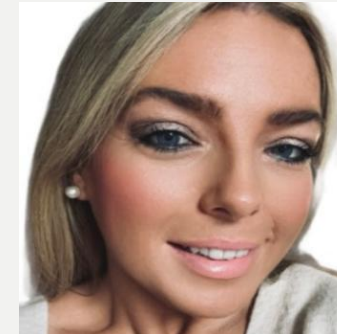
# Panel Discussion



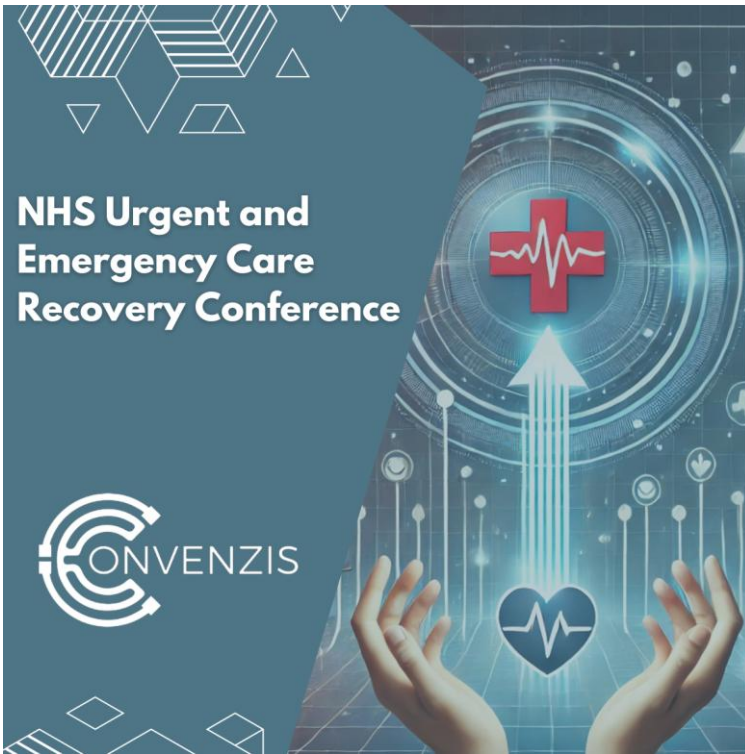
**Alison Johnson**  
SVP UK Health  
ORCHA Health



**Catherine Withers**  
Assistant Director of UEC  
Improvement NHSE



**Sarah Williams**  
Associate Director for UEC and Patient Flow  
Herefordshire and Worcestershire ICB



# Refreshments & Networking





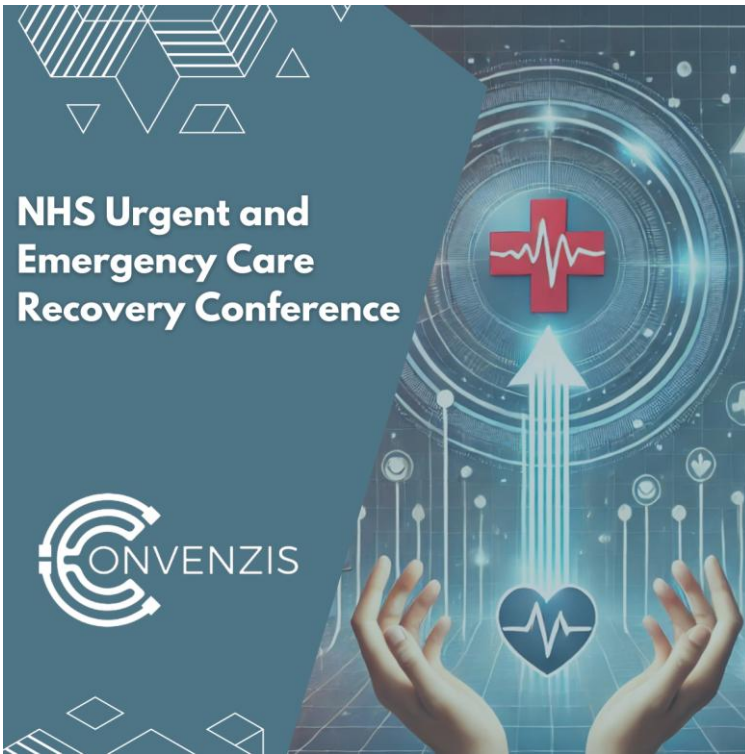
Please scan the QR Code on the screen  
below to register your interest for our  
accredited training courses.

Register your Interest

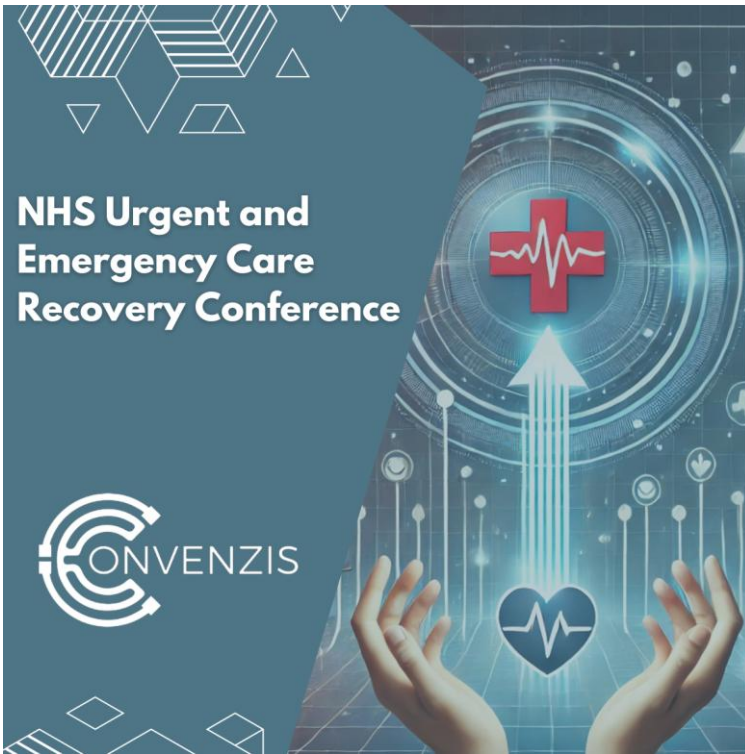




## Chair Morning Reflection



**Chris Morrow-Frost**  
National Clinical Advisor to Secondary Care  
NHS England



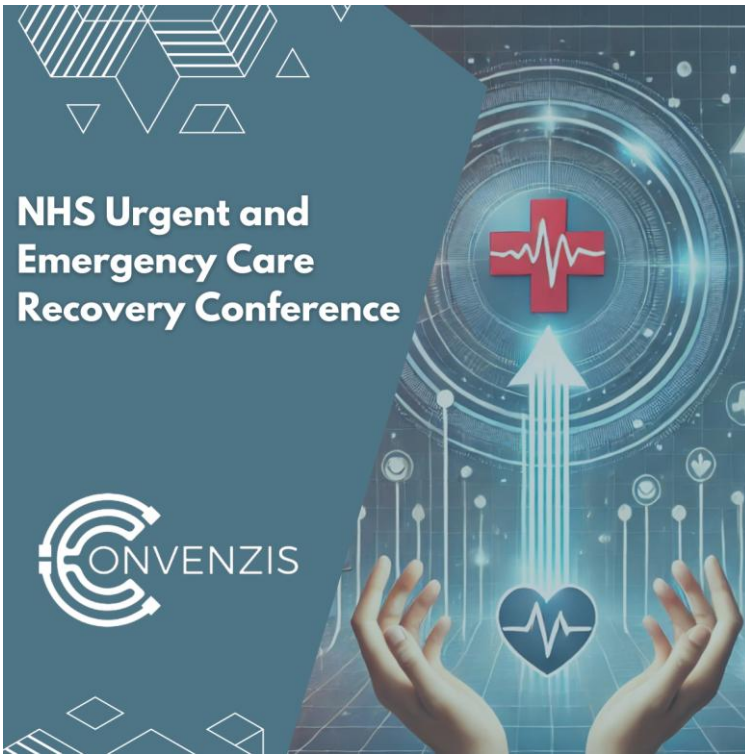
## Case Study







# Case Study



**Dr Gordon McNeish**  
Associate Medical Director and  
Emergency Medicine Consultant  
at NHS Lanarkshire



**Kat James**  
Director of New Projects  
Consultant Connect



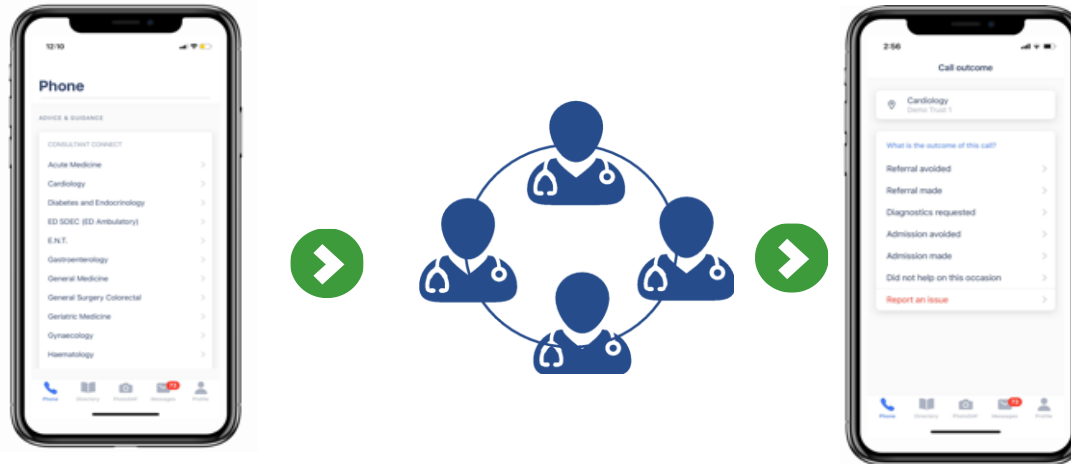
# Learnings from north of the border: Flow navigation in Scotland

Dr Gordon McNeish / Kat James

May 2025

# Right patient, right place, right time

Immediate access to advice

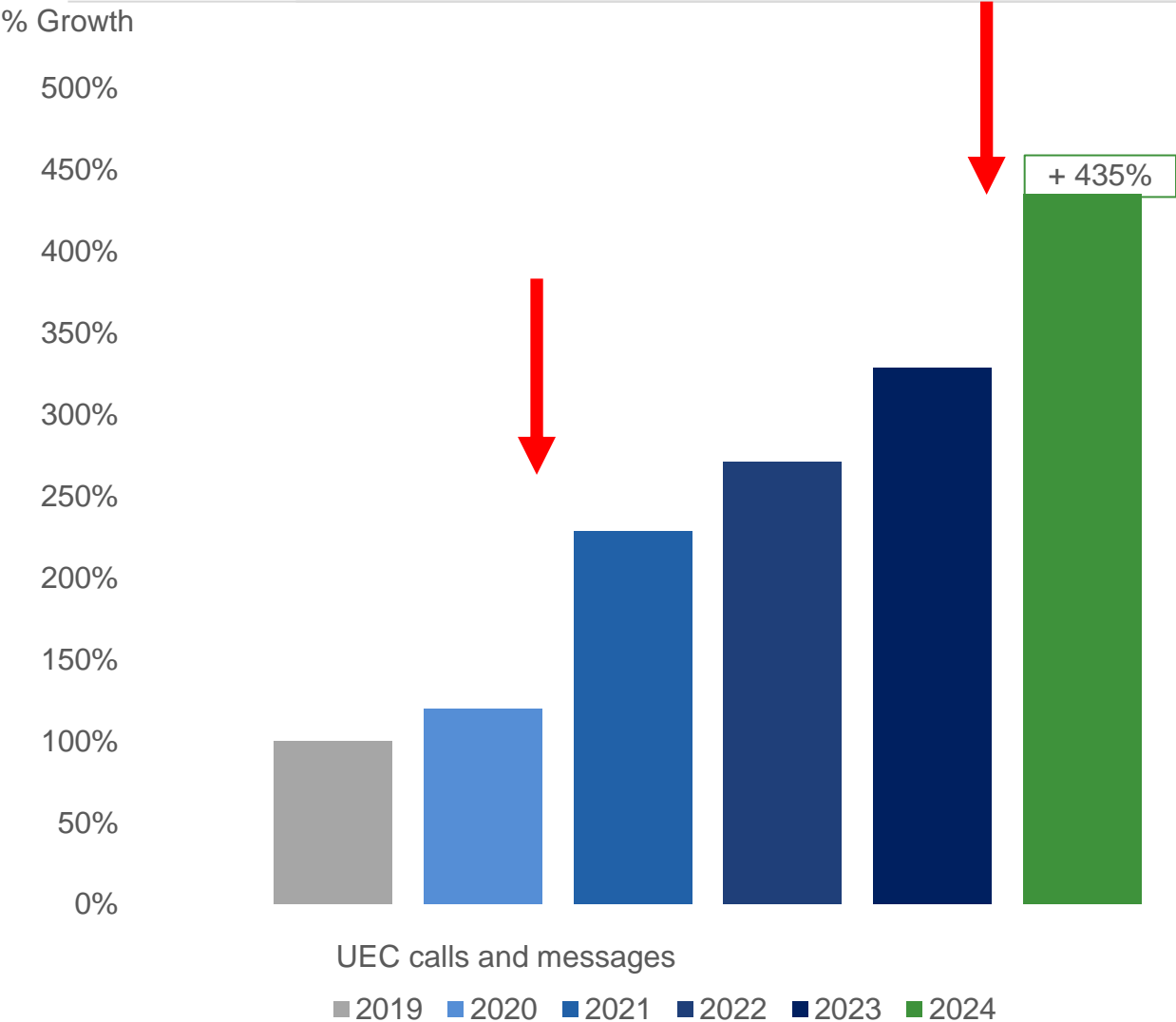


...in under 27 seconds

**54% of activities avoid hospital**



# Single Point of Access (SPoA) pathways are the new normal



**SEL ICS** 20% from paramedics

**NHS Wales** 150,000 activities

# How do these scale and sustain?



**Simplicity**



Never ending **engagement work**



Work with the **data**



**Learn** from the recordings

# Flow Navigation in NHS Lanarkshire

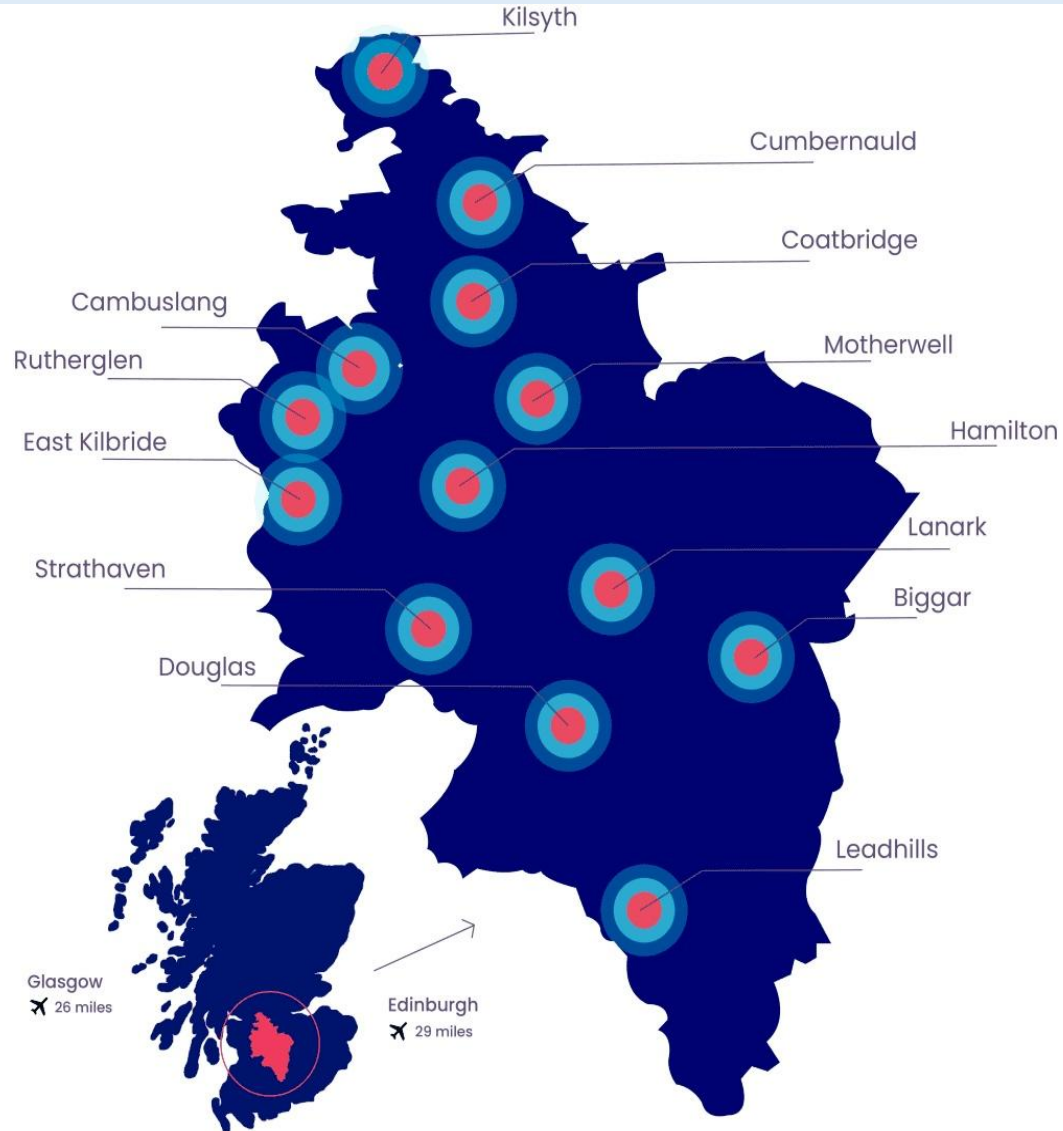
Dr Gordon McNeish  
Consultant in Emergency Medicine  
Associate Medical Director



# Session Goals

- Flow Navigation in NHS Lanarkshire
- Functions/Principles of FNC+
- Call Before You Convey
- NHS 24 Pathway
- Clinical Governance

# Lanarkshire



# NHS Lanarkshire

- 3<sup>rd</sup> Biggest Health Board in Scotland
- Bordered by 6 others
- 879 square miles
- Population 660,000
- 3 Acute Hospitals – Monklands, Wishaw and Hairmyres
- Longest travel time – 45 mins
- 93 GP Practices
- Mining/Industrial
- Deprivation
- Mixed Geography





**FNC + Plus**



# Flow Navigation

**Input**

**Throughput**

**Output**

**Managing Demand**

**Optimising Workflows**

**Early-Supported Discharge**

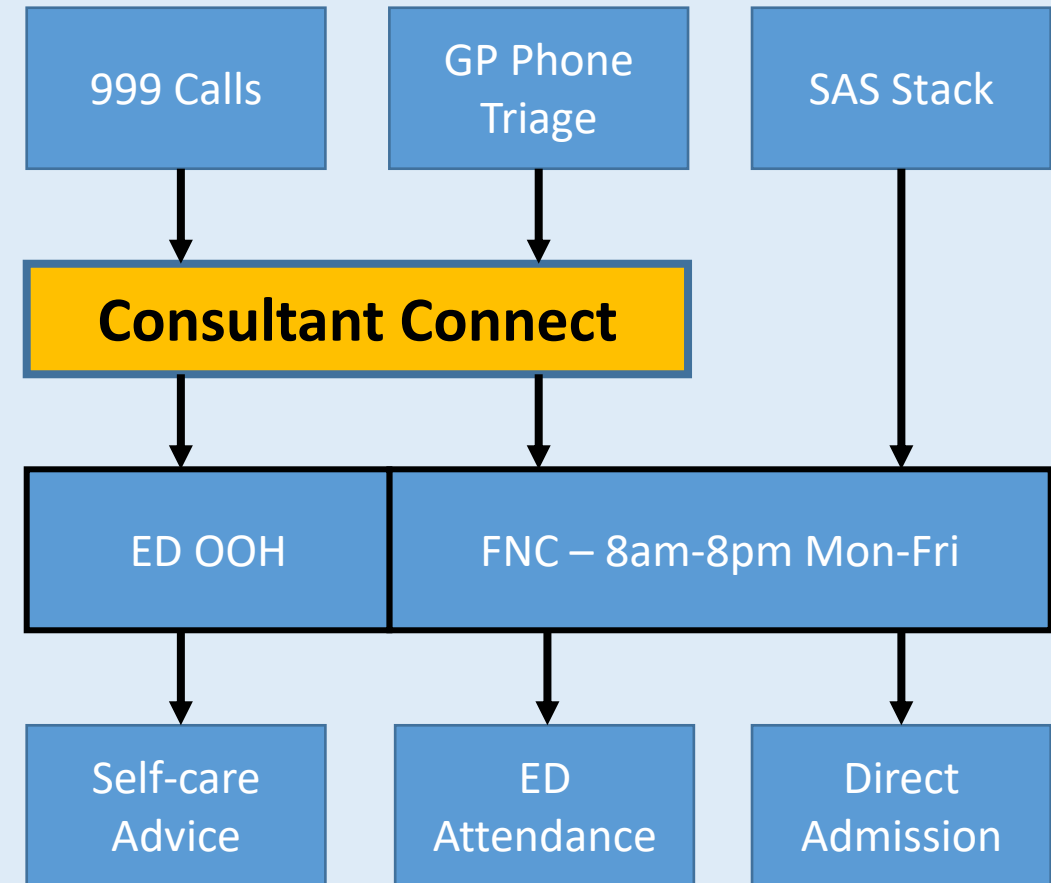
NHS 24 Callbacks  
Call Before You Convey  
Hospital @ Home  
Interface Pathways  
Psychiatric Liaison

Operational Command  
Scheduling Minors  
Scheduling AECU  
Direct Admissions – Frailty  
Home Assessment Team

Virtual Wards  
Drug Initiation Hub  
Private Ambulance



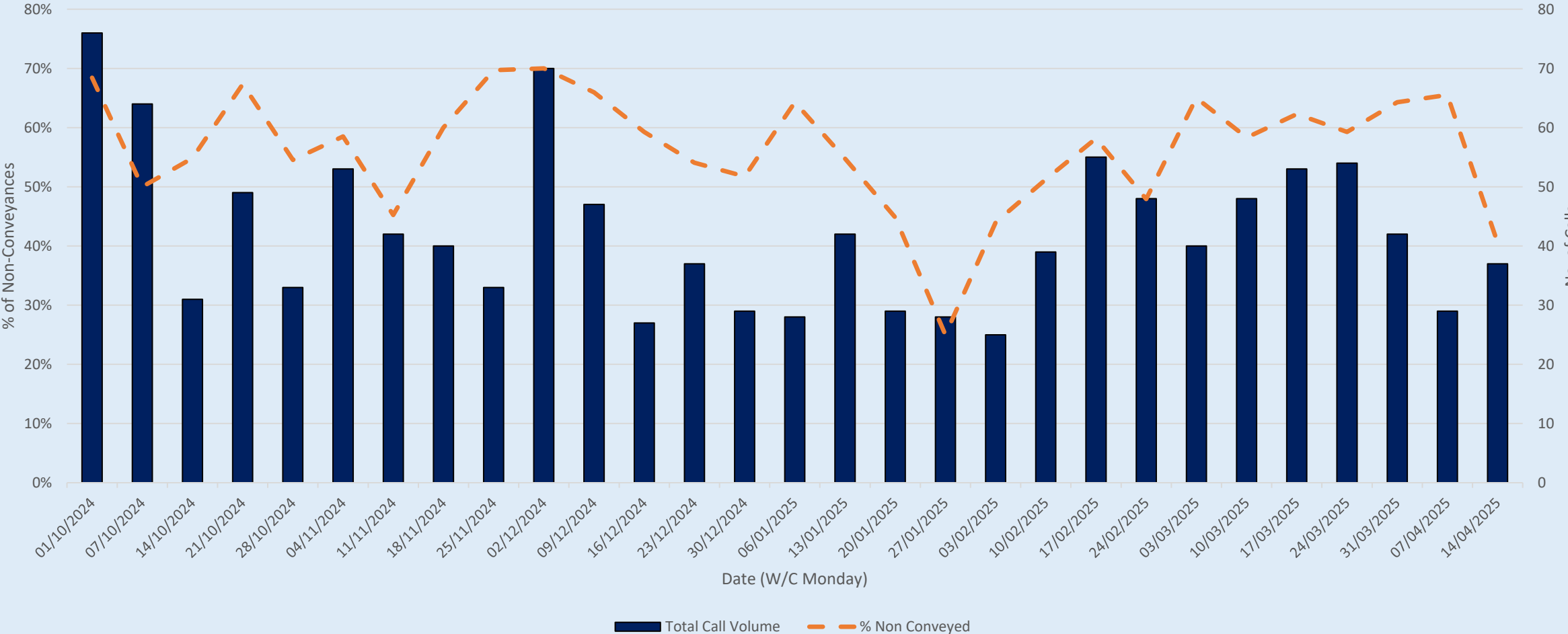
# Call Before You Convey



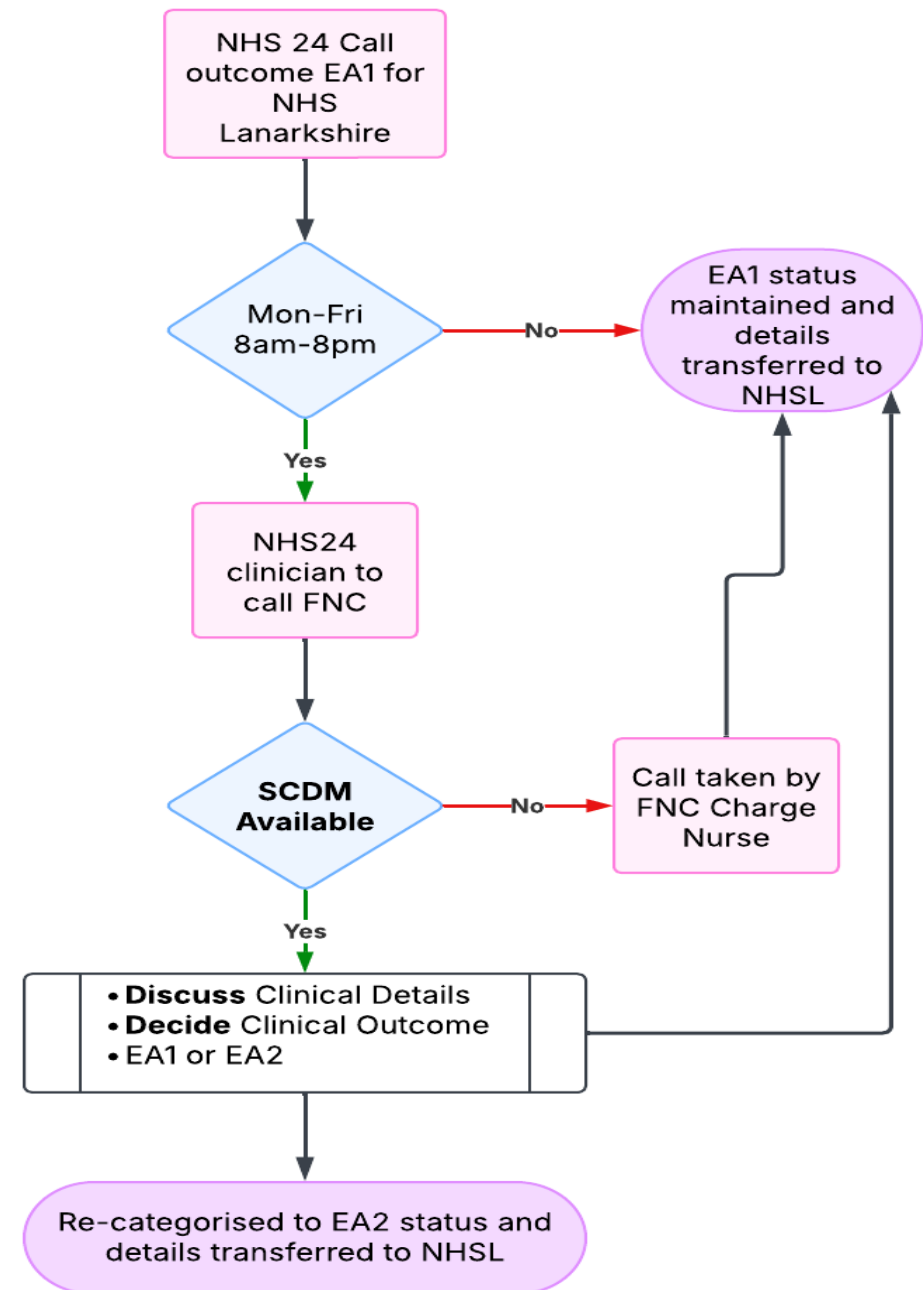


# CBYC – Call Volumes and Outcomes: Date Range: 01/10/2024 - 20/04/2025

NHS Lanarkshire - FNC+  
Call Before You Convey - Conveyances  
Data Source: Weekly Overview.xlsx



# NHS 24



# Interface Division Governance

- Clinical Governance meetings quarterly
- Reports to Healthcare Governance Assurance Group
- Performance
- Return of Investment
- Quality Assurance
  - Call Recording Review
  - 7 day non-conveyance outcomes
  - Team-based Quality Review (TBQR)
  - Systems Engineering Initiative for Patient Safety (SEIPS)
- Complaints, feedback, SAER

InPhase reports

**Thank you**

**Any questions?**







## Fireside Interview



**Mr Reiss Bond**

Deputy Director Urgent and Emergency Care- Urgent  
Treatment Centres  
DHU Healthcare



## Keynote Presentation



**Faizan Rana**  
Senior Operations Manager  
NHS England



**Paul Vinters**  
Senior UEC Operations Manager  
NHS England



**Daniel Barnwall**  
Head of Operations  
NHS England

# Enhance Enable Effect

Optimising Operational Pressures  
for Enhanced Patient Safety

**Presented by:**

Daniel Barnwall - Head of Operations

Paul Vinters – Snr. UEC Operations Manager

Faizan Rana – Snr. UEC Operations Manager





England

**Enhance**  
Enable  
Effect





A black and white portrait of a young man with short, light-colored hair, wearing black-rimmed glasses and a dark V-neck scrub top. A stethoscope is draped around his neck. He is smiling at the camera. The background is plain white.

## Operational Pressures Escalation Levels Framework

# National Early Warning Score (NEWS) 2

Standardising  
the assessment  
of acute-illness  
severity in the NHS

Updated report of a working party  
December 2017



Chart 1: The NEWS scoring system

Physiological parameter	3	2	1	Score 0	1	2	3
Respiration rate (per minute)	≤8		9–11	12–20		21–24	≥25
SpO <sub>2</sub> Scale 1 (%)	≤91	92–93	94–95	≥96			
SpO <sub>2</sub> Scale 2 (%)	≤83	84–85	86–87	88–92 ≥93 on air	93–94 on oxygen	95–96 on oxygen	≥97 on oxygen
Air or oxygen?		Oxygen		Air			
Systolic blood pressure (mmHg)	≤90	91–100	101–110	111–219			≥220
Pulse (per minute)	≤40		41–50	51–90	91–110	111–130	≥131
Consciousness				Alert			CVPU
Temperature (°C)	≤35.0		35.1–36.0	36.1–38.0	38.1–39.0	≥39.1	

NEW score	Clinical risk	Response
Aggregate score 0–4	Low	Ward-based response
Red score Score of 3 in any individual parameter	Low–medium	Urgent ward-based response*
Aggregate score 5–6	Medium	Key threshold for urgent response*
Aggregate score 7 or more	High	Urgent or emergency response**

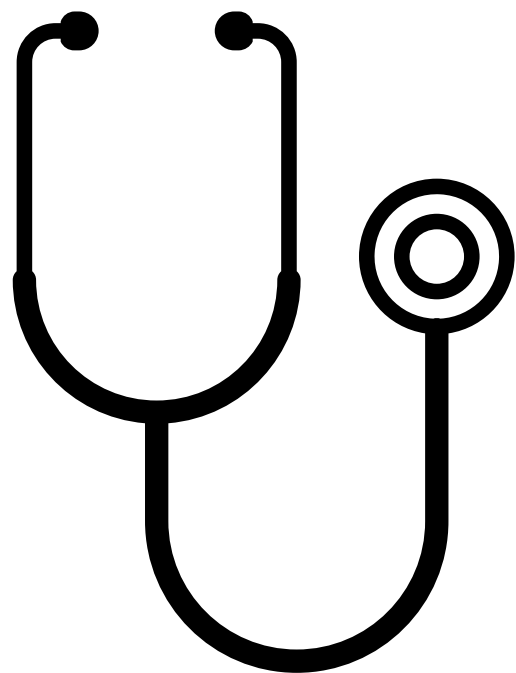
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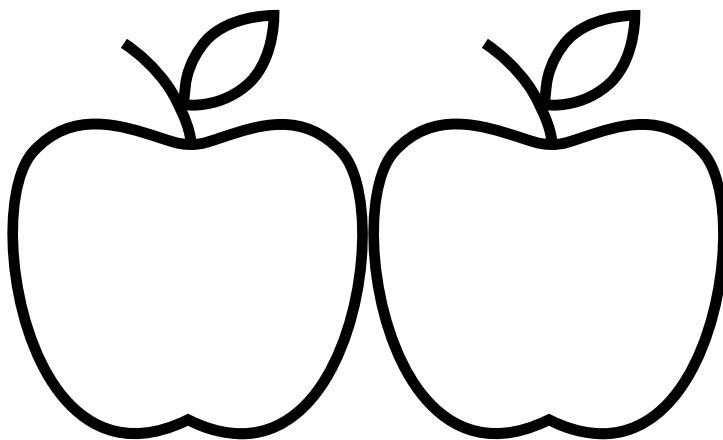
IS NOT

NEW score	Clinical risk	Response
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Red score Score of 3 in any individual parameter	Low–medium	Urgent ward-based response*
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**Clinically  
Relevant**



**Objective**

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**Question** 



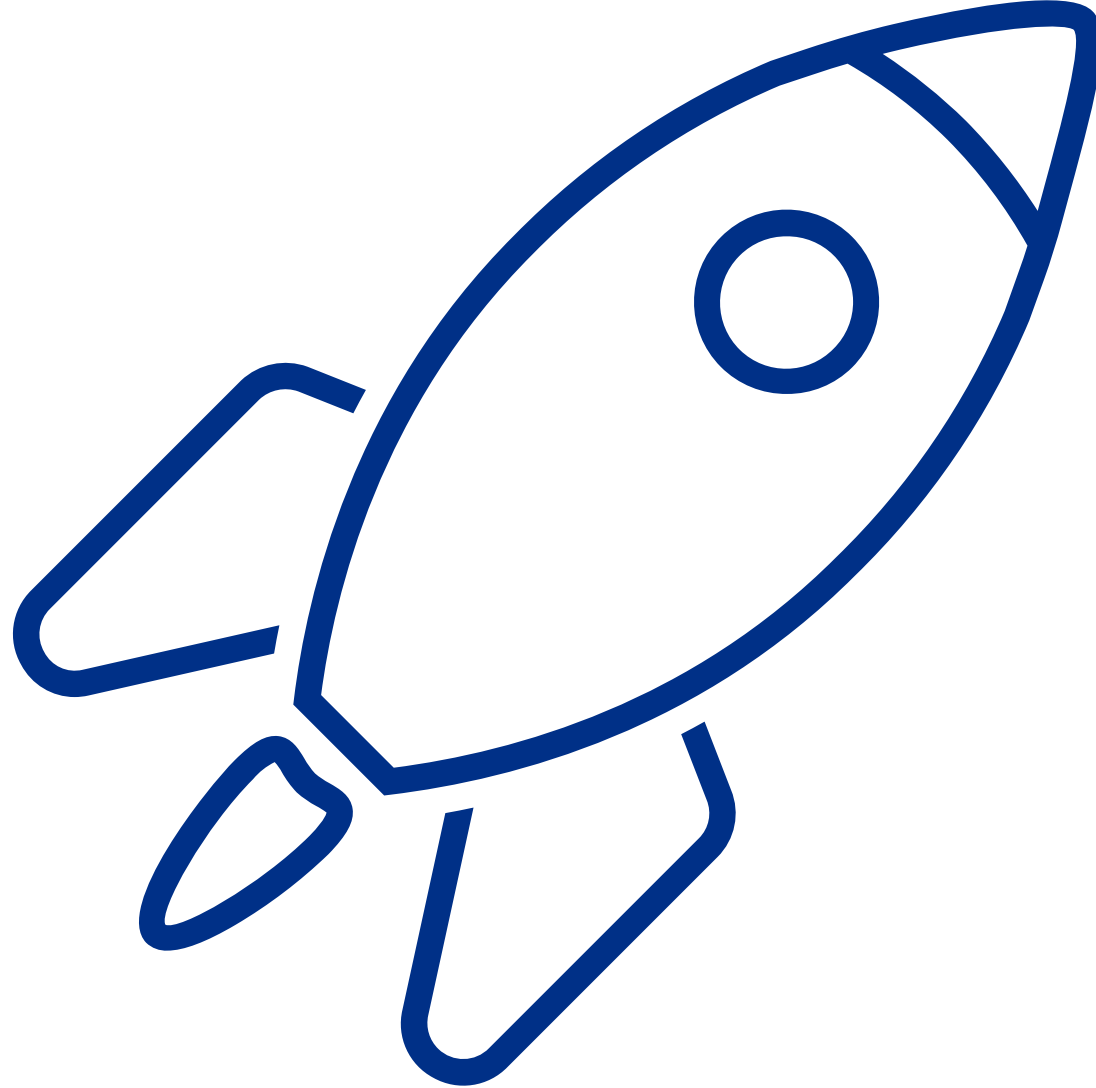
## Question


***In your UEC career,  
have you ever felt unsure whether  
to escalate an operational issue...?***



## Question

***Who has experienced a situation where there was a clear risk to patient safety, but that situation wasn't recognised or escalated?***





**Enable maintenance of  
patient safety and access  
to care through  
consistent, objective  
review of specific  
providers OPEL and  
system OPEL**



# **Operational Pressures Escalation Levels (OPEL) Framework 2023/24**

Version 2.0



Chart 1: The NEWS scoring system

Physiological parameter	3	2	1	Score 0	1	2	3
Respiration rate (per minute)	≤8		9–11	12–20		21–24	≥25
SpO <sub>2</sub> Scale 1 (%)	≤91	92–93	94–95	≥96			
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Temperature (°C)	≤35.0		35.1–36.0	36.1–38.0	38.1–39.0	≥39.1	

## OPEL parameter

Mean ambulance handover time previous 180 minutes.

ED all-type 4-hour performance

ED all-type attendances

Majors and resuscitation occupancy (adult)

Median time to treatment since midnight.

% of patients spending &gt;12 hours in ED

% G&amp;A bed occupancy

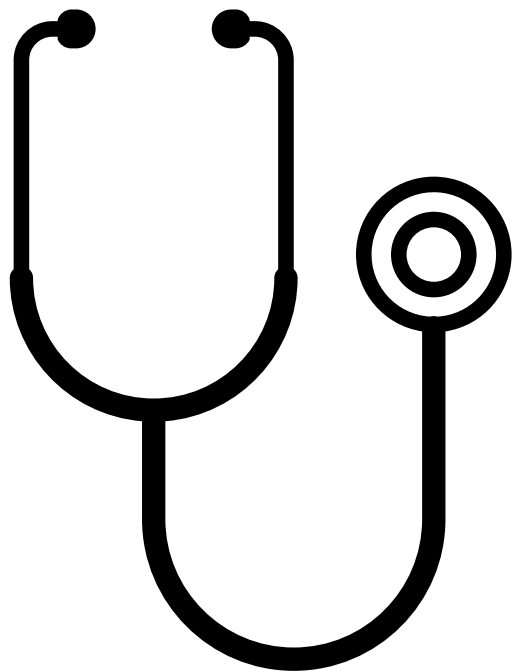
% of open beds that are escalation beds

% of beds occupied by patients no longer meeting criteria to reside

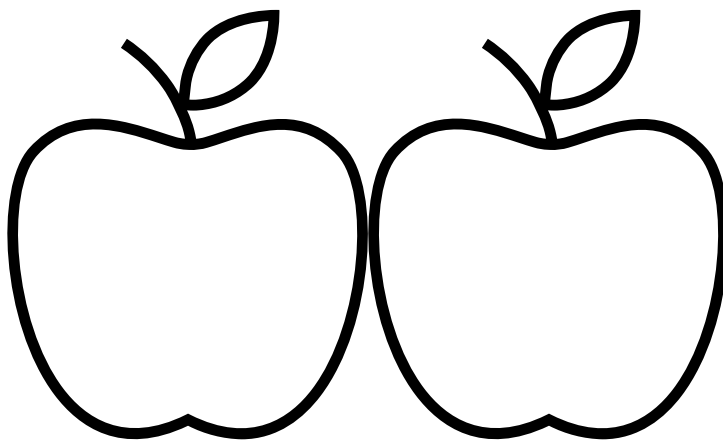
## Score

	0	1	2	3	4	5	6
Mean ambulance handover time previous 180 minutes.	<15 min		15–30 min		>30–60 min		>60 min
ED all-type 4-hour performance	>95%	>76–95%	>60–76%		≤60%		
ED all-type attendances	≤2%	>2–10%	>10–20%		>20%		
Majors and resuscitation occupancy (adult)	≤80%		>80–100%		>100–120%		>120%
Median time to treatment since midnight.	≤60 min	>60–90 min	>90–120 min		>120 min		
% of patients spending >12 hours in ED	≤2%	>2–5%	>5–10%		>10%		
% G&A bed occupancy	≤92%		>92–95%		>95–98%		>98%
% of open beds that are escalation beds	<2%	2–4%	>4–6%		>6%		
% of beds occupied by patients no longer meeting criteria to reside	≤10%		>10–13%		>13–15%		>15%

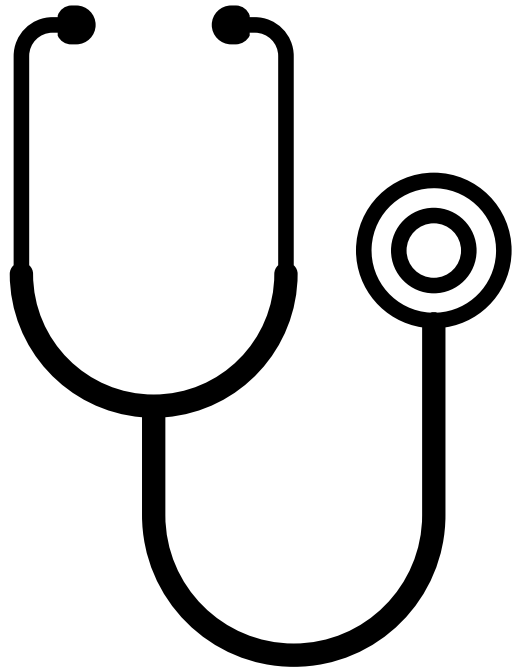
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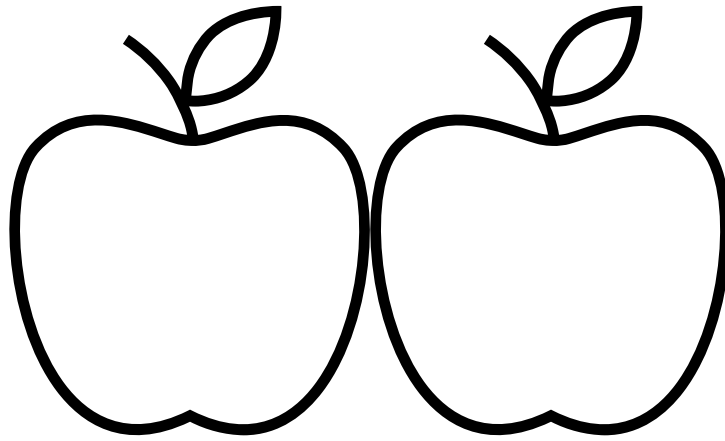
**Clinically  
Relevant**



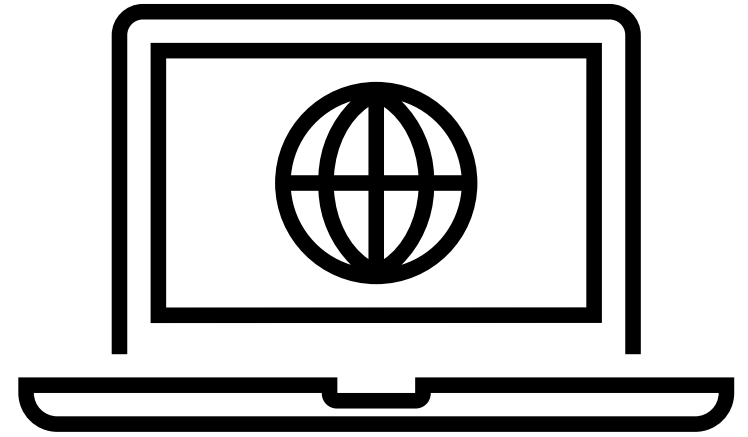
**Objective**



**Clinically  
Relevant**



**Objective**



**Digitally  
Enabled**







# Integrated operational pressures escalation levels (OPEL) framework 2024 to 2026

Document first published: 2 December 2024  
Page updated: 6 February 2025  
Topic: Community health services, Integrated care, Mental health, NHS 111, Urgent and emergency care

Publication type: Guidance

This Integrated operational pressures escalation levels (OPEL) framework 2024 to 2026 is for the management of operational pressures across NHS England's providers, including acute trusts, community health, mental health, and NHS 111 services and provides the core parameters that each of these types of provider must use to determine their OPEL.

## Link



[Integrated operational pressures escalation levels \(OPEL\) framework 2024 to 2026](#)

## Summary

Accessible content. Published 2 December 2024.

## Document



[Appendix A: OPEL framework 2024 to 2026 normalised OPEL score process](#)

Microsoft Excel 89 KB

## Document



[Appendix B: OPEL 2024 to 2026 acute parameters](#)

Microsoft Word 136 KB

## Document



[Appendix C: OPEL 2024 to 2026 community health service parameters](#)

Microsoft Word 105 KB

# Integrated operational levels (OPEL) framework

Document first published: 2 December 2024  
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Link  
[Integrated operational pressure escalation levels \(OPEL\) framework 2024 to 2026](#)

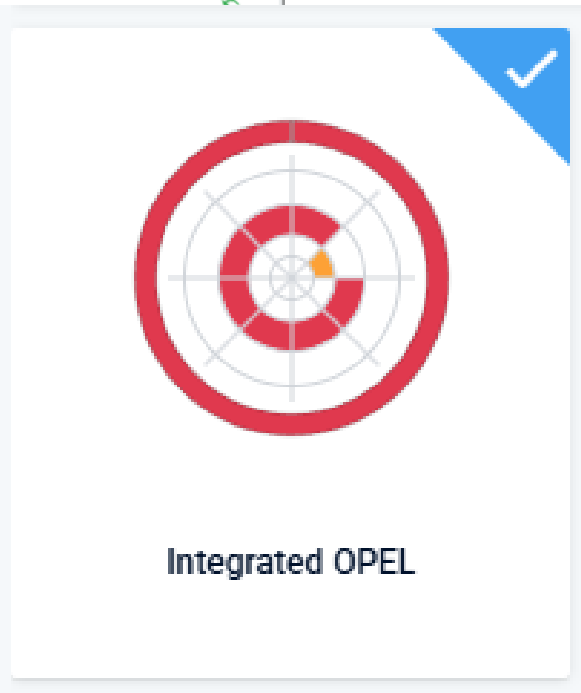
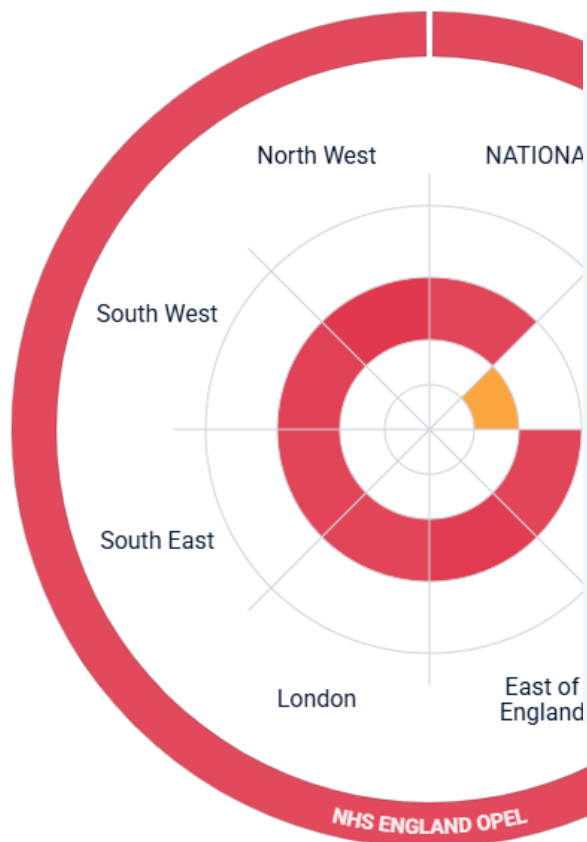
Document  
[Appendix A: OPEL framework 2026 normalised OPEL scores](#)  
 Microsoft Excel 89 KB

Document  
[Appendix B: OPEL 2024 to 2026 parameters](#)  
 Microsoft Word 136 KB

Document  
[Appendix C: OPEL 2024 to 2026 community health service parameters](#)  
 Microsoft Word 105 KB

## Integrated OPEL

Vantage → Dashboards



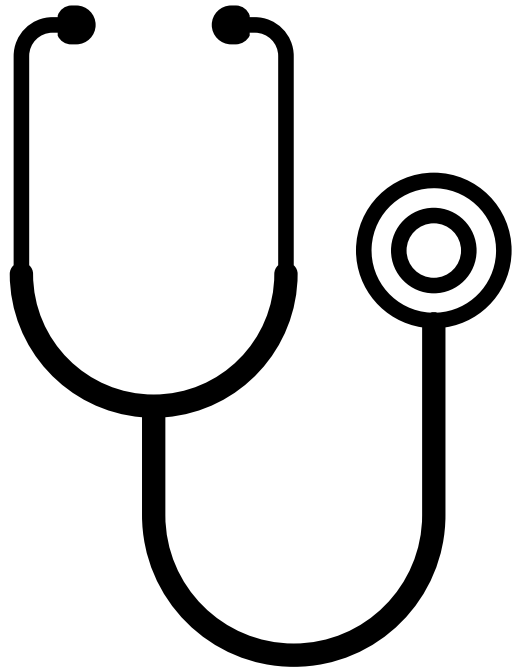
24/26 Acute



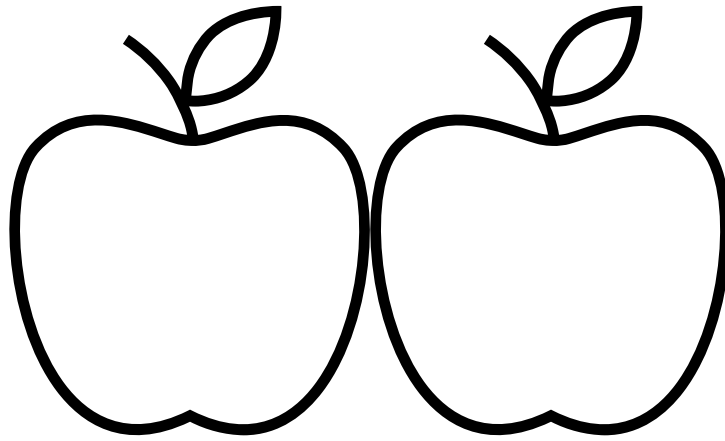
Community



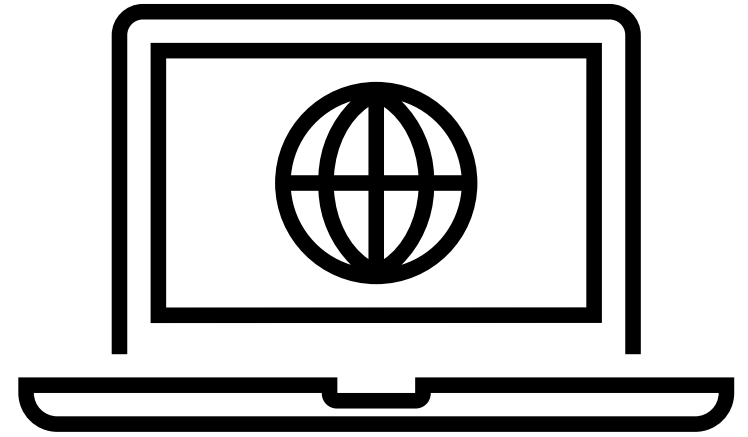
Mental Health



**Clinically  
Relevant**



**Objective**



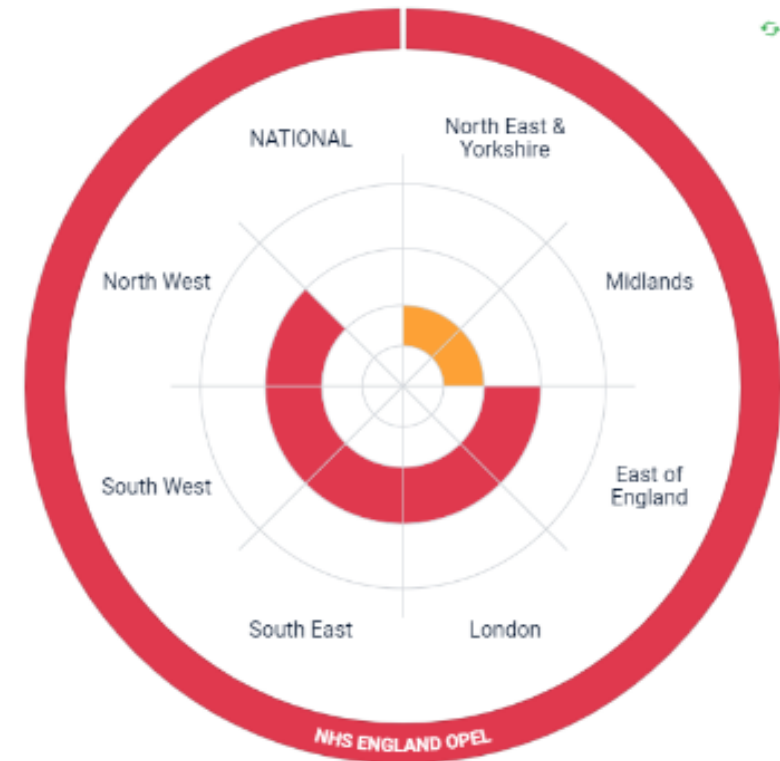
**Digitally  
Enabled**



**Digitally  
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## OPEL

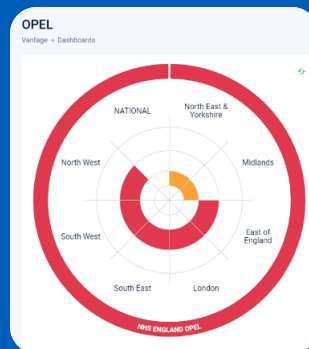
Vantage → Dashboards







Digitally  
Enabled



## NHS England

### National Acute OPEL Report - Daily Overview

As At 4:00pm On 11/03/2024

Data Completeness 11/03/2024 @ 16:00:  
100% (42 out of 42 ICBs)



#### Today's Position (11/03/2024)



National OPEL Status:

**OPEL 3**

Score = 25/44  
Prev. Day Score = 23

**OPEL 1: 0 ICBs**  
(-1 ▼ vs prev. day)

**OPEL 2: 11 ICBs**  
(-5 ▼ vs prev. day)

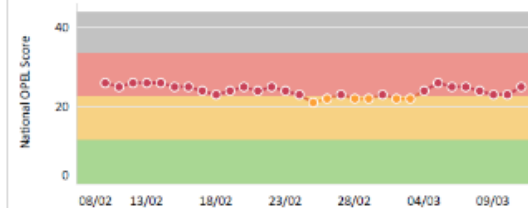
**OPEL 3: 30 ICBs**  
(6 ▲ vs prev. day)

**OPEL 4: 1 ICBs**  
(No change vs prev. day)

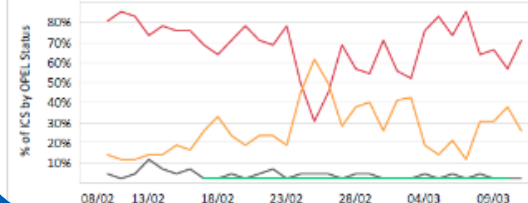
#### Today's Position - Regional Breakdown (11/03/2024)

	OPEL 1	OPEL 2	OPEL 3	OPEL 4	No Submission	Regional Score
East of England		●●	●●●●			25
London		●	●●●●			24
Midlands		●	●●●●●●			26
North East & Yorkshire		●●●	●			18
North West			●●●			27
South East		●●	●●●●			25
South West		●●	●●●●	●		29

#### 31 Day Trend (10/02/2024 - 11/03/2024)



#### 31 Day Trend - ICS Status Percent (10/02/2024 - 11/03/2024)



#### 31 Day Trend - Regional Breakdown (10/02/2024 - 11/03/2024)

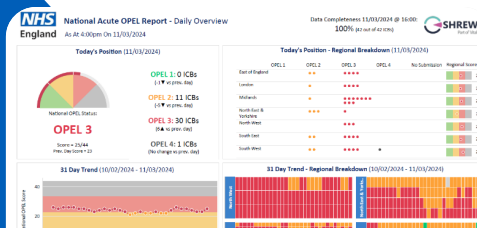


Information: Each cell represents one OPEL submission by one ICS.

Each column represents one date running from 10/02/2024 to 11/03/2024, running left to right.



# Digitally Enabled



## NHS England National Acute OPEL Report - Indicator Overview

Data Completeness 11/03/2024 @ 16:00:  
87% (1,384 out of 1,589 Indicators)

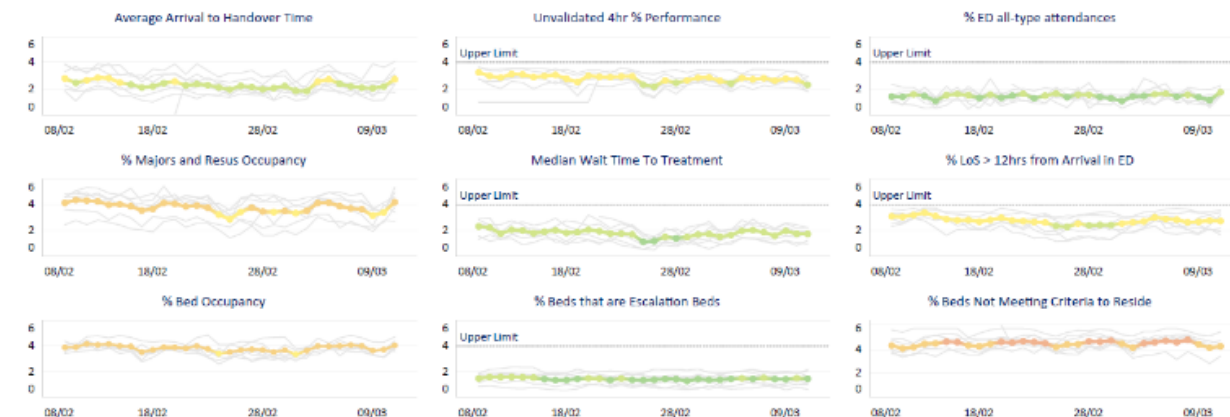


Today's Position (11/03/2024):

OPEL Status:	England	East of England	London	Midlands	North East & Yorkshire	North West	South East	South West	Completion Rate:
Average Arrival to Handover Time	2.8 (1.0-4.6)	3.1 (1.0-5.2)	1.8 (0.0-3.6)	3.6 (1.0-6.2)	2.3 (0.0-4.6)	2.6 (0.0-5.2)	2.4 (0.0-5.2)	4.1 (1.0-7.2)	90%
Unvalidated 4hr % Performance	2.3 (0.0-4.6)	1.8 (0.0-3.6)	1.8 (0.0-3.6)	2.5 (0.0-5.2)	2.3 (0.0-4.6)	3.0 (0.0-5.2)	2.0 (0.0-4.6)	3.0 (0.0-5.2)	88%
% ED all-type attendances	1.8 (0.0-3.6)	1.9 (0.0-3.6)	2.3 (0.0-4.6)	1.6 (0.0-3.6)	1.5 (0.0-3.6)	1.5 (0.0-3.6)	1.5 (0.0-3.6)	2.1 (0.0-4.6)	88%
% Majors and Resus Occupancy	4.2 (1.0-7.2)	5.4 (1.0-9.0)	2.8 (0.0-5.2)	4.4 (1.0-7.2)	3.5 (0.0-6.2)	4.6 (1.0-7.2)	5.0 (1.0-7.2)	3.9 (0.0-6.2)	88%
Median Wait Time To Treatment	1.8 (0.0-3.6)	1.0 (0.0-3.6)	2.3 (0.0-4.6)	1.7 (0.0-3.6)	2.0 (0.0-4.6)	2.3 (0.0-4.6)	1.3 (0.0-3.6)	1.8 (0.0-3.6)	88%
% LoS > 12hrs from Arrival in ED	2.8 (0.0-5.2)	1.7 (0.0-3.6)	3.4 (0.0-6.2)	2.7 (0.0-5.2)	2.0 (0.0-4.6)	3.6 (0.0-6.2)	2.2 (0.0-4.6)	3.2 (0.0-6.2)	88%
% Bed Occupancy	4.1 (1.0-7.2)	3.8 (0.0-6.2)	4.0 (0.0-6.2)	4.8 (1.0-7.2)	3.9 (0.0-6.2)	4.0 (0.0-6.2)	3.7 (0.0-6.2)	4.6 (0.0-7.2)	86%
% Beds that are Escalation Beds	1.5 (0.0-3.6)	2.1 (0.0-4.6)	1.1 (0.0-3.6)	1.7 (0.0-3.6)	1.1 (0.0-3.6)	0.7 (0.0-3.6)	2.2 (0.0-4.6)	1.7 (0.0-3.6)	84%
% Beds Not Meeting Criteria to Reside	4.3 (1.0-7.2)	4.1 (1.0-7.2)	4.1 (0.0-6.2)	3.4 (0.0-6.2)	4.4 (1.0-7.2)	4.7 (1.0-7.2)	4.4 (0.0-7.2)	5.5 (1.0-9.0)	86%

▲ ▼ Indicates change vs previous day. Red & green flags indicate a daily change >= 0.5.

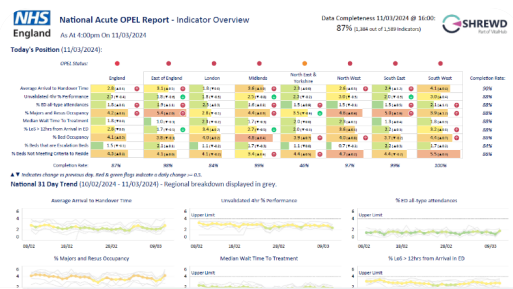
National 31 Day Trend (10/02/2024 - 11/03/2024) - Regional breakdown displayed in grey.

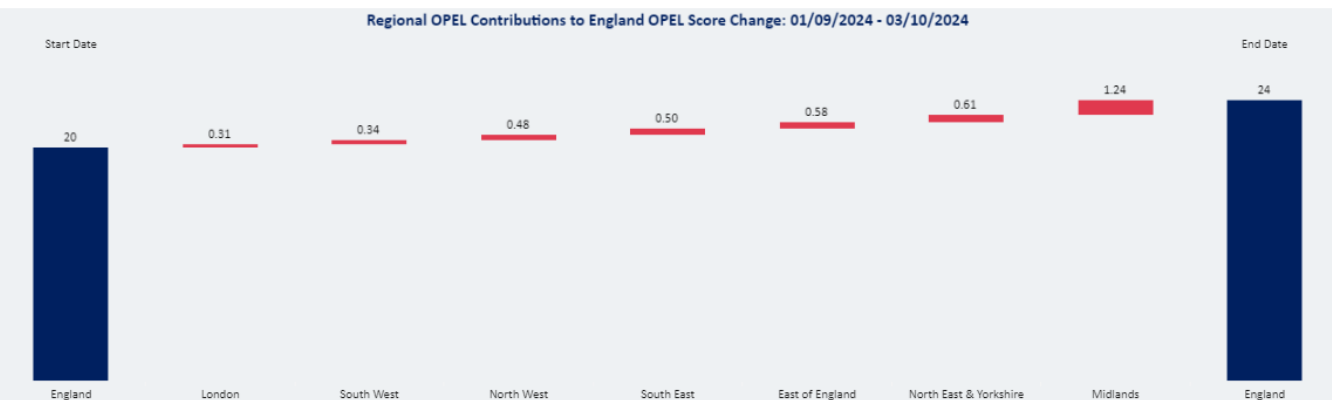
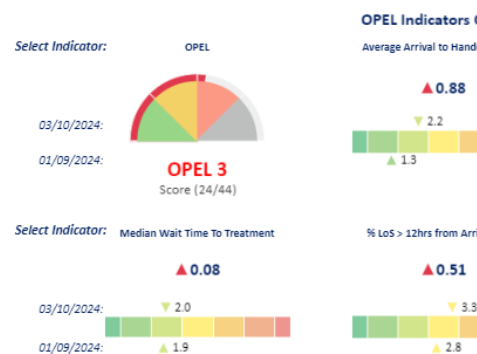
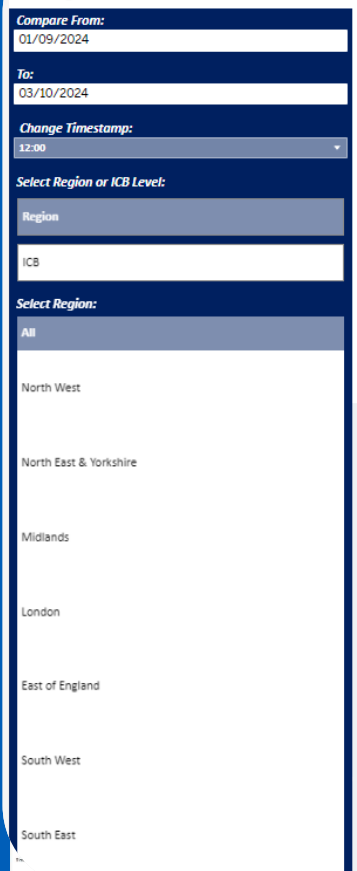


Site Level indicator scores are rolled-up using the OPEL proportional representation figures. Missing indicator submissions have been excluded from these roll-up calculations.



**NHS**  
England



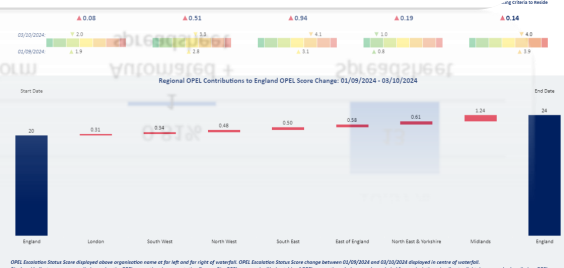
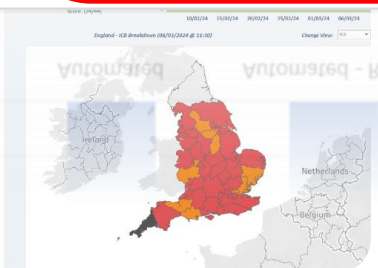
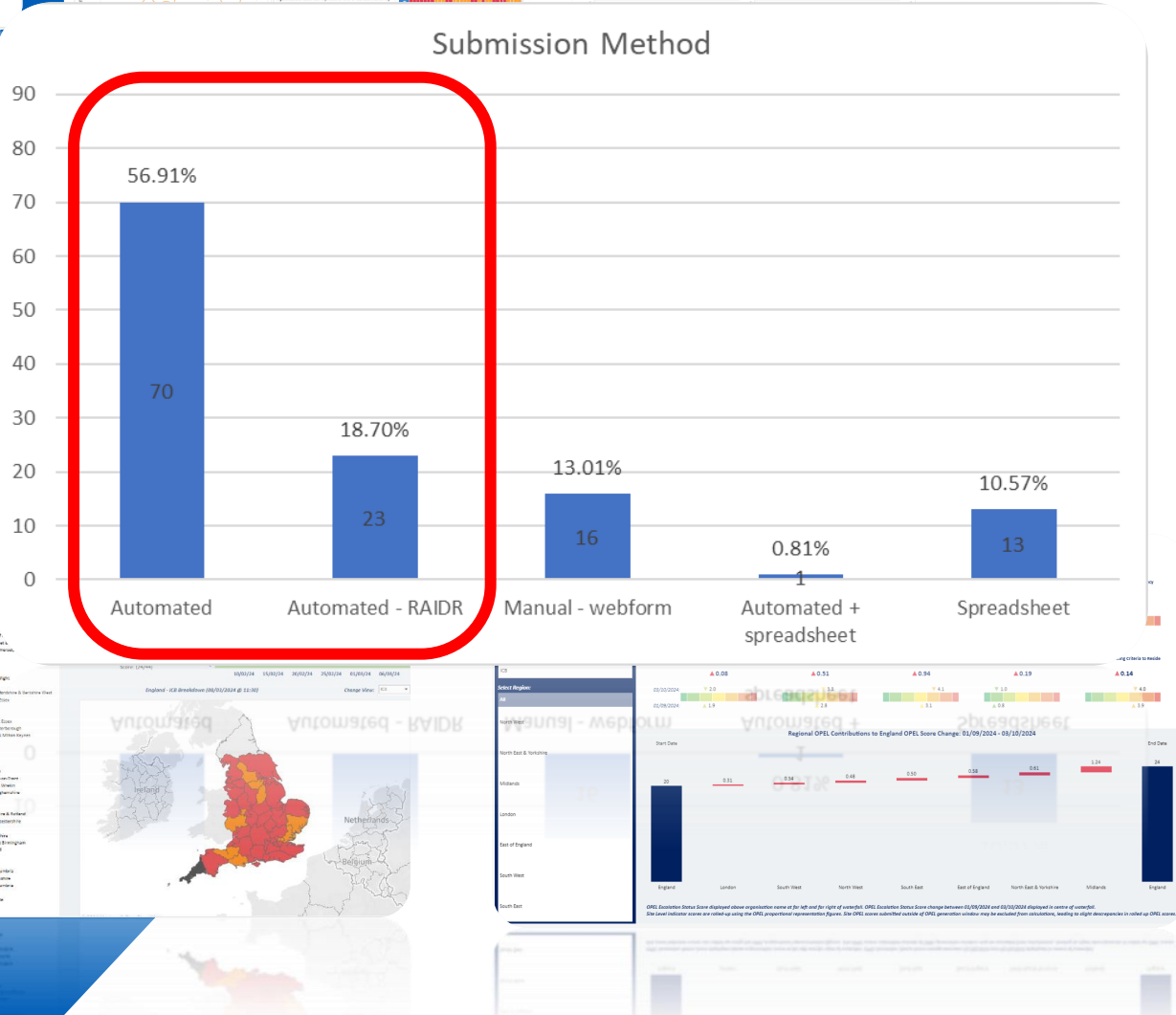
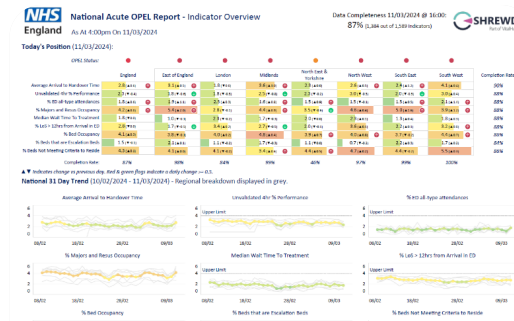
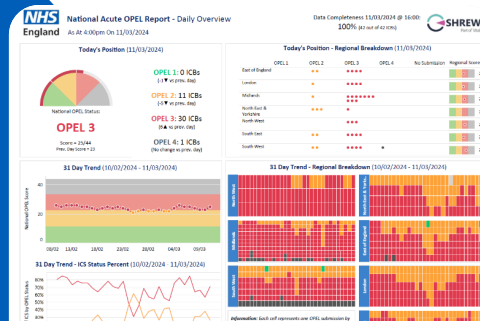
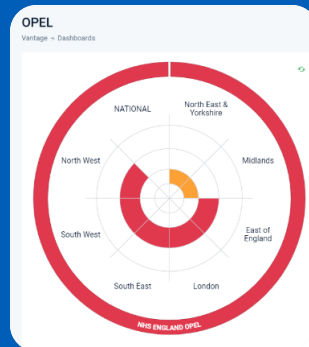


*OPEL Escalation Status Score displayed above organisation name at far left and far right of waterfall. OPEL Escalation Status Score change between 01/09/2024 and 03/10/2024 displayed in centre of waterfall. Site Level indicator scores are rolled-up using the OPEL proportional representation figures. Site OPEL scores submitted outside of OPEL generation window may be excluded from calculations, leading to slight discrepancies in rolled up OPEL scores.*



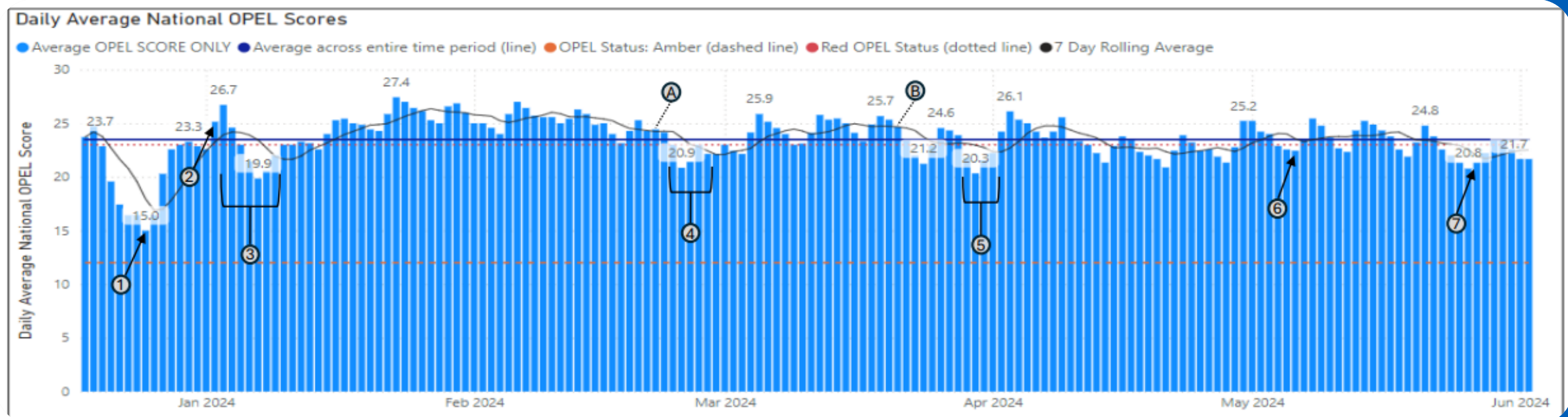
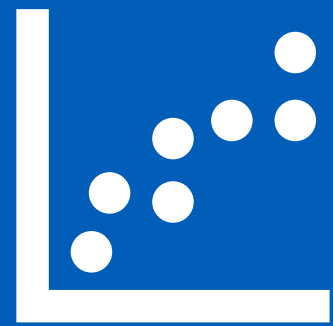


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Enabled

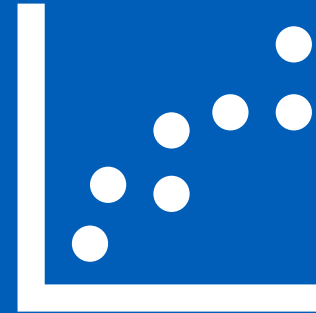




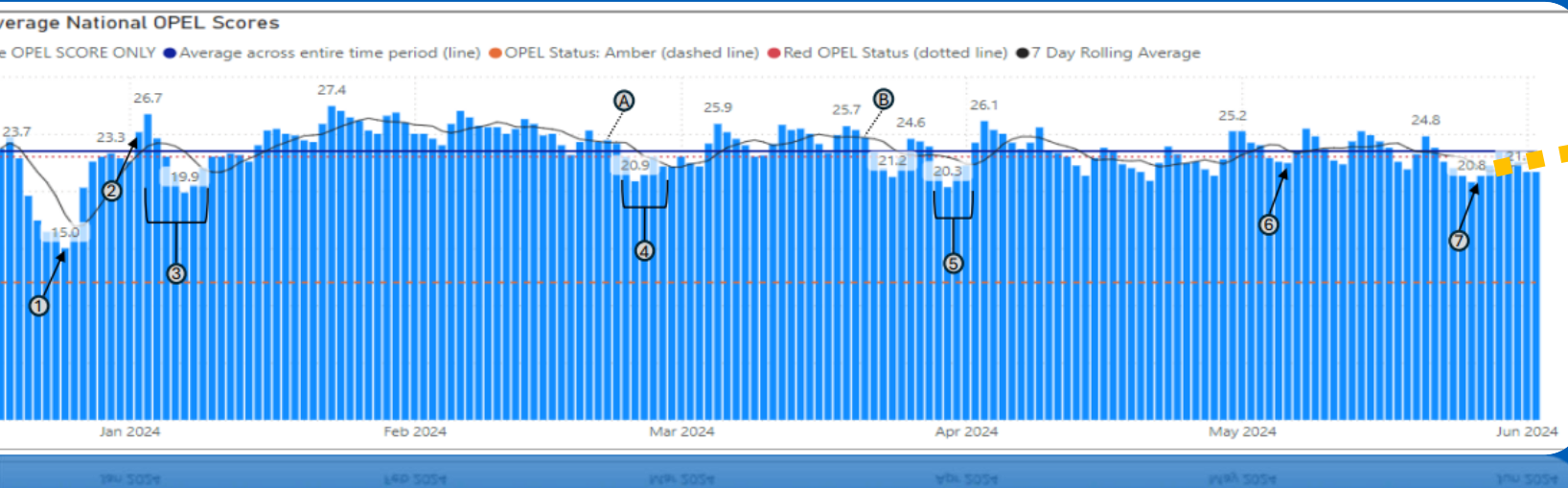
# Analysis



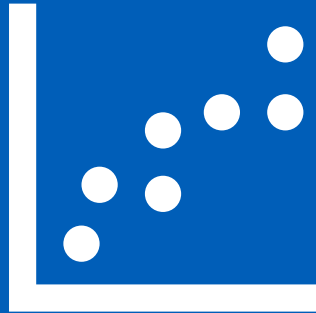
# Analysis



# Prediction



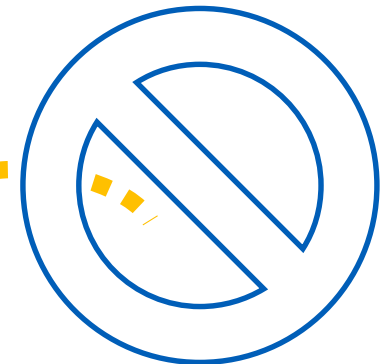
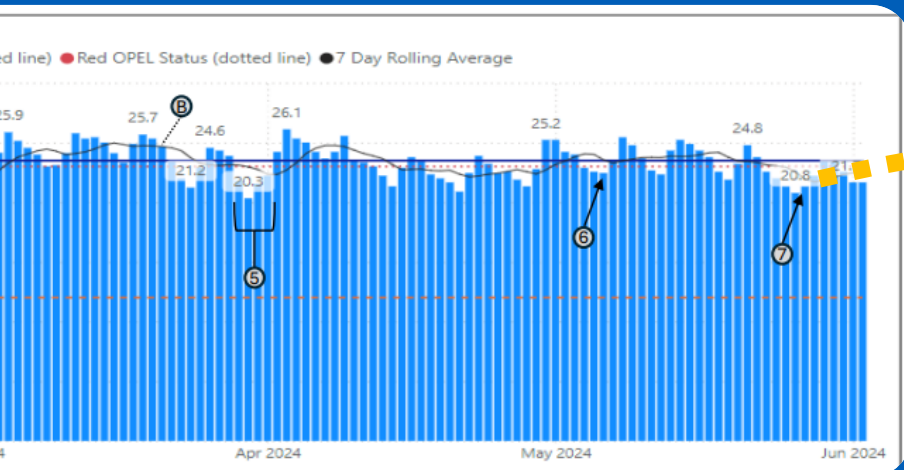
Analysis



Prediction



Prevention



**What's next  
for OPEL**



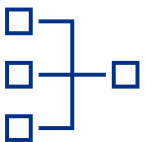
# What's next for OPEL



**Consolidate OPEL use and improve data quality**



**Stakeholder engagement, operational maturity and OPEL use**



**Work with ICBs into new operating model**



***Mission  
statement:***

***“Ensure patient safety and  
operational resilience in UEC  
pathways by effectively using OPEL  
data. Foster teamwork to deliver high-  
quality, equitable care.***

***Supporting the shift from analogue to  
digital, hospital to community, and  
sickness to prevention.”***

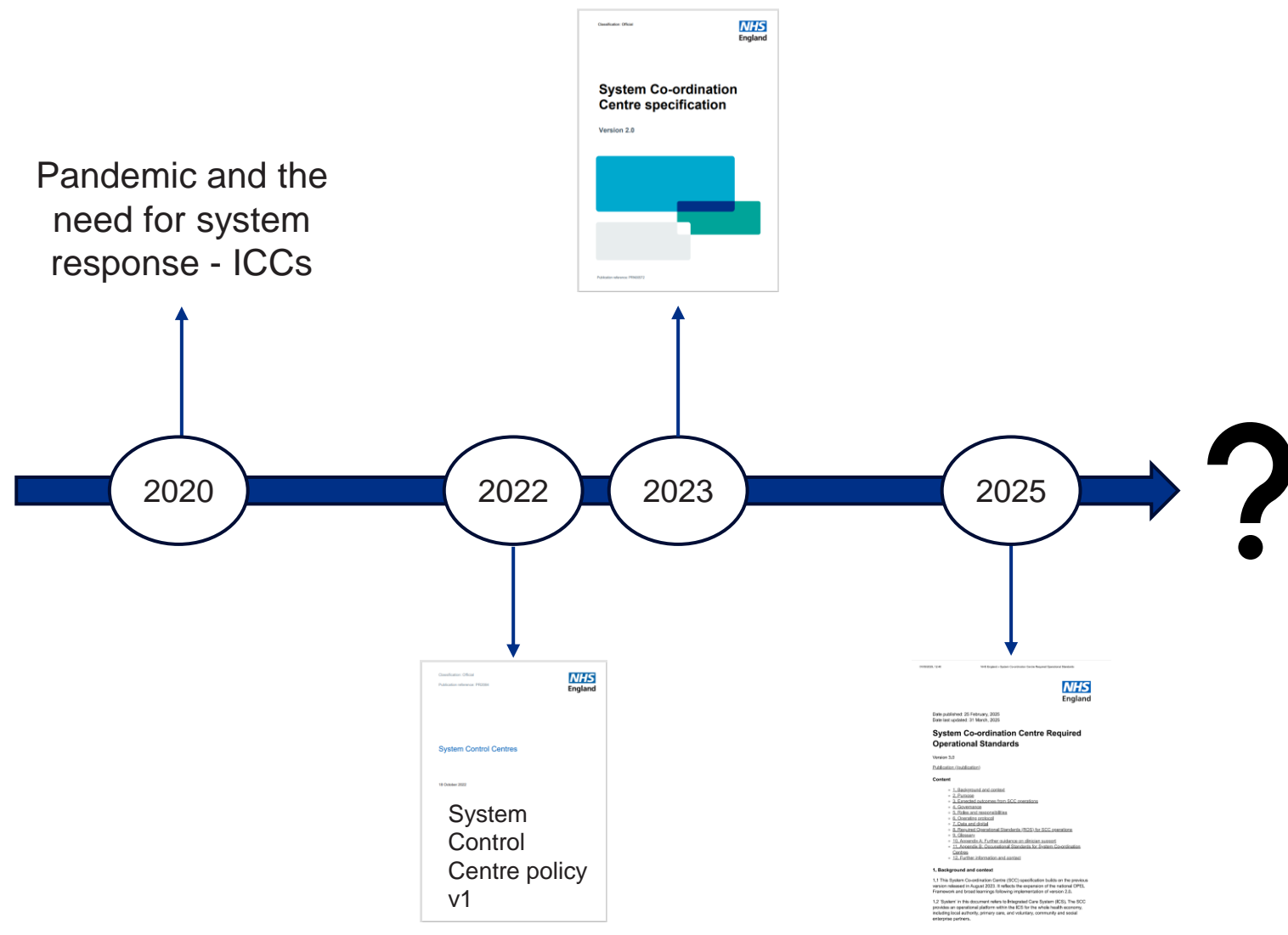
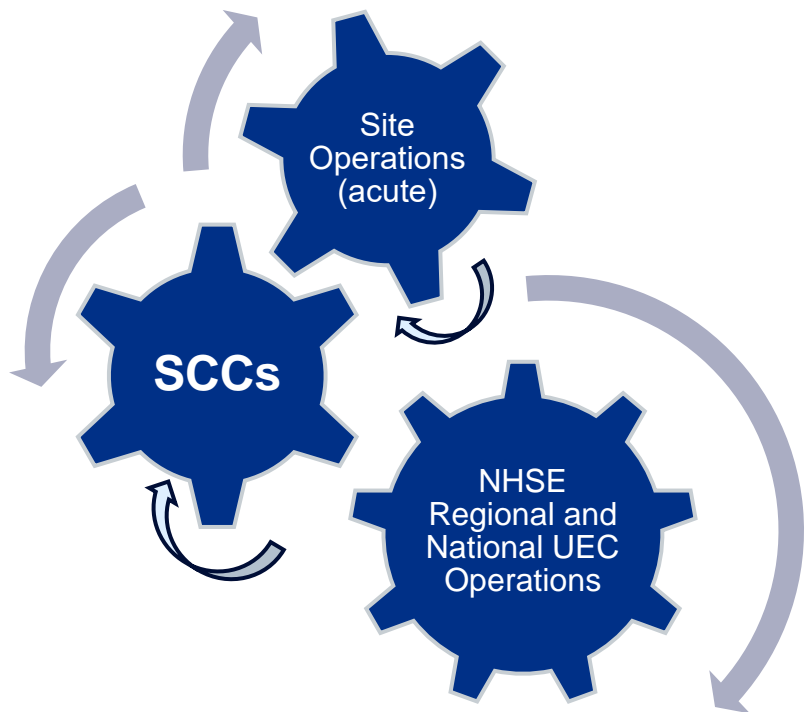


England

Enhance  
**Enable**  
Effect



# The journey so far – UEC operations in England





# There a need for .....

Consistency in  
standards and  
escalation

Co-ordination of  
capacity and action

Shared situational  
awareness

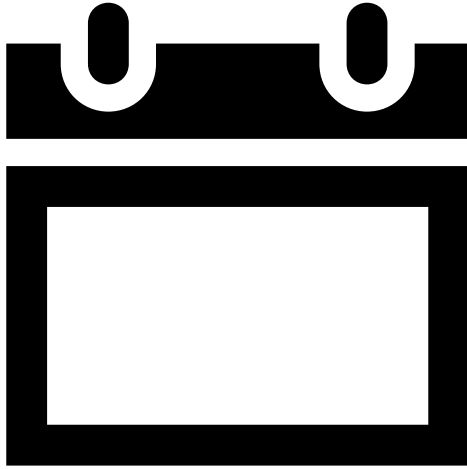
Equity of access and  
disparity in outcomes

Learning and  
continuous  
improvement

Common  
understanding of risk

**...at a system level**

# Knowns and Unknowns



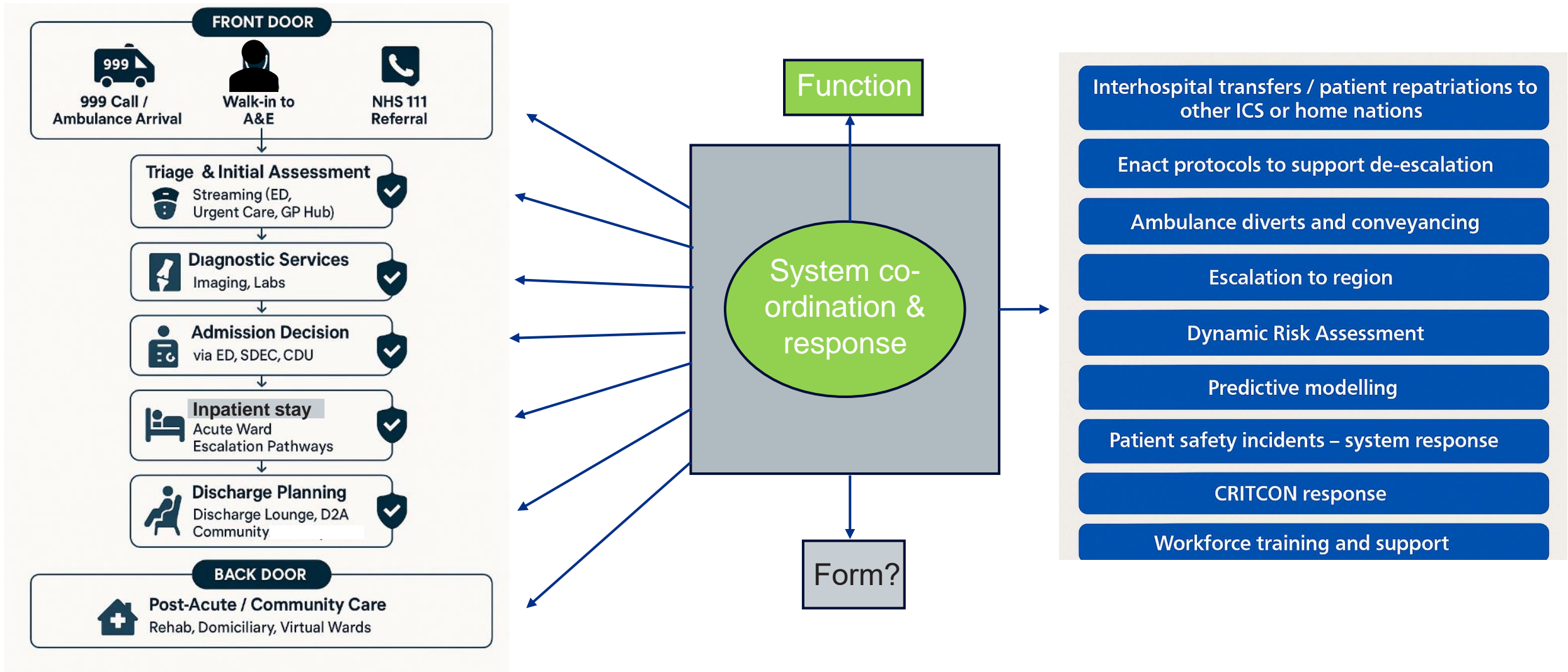
Unknown:  
Timeline



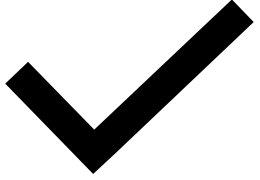
Known:  
Need for a  
system  
response



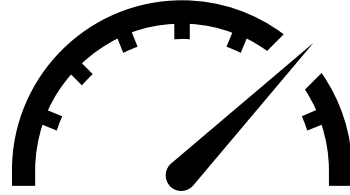
# What relevance does this have for me .....



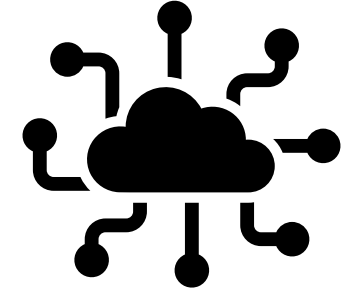
# What have we achieved?



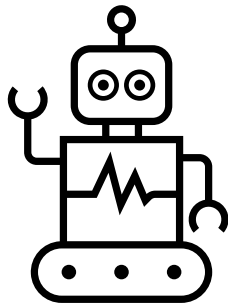
1 exists in each system – 42 in total



Improved speed of system response to local pressures



Real time co-ordination of capacity and action



100% Digital enablement at system level



Multiple SCCs achieved benchmarkable maturity in 24/25

# How can this programme benefit me.....

System wide  
escalation policies



Dynamic ✓  
Risk  
Assessment

Patient Safety  
Incident  
Framework



Digital  
oversight



Webinars  
and training



Directory of  
contacts



# Training and support – Tools and support

SCC Futures page



CRITCON

Model Health  
System

Dynamic Risk  
Assessment

Patient Safety  
Incident  
Response

Performance  
Overview  
Dashboard

Virtual Ward  
Operational  
Framework

IUC 111  
Dashboard

A&E  
Forecasting  
Tool

Community  
Tracker

Performance  
Overview  
Dashboard

SEDIIT and  
SAPIT

MH  
Operational  
Framework



England

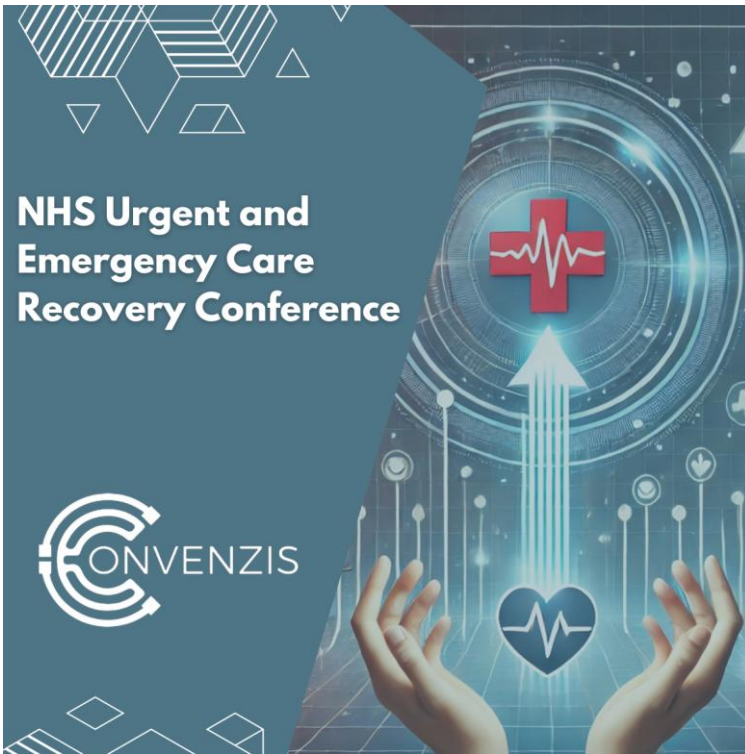
Enhance  
Enable  
**Effect**





**Thank you**





# Lunch & Networking



## Chair Afternoon Address



**Chris Morrow-Frost**  
National Clinical Advisor to Secondary Care  
NHS England



## Keynote Presentation



**Nikki Teesdale**

Director of Health and Care Integration and Improvement  
Medway and Swale Health and Care Partnership

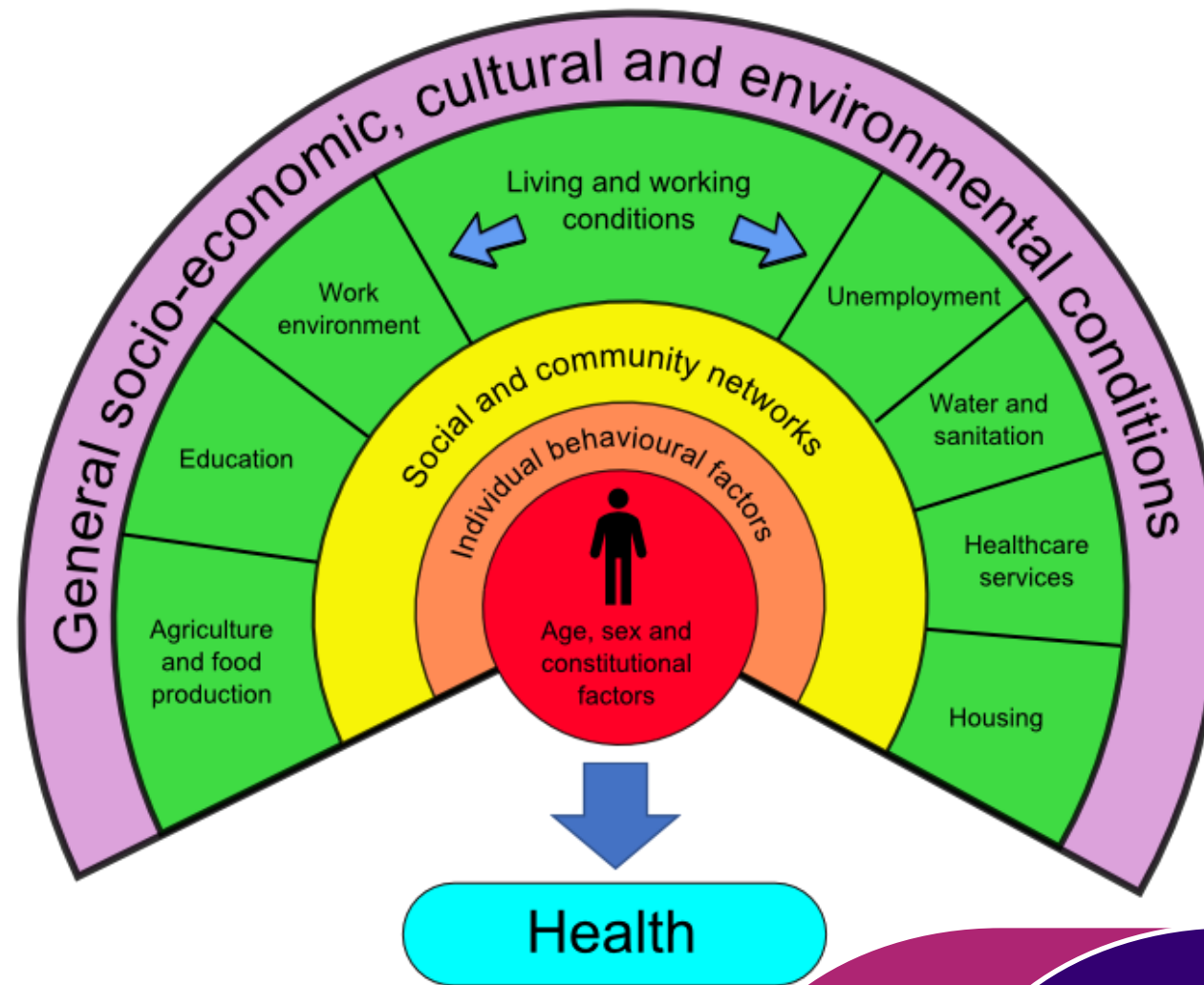


# **Social Regeneration Building Communities**

**Medway and Swale Health and Care  
Partnership**

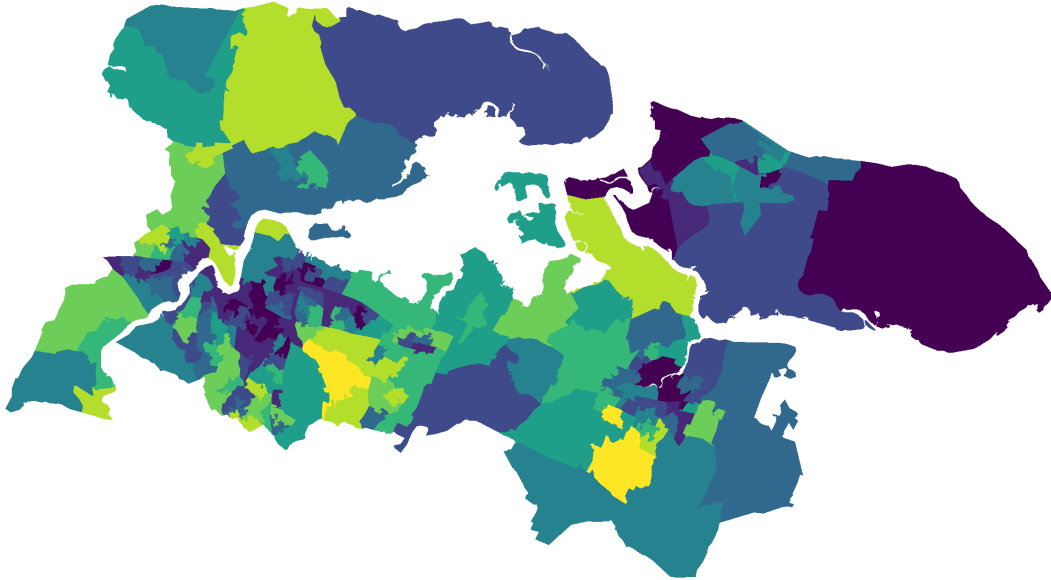
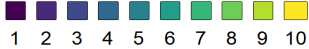
**Nikki Teesdale – Director of Health and Care  
Integration and Improvement**

# Factors attributing to our health



# Deprivation

National decile IMD19  
(1 = most deprived)



Ministry of Housing, Communities & Local Government. English indices of deprivation 2019  
Contains National Statistics data © Crown copyright and database right 2019  
Contains OS data © Crown copyright and database right 2019  
Produced by Medway Public Health Intelligence Team, Medway Council 2024-11-19

Version 6.0 © Medway Council, Public Health Intelligence Team, 19/11/2024

Source: GOV.UK. Ministry of Housing, Communities and Local Government. English Indices of Deprivation 2019.

- On average **34.5%** of households in Medway are **deprived in one dimension**, **35.2%** in Swale though this is as much as **51.9%** in some LSOA's
- **40.1%** of people in **Swale** and **36.9%** of people in **Medway** are **economically inactive**. This is as much as **70%** in some LSOAs
- **23.7%** of **children** in Sheerness live in **absolute low-income families** (870 children)
- Across Medway and Swale, there are an estimated **180 people rough sleeping**
- In 23/24, there were **4,240 homelessness assessments** across Medway and Swale
- **20%** of people in Swale & **17%** of people in Medway are **classified as disabled** under the Equality Act
- The rate of **unplanned hospital admissions** for chronic **Ambulatory Care Sensitive Conditions** across Medway and Swale is 1,106 per 100,000 – significantly worse than the England average. **This is double the England average in the most deprived areas**

**People in the most deprived 10% have multiple morbidities equivalent to people 10 years older in the least deprived decile**



# Summary: Medway and Swale

Compared with England: ■ Better ■ Similar ■ Worse ■ Not compared  
 Compared with England: ■ Lower ■ Similar ■ Higher

Indicator	Compared to England	Indicator	Compared to England	Indicator	Compared to England
School readiness	Similar	Cervical cancer screening	Better	Circulatory mortality (<75 yrs)	Worse
Average Attainment 8 score	Worse	Bowel cancer screening	Worse	Cancer mortality (<75 yrs)	Worse
Pupil absence	Worse	Infant mortality	Similar	ACSC admissions	Worse
Unemployment	Worse	Low birth weight	Similar	Depression prevalence	Higher
Children living in relative poverty	Better	AE attendances (0-4 yrs)	Worse	Serious mental illness prevalence	Lower
Fuel poverty	Not compared	Dental decay (5 yrs)	Similar	Suicide (persons)	Worse
Homelessness	Worse	Under 18s conceptions	Worse	Suicide (male)	Worse
Violent crime	Higher	Asthma admissions (<19 yrs)	Similar	Dementia diagnosis rate	Not compared
Life expectancy (male)	Worse	Epilepsy admissions (<19 yrs)	Worse	Falls admissions (>65 yrs)	Better
Life expectancy (female)	Worse	Diabetes admissions (<19 yrs)	Worse	Hip fracture admissions (>65 yrs)	Similar
Smoking prevalence	Worse	Mental health admissions (0-17 yrs)	Similar	Osteoporosis prevalence	Similar
Adult excess weight	Worse	Self-harm admissions (10-24 yrs)	Worse		
Year 6 excess weight	Worse	Substance misuse adms (15-24 yrs)	Worse		
Physical inactivity	Worse	Hypertension prevalence	Higher		
Alcohol admissions	Better	Diabetes prevalence	Higher		
Air pollution	Not compared	CHD prevalence	Lower		
Prescribed antibiotics	Similar	CKD prevalence	Higher		
Breast cancer screening	Worse	Stroke prevalence	Lower		

# Summary: Sheppey

Compared with England: ■ Better ■ Similar ■ Worse ■ Not compared  
 Compared with England: ■ Lower ■ Similar ■ Higher

Indicator	Compared to England
Pupil absence primary [%]	Worse
Unemployment	Worse
Fuel poverty [% households]	Lower
Life expectancy (Female) [Years]	Worse
Life expectancy (Male) [Years]	Worse
Smoking prev 15+ [%]	Higher
Year 6 excess weight	Worse
Obesity prev 18+ [%]	Higher
Alcohol admissions	Better
Prescribed antibiotics [ISR]	Higher
Breast screening [%]	Similar
Cervical screening [%]	Better
Bowel screening [%]	Worse
Low birth weight	Better
A&E attendances (0-4 years)	Worse
Asthma admissions (<19 yrs)	Worse
Self-harm admissions (10-24 yrs)	Similar
CHD prevalence	Similar

Indicator	Compared to England
Stroke prevalence	Similar
PAD prevalence	Similar
Heart failure prevalence	Higher
AF prevalence	Similar
Hypertension prevalence	Higher
CKD prevalence	Higher
Cancer prevalence	Similar
Diabetes prevalence	Higher
COPD prevalence	Higher
Serious mental illness prevalence	Lower
Depression prevalence	Higher
Dementia prevalence	Lower
ACSC adm [DSR/100,000]	Worse
All cause deaths <75 [DSR]	Worse
Cancer deaths <75 [DSR]	Worse
Circulatory deaths <75 [DSR]	Worse
Osteoporosis prevalence (>50 yrs)	Similar
Hip fracture admissions (>65 yrs)	Worse

# Intra-Borough Disparities – Life Expectancy



# Housing and Health

- **Non-decent homes:** Approximately **2.4 million homes** in England (about **10% of the total housing stock**) are considered non-decent (English Housing Survey, 2022). These homes often have issues such as **damp, cold, and mould**, which are linked to or can exacerbate **respiratory conditions** like asthma and COPD.
- **Overcrowding:** As of 2021, **over 800,000 households** in England were overcrowded (MHCLG). Overcrowding increases the spread of **close-contact infections** like **gastroenteritis, flu, and COVID-19**, and can negatively affect **sleep and mental wellbeing** due to lack of privacy and space.
- **Poor affordability:** In 2022, more than **1 in 3 private renters** in England spent over **30% of their income** on rent, placing them under financial strain (ONS). This financial stress is strongly linked to **anxiety, depression**, and reduced ability to prioritise **health and wellbeing**.
- **Cost to the NHS:** Poor housing is estimated to cost the **NHS at least £1.4 billion per year**, with cold homes alone contributing **£848 million** annually (Building Research Establishment, 2021).
- **Cumulative harm:** Each housing issue independently affects health. Experiencing multiple issues – such as damp, crowding, and affordability – **compounds risk**, particularly for vulnerable populations including **children, older adults**, and those with pre-existing conditions.
- **Homelessness:** The **cost-of-living crisis** has caused a rise in homelessness, with **over 100,000 households** in England in **temporary accommodation** by late 2023 (Shelter). Homelessness is associated with **chronic stress**, increased rates of **mental illness**, and higher incidence of **long-term physical health conditions**.

# Employment and Health

- **Increased Risk of Long-Term Conditions**

Unemployment is linked to a **63% higher risk** of poor general health and significantly higher rates of **chronic conditions** such as cardiovascular disease and depression.

Long-term unemployment increases the risk of **mental illness** by up to **3 times**.

*(Sources: Marmot Review 10 Years On; Public Health England)*

- **Lower Income, Poorer Working Conditions & Health Outcomes**

People in insecure or low-paid work report **worse physical and mental health**, and higher rates of **musculoskeletal disorders, stress, and anxiety**.

Those in routine/manual jobs are **2x more likely** to die prematurely compared to those in professional roles.

*(Source: ONS; Institute for Health Equity)*

- **Employment & Health Inequalities**

In the **most deprived areas**, only **62.5%** of people aged 16–64 are in employment, compared to **79.6%** in the least deprived.

**Job quality** (control, security, work-life balance) strongly influences both **mental wellbeing** and **long-term health**.

*(Source: ONS, Employment Inequalities; Health Foundation)*

# How Education Shapes Health

## Increased Risk of Long-Term Conditions

- Each additional year of education reduces mortality risk by 2%.
- Completing primary, secondary, and tertiary education reduces mortality by **up to 34%**.  
(Source: *The Guardian*, Jan 2024; *PubMed*)

## Lower Health Literacy & Reduced Self-Management

- People with more education are significantly more likely to report "very good" or "good" health.
- Higher educational attainment improves health knowledge and self-care capabilities.  
(Source: ONS, *Health Inequalities*; *UK Health and Lifestyle Survey*)

## Higher Rates of Unemployment & Health Inequalities

- Only **36.5%** in low Healthy Life Expectancy (HLE) areas have higher-level qualifications, compared to **56.8%** in high HLE areas.
- Smoking rates are **1.7x higher** in low HLE areas, correlating with lower educational attainment.  
(Source: ONS, *Health Inequalities*)





# What is Social Regeneration?

*“Social regeneration is about ensuring that the places where people live, now and in the future, create new opportunities, promote wellbeing and reduce inequalities so that people have better lives, in stronger communities, and achieve their potential”*



# Five Pillars of Social Regeneration

## Lifelong Learning

Empowering individuals and communities with adaptable skills and knowledge for collective success

## Economic Empowerment

Enabling communities to gain control over their financial resources, opportunities, and decision making, thereby improving their economic status and overall wellbeing.

## Living Environment

Surroundings and conditions in which people reside, encompassing physical, social and cultural aspects that impact their daily lives and well-being.

## Structuring Success

Implementing strategies and initiatives that prioritise the improvement and revitalisation of our communities

## Community Cohesion

Strength of connection and unity among people within a community.

# Improving Diabetes Outcomes Through Community Collaboration

**HaCP & VCSEF partners** worked together to:

- Map and target Gypsy, Roma, and Traveller communities for **better screening / attendance access**.
- Address **systemic barriers** in outlying populations including SMI and LD.
- Ethnic Minority Groups, interventions to **target social stigma, language barriers, mistrust of HCPs** and normalisation of symptoms with preferred traditional remedies.

**Primary Care-Driven Prevention with support from influential Faith / VCSEF leaders**

- Implemented **bespoke targeted interventions** in Medway & Swale GP practices to:
  - Identify **high-risk** or **undiagnosed** patients.
  - Ensure patients receive **annual long-term condition checks**.
  - Refer patients to **lifestyle & prevention programmes**.

**Clinical Impact (2024-25)**

- **Diabetes Register:** +351 patients (↑5.1%)
- **Hypertension Register:** +320 patients (↑2%)
- **Total new diagnoses treated:** 702 patients
- **Diabetes patients treated to target:** +160
- **Emergency Care Reduction:** £2.76M saved in A&E and outpatient-related admissions.
- **Care Process Improvement**
  - Completion of diabetes care processes improved from **28.0% (2023-24)** to **42.7% (2024-25)**.
  - National benchmark: 54.2% – work ongoing to close the gap.



# Impactful Solutions: Meet Jaden



## Demographics

- Caribbean 6-year-old male
- Lives in a high area of deprivation (which is a national outlier for Childhood Asthma outcomes)



## Medical history

- Regular attendances to A&E
- Excessive use of blue emergency inhaler (salbutamol)
- Repeated emergency GP appointments



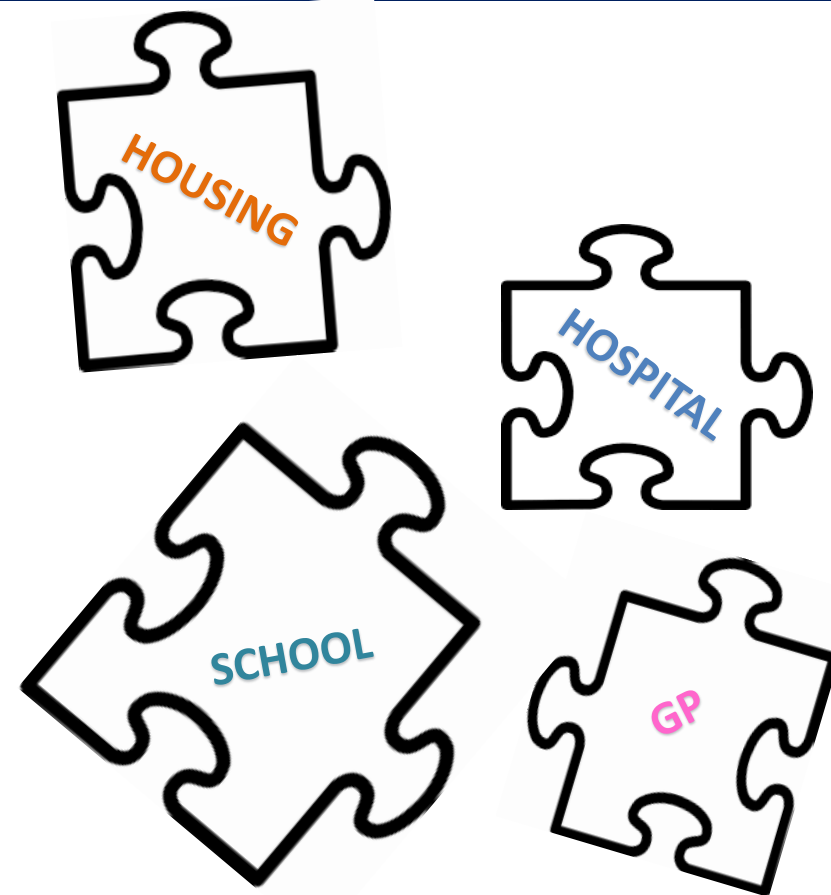
## Social

- Lives in social, tower block flat with mould on the walls and ineffective electric heating or water system
- Windows are single glazing and have visible cracks in the window frame
- Unable to pay most recent energy bill and is in debt with the energy provider
- Mum attends the local community centre and accesses the foodbank



## Home

- Lives at home with his Mum who is a single parent
- Poor school attendance due to parental concerns of the ability of the school to manage Jaden's condition
- Jaden's mother is a smoker but states that she smokes outside



## WIDER SUPPORT

### ASTHMA FRIENDLY MEDWAY & SWALE

JADEN

Parent education sessions

Personal, social, health and economic (PSHE) lessons

Targeted training for GP's, Practice nurses.

Training to local charities EG; Green Doctors

Training offered to Social Care

Working with young carers

Asthma Friendly Schools

Asthma Friendly Children Centres

Asthma Friendly Sports Clubs

Anaphylaxis and Asthma training delivered to Sports Clubs and Schools

Impacts of poor housing conditions on Asthma training and support delivered to local housing providers

Collaborative working with the Sheppey food bus to deliver an Asthma service to the most underserved communities in Sheppey

Supporting Cookham Wood in becoming Asthma Friendly, delivering training, empowering staff

Launch of Paediatric Asthma prescribing guidelines

Asthma discharge packs for primary and secondary care (Aimed at Parents)

Collaborative working with Medway Parent Carer forum to support Children with Special Educational Needs

Collaborative working with SECamb (South East Coast Ambulance)

Nurse attending family events and groups to share asthma key messages

Supporting and attending Sheppey Community Development Forum meetings

Nurse attending food banks to offer Asthma support and education

Supporting GP practices to identify at risk children

Collaborative working with Air Quality and Eco Hubs

# Addressing Lifelong Learning Together: Place-Based Action for Better Health

## Place-Based Interventions carried through across multi-agency interventions.

- **Careers Compass** – 300+ young people & parents engaged
- **SEND Careers Event** – 30 students supported
- **Care Leavers Programme** – 10 care leavers into employment
- **University Talks & T-Level Support** – 7 orgs involved, laptops donated through business sector
- **Teacher & Adviser Engagement** – 41 educators experienced healthcare & non-education workplaces
- **Youth health and wellbeing Roadshows** – 3,500+ Yr9 students from 18 schools
- **Apprenticeship Levy for VCSEF** – £84K invested, 23 individuals upskilled
- **Able Futures** – Mental health support to stay in or return to work
- **Youth Volunteering Passport** – New infrastructure to support volunteering pathways onto employment

## Impact



More skills →



Better employment →



Healthier communities







# Keynote Presentation



**Stephanie Gillibrand**  
Research Fellow  
The University of Manchester



**REVAL**

NIHR Rapid Service Evaluation Team

FUNDED BY

**NIHR**

National Institute for  
Health and Care Research

# **Independent evaluation of NHS England's 2023-2025 UEC Recovery Plan**

## **Phase 2**

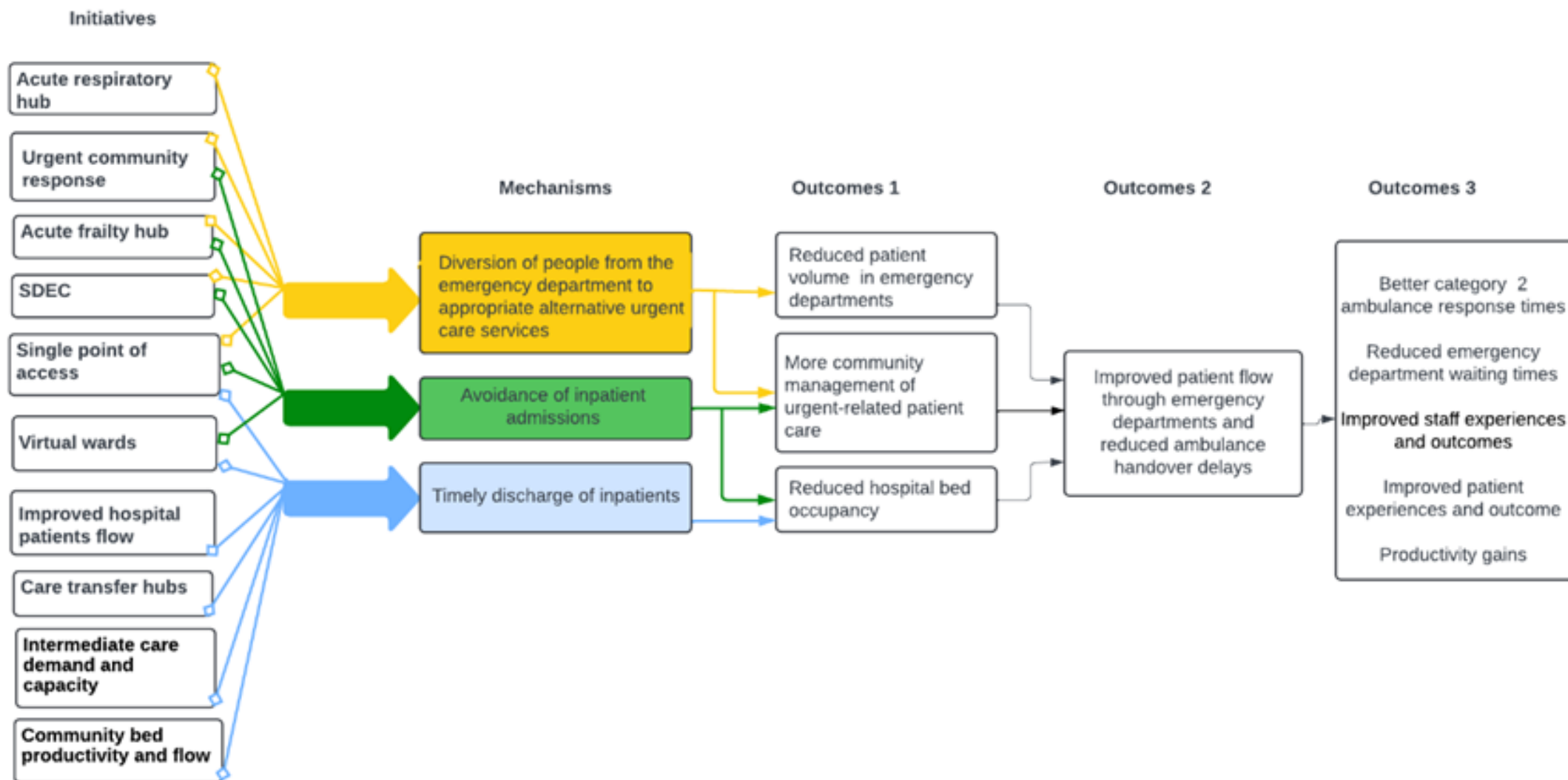
Stephanie Gillibrand  
The University of Manchester

# About us

- Funded by NIHR HSDR Programme.
- REVAL is based at the University of Manchester with expertise in all aspects of evaluating service transformation in health and social care.
- Responsive real time evaluations of innovations and developments in the organisation, delivery and integration of health and care services.
- <https://sites.manchester.ac.uk/reval/>.

# Background to the evaluation

- REVAL commissioned by the NIHR to undertake an independent evaluation of **NHSE's Urgent and Emergency Care Recovery Plan (2023-2025)**
- Evaluation focus: the delivery of the Recovery Plan, including whether prioritisation and delivery of the 10 high-impact initiatives has impacted UEC performance nationally.
- Insights from the evaluation will inform future decision-making plans.



# Aims & research questions

**Aim:** To investigate delivery of high impact initiatives in urgent and emergency care

**Timelines:** Provisionally August 2024 to July 2025

## **Stage 1 (using national level data)**

1. What 'clusters' of high impact initiatives are being implemented in NHS Trusts in England?
2. How has NHS UEC performance changed over time including during the 2023-24 recovery plan period?
3. Is there an interaction between UEC performance and the 'clusters' of high impact initiatives being implemented?

## **Stage 2 (using case level data)**

4. How are the high impact initiatives being delivered locally and what are their key service components?
5. How do the 'clusters' of high impact initiatives link with other services in the wider health system and how might this influence their impact?
6. Are there key features of NHS Trusts that enhance / inhibit organisational receptiveness and capacity to improve around delivery of UEC outside of A&E?

# Stage 1

## National data analysis

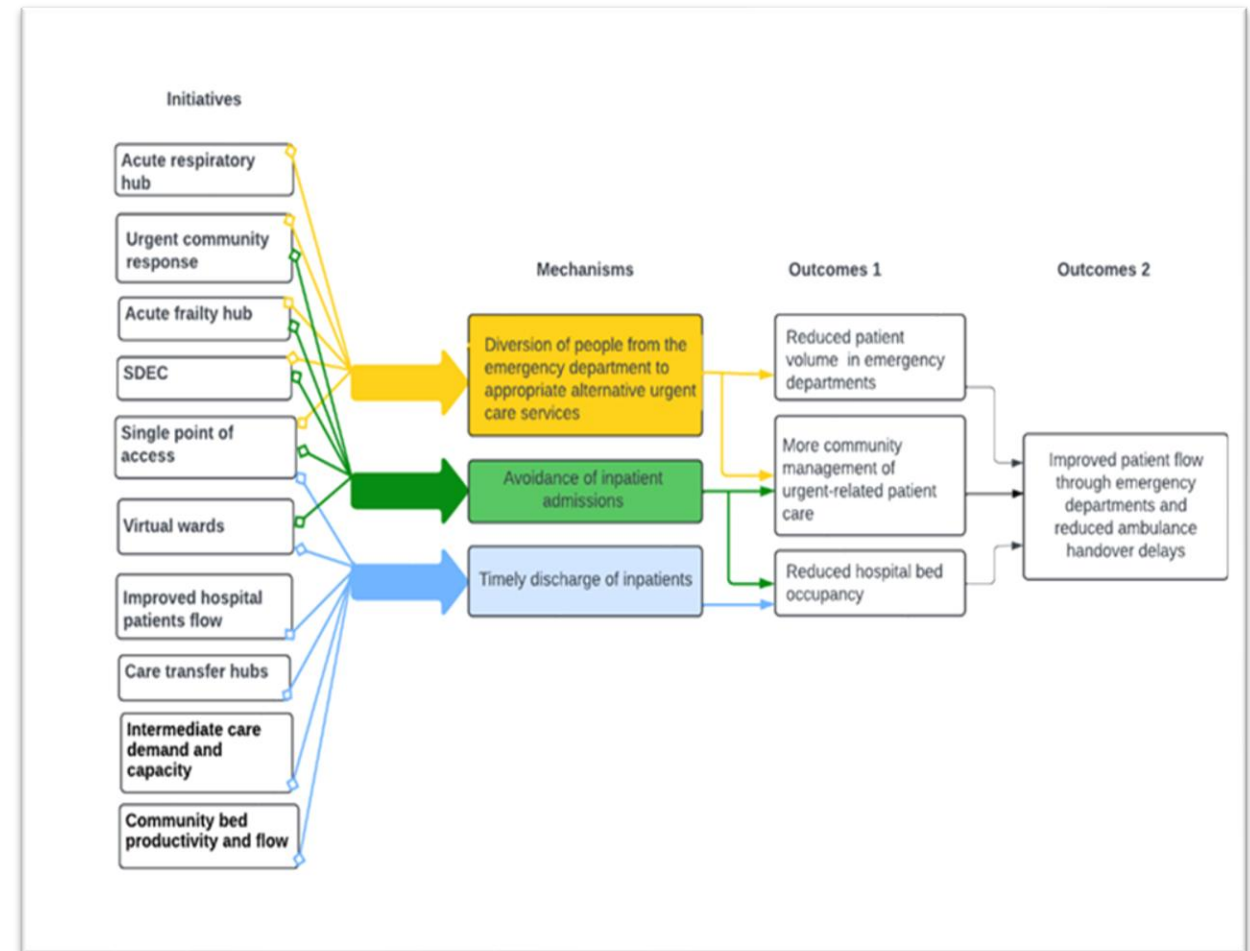
National survey	<p>Aimed at Trusts with Type 1 ED</p> <p>Identify local initiative delivery and priority high-impact initiatives.</p> <p>Identify ‘clusters’ of the initiatives</p>
Exploration of Trust-level UEC performance data	<p>Use of routine A&amp;E data to assess at a Trust level</p> <p>Analyses of changes over time: pre, during and post Recovery Plan period.</p> <p>Sensitivity analysis (UEC Tiers)</p>

2022												2023												2024											
Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Pre: recovery plan announcement												During: recovery plan												After											



# Exploration of Trust-level UEC performance data

Mechanism	Outcome metrics	
Diversion of people from emergency department to appropriate alternative urgent care services	Number/ percent total attendances <4 hours	Cat 2 mean response times; % within 30 minutes
Avoidance of inpatient admissions	% of available /occupied beds	
Timely discharge of patients		



# Stage 2

## Case level analysis

‘Deep dives’ (at Trust level)

8 Trusts across England (high/low, consistently performing Trusts)

Interviews with key staff (e.g. service managers, clinical and operational leads); ICS and regional UEC leads etc.

To understand how the priority HII services (or processes) are structured and delivered.

# Key questions

- How has the Recovery Plan been delivered and operationalised?
- What are the key mechanisms and processes which enable the delivery of the high-impact initiatives?
- What role does the SCCs play?

## **Contact us**

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## **Phase 1 & final evaluation report**

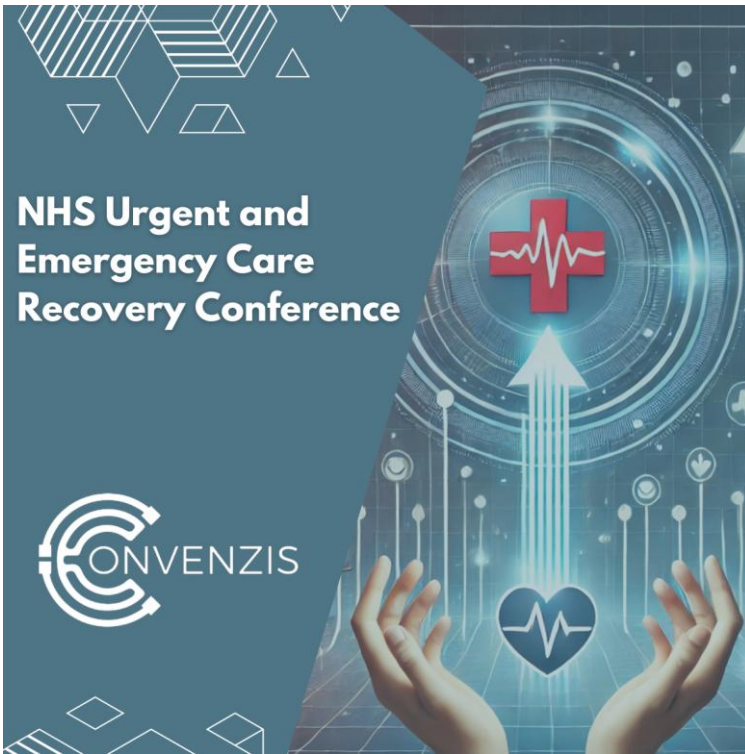
<https://sites.manchester.ac.uk/reval/current-evaluations/urgent-emergency-care-uec/>

## **Phase 2 & evaluation protocol**

<https://sites.manchester.ac.uk/reval/current-evaluations/uec-phase-2/>



# Panel Discussion



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Improvement NHSE



**Troy Profit**  
Senior Commissioning Manager –  
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# Food, Drinks & Networking